

## Health Information Catalogue


**About this Catalogue:** *This Catalogue contains health information materials developed to provide relevant and needed information to refugee and asylum seeker populations.*




**Types of materials:** *Printed materials (flyer, leaflet, poster, factsheet), audiovisual, videos, web page, etc.*


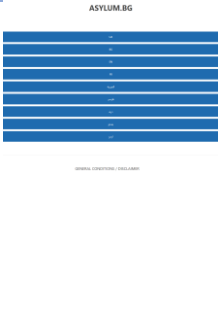

**Topics:** *Healthcare.*




**Languages:** *Various (English, Bulgarian, Ukrainian, Russian, Arabic, Farsi, Pashto, Kurdish, French, Urdu).*



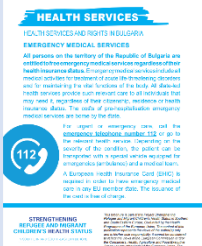
**Updated:** June 2024




No:	Name:	Type:	Topic:	Image:	Description:	Language:	Link:	Produced by:
1	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Ukrainian	<a href="https://m.redcross.bg/files/24147-patevoditelpacient-ukr-web-lite.pdf">https://m.redcross.bg/files/24147-patevoditelpacient-ukr-web-lite.pdf</a>	WHO Bulgaria and Bulgarian Red Cross




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2	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Russian	<a href="https://m.redcross.bg/files/24226-ru-web.pdf">24226-ru-web.pdf (redcross.bg)</a>	WHO Bulgaria and Bulgarian Red Cross (revised by the MoH of Bulgaria)
3	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Arabic	<a href="https://m.redcross.bg/files/24148-patevoditelpatient-arb-web-.pdf">https://m.redcross.bg/files/24148-patevoditelpatient-arb-web-.pdf</a>	WHO Bulgaria and Bulgarian Red Cross
4	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Farsi	<a href="https://m.redcross.bg/files/24149-patevoditelpatient-farsi-web.pdf">https://m.redcross.bg/files/24149-patevoditelpatient-farsi-web.pdf</a>	WHO Bulgaria and Bulgarian Red Cross




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5	Guide on how to access healthcare services in Bulgaria	Picture	General guide on how to access healthcare services		The picture provides a clear overview of the path to follow in order to get the appropriate service.	Russian	<a href="https://www.redcross.bg/activities/activities8/patevoditel_na_pacienta/patevoditel_ruski">https://www.redcross.bg/activities/activities8/patevoditel_na_pacienta/patevoditel_ruski</a>	Bulgarian Red Cross
6	General information for refugees, asylum-seekers and stateless persons	Online webpage	General guide in many languages for services, rights and service providers.		Webpage for refugees with information about their rights, where to find help if needed and a lot of useful information about services and service providers.	English, Bulgarian, Ukrainian, Russian, French, Arabic, Pashto, Farsi, Urdu	<a href="https://asylum.bg/">https://asylum.bg/</a>	Bulgarian Helsinki Committee
7	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations		The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	English	<a href="https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_EN_G-new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_EN_G-new1.pdf</a>	Council of Refugee Women in Bulgaria

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8	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations		The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	Arabic	<a href="https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_Arabic-new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_Arabic-new1.pdf</a>	Council of Refugee Women in Bulgaria
9	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations		The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	Farsi	<a href="https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_Farsi-new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/VACCINATIONS_brochure_Farsi-new1.pdf</a>	Council of Refugee Women in Bulgaria
10	Mental Health	Leaflet	Mental Health		The leaflet provides short and general guidance for people struggling with mental health. The leaflet provides phone numbers on which people can seek help.	English, Bulgarian, Arabic, Farsi	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Mental_health-new.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Mental_health-new.pdf</a>	Council of Refugee Women in Bulgaria




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11	Health Specialists Brochure	Leaflet	Guidance for Healthcare Practitioners		The leaflet provides short guidance for healthcare practitioners on working with asylum seekers and refugees: cultural differences, language barriers, working with children, peculiarities of working with men and women.	Bulgarian	<a href="#">Health specialists brochure -new.pdf</a>	Council of Refugee Women in Bulgaria
12	Health Services Brochure	Leaflet	Healthcare Services		The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions.	English	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_EN-new.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_EN-new.pdf</a>	Council of Refugee Women in Bulgaria
13	Health Services Brochure	Leaflet	Healthcare Services		The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions.	Arabic	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_Arabic_new.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_Arabic_new.pdf</a>	Council of Refugee Women in Bulgaria



