



# Moldova MHPSS TRG

[MHPSS TRG 14 March 2023.mp4](#)



10 April  
2023



Members Present



Meeting Agenda



Presentations



TRG Updates



Partner Updates

WHO, MENSANA, IOM, UNICEF, PIN, WVI, DORCAS, CNPAC, Family Federation, INTERSOS

13.50-14.00	Registration of the participants
14.00-14.10	Opening of the meeting
14.00-14.40	Breaking the Silence: addressing stigma and mental health in Moldova (presentation of KAP study run by MENSANA project)
14.40-15.00	Update of MHPSS TRG activities in Moldova
15.00-15.30	Questions and discussions about presented topics
15.30-16.00	Proposals for future MHPSS meetings
16.00- 16.30	Coffee break and networking

**Breaking the Silence: Addressing Stigma and Mental Health in Moldova.** *This was a presentation of the key findings from the KAP study conducted under the MENSANA project. For the full presentation, please see the recorded session link above in heading). The publication of the full study is forthcoming, but you can also reach out to MENSANA questions about the study: [sanitate-mintala.md](mailto:sanitate-mintala.md)*

## Inter-agency MHPSS Capacity Building in March:

### Completed:

- *Trauma-informed Care for Frontline GBV Workers - 9 March, 2023 (WHO)*
- *Suicide Prevention for Frontline GBV Workers - 16 March 2023 (WHO)*
- *Fundamentals of MHPSS for Frontline GBV Workers – 24-25 March 2023 (WHO and UNFPA)*
- *EMDR - March 18 (EMDR Europe)*

### Upcoming in April:

- *“Building Connections and Facilitating Self-Expression Using Psychosocial Art, Part 2” Workshop – 3-5 April 2023 (WHO and IOM)*

**Briefing at GBV SWG – March 30:** The MHPSS TRG Co-Chair presented an overview of MHPSS in Emergencies, TRG workplan priorities for 2023, linkages between GBV and MHPSS. The most recent TRG mapping was also shared with the group for dissemination. Opportunities for ongoing collaboration will be explored.

**MHPSS/GBV/Livelihoods** – A joint meeting to explore linkages/ opportunities was conducted in early April, and it was agreed that the TRG would join with GBV SWG to conduct an informational session about linkages between the different sectors. The session will take place on April 26 and TRG partners are encouraged to attend.

**WHO:** The TOR for the Situational Analysis/ Needs Assessment contained in the workplan was prepared and is under internal review. It will include an analysis of the National system and Refugee Response (needs, strengths, gaps, etc.). WHO Moldova CO will also be sending a delegation to a high-level, sub-regional meeting in Bratislava, Slovakia (18-19 April). The focus will be on best practices, lessons learnt, etc. over the past year in 6 refugee receiving countries including Moldova. WHO has been in touch with key partners around the country to gather information about progress and challenges and will do best to reflect what has been done for MHPSS and other health areas.



# Moldova MHPSS TRG

## Meeting Minutes



**IOM:** Elaborated on the Psychosocial Arts workshop conducted Apr. 4-6; the workshop reached 22 people (10 from IOM, 12 from the TRG). IOM would like to explore possibility of training in other expressive arts modalities (drama, dance, etc.). On 3-7 April, the MHPSS team joined with Protection team to celebrate ROMA Day. They implemented activities such as puppet theatres reaching over 500 children and teenagers in several locations. In Transnistria, IOM's partners organized tours of monasteries. Regular MHPSS activities are still ongoing in Balti, Chisinau, Transnistria, Ungheni, Orhei, Comrat. IOM is utilizing peer-to-peer support in some settings. They continue to work with Community Mental Health Centers and have received many requests for psychiatric consultations. They have also supported 5-7 people with special MHPSS needs in their shelter program. In March, organized a training on burnout and stress management with frontline workers and Ministry of Interior. IOM has also finalized translation of its Community-based MHPSS manual, now available in many languages including Russian, Romanian, and English. Please reach out to IOM to receive this useful manual. Electronic copies can also be found here: **Family Federation:** Conducted burnout training at the Sunflower Center. After a year it is becoming more important than ever, frontline workers with this training can transfer it to the many people from Ukraine who need it at their center. Encouraged ongoing intersectorial collaboration, pointing out this was especially important for education as there is overlap and many children have MHPSS needs.

**WVI:** Are implementing education projects through partners. Are also planning to rollout the PM+ and would like to work with the MHPSS TRG to coordinate and plan on this.

**INTERSOS:** Redesigning MHPSS program and will provide update when that is finalized. For now, continuing MHPSS activities that are mostly groups and brief counseling sessions. Would like to build partnerships with others in the TRG.

**PIN:** Continue PSS activities in northern parts of Moldova, including individual and group counseling sessions delivered on-line and via mobile units. Activities started this month and results are good so far. Supporting host communities, households to increase social cohesion, cope with stress, provide referrals where needed.

**Participation in TRG?** The CO-chair asked those in attendance to share some ideas about how participation in the TRG could be improved? Suggestions are as follows:

1. IOM suggested organizing a one-day retreat for focal points to bring them together to know each other better, share experiences, TO share challenges, how we deal with challenges - especially with TP now implementation now in effect
2. WVI suggested that different partners could host the monthly meeting so it would move around and encourage face-to-face interaction. WVI would like to host the next meeting.
3. Family Federation suggested on-going collaboration, stating it would be easier to attend one meeting rather than several individual meetings. He suggested a "best practices" session with success stories about the process (not so much about numbers). Focus could be not just on what has been done, but how it is done)



Discussion Points

Action	Responsible Party	Due date
WVI to meet with WHO and MENSANA to discuss PM+	WHO/MENSANA/WVI	April 27, 2023
Joint meeting (Livelihoods, MHPSS, GBV) to discuss linkages and opportunities for collaboration	TRG Co-Chair	April 26, 2023
Explore interested and possibility of MHPSS TRG Focal Point Retreat (deliver survey)	Co-Chairs with TRG partners	May 16, 2023
Situational Analysis/ Needs Assessment – Complete Internal Review of TOR	WHO	May 1, 2023
Next Meeting to take place May 16, 14:00-16:00	WVI to host	May 16, 2023



Follow-up items

[April 10, 2023 Meeting Materials](#)  
[Moldova MTRG MHPSS](#)

You can find electronic copies of IOM's Community Based MHPSS Manual (in Russian, Romanian, English, etc.) here: <https://www.iom.int/mhpssed>



Useful Links