

IEC Materials Refugee Response Jordan - 2014

Topic	Agency	IEC Material Subject	IEC Material Subject	IEC Material Type	Developed by	IEC Material Subject (Arabic)
1 Reproductive Health	UNHCR	Benefits of Breast Feeding	Breastfeeding positions Optimal breastfeeding practices Benefits of breastfeeding for both the mother and the child Healthy diet for breastfeeding mothers.	Brochure	UNHCR	فوائد الرضاعة الطبيعية
	UNHCR	Contraception Methods: Misconceptions	Myths vs Facts regarding various methods of contraception	Brochure	UNHCR	الإشاعات الخاطئة المتعلقة بوسائل الحمل
	UNHCR	How to Breastfeed	Breastfeeding positions Optimal breastfeeding practices	Brochure	UNHCR	كيف ترضعين طفلك رضاعة طبيعية
	UNHCR	High Risk Pregnancy	High risk pregnancy factors (age, previous births,...)	Brochure	UNHCR	الحمل العالي المخاطر
	UNHCR	My Beautiful Life	Family planning, child spacing and contraceptive methods	Booklet	USAID and reprinted by UNHCR	حياتي أحلى
	UNFPA	Reproductive Health Messages	Brief message to increase awareness about the available services for reproductive health and emphasizing women rights of reproductive health	Poster	UNFPA	رسائل الصحة الإنجابية
	UNFPA	Reproductive Health and Family Planning	description about reproductive health and family planning concepts and methods	Brochure	UNFPA and IFH	الصحة الإنجابية و تنظيم الأسرة
	UNFPA	Toward Safe Motherhood	Health care before, during and after pregnancy, symptoms of pregnancy, nutrition during pregnancy , number of clinical visits during pregnancy , possible complications , post natal care FP and women preparedness	Booklet	UNFPA and IFH	نحو أمومة آمنة
	UNFPA	Personal Hygiene	General instructions about hand washing, bathing , dental and private areas hygiene	Poster	UNFPA and IFH	النظافة الشخصية للمراهقين
	UNFPA	Menopause	Description of post Menopausal age changes and risks and how women could best deal with it	Poster	UNFPA and IFH	سن الأمل
	UNFPA	Menopause	definition of menopause and how to identify symptoms and what are the best advices	Brochure	UNFPA and IFH	سن الأمل
	UNFPA	Breast Feeding	Importance of breastfeeding, positions for breast feeding, special medical advices for women	Brochure	UNFPA and JHAS	الرضاعة الطبيعية
	UNFPA	Sexual Transmitted Diseases	What is STDs , methodology of transmission S &S and how to seek help	Brochure	UNFPA and JHAS	الأمراض المنقولة جنسيا
	UNFPA	Implanon for Family Planning	what is Implanon, effectiveness , best practises	Brochure	reprinted for MoH	غرسة الاميلانون للمباعدة بين الأحمال

		UNFPA	Psychosocial and Physical Changes for Adolescents	Changes at the age of adolescents and how to identify it and deal with it properly	Brochure	UNFPA and JHAS	التغيرات النفسية والجسدية التي يشهدها المراهق
		IRD	Women Health	Reproductive Health for women in reproductive age and menopause.	Brochure	IRD	صحة المرأة
		IRD	Menopause	What is Menopause?, Nutrition , early detection for chronic disease.	Brochure	IRD	سن الامل
		IRD	Family Planning	Family Planning general meaning, Islam viewpoint about FP ,FP Advantages, FP advantages for mother for child, for the family. FP methods.	Brochure	IRD	تنظيم الاسرة
		IFRC	Family Planning	Family planning	Discussion chart	IFRC	In Arabic & English
		IFRC	Safe Motherhood	Preparation for safe delivery	Discussion chart	IFRC	In Arabic & English
		IFRC	HIV and STIs	HIV & STIs; Reducing stigma and discrimination	Discussion chart	IFRC	In Arabic & English
2	Pediatric and Neonatal Health	IFRC	Neonatal Health	Care of a newborn	Discussion chart	IFRC	In Arabic & English
				Danger signs in the newborn	Discussion chart	IFRC	In Arabic & English
		IFRC	Paediatric Health	Childhood Immunizations and Vaccination Campaigns	Discussion chart	IFRC	In Arabic & English
				Diarrhoea & dehydration	Discussion chart	IFRC	In Arabic & English
				Acute Respiratory Infections	Discussion chart	IFRC	In Arabic & English
3	Non Communicable Diseases	IFRC	Diabetes	Tobacco use; Excess alcohol; unhealthy diet; physical inactivity; measuring alcohol consumption; healthy eating guide; exercise cards; NCD Risk Assessment Card; Measuring BMI; 5 stages of behaviour change; guidance for health action planning	A variety of tools and games to use	IFRC	In English only but hopefully they will be in Arabic by June 2014
		IFRC	Cardiovascular Disease				
		IFRC	Cancer				
		IFRC	Diabetes				
		IMC	Obesity	and obesity develop and further lifestyle recommendations for weight loss and/or maintaining healthy weight.	brochure	IMC	البدانة
		IMC	Smoking	Provides information about harms of smoking and recommendations for ceasing.	brochure	IMC	التدخين
		IMC	Blood Pressure	Provides reader friendly information about aetiology of blood pressure and lifestyle recommendations.	brochure	IMC	ضغط الدم

