# Standardised Expanded Nutrition Survey

# **FINAL REPORT**

# Makpandu Refugee Settlement

# Yambio

# South Sudan

Surveys conducted: 7-10 October 2019







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### ACRONYMS AND ABBREVIATIONS

СМАМ	Community Management of Acute Malnutrition
CSB	Corn-Soya Blend
ENA	Emergency Nutrition Assessment
EPI	Expanded Programme on Immunization
Epi Info	Name of CDC software for epidemiological
	investigations
GAM	Global Acute Malnutrition
GFR	General Food Ration
GFD	General Food Distribution
HAZ	Height-for-Age z-score
HDDS	Household Diversity Score
НН	Household
irHIS	Integrated Refugee Health Information System
IYCF	Infant and Young Child Feeding
KCAL	Kilocalorie
MAM	Moderate Acute Malnutrition
МОН	Ministry of Health
MUAC	Middle Upper Arm circumference
OTP	Out-patient Therapeutic Programme
PLW	Pregnant and Lactating Women
ProGres	UNHCR registration database for refugees
SAM	Severe Acute Malnutrition
SC	Stabilization Centre
SD	Standard Deviation
SFP	Supplementary Feeding Programme
SMART	Standardised Monitoring & Assessment of Relief & Transitions
SSP	South Sudanese Pound
TFP	Therapeutic Feeding Programme
UNHCR	United Nations High Commissioner for Refugees
UNICEF	United Nations Children's Funds
WASH	Water Sanitation and Hygiene
WAZ	Weight-for-Age z-score
WFH	Weight-for-height
WHZ	Weight-for-Height z-score
WFP	World Food Programme
WHO	World Health Organization
WVI	World Vision International

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Finally, sincerely thank the refugee population who gave up their time to participate and allowed us to measure their children and, most importantly, to the children themselves. A complete list of key individuals involved can be found at **Appendix 1**.

#### **EXECUTIVE SUMMARY**

UNHCR and WVI carried out a nutrition survey in Makpandu from 7 to 10 October 2019. The overall aim of this survey was to assess the general nutrition and health status of refugee population and formulate workable recommendations for appropriate nutritional and public health interventions. The survey was based on the UNHCR Standardized Expanded Nutrition Survey (SENS) guidelines for refugee populations (version 2, 2013) <u>http://sens.unhcr.org/</u>. Four SENS modules including i. anthropometric and health, ii. Anaemia, iii. IYCF, and iv. Food Security were carried out. 2019 was the first-time modules ii, iii and iv were carried out thus the data from these modules will be used as the baseline.

A cross-sectional survey was conducted using simple random sampling. Households were physically labelled with unique numbers per block. To reduce non-response rate and ensure results were representative of people living in the settlement at the time of the survey, empty households<sup>1</sup>, as verified through neighbours were not be labelled and thus not be included in the sampling frame. A random household sample was drawn from the actual number of physically verified household before the survey.

A total of six survey teams composed of four members each (one team leader, one haemoglobin measurer, one anthropometric measurer/translator and one anthropometric/haemoglobin measurement assistant) were included in each survey. A standardised training lasting four days was provided followed which included a standardisation test. Data collection lasted four days. The survey teams were supported by a team of 2 supervisors and 2 coordinators who roved between the teams during the data collection.

Mobile phone questionnaires using Open Data Kit (ODK) android software for all the modules was used for data collection. Data validation was carried out on a daily by the survey coordinator which allowed for daily feedback to the survey teams. Data analysis was carried out using ENA for SMART July 9<sup>th</sup>, 2015 version for anthropometric indices and Epi info version 7.2.3.1 for all the other data.

The nutrition situation in Makpandu settlement will continue to require attention in 2020. The GAM prevalence in Makpandu settlement was found to be [3.6% (3.3-4.0 95% C.I.)] which falls under low prevalence. The proportion of children that had Middle Upper Arm Circumfrence (MUAC) (< 125 mm and/or oedema) was 5.2% (4.7 - 5.7 95% C.I.). Analysis of the proportion of children that were found malnourished based on both Weight for Height Zscores (WHZ) and MUAC was 9.5% (24/252). In 2018 the Global Acute Malnutrition (GAM) prevalence was 5.3%; MUAC < 125 mm and/or oedema was 3.5% and proportion of children that were found malnourished based on both WHZ and MUAC was 5.8%. Looking at the proportion of children found malnourished based on both criteria the proportion of malnourished children although not statistically significant (p>0.05) indicates a likely deteriorating situation in 2019 compared to 2018.

The prevalence of global stunting of 32.1 (28.9 - 35.5) falls under very high category based on the WHO/UNICEF 2008 categorisation. This increased compared to 21.1% in 2018. This should however be interpreted with caution due to the age estimation limitation. 31% of the children 6-59 months did not have a reliable age documentation.

<sup>&</sup>lt;sup>1</sup> An empty household will be considered an abandoned and excluded from the nutrition survey if no one was present in that tent for the last one month.

The coverage for Therapeutic Feeding Program (TFP) and Targeted Supplementary Feeding Program (TSFP) did not meet the recommended standard of >90% using both the MUAC and WHZ scores criterion. This indicates the need to strengthen active case finding at all points on contact at the community and facility levels. The later to identify cases that are acutely malnourished based on WHZ scores.

The coverage of measles vaccination, vitamin A supplementation and deworming was below the target coverage of  $\geq$ 95;  $\geq$ 90% and  $\geq$  75% respectively indicating the need to strengthen and maintain both the routine and campaign vaccination/supplementation interventions.

Approximately a third of children 6-59 months reported to have had diarrhoea in the last two weeks prior to the survey indicating a high morbidity rate requiring continued health services provision, and strengthening of community based preventive interventions on hygiene, sanitation and childcare practices.

Total anaemia prevalence among children aged 6 to 59 months was 60.3% (with 2.8% being severe anaemia). The prevalence among women aged 15-49 years (non-pregnant) was 27.8% (with 0.9% being severe anaemia). The prevalence of anaemia among children is very high as it is above the 40% level of public health significance (WHO classification). Analysis by age categories indicated that the prevalence of anaemia was higher among children aged 6-23 months. The high prevalence of anaemia among children aged 6-59 months is of key concern. It requires to be addressed through multi-sectoral preventive and curative interventions.

The rate of exclusive breastfeeding was 74%, introduction of solid, semi-solid or soft foods 20%, and consumption of iron-rich or iron-fortified foods 29.3%. The introduction of solid, semi-solid or soft foods and consumption of iron-rich or iron-fortified foods of remain sub optimal indicating the need for strengthening the IYCF program to improve feeding practices.

Under food security: 96% of the HHs had a ration card; the household diet diversity score was 5.0 out of 12 food groups; a substantial proportion of households reported using one or more of the negative coping strategies (58.4%) (borrowed cash or food 26.4%, sold assets 12%, reduced quantity or frequency of meals 44.8%, requested increased remittances 11.2% and engaged in potential risky or harmful activities 17.6%. Only 41.6% of the refugees in Makpandu reported not using any of the negative coping strategies to fill the food assistance gap (a 70% of the recommended general food ration is provided per person per month using hybrid cash and food modality). This group is likely to be benefiting from the complementary livelihood interventions in place. This however needs to be scaled up to increase the proportion to cover majority of the population.

Maintenance of a comprehensive nutrition program, strengthening of preventative activities including the provision of adequate household food intake, appropriate caring practices with support and promotion of optimal Infant and Young Child Feeding (IYCF) practices, health and sanitation at household level are recommended to facilitate optimal nutrition. This to be accomplished through provision of adequate food assistance, promotion and protection of infant and young child feeding practices, improved health services, adequate water and sanitation and the expansion of livelihood activities in addition to the treatment of malnourished persons.

## The summary results are as below **Table 1:** Summary of results

	Makpandu	Classification of public health significance / targe (where applicable)
Children (6-59 months)		
	% 95%CI)	
No. of children surveyed	252	
Acute Malnutrition (N=248)		
Global Acute Malnutrition (GAM) (n=9)	3.6 (3.3-4.0)	Critical if ≥ 15%
Moderate Acute Malnutrition (MAM) (n=8)	3.2 (2.9 - 3.6)	
Severe Acute Malnutrition (SAM) (n=1)	0.4 (0.4 – 0.4)	
Oedema (n=0)	0.0	
Stunting (N=246)		
Total Stunting (n=79)	32.1 (28.9-35.5)	Critical if ≥ 40%
Severe Stunting (n=22)	8.9 (8.1-9.9)	
Mid Upper Arm Circumference (MUAC) (N=252)		
Prevalence of MUAC <125mm or oedema (n=13)	5.2 (4.7-5.7)	
Prevalence of MUAC < 125 mm and >= 115 mm, no oedema (n=9)	3.6 (3.2-3.9)	
Prevalence of MUAC < 115mm and/or oedema (n=4)	1.6 (1.4-1.8)	
Anaemia (6-59 months) (N=249)		
Total Anaemia (Hb <11 g/dl) (n=152)	60.3 (54.0-66.4)	High if ≥ 40%
Mild (Hb 10-10.9) (n=66)	26.2 (20.9-32.1)	
Moderate (Hb 7-9.9) (n=79)	31.4 (25.7-37.5)	
Severe (Hb<7.0) (n=7)	2.8 (1.1-5.6)	
Anaemia (6-23 months) (N=101)		
Total Anaemia (Hb <11 g/dl) (n=68)	68.7 (58.6-77.6)	
Mild (Hb 10-10.9) (n=26)	26.3 (17.9-36.1)	
Moderate (Hb 7-9.9) (n=40)	40.4 (30.7-50.7)	
Severe (Hb<7.0) (n=2)	2.0 (0.3-7.1)	
Programme coverage (6-59 months)		
OutpatientTherapeutic Program (OTP) (based on all admission criteria WHZ and MUAC) (n=0/3)	0	Target of ≥ 90%
Targeted Supplementary Feeding Program (TSFP) (based on all admission criteria WHZ and MUAC) (n=1/16)	6.3 (0.2-30.2)	Target of ≥ 90%
Measles vaccination with card (9-59 months) (n=69/237)	29.1 (23.4-35.4)	
Measles vaccination with card or recall (9-59 months)	89.9	

