

Health Information Catalogue

About this Catalogue: This Catalogue contains health information materials developed to provide relevant and needed information to refugee and asylum seeker populations.

Types of materials: Printed materials (flyer, leaflet, poster, factsheet), audiovisual, videos, web page, etc.

Topics: Healthcare.

Languages: Various (English, Bulgarian, Ukranian, Russian, Arabic, Farsi, Pashto, Kurdish, French, Urdu).

Updated: June 2024

| No: | Name: | Type: | Topic: | Image: | Description: | Language: | Link: | Produced by: |
|-----|--|--------------|-----------------------------------|--|--|-----------|---|---|
| 1 | Patient`s Guide: Access to Medical Healthcare | Online guide | General Healthcare guidance | ДОВІДНИК ПАЦІЄНТА ДАК ОТИМИНА ДАК ОТИМ | The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions. | Ukrainian | https://m.red cross.bg/files/ 24147- patevoditelpa cient-ukr- web-lite.pdf | WHO Bulgaria and Bulgarian Red Cross |



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| 2 | Patient`s Guide: Access to Medical Healthcare | Online guide | General Healthcare guidance | ПУТЕВОДИТЕЛЬ ПАЦИЕНТА О ДОСТИЕ К ИПДАЦИСТОЙ ПОМОЩИ | The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions. | Russian | 24226-ru- web.pdf (redcross.bg) | WHO Bulgaria and Bulgarian Red Cross (revised by the MoH of Bulgaria) |
| 3 | Patient`s Guide: Access to Medical Healthcare | Online guide | General Healthcare guidance | الدليل الطي للمريض للمور مل الداءة الطبية | The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions. | Arabic | https://m.red cross.bg/files/ 24148- patevoditelpa cient-arb- webpdf | WHO Bulgaria and Bulgarian Red Cross |
| 4 | Patient's Guide: Access to Medical Healthcare | Online guide | General Healthcare guidance | رامنعا برای بیماران مد نفری درافده باشر | The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions. | Farsi | https://m.red cross.bg/files/ 24149- patevoditelpa cient-farsi- web.pdf | WHO Bulgaria and Bulgarian Red Cross |



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| 5 | Guide on how to access healthcare services in Bulgaria | Picture | General guide on how to access healthcare services | Mapupyr naupertra The property of the propert | The picture provides a clear overview of the path to follow in order to get the appropriate service. | Russian | https://www. redcross.bg/a ctivities/activi ties8/patevod itel_na_pacie nta/patevodit el_ruski | Bulgarian Red Cross |
| 6 | General information for refugees, asylum-seekers and stateless persons | Online web page | General guide in many languages for services, rights and service providers. | ASYLUM BG | Webpage for refugees with information about their rights, where to find help if needed and a lot of useful information about services and service providers. | English, Bulgarian, Ukrainian, Russian, French, Arabic, Pashto, Farsi, Urdu | https://asylu m.bg/ | Bulgarian Helsinki Committee |
| 7 | Vaccinations: Important Information for Patients and Caregivers | Leaflet | Vaccinations | STRUCTURE AND CHECKED | The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria. | English | https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure EN G-new1.pdf | Council of Refugee Women in Bulgaria |



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| 8 | Vaccinations: Important Information for Patients and Caregivers | Leaflet | Vaccinations | Section and the section of the secti | The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria. | Arabic | https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure Ar abic-new1.pdf | Council of Refugee Women in Bulgaria |
| 9 | Vaccinations: Important Information for Patients and Caregivers | Leaflet | Vaccinations | Street and the street | The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria. | Farsi | https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure Fa rsi-new1.pdf | Council of Refugee Women in Bulgaria |
| 10 | Mental Health | Leaflet | Mental Health | The control of the co | The leaflet provides short and general guidance for people struggling with mental health. The leaflet provides phone numbers on which people can seek help. | English, Bulgarian, Arabic, Farsi | https://crw- bg.org/wp- content/uploa ds/2024/01/ Mental_healt h-new.pdf | Council of Refugee Women in Bulgaria |