		IMC	Diabetes	Provides reader friendly information about aetiology of diabetes and lifestyle recommendations.	brochure	IMC	السكري
		IMC	Physical fitness	of physical fitness to sustaining health and wellbeing. Provides recommendations/ideas on integrating physical fitness into daily	brochure	IMC	رياضة للجميع... صحة للجميع
		IRD	Osteoporosis	Osteoporosis, Diagnose , protection methods, factors increase the its probability.	Brochure	IRD	هشاشة العظام
		IRD	Hypertension	Hypertension,types of Hypertension,Risk factors, Hypertension Symptoms.	Brochure	IRD	ضغط الدم
4	Infectious Diseases	IFRC	Infectious Diseases	HIV & STIs; Reducing stigma and discrimination	Discussion chart	IFRC	In Arabic & English
		IFRC	TB	TB	Discussion chart	IFRC	In Arabic & English
		IFRC	Avian Influenza	Avian Influenza	Discussion chart	IFRC	In Arabic & English
		IRD	AIDS	what is HIV-How HIV weakens the immune system, Does HIV has treatment-what is STDs, HIV/STDs Transition methods,	Brochure	IRD	الايدز - الالتزام بالوقاية تعني الحماية
		MdM-France	SCABIES	Definition, awareness, prevention and treatment of Scabies	Brochure/Leaflet	MdM-France	In Arabic
5	Nutrition	IFRC	Nutrition	General Nutrition	Discussion chart	IFRC	In Arabic & English
				Breastfeeding & complementary feeding	Discussion chart	IFRC	In Arabic & English
				Malnutrition	Discussion chart	IFRC	In Arabic & English
		IMC	Nutrition - food groups booklet	food guide pyramid as well as portion sizes. Provides also recommendations for balanced	booklet	IMC	غذائنا حياة وصحة
		IMC	Nutrition for diabetes - flash card	Bullet point recommendations on dietary management for diabetics and photo demonstrations.	flash card	IMC	النظام الغذائي لمرضى السكري
		IMC	Nutrition for blood pressure - flash card	Bullet point recommendations on dietary management for blood pressure patients and photo demonstrations.	flash card	IMC	النظام الغذائي لمرضى ضغط الدم
		IMC	Nutrition for weight loss -flash card	Bullet point recommendations on dietary management encouraging weight loss and photo demonstrations.	flash card	IMC	ارشادات عامة لتخفيض الوزن
		IMC	Nutrition for blood lipids - flash cards	Bullet point recommendations on dietary management for individuals with dyslipidemia and photo demonstrations.	flash card	IMC	النظام الغذائي لمرضى الكوليسترول المرتفع

		IRD	Our Health in our Nutrition	Nutrition need, obesity factors, better solutions for perfect weights.	Brochure	IRD	صحتنا في غذائنا
6	Safe Water, Hygiene & Sanitation	IFRC	Safe water	Safe water, hygiene & sanitation	Discussion chart	IFRC	In Arabic & English
		IFRC	Hygiene	Handwashing	Discussion chart	IFRC	In Arabic & English
7	Disease Outbreaks	IFRC	Preventing and Responding to Epidemics		Discussion chart	IFRC	In Arabic & English
8	Safety at home and in the community	IFRC	Safety at home	Basic First Aid for burns and scalds	Discussion chart	IFRC	In Arabic & English
				Basic First Aid for poisoning	Discussion chart	IFRC	In Arabic & English
		IFRC	Road Safety		Discussion chart	IFRC	In Arabic & English
9	Disaster Response	IFRC	Community mobilisation in major emergencies		Discussion chart	IFRC	In Arabic & English
		IFRC	Community response to disasters		Discussion chart	IFRC	In Arabic & English
10	Violence Prevention	IFRC	Violence Prevention Modules	Everyone deserves to be safe from violence	Lesson card	IFRC	In English and the Arabic versions should be ready to use by the start of April
				Hitting other people is harmful and unnecessary	Lesson card	IFRC	
				Sexual violence is cruel and degrading	Lesson card	IFRC	
				Crushing a person's self esteem is damaging and unhealthy	Lesson card	IFRC	
				Violence can be prevented; helping resources and laws exist	Lesson card	IFRC	
11	Healthy Life Style	IRD	Walking and physical exercise to suit all ages	Advantages of Walking in general, advantages of walking and physical exercise for Elderlies .	Brochure	IRD	المشي و التمارين البدنية تناسب جميع الاعمار

		IRD	Health Care for Elderlies	<b>Presented 12 main messages:</b> 1)changes among the elderly,2)Physical activity for the elderly,3)Dental care for the elderly,4)Mental Health for elderly people (dementia, Alzheimer's, 5)insomnia),6)Nutrition for elderly,7)Importance of water for the elderly,8)Pharmaceuticals,9)comprehensive health care, 10)physical care, 11)safety at home.12)smoking	Brochure	IRD	كبار السن
		IRD	Read, Paint and Learn	Short and simple messages for children about: Dental Care for children, Safety on Roads, Safety in School, Nutrition, Hygiene,	Booklet	IRD	أقرا ألون و أتعلم
12	Dental Health	IRD	Deciduous Dental Care	Dental Care for children , tooth development stages, steps to keep healthy tooth.	Brochure	IRD	الاسنان اللبنية
		IRD	Let Us Talk	Adolescent thinking changes, Adolescent interaction with the family, changes in feelings, changes in decisions and attenuates.	Brochure	IRD	خلونا نحكي
13	Violence	IRD	The relationship between the parents and adolescent	Types of relationships, methods how to	Brochure	IRD	علاقة الوالدين بأبنائهم المراهقين و المراهقات .