	Makpandu	Classification of public health significance / target (where applicable)
(n=213/237)	(85.3-93.4)	
Vitamin A supplementation coverage with card, within past 6 months (6-59 months) (n=5/252)	2.0 (0.7-4.6)	Target of ≥ 95%
Vitamin A supplementation coverage with card or recall, within past 6 months (6-59 months) (n=184/252)	73.0 (67.1-78.4)	
Deworming coverage within the past 6 months (12-59 months) (n=99/211)	46.9%	
Morbidity (N=252)		
Diarrhoea in past 2 weeks	34.5 (28.7-40.8)	
Infant and young child feeding		
Timely initiation of breastfeeding (n=98/126)	77.8 (69.5-84.7)	
Exclusive Breastfeeding under 6 months (n=20/27)	74.1 (53.7-88.9)	
Continued breastfeeding at 1 year(n=15/18)	83.3 (58.6-96.4	
Continued breastfeeding at 2 years (n=1/27)	3.7 (0.1-19.0)	
Introduction of solid, semi-solid or soft foods (n=3/15)	20 (4.3-48.1)	
Consumption of iron-rich or iron-fortified foods (n=29/99)	29.3 (20.6-39.3)	
Bottle feeding (n=1/126)	0.8 (0.0-4.3)	
Women 15-49 years (N=115)		
Anaemia (non-pregnant)	07.0	
Total, Anaemia (Hb <12.0 g/dl) (n=32/115)	27.8 (19.9-37.0) 17.4	High if ≥ 40%
Mild (Hb 11.0-11.9) (n=20)	(11.0-25.6) 9.6	
Moderate (Hb 8.0-10.9) (n=11)	(4.9-16.5) 0.9	
Severe (Hb<8.0) (n=1)	(0-4.8)	
Programme enrolment pregnant women (N=23)	65.2	1
Pregnant women currently enrolled in the ANC (n=15/23)	(42.7-83.6) 65.2	
Pregnant women currently receiving Iron-folic acid pills (n=15/23) <b>Food security (N=125)</b>	(42.7-83.6)	
• • •	% (95% CI) 96	
Proportion of HH with a ration card (n=120)		
Average Household Diet Diversity Score (HDDS)	5.0	
Proportion of households <i>not consuming any</i> vegetables, fruits, meat, eggs, fish/seafood, and milk/milk products (n=7)	5.6 (2.3-11.2)	
Proportion of households consuming either a plant or animal course of vitamin $A$ (n=102)	82.4	
source of vitamin A (n=103) Proportion of households consuming organ meat/flesh meat, or fish/seafood (n=20)	(74.6-88.6) 16 (10.1-23.6)	
Proportion of households reporting using the following copin		ar the nast month*

	Makpandu	Classification of public health significance / target (where applicable)
Borrowed cash, food or other items with or without interest	26.4	
(n=33/125)	(18.9-35.0)	
Sold any assets that would not have normally sold (furniture, seed	12	
stocks, tools, other NFI, livestock etc.) (n=15/125)	(6.9-19.0)	
Requested increased remittances or gifts as compared to normal	11.2	
(n=14/125)	(6.3-18.0)	
Reduced the quantity and/or frequency of meals and snacks	44.8 (35.9-	
(n=56/125)	54.0)	
Begged (n=0/125)	0	
Engaged in potentially risky or harmful activities (n=22/125)	17.6 (11.4-25.4)	
Proportion of households reporting using none of the coping strategies over the past month (n=52/125)	41.6 (32.9-50.8)	

\* The total is over 100% as households used several negative coping strategies.

#### Interpretation of results:

WHO prevalence thresholds for wasting in children aged 6-59 months (low weight-for-height)

Previous prevalence	Label	New prevalence	Label
ranges		ranges 2018	
-	-	<2.5	Very low
<5%	Acceptable	2.5 - < 5	Low
5 - 9%	Poor	5 - <10	Medium
10 - 14%	Serious	10 - <15	High
<u>&gt;</u> 15%	Critical	≥ 15	Very high

WHO prevalence thresholds for stunting in children aged 6-59 months (low height-for-age)

Previous prevalence	Label	New prevalence	Label
ranges		ranges 2018	
-	-	<u>&lt;2.5</u>	<u>Very low</u>
<u>&lt;20%</u>	<u>Acceptable</u>	<u>2.5 - &lt; 10</u>	Low
<u>20 - 30%</u>	<u>Poor</u>	<u>10 - &lt; 20</u>	<u>Medium</u>
<u> 30 - 39%</u>	<u>Serious</u>	<u>20 - &lt; 30</u>	<u>High</u>
<u>&gt;40%</u>	<u>Critical</u>	<u>≥ 30</u>	<u>Very high</u>

WHO classification of public health significance for the prevalence of Anamia (children 6-59-monthold and non-pregnant Women 15-49 years old)<sup>2</sup>

Prevalence %	High	Medium	Low
Anaemia	≥40	20-39	5-19

Source: WHO (2000)

The GAM prevalence in Makpandu settlement was found to be [3.6% (3.3-4.0 95% C.I.)] which falls under low prevalence. The proportion of children that had MUAC (< 125 mm and/or oedema) was 5.2% (4.7 - 5.7 95% C.I.). Analysis of the proportion of children that were found malnourished based on both WHZ and MUAC was 9.5% (24/252). In 2018 the GAM prevalence was 5.3%; MUAC < 125 mm and/or oedema was 3.5% and proportion of children that were found malnourished based on both WHZ and both WHZ and MUAC was 5.8%. Looking at the proportion of children found malnourished based on both WHZ and MUAC was 5.8%. Looking at the proportion of children found malnourished based on both WHZ and MUAC was 5.8%. Looking at the proportion of children found malnourished based on both criteria the proportion of malnourished children although not statistically significant (p>0.05) indicates a likely deteriorating situation in 2019 compared to 2018.

- The prevalence of global stunting of 32.1 (28.9 35.5) falls under very high category. This increased compared to 21.1% in 2018. This should however be interpreted with caution due to the age estimation limitation. 31% of the children 6-59 months did not have a reliable age documentation.
- The enrolment coverage for TFP and TSFP did not meet the recommended standard of >90% using both the MUAC and WHZ scores criterion. In addition to this most of the cases identified with acute malnutrition based on the WHZ scores did not meet the MUAC cut off <125mm and vice versa. MUAC is the tool used for community screening to identify malnourished children. This indicates the need to strengthen case finding at all points on contact at the community and facility levels. The later to identify cases that are acutely malnourished based on WHZ scores.</li>
- The coverage of measles vaccination, vitamin A supplementation and deworming was below the target coverage of ≥95; ≥90% and ≥ 75% respectively indicating the need to strengthen and maintain both the routine and campaign vaccination/supplementation interventions.
- Approximately a third of children 6-59 months reported to have had diarrhoea in the last two weeks prior to the survey indicating a high morbidity rate requiring continued health services provision, and strengthening of community based preventive interventions on hygiene, sanitation and childcare practices.
- Total anaemia prevalence in children 6 to 59 months was 60.3% (with 2.8% being severe anaemia). The prevalence among women aged 15-49 years (non-pregnant) was 27.8% (with 0.9% being severe anaemia). The prevalence of anaemia among children is very high as it is above the 40% level of public health significance (WHO classification). Analysis by age categories indicated that the prevalence of anaemia was higher among children aged 6-23 months. The high prevalence of anaemia among children aged 6-59 months is of key concern. It requires to be addressed through multi-sectoral preventive and curative interventions.
- The rate of exclusive breastfeeding was 74%, introduction of solid, semi-solid or soft foods 20%, and consumption of iron-rich or iron-fortified foods 29.3%. The introduction of solid, semi-solid or soft foods and consumption of iron-rich or iron-fortified foods are sub optimal indicating the need to strengthen the IYCF program to improve feeding practices.
- Under food security: 96% of the HHs had a ration card; the household diet diversity score was 5.0 out of 12 food groups; a substantial proportion of households reported using one or more of the negative coping strategies (58.4%) (borrowed cash or food 26.4%, sold assets 12%, reduced quantity or frequency of meals 44.8%, requested increased remittances 11.2% and engaged in potential risky or harmful activities 17.6%. Only 41.6% of the refugees in Makpandu reported not using any of the negative coping strategies to fill the food assistance gap (a 70% of the recommended general food ration is provided per person per month using hybrid cash and food modality). This group is likely to be benefiting from the complementary livelihood interventions in place. This however needs to be scaled up to increase the proportion to cover majority of the population.

#### **Recommendations and priorities**

#### Nutrition related

- Maintain a comprehensive Community based Management of Acute Malnutrition (CMAM) program providing both therapeutic and supplementary feeding programs to facilitate the rehabilitation of identified acute malnourished children, pregnant and lactating women, people living with HIV/AIDS, and TB patients on treatment. This to include active case finding and community mobilization. (UNHCR, UNICEF, WFP and WVI)
- Active case finding and referral of all identified children aged 6-59 months children with a MUAC less than 125mm for management of acute malnutrition through community outreach follow up at household level (WVI).
- Conduct a two-step MUAC and WHZ scores (for children with MUAC at risk) screening monthly at all the health facility contact points including the EPI, triage and BSFP sites to ensure both high MUAC and WHZ score coverage (WVI).
- Maintain blanket supplementary feeding programme for children 6-23 months, pregnant and lactating women using a fortified blended food or lipid-based supplement to prevent malnutrition and to cover the nutrient gap these vulnerable groups face considering their predominant grain based general food diet (UNHCR, WFP and WVI).
- Continue strengthening the capacity of the nutrition program, in terms of provision of adequate staff and training to ensure quality provision of both curative and preventative components (UNHCR, WFP, UNICEF and WVI).
- Awareness creation, protection and promotion of appropriate IYCF practices (using the UNHCR multisectoral framework for action in refugee situations approach) to further improve breastfeeding practices and to strengthen complementary feeding practices (UNHCR, UNICEF and WVI)
- Expand and strengthen the prevention of malnutrition components including community outreach information, education and communication and diverse diet utilization aspects to stop malnutrition from occurring in the first place. (UNHCR, UNICEF, WFP and WVI).
- Conduct quarterly mass MUAC screening to monitor the evolution of the nutrition situation in Makpandu settlement. This to target children aged 6-59 months and PLWs (WVI)
- Prioritise implementation of the refugee micronutrient reduction strategy to curb the high anaemia prevalence (WVI)
- Ensure regular monitoring and supervision, quarterly joint monitoring and yearly program performance evaluations in Makpandu to assess performance progress and formulate recommendations for any identified gaps. (UNHCR, WFP, UNICEF and WVI)
- Undertake a follow up annual nutrition survey to analyze trends and facilitate program impact evaluation. (UNHCR, WVI, WFP and UNICEF)

#### Food security related

- Provision of food assistance providing the minimum dietary requirements (2100kcal/person/day). (UNHCR, WVI and WFP).
- Continue the routine joint monthly food basket monitoring on site and ensure Makpandu inclusion in the country post distribution monitoring at the household level (UNHCR, WVI and WFP).
- Expand the coverage of sustainable food security and livelihood solutions in Makpandu settlement to complement the provided food assistance (UNHCR, WFP and WVI).

