MYANMAR EMERGENCY OVERVIEW MAP

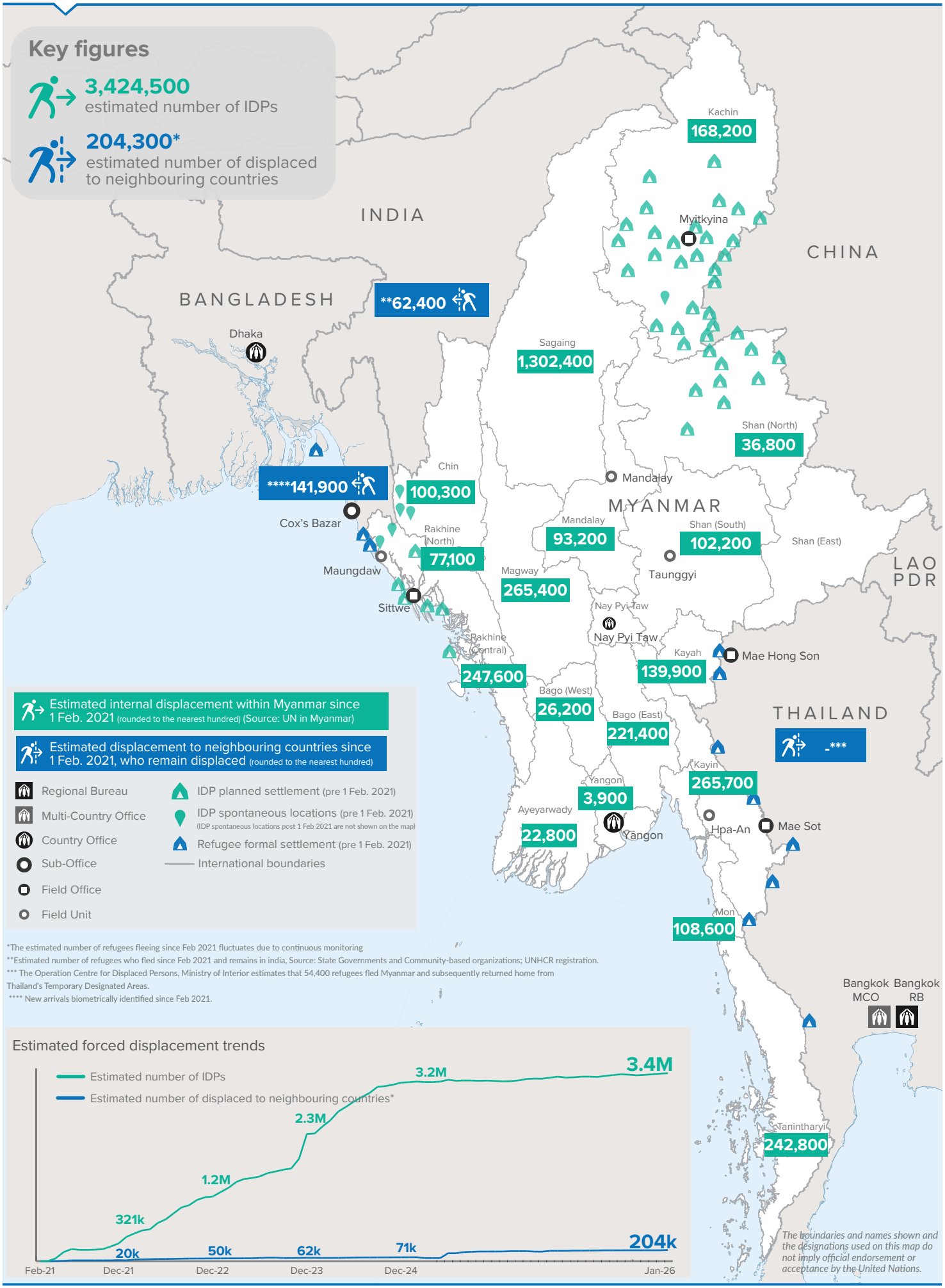
Number of people displaced since Feb 2021 and remain displaced

as of 19 Jan 2026

Key figures

3,424,500
estimated number of IDPs

204,300*
estimated number of displaced to neighbouring countries



Estimated internal displacement within Myanmar since 1 Feb. 2021 (rounded to the nearest hundred) (Source: UN in Myanmar)

Estimated displacement to neighbouring countries since 1 Feb. 2021, who remain displaced (rounded to the nearest hundred)

- Regional Bureau
- Multi-Country Office
- Country Office
- Sub-Office
- Field Office
- Field Unit
- IDP planned settlement (pre 1 Feb. 2021)
- IDP spontaneous locations (pre 1 Feb. 2021) (IDP spontaneous locations post 1 Feb 2021 are not shown on the map)
- Refugee formal settlement (pre 1 Feb. 2021)
- International boundaries

*The estimated number of refugees fleeing since Feb 2021 fluctuates due to continuous monitoring

**Estimated number of refugees who fled since Feb 2021 and remains in india, Source: State Governments and Community-based organizations; UNHCR registration.

*** The Operation Centre for Displaced Persons, Ministry of Interior estimates that 54,400 refugees fled Myanmar and subsequently returned home from Thailand's Temporary Designated Areas.

**** New arrivals biometrically identified since Feb 2021.

Estimated forced displacement trends

The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations.