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| 11 | Health Specialists Brochure | Leaflet | Guidance for Healthcare Practitioners | STEPHENDERON ST | The leaflet provides short guidance for healthcare practitioners on working with asylum seekers and refugees: cultural differences, language barriers, working with children, peculiarities of working with men and women. | Bulgarian | Health specia lists brochure -new.pdf | Council of Refugee Women in Bulgaria |
| 12 | Health Services Brochure | Leaflet | Healthcare Services | HEALTH SERVICES 10C-10CSOCCS-00 BOOTH BUSINESS EMERGENCY WEIGHLA, SERVICES All persons in the weathy of the legalized of bliquid and format and an extra control of the services of the serv | The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions. | English | https://crw- bg.org/wp- content/uploa ds/2024/01/H ealth Services brochure EN -new.pdf | Council of Refugee Women in Bulgaria |
| 13 | Health Services Brochure | Leaflet | Healthcare Services | HEALTH SERVICES ICC. 1000/002490 (BODT) INDUSING EMERGINE'S WEIGH, SERVICES All persons on the walvery of the highlight of Rightile are for the services of the first person of the services of the servic | The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions. | Arabic | https://crw- bg.org/wp- content/uploa ds/2024/01/H ealth Services brochure Ar abic_new.pdf | Council of Refugee Women in Bulgaria |



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| 14 | Health Services Brochure | Leaflet | Healthcare Services | The color of the c | The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions. | Farsi | https://crw- bg.org/wp- content/uploa ds/2024/01/H ealth Services brochure Fa rsi-new.pdf | Council of Refugee Women in Bulgaria |
| 15 | Covid19 | Leaflet | Covid-19 Information | COVID 19 Section | The leaflet provides brief information on COVID-19: spreading, symptoms, avoiding risks, recommendations when being ill. | English, Bulgaria, Arabic, Farsi | https://crw- bg.org/wp- content/uploa ds/2024/01/C ovid19 new.p df | Council of Refugee Women in Bulgaria |
| 16 | Breastfeeding | Leaflet | Breastfeedib g: Important Information, including for mothers and babies on the move | BREASTREEDING PROTECTION AND FAMILY AND FAM | The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move. | English | https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure EN- new1.pdf | Council of Refugee Women in Bulgaria |



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| vac1 | Breastfeeding | Leaflet | Breastfeedib g: Important Information, including for mothers and babies on the move | CENTER OF THE PROPERTY OF THE | The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move. | Arbaic | https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure Ara bic-new1.pdf | Council of Refugee Women in Bulgaria |
| 18 | Breastfeeding | Leaflet | Breastfeedib g: Important Information, including for mothers and babies on the move | Management of the control of the con | The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move. | Farsi | https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure Far si new1.pdf | Council of Refugee Women in Bulgaria |
| 19 | COVID-19 Vaccination | Leaflet | Covid-19 | COVID-19 © IOM UN HIGIATION | The leaflet provides brief overview of: benefits of vaccination; side effects; vaccination process; useful websites for more information. | Bulgarian | IOM COVID- 19 Leaflet FI N BG.pdf | International Organisation of Migration |



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| 20 | COVID-19 Vaccination | Leaflet (text) | Covid-19 | Enter the Market And Annual Control of the Control | The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information. | Arabic | IOM Brochur e Vaccination ARABIC.pdf | International Organisation of Migration |
| 21 | COVID-19 Vaccination | Leaflet (text) | Covid-19 | ام المحدود الله المواقع الموا | The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information. | Pashto | IOM Brochur e Vaccination PASHTO edi t.pdf | International Organisation of Migration |
| 22 | COVID-19 Vaccination | Leaflet (text) | Covid-19 | A control was a series of the | The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information. | Farsi | IOM Brochur e Vaccination FARSI edit.p df | International Organisation of Migration |