#### Health related

- Maintain and strengthen the provision of comprehensive primary health care programme for refugees and host populations in Makpandu. (UNHCR and WVI)
- UNICEF, WVI and UNHCR to ensure that Expanded Programme on Immunization (EPI), Vitamin A supplementation and de-worming campaigns and routine programmes are strengthened to increase coverage to acceptable standards.
- Adequate clean water provision to be maintained in 2019. In addition to this, hygiene promotion and latrine coverage strengthening to reduce the diarrhoea caseload to be ensured. (UNHCR and WVI)

### INTRODUCTION

This report presents the results of nutrition survey conducted in Makpandu settlement. The survey was carried out from 7 to 10 October 2019.

This report is divided into the following sections:

- *Background*: This section sets out background information related to the health, nutrition, food security and Water Sanitation and Hygiene promotion (WASH) situation for Makpandu settlement;
- Methodology;
- *Results*: presents the findings of four SENS modules including i. anthropometric and health, ii. Anaemia, iii. IYCF, and iv. Food Security;
- Discussion; and
- Recommendations.

#### Background

Makpandu refugee settlement has an estimated refugee population of 5038<sup>2</sup> who are mainly from DRC and CAR, and a few from Sudan and Eritrea.

Key partners in terms of the provision of the health, nutrition and food security services include UNHCR, WFP, UNICEF and World Vision International (WVI). UNHCR is mainly involved in coordinating services offered to the refugees through the partners. WFP's main role is to ensure that the refugee's food security is adequately addressed through the provision of the general food assistance once per month. In addition to this, WFP supports the supplementary feeding program targeting vulnerable groups. UNICEF in collaboration with UNHCR provides support to the management of severe acute malnutrition and IYCF programmes. WVI implements the health, nutrition and food security programme.

#### **Food Security**

Refugees in the Makpandu settlement are mainly dependent on the WFP provided food assistance and have limited access to additional sources of food/income. From January to October 2019 the provided ration consisted of 350g maize in kind/per person/day and cash ranging between SSP 1150 to SSP 1250 (depending on food basket market rate) for pulses, oil and salt. In October 2019 the cereals were provided at 83.3g/ per person per day. Since May 2018, refugees in Makpandu receive a combination of cash and food – known as the hybrid basket. Under this modality, refugees still receive the 70% equivalent of the general food ration. 100% cereal was provided in kind while pulses, vegetable oil and salt were provided in 100 cash. The cash component also includes milling assistance. Galaxy International is the financial service provider contracted to carry out the cash-component of the GFD, while the WVI remains responsible for the food distribution. The food assistance pipeline was stable most year but faced cereal provision challenges from October 2019. The cereal provision in October only covered 17% of the required cereal ration.

See breakdown below showing the monthly ration provision.

<sup>&</sup>lt;sup>2</sup> UNHCR ProGres September 2019 population

Ration provided at the distribution in g/p/d	Standard	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct
Cereal	500g	350	350	350	350	350	350	350	350	350	83.3
Cash in SSP											
for Pulses,											
oil, salt &											
milling		1170	1150	1250	1250	1250	1250	1250	1250	1250	1250
	% of										
	standard										
	met	70	70	70	70	70	70	70	70	70	28

Table 2: General food ration provision by month - Makpandu refugee settlement, Yambio, 2019

#### Health situation

Makpandu refugee settlement has one Primary Health Care Centre (PHCC).

The overall crude mortality rate for Makpandu settlement from the UNHCR Integrated Refugee Health Information System (iRHIS) from January to October 2019 was 0.03/10000/day while underfive mortality rate was 0.1/10000/day which was below the emergency threshold of <0.75 and <2 respectively. This indicates a stable population.

The main causes of illness in 2019 were malaria, respiratory tract infections, watery diarrhoea, skin disease, intestinal worms and chronic diseases. This was the same pattern in 2018.

**Figure 1:** Under-five proportional morbidity from January to October 2019; Makpandu, Yambio settlement (UNHCR irHIS)



#### Nutrition Situation

Health data from Makpandu refugee settlement traditionally reported low malnutrition cases. In 2016 however the MUAC screening data at the health facilities indicated a rising trend in the second half of the year. This prompted the need for further investigation. Results from a Mass MUAC screening carried out at the end of the year showed a proportion of 7.2% children 6-59 months were acute

malnourished (had a MUAC <12.5cm) indicating a poor nutrition status. Following this a comprehensive nutrition program was set up to prevent malnutrition and rehabilitate all identified malnourished cases. This has been in place from 2017 through to 2019.

Nutrition services and activities in the settlement at the time of the survey included:

- Targeted Supplementary Feeding Programmes (TSFP) for moderately acute malnourished children aged 6-59 months using Plumpy'Sup or Corn Soya Blend Plus (CSB++).
- Outpatient and inpatient therapeutic feeding programmes for severely acute malnourished children.
- Blanket Supplementary Feeding Program (BSFP) targeting children 6 to 23 months and Pregnant and Lactating Women (PLW). Both children and PLW receive 200g/person/day of CSB++.
- Basic infant and young child feeding support and promotion programme. At the facility level this is integrated into the primary health care components i.e. Ante Natal Care (ANC), Post-Natal Care (PNC) Maternity and Nutrition. At the community level, community structures are used and include Community Health Promoters (CHPs
- Community outreach MUAC screening referral and follow up.

From January to October 2019 there were 102 (children aged 6-59) admissions of which 33 were admitted to the OTP and 69 to the TSFP. At the end of October 2019 there were 25 children aged 6-59 months enrolled in both the OTP and TSFP program. There were no severe acute malnutrition cases with medical complication admitted within this period.





BSFP was implemented in April and May 2019. There were no CSB++ supplies available for the rest of the eight-month due to a pipeline break.

Malnutrition among pregnant and lactating women was assessed during the quarterly mass MUAC screening. In March the proportion of pregnant and lactating women that had a MUAC <23cm was 7.1% and in September 6.0%. All identified malnourished cases were referred to the nutrition centre. From January to October 2019, 34 malnourished PLWs were admitted to the TSFP program.

#### WASH situation

Access to water in Makpandu in 2019 was maintained through 13 water points (11 boreholes fitted with India Mark II pumps and 2 submersible pumps fixed with an 8,000- and 10000-liters capacity elevated water tank. Routine water quality management (testing and chlorination of boreholes) and their maintenance was also carried out regularly. An average of 19.2 liters per person per day was available in 2019<sup>3</sup> which meets the minimum SPHERE standard but is lower than the UNHCR standard of  $\geq$ 20 liters per person per day. The population in Makpandu will continue to require the water to be maintained within the minimum standards.

As of end of October 2019, Makpandu settlement had 431 functional sanitation facilities (416 household pit latrines serving 1,798 households. In addition to this there were 15 public/institutional Ventilated Improved Pit (VIP) latrines (5 at Makpandu primary school, 3 at Makpandu secondary school, 2 at the health facility, 1 at the proposed teacher's quarter, and 1 at the child friendly space, 1 at Makpandu market, 1 at the food distribution centre and 1 at WVI team house). The overall average number of persons per hygiene promoter ratio was 507 in Makpandu. This number needs to be maintained to ensure there is no open defecation in Makpandu settlement and to reduce the disease burden.

### SURVEY OBJECTIVES

Specific primary objectives of the survey

- *a*. To measure the prevalence of acute malnutrition among children 6-59 months
- *b.* To measure the prevalence of stunting among children 6-59 months
- c. To determine the coverage of measles vaccination among children 9-59 months
- d. To determine the coverage of vitamin A supplementation in the last six months among children 6-59 months
- e. To determine the coverage of de-worming in the last six months among children 12-59 months
- *f.* To determine the two-week period prevalence of diarrhoea among children 6-59 months
- *g.* To measure the prevalence of anaemia among children 6-59 months and women of reproductive aged 15-49 years (non-pregnant)
- h. To investigate IYCF practices among children 0-23 months
- i. To determine the coverage of ration cards and the duration the GFD ration lasts for recipient households
- j. To determine the extent to which negative coping strategies are used by households
- k. To assess household dietary diversity
- I. To establish recommendations on actions to be taken to address the situation Secondary objectives:
  - a. To determine the coverage of targeted supplementary and therapeutic feeding programmes for children 6-59 months
  - b. To determine enrolment into Antenatal Care clinic and coverage of iron-folic acid supplementation in pregnant women

<sup>&</sup>lt;sup>3</sup> Water monitoring report\_Makpandu WASH report

### METHODOLOGY

#### Survey population and sample size

The sample size was calculated using the Emergency Nutrition Assessment (ENA) for Standardized Monitoring and Assessment of Relief and Transitions (SMART) software version July 9<sup>th</sup>, 2015 following UNHCR SENS guidelines version 2 (2013) <u>http://sens.unhcr.org/</u>. The GAM prevalence estimate was based on the likely scenario using the 2018 nutrition survey results. The higher confidence interval was used for the estimated prevalence. The total population and percentage of under-5 was derived from the UNHCR ProGres data. The average household size was based on UNHCR ProGres and household listing data. A non-response rate of 10% was used in both camps as household listing was carried out right before the survey data collection.

Table 3: Sample size calculation: A	Anthropometry in Makpandu settlement
Table 0. Sample Size calculation.	and opometry in Maxpanda Settlement

	Makpandu
Estimated prevalence (%)	16.9
± Desire precision (%) (UNHCR SENS guidelines)	4
Average household size (ProGres)	6.2
<5 population (%) (ProGres)	17.8
Nonresponse households (%)	10
Total camp population (ProGres)	5038 <sup>4</sup>
Households to be included for Anthropometry and Health module (ENA for SMART) <sup>5</sup>	266 (Approximately 238 children)

As the population of children under five, was less than 10,000, a correction factor was used while calcuating the sample size in ENA for SMART. The sample size for anthropometry and health was used for the IYCF and child anaemia. Half the sample size of anthropometry (every other household) was used as the sample size for women anaemia and food security modules. This translated to 133 households for the women anaemia and food security module.

