Uganda Refugee Response

National Suicide Tracking Dashboard

Jan - Jul 2025

Reporting period

1/1/2025 — 7/29/2025

123

Overall incidents in 2025

Overview:

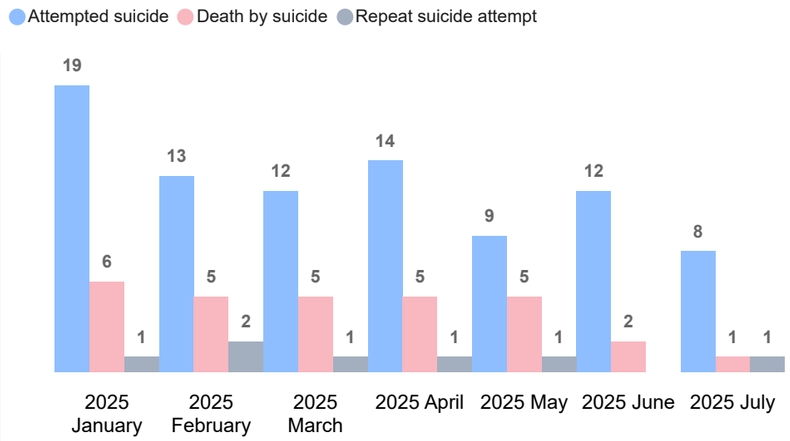
From 01 Jan – 29 Jul 2025, MHPSS partners collectively reported a total of 123 incidents of suicide (87 attempts, 29 deaths, and 07 repeat attempts), across 12 settlements. On average, 5 lives have been lost to suicide every month from January to July 2025.

83% of the completed suicides were committed by the male while 17% were female. 24 deaths involved refugees meanwhile 5 were Nationals.

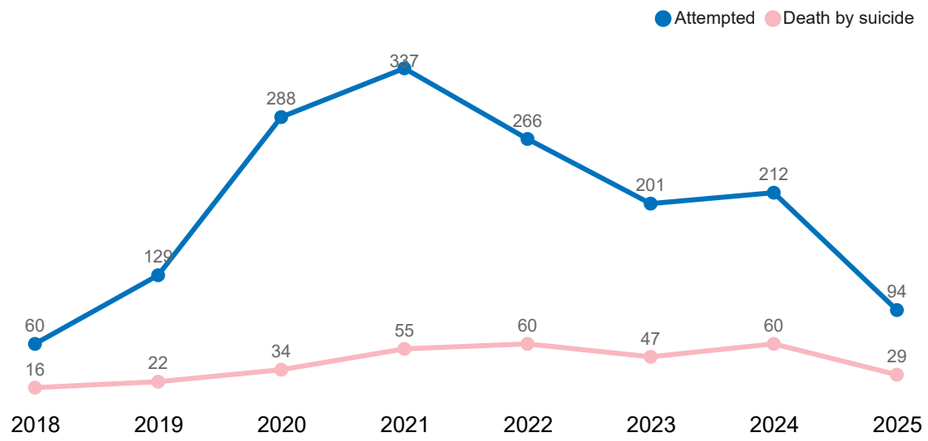
The top 5 triggers for suicidal ideation include **family disagreements, domestic violence,** lack of basic needs, **previous mental illness, and financial problems.**

Overall, the average age of the victims stands at 31 years of age. Majority - 56% of the victims either attempted or completed suicide by hanging using a rope.