Creation date: 20 Jan 2026

For feedback and clarifications, please write to < myayaim@unhcr.org >

MYANMAR EMERGENCY OVERVIEW MAP

Number of people internally displaced within Myanmar

as of 19 Jan 2026

Key figures

3,669,000

Estimated total IDPs within Myanmar

244,500

Estimated # of IDPs displaced prior to 1 Feb 2021 (As of 30 Jun, 2025)

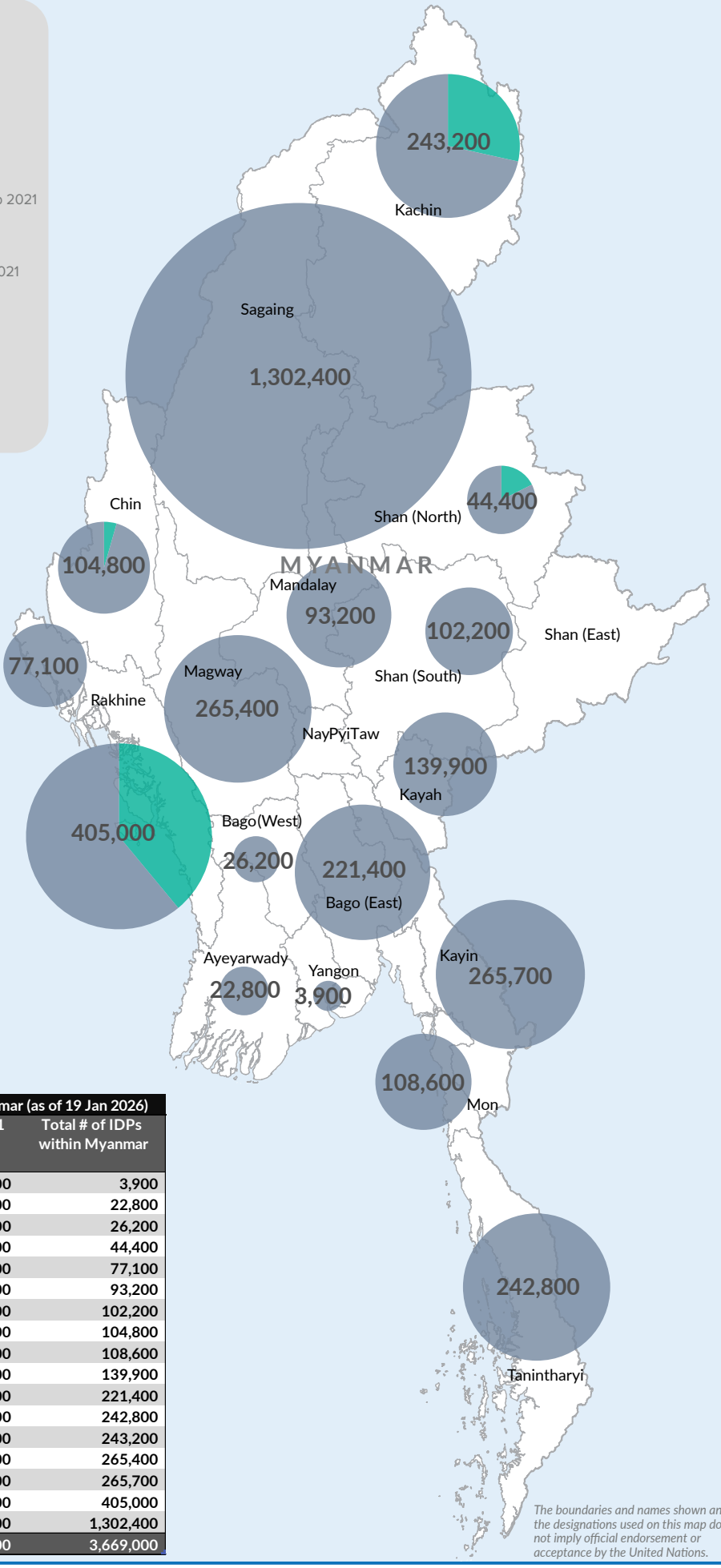
3,424,500

Estimated # of IDPs displaced post 1 Feb 2021 (As of 19 Jan 2026)

Prior to 1 Feb 2021

Post 1 Feb 2021

Source : UN in Myanmar



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Estimated total internally displaced person (IDPs) within Myanmar (as of 19 Jan 2026)			
State/Region	Prior to 1 Feb 2021 IDPs	Post 1 Feb 2021 IDPs	Total # of IDPs within Myanmar
Yangon Region	-	3,900	3,900
Ayeyarwaddy	-	22,800	22,800
Bago Region (West)	-	26,200	26,200
Shan State (North)	7,600	36,800	44,400
Rakhine State (North)	-	77,100	77,100
Mandalay Region	-	93,200	93,200
Shan State (South)	-	102,200	102,200
Chin State	4,500	100,300	104,800
Mon State	-	108,600	108,600
Kayah State	-	139,900	139,900
Bago Region (East)	-	221,400	221,400
Tanintharyi Region	-	242,800	242,800
Kachin State	75,000	168,200	243,200
Magway Region	-	265,400	265,400
Kayin State	-	265,700	265,700
Rakhine State (Central)	157,400	247,600	405,000
Sagaing Region	-	1,302,400	1,302,400
Grand Total	244,500	3,424,500	3,669,000

Creation date: 20 Jan 2026

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