#### Sampling procedure and questionnaire administration

#### Selecting households and individuals

A cross-sectional survey was conducted using simple random sampling. Households were physically labelled with unique numbers per block using the survey household definition. To reduce non-response rate and ensure results were representative of people living in the settlement at the time of the survey, empty households<sup>6</sup>, as verified through neighbours were not be labelled and thus not be included in the sampling frame. Following the listing and sample size calculation a random household sample was drawn from the actual number of physically verified household before the survey.

<sup>&</sup>lt;sup>4</sup> UNHCR ProGres data September 2019

<sup>&</sup>lt;sup>5</sup> Since the U5 population is <10,000 in all camps, the sample size calculation needs to be corrected to account for small population size.

<sup>&</sup>lt;sup>6</sup> An empty household will be considered an abandoned and excluded from the nutrition survey if no one was present in that tent for the last one month.

All the eligible household members were included in the survey; that is all children 6 to 59 months / (0-23 months for IYCF) and women 15 to 49 years in a sampled household. The interview was conducted in most cases with the mother in the household or in her absence with an adult member of the household who was knowledgeable with the everyday running of the household. The survey defined a household as the number of people who regularly stay together and eat from the same pot. 266 of the listed households of the 529 listed were surveyed. Each team was allocated a number of households. Block locations and boundaries was discussed during the training to ensure all teams knew where to go.

If a child was absent, the teams were instructed to revisit the household one more time. If they were unsuccessful after this, the child was recorded as absent and they were not replaced with another child. If the household refused to participate then it was considered a refusal and the household was not replaced with another. If a selected child was living with a disability or a physical deformity preventing certain anthropometric measurements the child was still included in the assessment of the other indicators. If it was determined that a selected household did not have any eligible children, the questionnaire was not administered, and the team moved to the next household.

#### Questionnaires

Mobile phone questionnaires using Open Data Kit (ODK) android software was used for data collection. See **Appendix 3**.

The questionnaires were prepared in English language. Following the survey training, revisions were adapted. The questionnaires were translated to the local dialect via the enumerators where necessary during data collection. The translation was practiced during training.

Four module questionnaires from SENS were designed to provide information on the relevant indicators of the different target groups as indicated in the survey objectives. The four-module questionnaire covered the following areas and the following measurements:

*Children 6-59 months*- This included questions and measurements of children aged 6-59 months. Information was collected on anthropometric status, oedema, and enrolment in selective feeding programmes, immunisation (measles), vitamin A supplementation and morbidity from diarrhoea in past two weeks before the survey and haemoglobin status.

*Infant 0-23 months*- This included question on infant and young child feeding for children aged 0- 23 months.

*Women* **15-49** *years-* This included questions and measurements of women aged 15 – 49 years. Information was collected on women's pregnancy status, coverage of iron-folic acid pills and ANC attendance for pregnant women, and haemoglobin status for non-pregnant women.

*Food Security*- This included questions on access and use of the GFD ration, negative coping mechanisms used by household members and household dietary diversity.

#### Measurement methods

Household-level indicators

*Food security*: The questionnaire used was from UNHCR's Standardized Expanded Nutrition Survey (SENS) Guidelines for Refugee Populations Version 2 (2013).

Individual-level indicators *Sex of children:* gender was recorded as male or female.

**Birth date or age in months for children 0-59 months:** the exact date of birth (day, month, and year) was recorded from either an EPI card, child health card or birth notification if available. If no reliable proof of age was available, age was estimated in months using a local event calendar and recorded in months on the phone. If the child's age could not be determined by using a local events calendar or by probing, the child's length/height was used for inclusion; the child had to measure between 65 cm and 110 cm.

Age of women 15-49 years: Reported age was recorded in years.

Weight of children 6-59 months: measurements were taken to the closest 100 grams using an electronic scale (SECA scale). All children were weighed without clothes. The double-weighing technique was used to weigh young children unable to stand on their own or unable to understand instructions not to move while on the scale.

*Height/Length of children 6-59 months:* children's height or length was taken to the closest millimetre using a wooden height board (Shorr Productions). Height was used to decide on whether a child should be measured lying down (length) or standing up (height). Children less than 87cm were measured lying down, while those greater than or equal to 87cm were measured standing up.

**Oedema in children 6-59 months:** bilateral oedema was assessed by applying gentle thumb pressure on to the tops of both feet of the child for a period of three seconds and thereafter observing for the presence or absence of an indent.

**MUAC of children 6-59 months:** MUAC was measured at the mid-point of the left upper arm between the elbow and the shoulder and taken to the closest millimetre using a standard tape. MUAC was recorded in millimetres.

*Child enrolment in selective feeding programme for children 6-59 months*: selective feeding programme coverage was assessed for the outpatient therapeutic programme and for the supplementary feeding programme. This was verified by card or by showing images of the products given at the different programs

*Measles vaccination in children 6-59 months:* measles vaccination was assessed by checking for the measles vaccine on the EPI card if available or by asking the caregiver to recall if no EPI card was available. For ease of data collection, results were recorded on all children but were only analysed for children aged 9-59 months

Vitamin A supplementation in last 6 months in children 6-59 months: whether the child received a vitamin A capsule over the past six months was recorded from the EPI card or health card if available or by asking the caregiver to recall if no card is available. A vitamin A capsule image was shown to the caregiver when asked to recall.

*Deworming in last 6 months in children 12-59 months:* whether the child received a deworming tablet over the past six months was recorded by asking the caregiver to recall if information was not available on the EPI card. A deworming tablet sample was shown to the caregiver when asked to recall.

*Haemoglobin concentration in children 6-59 months and women 15-49 years:* Hb concentration was taken from a capillary blood sample from the fingertip and recorded to the closest gram per decilitre by using the portable HemoCue Hb 301 Analyser (HemoCue, Sweden). If severe anaemia was detected, the child or the woman was referred for treatment immediately.

*Diarrhoea in last 2 weeks in children 6-59 months:* an episode of diarrhoea is defined as three loose stools or more in 24 hours. Caregivers were asked if their child had suffered episodes of diarrhoea in the past two weeks prior to the survey.

ANC enrolment and iron and folic acid pills coverage: if the surveyed woman was pregnant, it was assessed whether she was enrolled in the ANC programme and was receiving iron-folic acid pills. An iron-folic acid pill image was shown to the pregnant woman when asked to recall.

*Infant and young child feeding practices in children 0-23 months*: infant and young child feeding practices was assessed based on UNHCR Standardized Expanded Nutrition Survey (SENS) Guidelines for Refugee Populations version 2 (2013).

*Referrals*: Children aged 6-59 months were referred to health centre/post for treatment when MUAC was < 12.5 cm, WHZ <-2 or oedema was present.

#### **Case definitions and calculations**

*Malnutrition in children 6-59 months*: Acute malnutrition was defined using weight-for-height index values or the presence of oedema and classified as show in the table below. Main results are reported after analysis using the WHO 2006 Growth Standards.

**Table 4:** Definitions of acute malnutrition using weight-for-height and/or oedema in children 6–59months

Categories of acute malnutrition	Z-scores (WHO Growth Standards	Bilateral
	2006)	oedema
Global acute malnutrition	< -2 z-scores	Yes/No
Moderate acute malnutrition	< -2 z-scores and ≥ -3 z-scores	No
Severe acute malnutrition	> -3 z-scores	Yes
	< -3 z-scores	Yes/No

Stunting, also known as chronic malnutrition, was defined using height-for-age index values and was classified as severe or moderate based on the cut-offs shown below. Main results are reported according to the WHO Growth Standards 2006.

Table 5: Definitions of stunting using height-for-age in children 6–59 months

Categories of stunting	Z-scores (WHO Growth Standards 2006)
Stunting	<-2 z-scores
Moderate stunting	<-2 z-score and >=-3 z-score
Severe stunting	<-3 z-scores

Underweight was defined using the weight-for-age index values and was classified as severe or moderate based on the following cut-offs. Main results are reported according to the WHO Growth Standards 2006.

 Table 6: Definitions of underweight using weight-for-age in children 6–59 months

Categories of underweight	Z-scores (WHO Growth Standards 2006)
Underweight	<-2 z-scores
Moderate underweight	<-2 z-scores and >=-3 z-scores
Severe underweight	<-3 z-scores

Mid Upper Arm Circumference (MUAC) values were used to define malnutrition according to the following cut-offs in children 6-59 months:

Table 7: MUAC malnutrition cut-offs in children 6-59 months

Categories of MUAC values
<125 mm
≥ 115 mm and <125 mm
< 115 mm

*Child enrolment in selective feeding programme for children 6-59 months:* Feeding programme coverage is estimated during the nutrition survey using the direct method as follows (reference: Emergency Nutrition Assessment: Guidelines for field workers. (Save the Children 2004):

Coverage of SFP programme (%) =

100 x

No. of surveyed children with MAM according to SFP criteria who reported being registered in SFP No. of surveyed children with MAM according to SFP admission criteria

Coverage of TFP programme (%) =

100 x

No. of surveyed children with SAM according to TFP criteria who reported being registered in TFP No. of surveyed children with SAM according to TFP admission criteria

**Infant and young child feeding practices in children 0-23 months**: Infant and young child feeding practices were assessed based on the UNHCR SENS IYCF module (Version 2 (2013) that is based on WHO recommendations (WHO, 2007 as follows):

Timely initiation of breastfeeding in children aged 0-23 months: Proportion of children 0-23 months who were put to the breast within one hour of birth <u>Children 0-23 months who were put to the breast within one hour of birth</u>

#### Children 0-23 months of age

Exclusive breastfeeding under 6 months:

Proportion of infants 0–5 months of age who are fed exclusively with breast milk: (including expressed breast milk or from a wet nurse, ORS, drops or syrups (vitamins, breastfeeding minerals, medicines)

Infants 0–5 months of age who received only breast milk during the previous day Infants 0–5 months of age

Continued breastfeeding at 1 year:

Proportion of children 12–15 months of age who are fed breast milk <u>Children 12–15 months of age who received breast milk during the previous day</u> Children 12–15 months of age

Introduction of solid, semi-solid or soft foods: Proportion of infants 6–8 months of age who receive solid, semi-solid or soft foods Infants 6–8 months of age who received solid, semi-solid or soft foods during the previous day Infants 6–8 months of age

Children ever breastfed:

Proportion of children born in the last 24 months who were ever breastfed Children born in the last 24 months who were ever breastfed Children born in the last 24 months

Continued breastfeeding at 2 years:

Proportion of children 20–23 months of age who are fed breast milk <u>Children 20–23 months of age who received breast milk during the previous day</u> Children 20–23 months of age

Consumption of iron rich or iron fortified foods in children aged 6-23 months Proportion of children 6-23 months of age who receive an iron-rich or iron-fortified food that is specially designed for infants and young children, or that is fortified in the home. Children 6-23 months of age who received an iron-rich food or a food that was specially designed for infants and young children and was fortified with iron, or a food that was <u>fortified in the home with a product that included iron during the previous day</u> Children 6-23 months of age

Bottle feeding: Proportion of children 0-23 months of age who are fed with a bottle <u>Children 0-23 months of age who were fed with a bottle during the previous day</u> Children 0-23 months of age

Anaemia in children 6-59 months and women of reproductive age: Anaemia is classified according to the following cut-offs in children 6-59 months and non-pregnant women of reproductive age. Anaemia cut-offs for pregnant women should be adjusted depending on the stage of pregnancy (gestational age). Pregnant women are not included in routine UNHCR nutrition surveys for the assessment of anaemia due sample size issues (usually a small number of pregnant women is found) as well as the

difficulties in assessing gestational age in pregnant women.