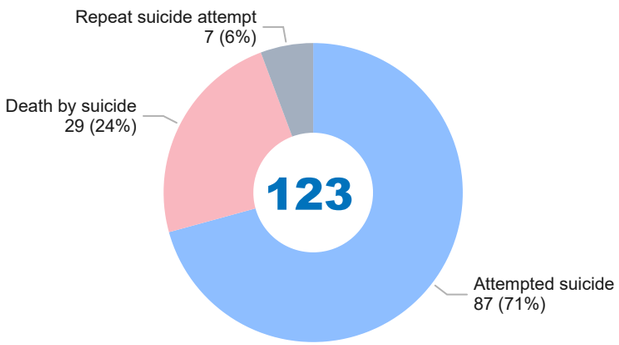
Total incidents reported



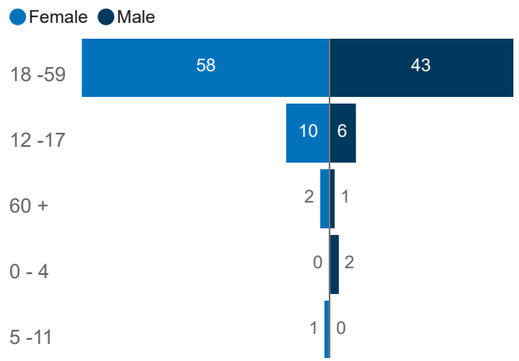
Trend of attempted and completed suicide, 2018-2025



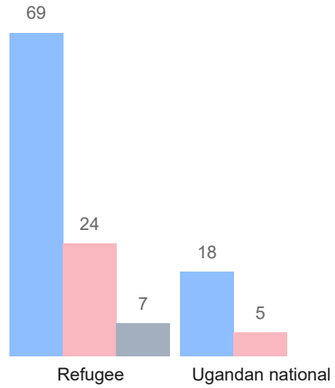
Summary of incidents by type



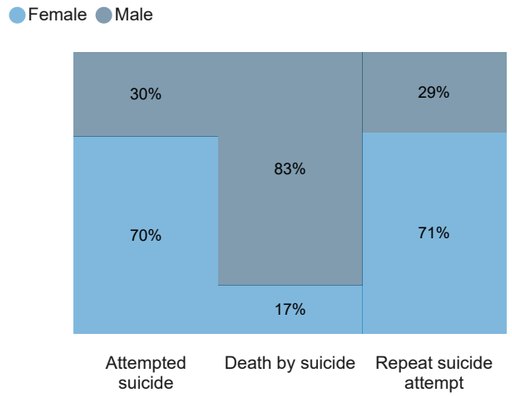
Reported Suicide Incidents by Age and Sex



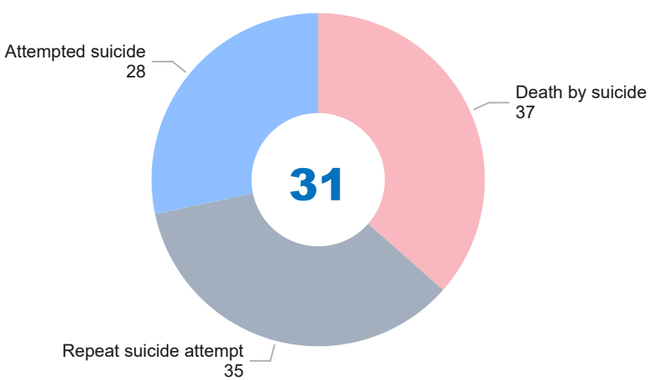
Summary of 2025 incidents by nationality