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14	Health Services Brochure	Leaflet	Healthcare Services		The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions.	Farsi	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_Farsi-new.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Health_Services_brochure_Farsi-new.pdf</a>	Council of Refugee Women in Bulgaria
15	Covid19	Leaflet	Covid-19 Information		The leaflet provides brief information on COVID-19: spreading, symptoms, avoiding risks, recommendations when being ill.	English, Bulgarian, Arabic, Farsi	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Covid19_new.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Covid19_new.pdf</a>	Council of Refugee Women in Bulgaria
16	Breastfeeding	Leaflet	Breastfeeding: Important Information, including for mothers and babies on the move		The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	English	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_EN-new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_EN-new1.pdf</a>	Council of Refugee Women in Bulgaria

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vac17	Breastfeeding	Leaflet	Breastfeeding: Important Information, including for mothers and babies on the move		The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	Arabic	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_Arabic-new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_Arabic-new1.pdf</a>	Council of Refugee Women in Bulgaria
18	Breastfeeding	Leaflet	Breastfeeding: Important Information, including for mothers and babies on the move		The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	Farsi	<a href="https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_Farsi_new1.pdf">https://crw-bg.org/wp-content/uploads/2024/01/Breastfeeding_brochure_Farsi_new1.pdf</a>	Council of Refugee Women in Bulgaria
19	COVID-19 Vaccination	Leaflet	Covid-19		The leaflet provides brief overview of: benefits of vaccination; side effects; vaccination process; useful websites for more information.	Bulgarian	<a href="#">IOM COVID-19 Leaflet FI N BG.pdf</a>	International Organisation of Migration

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20	COVID-19 Vaccination	Leaflet (text)	Covid-19		The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Arabic	<a href="#">IOM Brochure Vaccination ARABIC.pdf</a>	International Organisation of Migration
21	COVID-19 Vaccination	Leaflet (text)	Covid-19		The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Pashto	<a href="#">IOM Brochure Vaccination PASHTO edit.pdf</a>	International Organisation of Migration
22	COVID-19 Vaccination	Leaflet (text)	Covid-19		The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Farsi	<a href="#">IOM Brochure Vaccination FARSI edit.pdf</a>	International Organisation of Migration



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23	COVID-19 Vaccination	Leaflet (text)	Covid-19		The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Kurdish	<a href="#">IOM Brochure Vaccination KURDISH.pdf</a>	International Organisation of Migration
24	Services MedAid Varna	Leaflet	MedAid Varna Arbeitskreis Nord-Ost		The leaflet provides information on the services provided by Arbeitskreis Nord-Ost.	English	<a href="#">Services MedAid Varna.pdf</a>	Arbeitskreis Nord-Ost
25	Ukrainian Services MedAid Varna	Leaflet	MedAid Varna Arbeitskreis Nord-Ost		The leaflet provides information on the services provided by Arbeitskreis Nord-Ost.	Ukrainian	<a href="#">Ukrainian Services MedAid Varna.pdf</a>	Arbeitskreis Nord-Ost

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26	Bulgarian Immunization calendar	Leaflet	The calendar with mandatory vaccinations in the country	 <p>Българският календар щепелнь</p>	The leaflet provides the global overview and information of the list of mandatory vaccines in the country.	Ukrainian	<a href="#">Here is the link</a>	WHO Bulgaria and MoH of Bulgaria
27	Medical requirements for enrollment in the national educational system in Bulgaria	Leaflet	Specificities in terms of medical requirements in order to enroll your children in the national educational system	 <p>МЕДИЧНІ ВИМОГИ ДО ЗАКЛУЧУВАННЯ УКРАЇНСЬКИХ ДІТЕЙ В ДІТЯЧІ САДИ В БУЛГАРІЇ</p>	The leaflet gives us a some important informations on how to enroll your children in school.	Ukrainian and Russian	<a href="https://astraforumfoundation.org/wp-content/uploads/2023/01/Broshure_UA_online-1.pdf">https://astraforumfoundation.org/wp-content/uploads/2023/01/Broshure_UA_online-1.pdf</a>	Astra Forum Foundation (revised by the MoH of Bulgaria)