Age/Sex groups	Categories of Anaemia (Hb g/dL)					
	Total	Mild	Moderate	Severe		
Children 6 - 59 months	<11.0	10.9 - 10.0	9.9 - 7.0	< 7.0		
Non-pregnant adult females 15-49	<12.0	11.9 - 11.0	10.9 - 8.0	< 8.0		
years						

#### Table 8: Definition of anaemia (WHO 2000)

#### Classification of public health problems and targets

Anthropometric data: UNHCR's target for the prevalence of global acute malnutrition (GAM) for children 6-59 months of age by camp, country and region is < 10% and the target for the prevalence of severe acute malnutrition (SAM) is <2%. The table below shows the classification of public health significance of the anthropometric results for children under-5 years of age according to WHO:

**Table 9:** Classification of public health significance for children under 5 years of age

Prevalence % <sup>7</sup>	Very low	Low	Medium	High	Very high
Low weight-for-height	<2.5	2.5-<5	5-<10	10-<15	
					>=15
Low height-for-age	<2.5	2.5-<10	10-<20	20-<30	>=30

Prevalence %	Critical	Serious	Poor	Acceptable
Low weight-for-age <sup>8</sup>	≥30	20-29	10-19	<10

#### Selective feeding programmes:

UNHCR Strategic Plan for Nutrition and Food Security 2008-2012 includes the following indicators. The table below shows the targeted performance indicators for malnutrition treatment programmes according to UNHCR Strategic Plan for Nutrition and Food Security 2008-2012 (same as Sphere Standards).

**Table 10:** Performance indicators for selective feeding programmes (UNHCR Strategic Plan for Nutrition and Food Security 2008-2012) \*

			Case	Defaulter	Coverage			
		Recovery	fatality	rate	Rural areas	Urban areas	Camps	
S	FP	>75%	<3%	<15%	>50%	>70%	>90%	
Т	FP	>75%	<10%	<15%	>50%	>70%	>90%	

\* Also meet SPHERE standards for performance

*Measles vaccination coverage*: UNHCR recommends target coverage of  $\geq$ 95% (same as Sphere Standards).

 <sup>&</sup>lt;sup>7</sup> WHO/UNICEF categorization, prevention of malnutrition threshold-children under 5 years of age, December 2018
 <sup>8</sup> WHO (1995) Physical Status: The Use and Interpretation of Anthropometry and WHO (2000) The Management of Nutrition in Major Emergencies

*Vitamin A supplementation coverage*: UNHCR Strategic Plan for Nutrition and Food Security (2008-2012) states that the target for vitamin A supplementation coverage for children aged 6-59 months by camp, country and region should be >90%.

Anaemia data: UNHCR Global Strategy for Public Health (2017-2019) states that the targets for the prevalence of anaemia in children 6-59 months of age and in women 15-49 years of age should be <20%. The severity of the public health situation should be classified according to WHO criteria as shown in the table below.

Prevalence %	High	Medium	Low				
Anaemia	≥40	20-39	5-19				

#### Table 11: Classification of public health significance (WHO 2000)

#### Training, coordination and supervision

The surveys were coordinated by UNHCR Juba and Yambio offices in collaboration with the WVI team including Godfrey Otobi, Chan Gatluak, Arnold Walter Ochan and Dora Wani. Merlyn Chapfunga (WFP nutritionist) assisted with training, survey supervision and data quality check.

The surveys were undertaken by six teams. Each team was composed of four members each (one team leader, one haemoglobin measurer, one anthropometric measurer/translator and one anthropometric/haemoglobin measurement assistant). The team leaders/questionnaire enumerators were health/nutrition staff, while the anthropometric measurers were community outreach workers.

A four day training was carried out from 1 to 4 October 2019. UNHCR and WFP facilitated the training. The training focused on: the purpose and objectives of the survey, roles and responsibilities of each team member, familiarization with the questionnaires by reviewing the purpose of each question; interviewing skills and recording of data; interpretation of calendar of events and age determination; how to take anthropometric measurements, common errors and data recording. A standardisation exercise on anthropometric measurements and pilot test was also carried out for practice. Post the training the data collection tools were reviewed based on the feedback from the team

#### Data collection, entry and analysis

Data collection lasted for 4 days from 7 to 10 October 2019. Each survey team explained the purpose of the survey and issues of confidentiality and obtained verbal consent before proceeding with the survey in the selected households. The informed consent form is shown in **Appendix 3**. The survey teams were supported by a team of 2 coordinators (UNHCR Nutrition and Food Security Officer and WFP nutritionist) and 2 supervisors (WVI) who roved between the teams during the data collection.

Data was collected using the ODK for Android platform using six Samsung phones. An addition six phones were also provided as back up. Each team thus had two phones. At the end of each day's data collection, each questionnaire was checked for completeness before being finalised on the phones. Once the questionnaires were finalised, they were sent to the server for synchronisation and exporting. After exporting the data, the anthropometric data plausibility check was conducted to identify areas and teams that need more supervision or to be strengthened. Practical feedback to

ensure accuracy and thoroughness in gaps identified was provided each morning. The final SMART plausibility report with a summary of the key quality criteria is shown in **Appendix 2**.

The ODK exports data in csv format, for cleaning and analysis the data was saved in Microsoft Excel 2007 format. The nutritional indices were cleaned using flexible cleaning criteria from the observed mean (also known as SMART flags in the ENA for SMART software), rather than the reference mean (also known as WHO flags in the ENA for SMART software). This flexible cleaning approach is recommended in the UNHCR SENS Guidelines (Version 2, 2013) in accordance with SMART recommendations. For the weight-for-height index, a cleaning window of +/- 3 SD value contained in the SMART for ENA software was used.

Anthropometry indices were analysed using the ENA for SMART July 9, 2015 version. Epi Info version 7 was used to analyse all the other data.

#### **RESULTS FROM MAKPANDU**

### CHILDREN 6-59 MONTHS INDICATORS, Makpandu settlement, Yambio, South Sudan (October 2019)

Table 12 shows the total number of children who were sampled.

**Table 12:** Actual number of children captured during the survey Makpandu settlement versus target,(October 2019)

Target group	Target population	Subjects measured/interviewed during the survey	% of the target covered
Children 6-59 months	238	252	>100%

The targeted number of the children to be surveyed was within the recommended standard of >80%.

#### Anthropometric results (based on WHO Growth Standards 2006)

The coverage of age documentation was 69% (children having an exact birth date). As this does not include all children, stunting and the underweight data should be interpreted with caution. Of note is that this proportion increased compared to that in 2018 when the coverage was 44%.

Table 13: Distribution	of age	and	sex	of	sample-Makpandu	settlement,	Yambio,	South	Sudan
(October 2019)									

	Boys		Girls		Total		Ratio
AGE (mo)	no.	%	no.	%	no.	%	Boy: girl
6-17	31	48.4	33	51.6	64	25.4	0.9
18-29	37	56.1	29	43.9	66	26.2	1.3
30-41	23	48.9	24	51.1	47	18.7	1.0
42-53	33	68.8	15	31.3	48	19.0	2.2
54-59	12	44.4	15	55.6	27	10.7	0.8
Total	136	54.0	116	46.0	252	100.0	1.2

The overall sex ratio was 1.2 (sex ratio should be between 0.8-1.2), which confirms that both sexes were equally distributed.

**Table 14:** Prevalence of acute malnutrition based on weight-for-height z-scores (and/or oedema) and by sex- Makpandu settlement, Yambio, South Sudan (October 2019)

	All	Boys	Girls
	n = 247	n = 134	n = 113
Prevalence of global malnutrition	(9) 3.6 %	(6) 4.5 %	(3) 2.7 %
(<-2 z-score and/or oedema)	(3.3 - 4.0 95%	(2.1 - 9.4 95%	(2.1 - 3.3 95%
	C.I.)	C.I.)	C.I.)
Prevalence of moderate malnutrition	(8) 3.2 %	(6) 4.5 %	(2) 1.8 %
(<-2 z-score and >=-3 z-score, no	(2.9 - 3.6 95%	(2.1 - 9.4 95%	(1.4 - 2.2 95%
oedema)	C.I.)	C.I.)	C.I.)
Prevalence of severe malnutrition	(1) 0.4 %	(0) 0.0 %	(1) 0.9 %
(<-3 z-score and/or oedema)	(0.4 - 0.4 95%	(0.0 - 2.8 95%	(0.7 - 1.1 95%
	C.I.)	C.I.)	C.I.)

The prevalence of oedema is 0 %. Data excludes SMART flags

There was no significant difference between boys and girls in the prevalence of acute malnutrition (p>0.05).

**Table 15:** Prevalence of acute malnutrition by age, based on weight-for-height z-scores Makpandu settlement, Yambio, South Sudan (October 2019)

			wasting -score)	Moderate wasting (>= -3 and <-2 z-score)		Normal (> = -2 z score)		(>= -3 and (> = -2 z score)		ema
Age (mo.)	Total no.	No.	%	No.	%	No.	%	No.	%	
6-17	62	0	0.0	2	3.2	60	96.8	0	0.0	
18-29	65	0	0.0	3	4.6	62	95.4	0	0.0	
30-41	45	0	0.0	1	2.2	44	97.8	0	0.0	
42-53	48	0	0.0	0	0.0	48	100.0	0	0.0	
54-59	27	1	3.7	2	7.4	24	88.9	0	0.0	
Total	247	1	0.4	8	3.2	238	96.4	0	0.0	

Children aged 54-59 months were the most affected by acute malnutrition.

