



# MHPSS Romania

## Meeting Minutes

### Recording of the meeting



Members

WHO, Plan International, MDM, Save the Children, Hias, JRS, Code4 Romania, ACF, WV, Patrir



Updates & Achievements

- **JRS** presented its activities and projects within the MHPSS sector. JRS projects are community based and work with Ukrainian psychologists. The holistic approach they practice encourages the framing of MHPSS within the other services they offer, be it cash assistance, housing, etc. They talked about the multidisciplinary teams that work providing GBV services, where there is a psychologist, a social worker and a lawyer, about services for people with special needs who can benefit from art therapy and other support activities. They have also started to offer services to people with addictions and to set up a support group like Alcoholics Anonymous which will be operational from next month. JRS has also started a project to provide PM+ training, and is now carrying out a number of preparatory activities to deliver the training. Also JRS has introduced to the group the Educational Hubs services in Romanian schools where Ukrainian mental health specialists provide MHPSS services to children with these needs.
- **WHO** presented the results of the rapid assessment on psychological symptoms presented by Ukrainian refugees. The study was conducted during November and December in 2022.
- **WHO** presented the work of Cultural Mediators and how their services have led to an increase in access to MHPSS services. It was presented the importance of having an interface that knows both the Romanian medical system and the culture of the Ukrainian refugees so that when the beneficiaries are referred to different medical services, they can also receive psychological support, as far as the specialist assesses it is necessary.
- Issues related to the new 50/20 program and how it will be implemented were discussed, given the upcoming elections and the May deadline. They also discussed issues related to the practice of Ukrainian psychologists in Romania and the status of the proposed bilateral agreement.
- The need to have services dedicated to children with special needs, both in terms of access to education and the possibility to receive specialized psychological assistance remains a challenge.
- Lack of MHPSS staff who can speak Ukrainian language.

Challenges



## Useful Links

- [Members List](#)
- [Service Mapping](#)
- [MHPSS TF SharedFolder](#)



## Action Points

- JRS will share information on where services for people with disabilities are provided, data on School Hubs and details of how to access services for people with addictions (AA Meetings).
- Estuar Foundation sharing the supervision groups link (<https://www.facebook.com/Fundatia-Estuar-332024717001234> ).
- MDM provides intervention and supervision services to Ukrainian psychologists and mental health professionals.
- **Next meeting on 5 May 2023.**