

# MoM-MHPSS-10

<b>Date</b>	Tuesday 19 May 2015	<b>Venue</b>	WHO Conference Room
<b>Time</b>	9:00-10:00	<b>Minutes prepared by</b>	Nour Kik

<b>Organizations attending</b>	ABAAD, ACF, Amel Association, Handicap International, Heartland Alliance, Himaya, ICRC, IMC, IOM, IPSC, IRC, Lebanese Red Cross, LPHU, MDM, MoPH, MSF-Belgium, MSF-Ch, MSF-Swiss, Pavillon Psychology, Restart-Beirut, SanteSud, UNHCR, UNICEF, WHO.
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## Agenda

1. **Presentation by ABAAD regarding future project**
2. **Regional MHPSS TF**
3. **Referral Process Committee updates**
4. **The National Strategy for Mental Health and Substance Use**
5. **General updates**

Discussion	Action / Decision / Suggestion
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### 1. Presentation by ABAAD regarding future project

<ul style="list-style-type: none"> <li>➤ The proposal for this project was accepted by the EU. It is an MHPSS project built using a resilience-based approach meant to be conducted inside Syrian territory, but will be conducted in Lebanon whenever it is not possible to be led within Syria. The target population and front-line workers: Syrians.</li> <li>➤ It was pinpointed during the discussion that in 2010, UNHCR developed with UNFPA an interactive tool for SGBV clinical management: this can maybe be provided to ABAAD.</li> <li>➤ It was hoped that the whole process will be documented because the experience of conducting this project is a very relevant one for the MHPSS TF to see how MHPSS can be provided online.</li> <li>➤ ABAAD would love to collaborate with the TF, especially in relation to research and assessment, and is open to collaboration with any agency working in Syria.</li> </ul>	<ul style="list-style-type: none"> <li>➤ The presentation will be shared with everyone</li> <li>➤ All organizations in the TF will liaise with their offices in Syria and get back to ABAAD to better know the conditions in the country for action.</li> <li>➤ The TF would like to be updated soon. ABAAD can present next month the different assessments that were made. The methodology can be shared by email so that those who want to provide comments can do so.</li> </ul>
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### 2. Regional MHPSS TF

- It was convened in previous meetings that the MHPSS TF should expand and have regional meetings.
- Restart in the north are willing to host this initiative.
- Agencies in the TF operating in the North: IMC, ICRC and Himaya.
- An initial meeting can be scheduled between Restart, IMC and Himaya in the North. Meanwhile, these agencies can look for actors on the ground. UNHCR might participate also. The Spanish corporation have a delegate working in Tripoli that supports hospitals.
- It was noted that it is worth extending the invitation to some of the Islamic charities.
- UNICEF already know a few NGOs from the North that are within the Child Protection TF so they will share the message within this TF.
- Agencies in the TF operating in the South: IMC, ACF, Heartland Alliances, Intersos (on GBV), MSF Belgium in Marjeyoun area
- For the South, only the first meeting can be done in Beirut since we do not know who can host the meetings.
- For UNHCR, the meeting in the South will be on the 4<sup>th</sup> of June and that in the North will be a little after that.

- Restart will see if it can host this initial meeting
- All organizations will do an initial map this week of NGOs that are currently active in MH.
- The NMHP will draft a TOR for these regional groups to be discussed in their first meeting.

### 3. Referral Process Committee Updates

- A Suicide Prevention Training was conducted in Bekaa, Tripoli and Akkar (South was cancelled) with a very good turn-out: 20 people from each area, including child protection case workers, sometimes managers, etc. A very positive feedback was received.
- Potentially in 6 months, if there was a turnover of case workers, the training can be repeated.

- Wissam (NMHP) is currently working on the reports.

<ul style="list-style-type: none"> <li>➤ Updates from the Spanish Corporation regarding the proposal to seek funding for a set of activities of the MHPSS TF will be received after 3 weeks.</li> <li>➤ Amber Gibson who was interning at the NMHP worked on the violence and crisis management material and referral system.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Emily from UNICEF will share the Crisis Management for Adolescents material.</li> </ul>
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#### 4. The National Strategy for Mental Health and Substance Use

<ul style="list-style-type: none"> <li>➤ The MH Strategy is inclusive of all people living in Lebanon. When it comes to displaced populations, because Syrians are officially displaced in Lebanon (a status that has implications), the TF has been assigned as operational body for the strategy. The Action plan for the TF will be done annually and evaluated every 6 months.</li> <li>➤ Amber has circulated some kind of assessment to all organizations in the TF regarding coordination. The results of this assessment can be shared with the TF in July.</li> </ul>	<ul style="list-style-type: none"> <li>➤ The soft copy of the Strategy will be shared with all</li> <li>➤ The action plan for this year will be circulated to all organization for them to start thinking about the priorities for the next 6 months to start building up the next action plan</li> </ul>
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#### 5. General Updates

<ul style="list-style-type: none"> <li>➤ The self-help booklet prepared by IOM was printed and circulated by email so anyone can ask IOM for copies (available in English). It contains very brief and concise messages that many youth or men can use or that can be used within PSS activities. The booklet was developed inside Syria in collaboration with the Syrian Arab Red Crescent based on focus groups with men inside Syria. It was then reviewed and adapted for distribution in the region as some challenges were faced in its distribution in Syria.</li> <li>➤ In the PSS working group: a guideline for children in psychosocial distress was drafted and agreed upon in the PSS committee. The roll-out is now going to begin and a training on first aid on SDQ will be conducted on the 2<sup>nd</sup> of June in the UNHCR office from 10am till around 12pm (anyone can come). The tool will be shared with the TF next week.</li> <li>➤ It was noted that in Aarsal Amel Association has around 300 psychiatric patients who couldn't receive medications due to the security situation. A plan was therefore coordinated between AMEL,</li> </ul>	<ul style="list-style-type: none"> <li>➤ The tool will be shared with the MHPSS TF next week.</li> </ul>
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IMC and MDM. Amel physicians will be trained by IMC.  
Telepsychiatry and phone support will be given.

- Dr. Chammay will be going to Geneva, The Hague and the Middle East Institute in Washington DC in the coming months to speak about the work being done to improve the MH system in Lebanon.

- The involved organizations are asked to document the process so that we can learn from what is possible.

**Next meeting: Tuesday July 14 2015 at 2pm**