**Figure 3** : Trends in the prevalence of global and severe acute malnutrition based on WHO growth standards in children aged 6-59 months from 2017-2019 – Makpandu settlement, Yambio, South Sudan (October 2019).







Children in the age groups 54-59 and 18-29 months tend to be the most affected by wasting as compared to the other age groups.

Table 16: Distribution of severe acute malnutrition and oedema based on weight-for-height z-scores-
Makpandu settlement, Yambio, South Sudan (October 2019)

	<-3 z-score*	>=-3 z-score
Oedema present	Marasmic kwashiorkor	Kwashiorkor
	No. 0	No. 0
	(0.0 %)	(0.0 %)
Oedema absent	Marasmic	Not severely malnourished
	No. 6	No. 246
	(2.4 %)	(97.6 %)

\*Includes Flags

**Figure 5:** Distribution of weight-for-height z-scores (based on WHO Growth Standards; the reference population is shown in green) of survey population compared to reference population-Makpandu settlement, Yambio, South Sudan (October 2019)



The figure shows that malnutrition is not generalized in the population as the weight-for-height zscore distribution is mostly not shifted to the left. However, there are some cases of malnutrition that need to be addressed.

MUAC was used in the community for screening, referral and admission to therapeutic and supplementary feeding programmes.

 Table 17: Prevalence of acute malnutrition based on MUAC cut off's (and/or oedema) and by sex 

 Makpandu settlement, Yambio, South Sudan (October 2019)

	All	Boys	Girls
	n = 252	n = 136	n = 116
Prevalence of MUAC	(13) 5.2 %	(6) 4.4 %	(7) 6.0 %
(< 125 mm and/or	(4.7 - 5.7 95% C.I.)	(2.0 - 9.3 95% C.I.)	(4.8 - 7.5 95% C.I.)
oedema)			
Prevalence of MUAC	(9) 3.6 %	(3) 2.2 %	(6) 5.2 %
(< 125 mm and >= 115	(3.2 - 3.9 95% C.I.)	(0.8 - 6.3 95% C.I.)	(4.1 - 6.4 95% C.I.)
mm, no oedema)			
Prevalence of MUAC	(4) 1.6 %	(3) 2.2 %	(1) 0.9 %
(< 115 mm and/or	(1.4 - 1.8 95% C.I.)	(0.8 - 6.3 95% C.I.)	(0.7 - 1.1 95% C.I.)
oedema)			

There was no difference in the proportion of boys and girls that had MUAC < 125 mm and/or oedema

The case load for the selective feeding programmes was estimated to aid in programme planning. The Makpandu settlement total population as of October 2019 was 5131. 921 of this was the under 5 population. 829 of these was children aged 6-59 months (usually around 10% of under-5 are infants 0-5 months). The TFP and TSFP target for children aged 6-59 months at the end of October 2019 is reflected below:

**Table 18:** Estimated number of acute malnourished children aged 6-59 months eligible to be enrolled in a selective feeding programme at the time of the survey (based on all admission criteria)- Makpandu settlement, Yambio, South Sudan (October 2019)

	Total/number	%	Estimate based on 829 6-59 population
Eligible for therapeutic feeding programme**	7/252	2.8	23
Eligible for targeted supplementary feeding programme**	16/252	6.4	53

\*\*smart flags are excluded

Using the HIS data for week 4 October 2019 there were 6 children enrolled in the therapeutic feeding program which was 0.7% of children 6-59 months while 19 were enrolled in the targeted supplementary feeding program which was 2.3% of children 6-59 months using the October population. This corelates with the low coverage result.

**Table 19:** Prevalence of underweight based on weight-for-age z-scores by sex-Makpandusettlement, Yambio, South Sudan (October 2019)

	All	Boys	Girls
	n = 248	n = 135	n = 113
Prevalence of underweight	(32) 12.9 %	(21) 15.6 %	(11) 9.7 %
(<-2 z-score)	(11.6 - 14.3	(10.4 - 22.6	(7.8 - 12.2 95%
	95% C.I.)	95% C.I.)	C.I.)
Prevalence of moderate underweight	(23) 9.3 %	(15) 11.1 %	(8) 7.1 %
(<-2 z-score and >=-3 z-score)	(8.4 - 10.3 95%	(6.8 - 17.5 95%	(5.6 - 8.8 95%
	C.I.)	C.I.)	C.I.)
Prevalence of severe underweight	(9) 3.6 %	(6) 4.4 %	(3) 2.7 %
(<-3 z-score)	(3.3 - 4.0 95%	(2.1 - 9.4 95%	(2.1 - 3.3 95%
	C.I.)	C.I.)	C.I.)

Boys and girls were equally underweight; p>0.05

**Table 20:** Prevalence of stunting based on height-for-age z-scores and by sex- Makpandu settlement,Yambio, South Sudan (October 2019)

	<b>All</b> n = 246	<b>Boys</b> n = 132	<b>Girls</b> n = 114
Prevalence of stunting (<-2 z-score)	(79) 32.1 % (28.9 - 35.5 95% C.I.)	(54) 40.9 % (32.9 - 49.4 95% C.I.)	(25) 21.9 % (17.4 - 27.2 95% C.I.)
Prevalence of moderate stunting (<-2 z-score and >=-3 z-score)	(57) 23.2 % (20.9 - 25.7 95% C.I.)	(39) 29.5 % (22.4 - 37.8 95% C.I.)	(18) 15.8 % (12.6 - 19.6 95% C.I.)
Prevalence of severe stunting (<-3 z-score)	(22) 8.9 % (8.1 - 9.9 95% C.I.)	(15) 11.4 % (7.0 - 17.9 95% C.I.)	(7) 6.1 % (4.9 - 7.7 95% C.l.)

Boys tend to be more stunted than girls; p<0.05

**Figure 6 :** Trends in the prevalence of global and severe stunting based on WHO growth standards in children 6-59 months from 2017-2019, - Makpandu settlement, Yambio, South Sudan (October 2019)



Global stunting increased in 2019 compared to 2018; p>0.05.

Table 21: Prevalence of stunting by age based on height-for-age z-scores- Makpandu settlement,
Yambio, South Sudan (October 2019)

		Severe stur	iting	Moderate stunting		Normal	
		(<-3 z-score	<-3 z-score)		(>= -3 and <-2 z-score)		ore)
Age (mo.)	Total	No.	%	No.	%	No.	%
	no.						
6-17	61	2	3.3	13	21.3	46	75.4
18-29	65	10	15.4	21	32.3	34	52.3
30-41	46	4	8.7	12	26.1	30	65.2
42-53	48	4	8.3	8	16.7	36	75.0
54-59	26	2	7.7	3	11.5	21	80.8
Total	246	22	8.9	57	23.2	167	67.9

Children in the age groups 18-29 months tend to be the most affected by stunting as compared to the other age groups.



**Figure 7:** Prevalence of stunting by age in children 6-59 months- Makpandu settlement, Yambio (October 2019)

**Figure 8:** Distribution of height-for-age z-scores (based on WHO Growth Standards; the reference population is shown in green) of survey population compared to reference population-Makpandu settlement, Yambio, South Sudan (October 2019)



**Table 22:** Prevalence of overweight based on weight for height cut off's and by sex (no oedema) – Makpandu settlement, Yambio, South Sudan (October 2019)

	All	Boys	Girls
	n = 247	n = 134	n = 113
Prevalence of overweight (WHZ > 2)	(5) 2.0 %	(3) 2.2 %	(2) 1.8 %
	(1.8 - 2.2 95%	(0.8 - 6.4 95%	(1.4 - 2.2 95%
	C.I.)	C.I.)	C.I.)
Prevalence of severe overweight (WHZ >	(0) 0.0 %	(0) 0.0 %	(0) 0.0 %
3)	(0.0 - 0.0 95%	(0.0 - 2.8 95%	(0.0 - 0.0 95%
	C.I.)	C.I.)	C.I.)

 Table 23: Mean z-scores and excluded subjects - Makpandu settlement, Yambio, South Sudan (October 2019)

Indicator	n	Mean z-scores ± SD	z-scores not available*	z-scores out of range
Weight-for-Height	247	-0.04±1.01	0	5
Weight-for-Age	248	-0.85±0.98	0	4
Height-for-Age	246	-1.45±1.13	0	6

\* contains WHZ and WAZ for the children with oedema.

Table 24: Prevalence of overweight based on weight for height cut off's and by sex (no oedema) –Makpandu settlement, Yambio, South Sudan (October 2019)

	All	Boys	Girls
	n = 247	n = 134	n = 113
Prevalence of overweight (WHZ > 2)	(5) 2.0 %	(3) 2.2 %	(2) 1.8 %
	(1.8 - 2.2 95%	(0.8 - 6.4 95%	(1.4 - 2.2 95%
	C.I.)	C.I.)	C.I.)
Prevalence of severe overweight (WHZ >	(0) 0.0 %	(0) 0.0 %	(0) 0.0 %
3)	(0.0 - 0.0 95%	(0.0 - 2.8 95%	(0.0 - 0.0 95%
	C.I.)	C.I.)	C.I.)

#### Feeding Programme enrolment coverage

The therapeutic feeding program and supplementary feeding program enrolment coverage using both the criteria "all admission and MUAC only criterion" did not meet the recommended standard of  $\geq$ 90%. See tables below with details.

#### Selective feeding programme

**Table 25:** Nutrition treatment programme enrolment coverage based on all admission criteria (weight-for-height, MUAC, oedema) – Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	%
Proportion of children aged 6-59 months with severe acute malnutrition currently enrolled in therapeutic feeding programme*	0/3	0%
Proportion of children aged 6-59 months with moderate acute malnutrition currently enrolled in supplementary feeding programme*	1/16	6.3%

\*WHZ flags excluded from analysis

**Table 26:** Nutrition treatment programme enrolment coverage based on MUAC and oedema only-Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of children aged 6-59 months with severe acute malnutrition currently enrolled in therapeutic feeding programme	1/9	11.1%
Proportion of children aged 6-59 months with moderate acute malnutrition currently enrolled in supplementary feeding programme	2/4	50%

Vaccination and supplementation programmes

Measles vaccination coverage

 Table 27: Measles vaccination coverage for children aged 9-59 months (n= 237) - Makpandu settlement, Yambio, South Sudan (October 2019)

	Measles (with card) n=69	Measles (with card <u>or</u> confirmation from mother) N=213
YES	29.1%	89.9%
	(23.4-35.4)	(85.3-93.4)

The measles vaccination coverage was below the recommended standard target of  $\ge$  95%.

