

# Moldova MHPSS TRG

## MHPSS TRG 14 March 2023.mp4



14 March  
2023

WHO, MENSANA, IOM, ICRC, UN Women, MDM, HIAS, Project Hope, IOM, HI, Moldova for Peace, TDH, CCR, PIN



Members  
Present



Agenda

14:00-14:05	Welcome
14:05-14:10	Follow-up items from last meeting
14:10-14:40	<u>Updates:</u> Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates (e.g. events, challenges, developments, etc.)
14:40 - 15:10	<u>Discussion Items</u> •Workplan Finalization/ Approval •Service Mapping and Service Gaps •Capacity Building Announcements
15:10 – 15:25	<u>Presentation:</u> "Building Better Before: Scaling up capacity for mental health and psychosocial support preparedness" (Alexandru Voloc, WHO)
15:25 – 15:50	<u>Presentation:</u> "Gender and MHPSS" (Galit Wolfensohn, Gender Task Force)
15:50-16:00	Announcements/ AOB



Follow-up Items from  
previous meeting

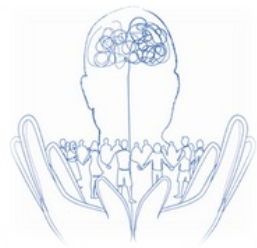
Action	Responsible Party	Due date	Status
Organize workshops on Trauma-informed Care and Suicide Prevention	WHO to organize, co-facilitator would be appreciated	Jan. 18-20, 2023	Completed
Provide input to capacity building tracker for planning and follow-up of priorities	MHPSS TRG Partners	March 10, 2023	Completed
Draft workplan to be amended and re-circulated to TRG members for feedback	MHPSS TRG Co-chairs	Feb. 28, 2023	Completed
Circulate invitation/information for CBMHC Forum meeting (Feb 28) (topic: refugees and health )	MHPSS TRG Co-chairs/ MENSANA	Feb. 24, 2023	Completed
Resend email with information about EMDR training (March 17-19); deadline for application is March 1.	MHPSS TRG Co-chairs	Feb. 24, 2023	Completed
Share contact information for IM Officer at UNHCR for partners to follow-up with questions	MHPSS TRG Co-chairs	Feb. 24, 2023	Completed



Updates & Achievements

**IOM:** MHPSS activities are ongoing. Has conducted two additional training 17 Feb, 3<sup>rd</sup>, March, First responder and Ministry of Interior. Have planned the second workshop on Psychosocial Art (this is in cooperation with WHO) on 3,4,5 April. Same cohort as last time. Invitation to be shared next week. Have finalized translation of the IOM CB MHPSS manual in Russian. Please contact Violina for a copy. The Romanian version will be available soon.

**Project Hope:** Working with 3 partners on MHPSS, encouraging social integration, cohesion. This has been achieved through training with local actors and leaders; awareness outreach, PSS, social activities. This is being implemented for 5 months now in 4 regions/ districts, primary in center and Cahul in south. Also implementing playrooms (through Moldova Project) since last May though partners, plans to continue until end of year. *Regina Pacis* is also providing services in a community center where they provide preliminary assessment, PSS sessions, general practitioners, referrals for more specialized care. Challenges working Roma community at first, but have found solutions by including people from the community to build trust/ gain access.



# Moldova MHPSS TRG

## Meeting Minutes



**HI:** Individual and group sessions continue in RACs. Activities continue recreational activities in cooperation with. This is in cooperation with NRC at their community center in Chisinau every Wednesday with adults

**Moldova for Peace:** Presenting to the AAP task force. Are interested to learn more about gaps in staff support. They will specify concerns during discussion.

**CCR:** Continue to provide PSS in North, South, and in the Center. Also, had an artistic performance in several locations in Moldova. Those who anticipated really enjoyed it, feedback was really positive. The activity helped build social cohesion and provided positive messages and interactions using dance, music, lights, movement. CCR is in reporting phase and will share more about this in the future.

**PIN:** Offering Psychosocial Support mainly in the North and Center. Also provide groups sessions for women, children, elderly. Providing hotline to refugees and host communities in several locations. Also offering on-line chat. In the process of selecting new partners, will be introducing new activities such as art therapy and field trips to cultural events, museums, etc. to build social cohesion. Plan to extend to the south also.

**Workplan Finalization/ Approval:** The 2023 workplan was presented for formal approval. Partners given one last chance to make suggestions or address concerns. No objections were noted and the workplan was adopted.

**Service Mapping and Service Gaps:** The Co-Chair reminded participants the mapping portal would be closed the next day. She opened the portal to show how quick it is to complete and encouraged everyone to take 2 minutes to complete. The Co-chair then asked if anyone wanted to use this opportunity to discuss observed gaps. Moldova for Peace representative described the risk of burn-out and opened the floor to discuss options for staff care. HI stated that they were open to providing support to service providers. If any partners identify a need among their staff, they could be referred to HI for individual counseling. HI is not clear about status of this service after the need of April (will update in the future). A total of 10 sessions can be provided, and sessions can be face-to-face and on-line, provided to field workers. MDM reported that they also provide psychological support to humanitarian workers (individual and group). The services will be available until the end of the year. If interested, please reach out direct to MDM (between 9AM-6PM: 079816961, HMPSS supervisor e-mail: [psychologist2.moldova.kiv@medecinsdumonde.net](mailto:psychologist2.moldova.kiv@medecinsdumonde.net)) IOM stated they can also provide capacity-building communication training. IOM can provide training on stress, burn-out, etc. they can provide it, can provide counseling (group, individual). No other gaps were highlighted.

### Capacity Building Announcements

- *Trauma-informed Care* (9 March; WHO) (completed)
- *Suicide Prevention for Frontline Workers* (16 March; WHO)
- *Fundamentals of MHPSS for Frontline GBV Workers* (24-25 March; UNFPA/WHO)
- *Psychosocial Art, Part 2* (3-5 April; IOM/WHO)
- ❖ "Building Better Before: Scaling up capacity for mental health and psychosocial support preparedness" (Alexandru Voloc, WHO) - [Link to meeting video for presentation](#)
- ❖ "Gender and MHPSS" (Galit Wolfensohn, Gender Task Force): [Link to video for full presentation, or view slides here: 20230314 Gender & MHPSS.pdf](#)

Action	Responsible Party	Due date
"Suicide Prevention" Workshop	WHO	March 16, 2023
"Fundamentals of MHPSS for Frontline GBV Workers" Workshop	WHO/UNFPA	March 10, 2023
"Psychosocial Art, Part 2" Workshop	WHO/IOM	Feb. 28, 2023
Next Meeting to take place March 14 14:00-16:00	Co-chairs to organize	Feb. 14, 2023

MHPSS TRG Folder (All files): [Moldova MTRG MHPSS](#)

Mapping, 2023 Q1: [Moldova MHPSS Service Mapping 2023 Q1.xlsx](#)

2023 Workplan: [Approved 2023 MHPSS Technical Reference Group \(TRG\) Work Plan.docx](#)



Updates & Achievements



Discussion Points



Presentations



Follow-up Items



Useful Links