| No: | Name: | Type: | Topic: | Image: | Description: | Language: | Link: | Produced by: |
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| 23 | COVID-19 Vaccination | Leaflet (text) | Covid-19 | "A que l'a pella de pella plus que la | The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information. | Kurdish | IOM Brochur e Vaccination KURDISH.pdf | International Organisation of Migration |
| 24 | Services MedAid Varna | Leaflet | MedAid Varna Abreitskreis Nord-Ost | MedAid Varna Arbeitskreis Nord-Ost What services we offer * Medical advice - Appointment and medication management - Health seamination - Support with fregation into the Bulgarian Healthcare System - Emergency adsolution in order - Emergency adsolution or order - Emergency adsolution or order - Interpretate from Unahan - Int | The leaflet provides information on the services provided by Arbeitskreis Nord-Ost. | English | Services MedAid Varna.pdf | Arbeitskreis Nord-Ost |
| 25 | Ukrainian Services MedAid Varna | Leaflet | MedAid Varna Abreitskreis Nord-Ost | "Арбайтскрайс Норд-Осг" 3 містею "МедЕід Варна" Жіз Послуги міт — Мадене пограща — Апрарыя інспрацат — Порама пераца поражня поражня поражня пограща — Поражня витраці ра правильня поражня пограща по послужня поражня пограща по послужня поражня | The leaflet provides information on the services provided by Arbeitskreis Nord-Ost. | Ukrainian | Ukrainian Services MedAid Varna.pdf | Arbeitskreis Nord-Ost |



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| 26 | Bulgarian Immunization calendar | Leaflet | The calendar with mandatory vaccinations in the country | Болгарський календар щеплень ——————————————————————————————————— | The leaflet provides the global overview and information of the list of mandatory vaccines in the country. | Ukrainian | Here is the link | WHO Bulgaria and MoH of Bulgaria |
| 27 | Medical requirements for enrollment in the national educational system in Bulgaria | Leaflet | Specificities in terms of medical requirements in order to enroll your children in the national educational system | MATTER STATE OF THE PROPERTY O | The leaflet gives us a some important informations on how to enroll your children in school. | Ukrainian and Russian | https://astraf orumfoundati on.org/wp- content/uploa ds/2023/01/B roshure UA online-1.pdf | Astra Forum Foundation (revised by the MoH of Bulgaria) |
| 28 | Health insurance | Leaflet | Health insurance | 3дравно осигуряване в България **The state of the state | The leaflet gives information about Health insurance and its coverage in Bulgaria. | Bulgarian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 29 | Health insurance | Leaflet | Information on Health insurance | MEQUVINE CEDATORS SECURION TO | The leaflet gives information about Health insurance and its coverage in Bulgaria. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 30 | Health insurance | Leaflet | Information on Health insurance | Медицинская страховка в Болгарии | The leaflet gives information about Health insurance and its coverage in Bulgaria. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 31 | Registration with and Information about General Practitioners | Leaflet | Information about General Practitioners | PERUCTPALIUM N UNICOPONALUM OPTIOCHO JUPINITUR DENTATION BENEFIT BENEF | The leaflet gives information about the registration process and Information how to sign up with a General Practitioner doctor | Bulgarian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 32 | Registration with and Information about General Practitioners | Leaflet | Information about General Practitioners | Peccrpatian ra indopmatifin npo occioner tax nikepila Be Bonragin Base (vidential rice) agginediga to Base (vidential ri | The leaflet gives information about the registration process and Information how to sign up with a General Practitioner doctor | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 33 | Registration with and Information about General Practitioners | Leaflet | Information about General Practitioners | Peructpaturs u undopmatura Onthetoc Sportex Bornard (services to the services) For area of the services and | The leaflet gives information about the registration process and Information how to sign up with a General Practitioner doctor | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 34 | Vaccinations | Leaflet | Information about Vaccinations | Ваксини в България | The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much? | Bulgarian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 35 | Vaccinations | Leaflet | Information about Vaccinations | BAKUHHU B DONTADII Autority and the state of the state o | The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much? | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 36 | Vaccinations | Leaflet | Information about Vaccinations | RESIDENCE OF THE PROPERTY OF T | The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much? | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 37 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 38 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| | | | | | | | | |
| 39 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 40 | Vaccinations | Video | Information about Vaccinations | BOT BOT BERNALL | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 41 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 42 | Vaccinations | Video | Information about Vaccinations | Service Bases | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 43 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 44 | Vaccinations | Video | Information about Vaccinations | Bor stor B Essay | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 45 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 46 | Vaccinations | Video | Information about Vaccinations | Service Bases | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 47 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 48 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Ukrainian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 49 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 50 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 51 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 52 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 53 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 54 | Vaccinations | Video | Information about Vaccinations | BOT BOT B TITLES | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 55 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 56 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 57 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 58 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |



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| 59 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |
| 60 | Vaccinations | Video | Information about Vaccinations | | The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more. | Russian | Here is the link | WHO Bulgaria & IOM Bulgaria |