#### Vitamin A supplementation coverage

**Table 28:** Vitamin A supplementation for children aged 6-59 months within past 6 months (n=252) - Makpandu settlement, Yambio, South Sudan (October 2019)

	Vitamin A capsule (with card) n=5	Vitamin A capsule (with card <u>or</u> confirmation from mother) n=184
YES	2.0	73.0
	(0.7-4.6)	(67.1-78.4)

The vitamin A coverage was below the recommended standard target of  $\geq$  90%.

**Figure 9:** Trend in coverage of measles vaccination and Vitamin A supplementation Makpandu settlement, Yambio, South Sudan (October 2019)



Both Measles vaccination and Vitamin A supplementation coverage improved in 2019 compared to that in 2018; p<0.05.

#### Morbidity

Approximately a third of the children 6-59 months reported to have had diarrhoea two weeks prior to the survey.

**Table 29:** Prevalence of sickness in children 6-59 months – Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	%
Children had diarrhoea in the last two weeks (6-59	87/252	34.5%
months)	07/252	(28.7-40.8 95% C.I)

#### Deworming

46.9% of children 12-59 months received a deworming tablet in last 6 months prior to the survey. This is below the recommended standard of  $\geq$ 75%.

#### Table 30 : Deworming coverage

	Number/total	%
Children received a deworming tablet in the last		
six months (12-59 months)	99/211	46.9%

#### Anaemia Results Children 6 - 59 months

The total anaemia prevalence among children 6 to 59 months was 60.3% indicating a problem of high public health significance. Children 6-23 tend to be more affected.

**Table 31 :** Prevalence of Total Anaemia, Anaemia Categories, and Mean Haemoglobin Concentration in Children 6-59 Months of Age and By Age Group – Makpandu settlement, Yambio, South Sudan (October 2019)

	6-59 months	6-23 months	24-59 months
	n = 252	n=99	n=153
Total Anaemia (Hb<11.0 g/dL)	(152) 60.3	(68) 68.7%	(84) 54.9%
	(54.0-66.4 95% CI)	(58.6-77.695%	(46.7-63.095%
		CI)	CI)
Mild Anaemia (Hb 10.0-10.9 g/dL)	(66) 26.2	(26) 26.3%	(40) 26.2%
	(20.9-32.195% CI)	(17.9-36.195%	(19.4-33.9)
		CI)	
Moderate Anaemia (7.0-9.9 g/dL)	(79) 31.4	(40) 40.4%	(39) 25.5%
	(25.7-37.5 95% CI)	(30.7-50.795%	18.8-33.295%
		CI)	CI)
Severe Anaemia (<7.0 g/dL)	(7) 2.8	(2) 2.0%	(5) 3.3%
	(1.1-5.6 95% CI)	(0.3-7.1 95% CI)	(1.1-7.595%
			CI)
Mean Hb, g/dL	10.2 g/dL	10.2g/dL	10.7 g/dL
(95% CI)	_	_	_
[range]			
-			

**Table 32 :** Prevalence of Moderate and Severe Anaemia in Children 6-59 Months of Age and By Age Group – Makpandu settlement, Yambio, South Sudan (October 2019)

	6-59 months	6-23 months	24-59 months
	n = 252	n=99	n=153
Moderate and Severe	(86) 34.1%	(42) 42.4%	(44) 28.8%
Anaemia (Hb<10.0 g/dL)	(28.3-40.3 95% CI)	(32.6-52.8 95% CI)	(21.7-36.6 95% CI)

#### IYCF: Children 0-23 months

**Table 33 :** Prevalence of Infant and Young Child Feeding Practices Indicators – Makpandu settlement,Yambio, South Sudan (October 2019)

Indicator	Age range	Number/ total	Prevalence (%)
Timely initiation of breastfeeding	0-23 months	98/126	77.8 (69.5-84.7)
Exclusive breastfeeding under 6 months	0-5 months	20/27	74.1 (53.7-88.9)
Continued breastfeeding at 1 year	12-15 months	15/18	83.3 (58.6-96.4
Continued breastfeeding at 2 years	20-23 months	1/27	3.7 (0.1-19.0)
Introduction of solid, semi-solid or soft foods	6-8 months	3/15	20 (4.3-48.1)
Consumption of iron-rich or iron-fortified foods	6-23 months	29/99	29.3 (20.6-39.3)
Bottle feeding	0-23 months	1/126	0.8 (0.0-4.3)

#### Prevalence of intake

#### Infant formula

**Table 34 :** Infant Formula Intake in Children Aged 0-23 Months – Makpandu settlement, Yambio,South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of children aged 0-23 months who receive infant formula (fortified or non-fortified)	3/126	2.4 (0.5-6.8)

#### Fortified blended foods

**Table 35 :** CSB++ Intake in Children Aged 6-23 Months – Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of children aged 6-23 months who receive CSB++	0/98	0

The BSFP program did not have supplies during the survey month.

#### WOMEN 15-49 YEAR INDICATORS

#### Anaemia Women 15-49 years

**Table 36 :** Women Physiological Status and Age – Makpandu settlement, Yambio, South Sudan (October 2019)

Physiological status	Number/total	% of sample
Non-pregnant	115	83.3
Pregnant	23	16.6
Mean age (range)	28 (15-49)	

**Table 37 :** Prevalence of Anaemia and Haemoglobin Concentration in Non-Pregnant Women of Reproductive Age (15-49 Years) – Makpandu settlement, Yambio, South Sudan (October 2019)

Anaemia - Women of reproductive age 15-49 years (non-pregnant)	All
	n = 115
Total Anaemia (<12.0 g/dL)	(32) 27.8%
	(19.9- 37.0 95% CI)
Mild Anaemia (11.0-11.9 g/dL)	(20) 17.4%
	(11.0-25.6 95% CI)
Moderate Anaemia (8.0-10.9 g/dL)	(11) 9.6%
	(4.9-16.5 95% CI)
Severe Anaemia (<8.0 g/dL)	(1) 0.9
	(0- 4.8 95% CI)
Mean Hb, g/dL	12.6 g/dL
(SD)	1.6
[range]	[3.6-16.1]

**Table 38 :** ANC Enrolment and Iron-Folic Acid Pills Coverage among Pregnant Women (15-49 Years)- Makpandu settlement, Yambio, South Sudan (October 2019)

	Number /total	% (95% CI)
Currently enrolled in ANC programme	15/23	65.2 (42.7-83.6)
Currently receiving iron-folic acid pills	15/23	65.2 (42.7-83.6)
## FOOD SECURITY INDICATORS

## Access to food assistance

Table 39: Ration card coverage - Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of households with a ration card	120/125	96%

Five households did not have ration cards. They reported to have recently arrived in the settlement and had not been registered yet.

#### Negative household coping strategies

The refugees in Makpandu settlement, like the rest of the locations in South Sudan, receive a reduced food ration at a 70% scale.

**Table 40:** Coping strategies used by the surveyed population over the past month – Makpandu settlement, Yambio, South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of households reporting using the following coping strategies over the past month*:		
Borrowed cash, food or other items with or without interest	33/125	26.4 (18.9-35.0)
Sold any assets that would not have normally sold (furniture, seed stocks, tools, other NFI, livestock etc.)	15/125	12 (6.9-19.0)
Requested increased remittances or gifts as compared to normal	14/125	11.2 (6.3-18.0)
Reduced the quantity and/or frequency of meals and snacks	56/125	44.8 (35.9-54.0)
Begged	0/125	0
Engaged in potentially risky or harmful activities	22/125	17.6 (11.4-25.4)
Proportion of households reporting using none of the coping strategies over the past month	52/125	41.6 (32.9-50.8)

\* The total was over 100% as households used several negative coping strategies.

Only 41.6% of households were not under significant stress to meet their needs as indicated by the proportion of household using none of the negative coping strategies over the past month prior to the survey.

### Household dietary diversity

The last general food distribution ended 13 days prior to the start of the survey data collection. The survey was carried out during the beginning of the harvest season. This is thus the likely best scenario.

## Table 41: AVERAGE HDDS\*

Mean
(Standard deviation or 95% CI)

Average HDDS	5.0
	(1.8)



**Figure 10:** Proportion of households consuming different food groups within last 24 hours – Makpandu settlement, Yambio, South Sudan (October 2019)

**Table 42:** Consumption of micronutrient rich foods by households – Makpandu settlement, Yambio,South Sudan (October 2019)

	Number/total	% (95% CI)
Proportion of households not consuming any vegetables,	7/125	5.6
fruits, meat, eggs, fish/seafood, and milk/milk products		(2.3-11.2)
Proportion of households consuming either a plant or	103/125	82.4
animal source of vitamin A		(74.6-88.6)
Proportion of households consuming organ meat/flesh	20/125	16
meat, or fish/seafood (food sources of haem iron)		(10.1-23.6)

The low proportions of households consuming food groups containing iron above is indicative of an inadequate diet that is likely to be contributing to the micronutrient deficiencies

## LIMITATIONS

• The age documentation coverage was 69%. Although an event calendar was used by the surveyors to ascertain age, stunting results need to be interpreted with caution because z-scores for height-for-age require accurate ages to within two weeks<sup>9</sup>

<sup>&</sup>lt;sup>9</sup> (CDC/WFP: A manual: Measuring and Interpreting Mortality and Malnutrition, 2005).

## DISCUSSION

## Nutritional status of young children and mortality

The GAM prevalence in Makpandu settlement was found to be [3.6% (3.3-4.0 95% C.I.)] which falls under low prevalence. The proportion of children that had MUAC (< 125 mm and/or oedema) was 5.2% (4.7 - 5.7 95% C.I.). Analysis of the proportion of children that were found malnourished based on both WHZ and MUAC was 9.5% (24/252). In 2018 the GAM prevalence was 5.3%; MUAC < 125 mm and/or oedema was 3.5% and proportion of children that were found malnourished based on both WHZ and MUAC was 5.8%. Looking at the proportion of children found malnourished based on both criteria the proportion of malnourished children although not statistically significant indicates a likely deteriorating situation in 2019 compared to 2018. In 2019 the CMAM program continued. Therapeutic supplies were adequate throughout the year. Blanket supplementary feeding supplies were available for 2/10 months from January to October 2019 thus an eight-month pipeline shortage was experienced. A key concern from the survey analysis is that programme enrolment coverage was very low based on both MUAC and WHZ scores. This will require attention in 2020. Efforts to further reduce the acute malnourished caseload need to continue in 2020.