Type of incident by Gender

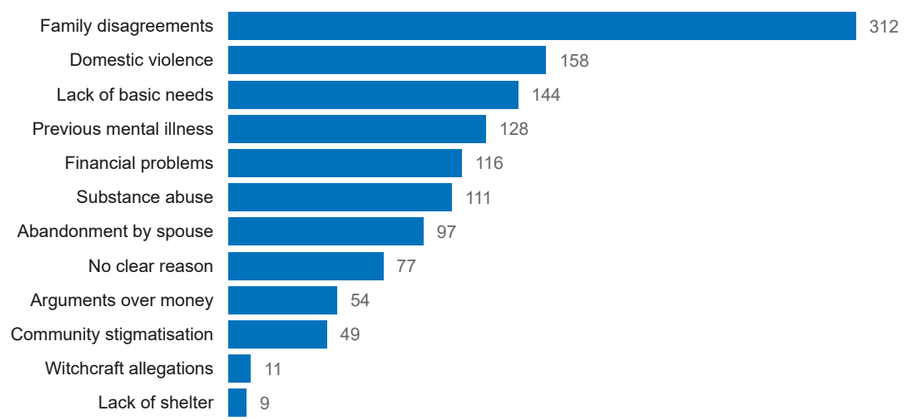


Type of incident by average age of victim



Method used

Top triggers for suicidal ideation



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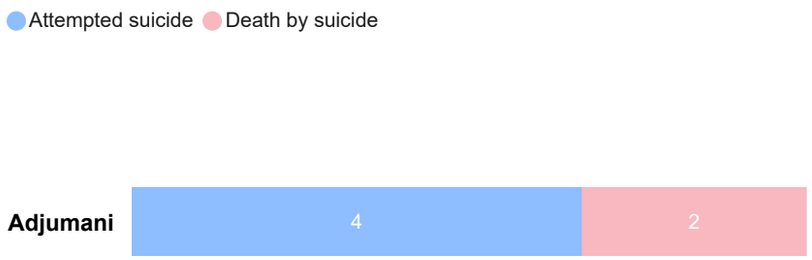
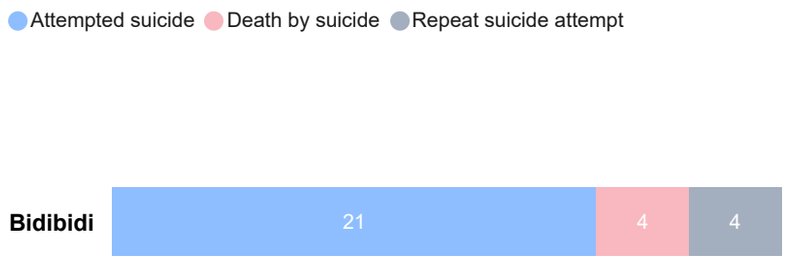
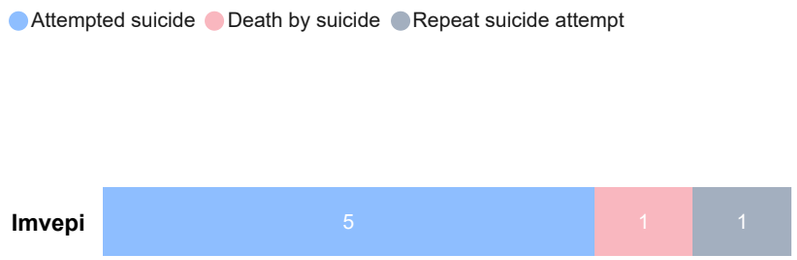
Adjumani



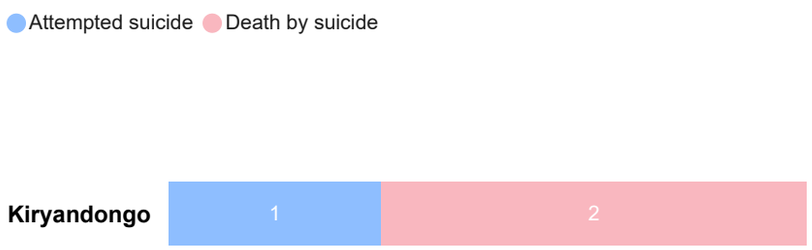
Bidibidi



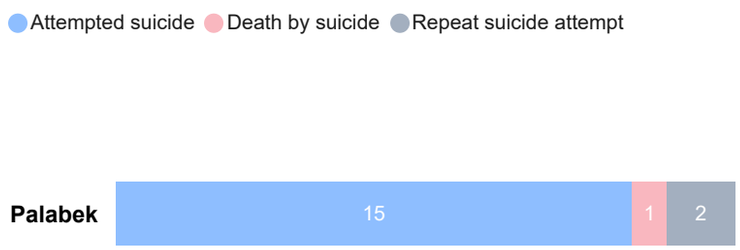
Imvepi



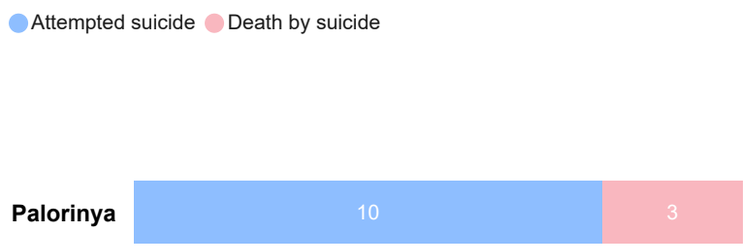
Kiryandongo



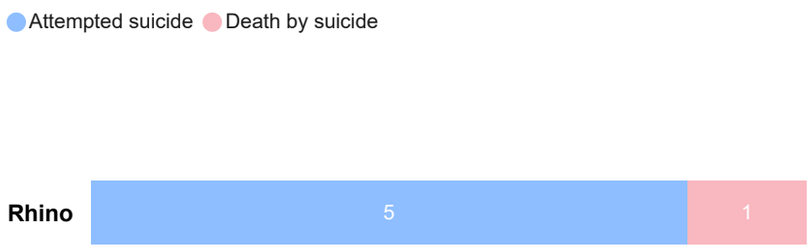
Palabek



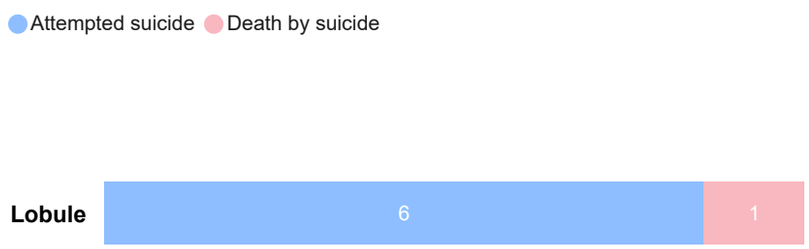
Palorinya



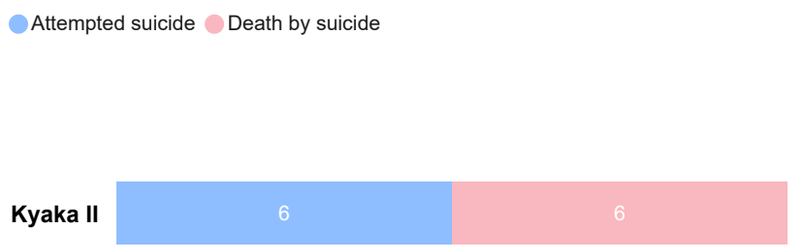
Rhino Camp



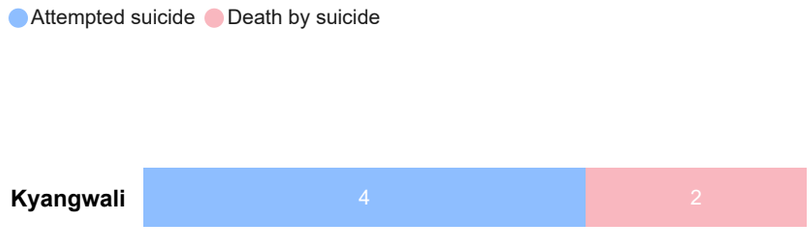
Lobule



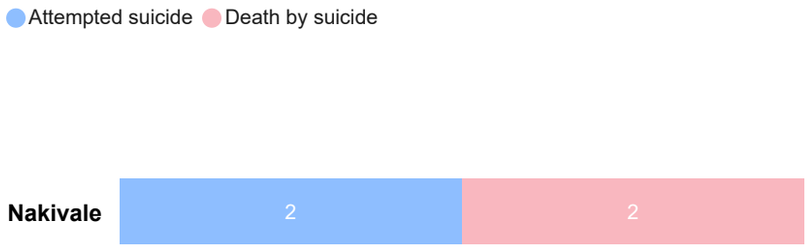
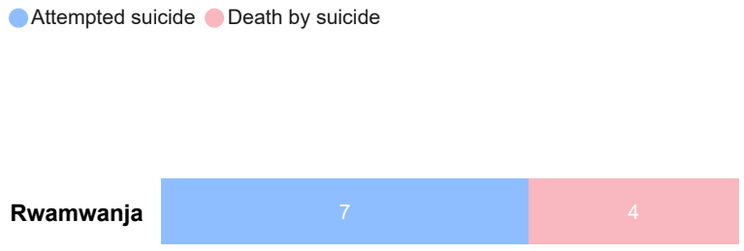
Kyaka II



Kyangwali



Nakivale



Rwamwanja