Stunting refers to a deficit in height relative to age due to a long-term process of linear growth retardation. The prevalence of global stunting was 32.1% (28.9-35.5). This is categorized as very high according to WHO/UNICEF 2018 classification. This should however be interpreted with caution due to the age estimation limitation. 31% of the children 6-59 months did not have a reliable age documentation. Boys tend to be more stunted than girls. Reason for this to be investigated. Global stunting increased in 2019 compared to 2018; p<0.05. 'Stunting is a well-established risk marker of poor child development. Stunting before the age of 2 years predicts poorer cognitive and educational outcomes in later childhood and adolescence. Factors that contribute to stunted growth and development include poor maternal health and nutrition, inadequate infant and young child feeding practices, and infection.'<sup>10</sup> Action across multiple areas is necessary to reduce the stunting levels. This to include promotion of infant and young child feeding practices, ensuring adequate water and sanitation, infection control and maternal health and nutrition support.

## Morbidity and Health seeking behaviour

The interactions of nutrition and infection are cyclic with each exacerbating the other. Approximately a third (34.5%) of children 6-59 months reported to have had diarrhoea in the last two weeks prior to the survey indicating a high morbidity rate. This proportion remained the same as in 2018. Interventions to prevent diarrhoea, including safe drinking-water, use of improved sanitation and hand washing with soap need to be strengthened and maintained. To reduce the morbidity caseload further there is need to strengthen the current health service provision. Top causes of morbidities (malaria, respiratory tract infections, skin infections and intestinal worms) should also be given special attention.

<sup>&</sup>lt;sup>10</sup> WHA Global Nutrition Targets 2025: Stunting policy brief

## Programme coverage children 6 - 59 months

## Selective feeding programme

The enrolment coverage of targeted supplementary feeding program and therapeutic feeding program was low and did not meet the recommended standard of  $\geq$ 90%. Strengthening of active case screening at the community recommended. 10/13 (76.9%) of the children that were malnourished based on MUAC did not meet the WHZ score admission criteria. 11/14 (78.6%) malnourished children malnourished based on WHZ score did not meet the MUAC admission criteria. This indicates the need to continue ensuring a mixed criterion for admission using MUAC or WHZ scores to capture the children missed by either MUAC or the WHZ scores admission criteria. In addition to this to improve coverage a two-stage monthly screening to be carried out during BSFP for children 6-23 months at risk (12.5 -13.5cm) and for all children 24-59 months at risk (12.5 - 16.0cm) presenting at the health facility. Any child found to meet the admission criteria using the WHZ scores to be enrolled into the appropriate program.

## Measles vaccination and vitamin A supplementation

The coverage of measles vaccination and vitamin A supplementation was 89.9% and 73.0% respectively. Although the coverage for both measles vaccination and Vitamin A supplementation improved in 2019 compared to that in 2018, the proportion remained below the target coverage of  $\geq$ 95% and  $\geq$ 90% respectively. This indicates the need to continue strengthening both the routine and campaign vaccination/supplementation interventions. As these results were based on both card and recall there is also need to improve the coverage of cards for reliability and monitoring.

## Anaemia in Young Children and Women

Total anaemia prevalence in children 6 to 59 months was 60.3% (with 2.8% being severe anaemia). The prevalence of anaemia among children is very high as it is above the 40% level of public health significance (WHO classification). Analysis by age categories indicated that the prevalence of anaemia was higher among children aged 6-23 months. Although anaemia prevalence was high, 26.2% of the children were mildly anaemic. The prevalence of moderate and severe anaemia among children 6 to 59 was 34.1%. If only moderate and severe anaemia is considered, the anaemia prevalence is of medium public health concern. Total anaemia prevalence among non-pregnant women 15-49 years (non-pregnant) was 27.8% (with 0.9% being severe anaemia). According to the WHO classification the women anaemia prevalence is of medium public health significance. This was the first-time anaemia prevalence was assessed in the settlement thus the data will be used as the baseline. Anaemia impairs the development and learning of children and impairs the health and quality of life in adults, especially women in the reproductive age group. It also increases the risk of adverse maternal and neonatal outcomes<sup>11</sup> and worsens clinical outcomes especially when it occurs as a comorbidity<sup>12</sup>

The anaemia prevalence is likely to be attributed to several factors. This include i) inadequate macro and micronutrients; ii) inappropriate feeding practices; iii) disease burden requiring continuous attention; iv) maternal health and nutrition. A 70% ration was provided on a monthly basis in Makpandu. This does not meet the 100% (2100 kilocalories) recommended standard. The HDDS indicated that only 16% of the households consumed food sources rich in iron. Only 29.3% of children 6-23 months reported to have not consumed iron rich foods the day before the survey. The

<sup>&</sup>lt;sup>11</sup> WHO anaemia global targets brief

<sup>&</sup>lt;sup>12</sup> Iron deficiency revisted, M.D Capellini, K.M.Musallam and A.T.Taher 2019; https://doi.org/10.1111/joim.13004

proportion of children 6 to 8 months that were introduced to solid and semi-solid foods in a timely fashion was 20% which is low. Approximately a third of the children surveyed had diarrhoea in the last two weeks prior to the survey indicating a substantial disease burden. From the third quarter Mass MUAC screening 6% of the PLWs in Makpandu were found to have a MUAC <23cm. A multisectoral approach to anaemia prevention and control will be required in 2020. This to address nutritional, health and other underlying causes. The health and nutrition facility-based capacity for anaemia prevention and treatment, community screening and referral, scaling up of livelihood options that complement the existing food assistance options and information, education and communication on diet diversity and appropriate utilisation to be prioritised in 2020 and beyond.

## **IYCF Indicators**

This was the first survey that assessed the IYCF indicators hence the data will be used as the baseline. From the survey results the proportion of children aged 0-23 months that had timely initiation of breast milk within the first hour of delivery was 77.8%. Early initiation (within one hour of birth) of exclusive breastfeeding significantly reduces the risk of neonatal mortality. Infants for whom initiation of breastfeeding is delayed to more than 24 hours after birth are 2.4 times more likely to die during their first month of life. The rate of exclusive breast feeding for the first six months of life was 74.1%. The risk of neonatal death is increased approximately fourfold if milk-based fluids or solids are provided to breastfeed neonates. Breastmilk alone (exclusive) satisfies the nutritional and fluid requirements of an infant for the first complete six months of life in all settings and climates.<sup>13</sup> Continued breastfeeding at 1 year was 83.3% and up to two years was 3.7%. The results indicate considerable uptake of breastfeeding messages up to one year. This should be continued to increase the proportion further. Efforts to improve continuation of breastfeeding into the second year should be put in place in 2020.

The proportion of children aged 6 to 8 months that were introduced to solid and semi-solid foods in a timely fashion was 20%. This is very low. After six months, adequate and appropriate infant complementary foods become necessary to complement breastmilk in order to meet the energy and other nutrient requirements of the infant (timely complementary feeding). There is need to ensure that IYCF messaging that addresses this important component of complementary feeding are coupled with viable camp level solutions. The message dissemination to be coupled by livelihood options that support diet diversity.

0.8% of the surveyed children aged 0-23 months were bottle fed. Efforts to discourage this should be continued. Bottle feeding is associated with increased diarrhoeal disease due to the contamination likelihood of the bottle and nipple. It is therefore necessary to support all women to achieve early initiation and exclusive breastfeeding for the first six completed months and the continuation of breastfeeding into the second year of life to provide the best chance of survival for infants and young children<sup>14</sup> 2.4% of the surveyed children aged 0-23 months received infant formula. Infant formula is a nonhuman milk product formulated from animal milk or vegetable protein (soy) and adapted to the physiological characteristics of infants. Infant and young child feeding practices directly affect the nutritional status of children under two years of age and, ultimately, impact child survival. Protecting, and improving on, appropriate infant and young child feeding practices in children aged 0-23 months is therefore critical to improved nutrition, health and development of children<sup>15</sup>.

<sup>&</sup>lt;sup>13</sup> UNHCR SENS guidelines for refugee populations, Version 2 (2013)

<sup>&</sup>lt;sup>14</sup> Operation Guidance on IFE, section 5.2.8, v2.1, Feb 2007

<sup>&</sup>lt;sup>15</sup> WHO, Indicators for Assessing Infant and Young Child Feeding Practices, WHO 2010

Some of the IYCF results should be interpreted with caution as the sample is small to draw meaningful conclusions. These findings, however, give an idea of the status of infant and young feeding practices among the surveyed population.

## Food security related

Food insecurity is one of the causes of undernutrition as it directly affects the nutritional status of an individual. It is a direct cause of malnutrition in terms of dietary intake and an underlying cause in terms of access to and utilisation of food. Improving overall food security remains critical to improved nutrition, health and long-term development of children and other household members. Majority of the refugees in Makpandu had access to food assistance as indicated by the coverage of ration cards (96%). Food assistance continued to be provided at a 70% ration scale. A hybrid cash and food were provided with the grain being provided in kind and the rest of the commodities in cash. Milling assistance to facilitate better grain utilization was also provided. From January to September, there was no pipeline break in 2019. October though experienced grain supply inadequacies.

The general food assistance does not meet all the food need required. Complementary livelihood options remain limited. To fill the gap in food assistance over half of the refugee households reported using negative coping strategies (58.4%). Only 41.6% reported to have used none of the survey listed coping strategies indicating the proportion likely to have benefited from livelihood programs' support. Advocacy to fill the food assistance gap to be continued.

## **RECOMMENDATIONS AND PRIORITIES**

## Nutrition related

- Maintain a comprehensive Community based Management of Acute Malnutrition (CMAM) program providing both therapeutic and supplementary feeding programs to facilitate the rehabilitation of identified acute malnourished children, pregnant and lactating women, people living with HIV/AIDS, and TB patients on treatment. This to include active case finding and community mobilization. (UNHCR, UNICEF, WFP and WVI)
- Active case finding and referral of all identified children aged 6-59 months children with a MUAC less than 125mm for management of acute malnutrition through community outreach follow up at household level (WVI).
- Conduct a two-step MUAC and WHZ scores (for children with MUAC at risk) screening monthly at all the health facility contact points including the EPI, triage and BSFP sites to ensure both high MUAC and WHZ score coverage (WVI).
- Maintain blanket supplementary feeding programme for children 6-23 months, pregnant and lactating women using a fortified blended food or lipid-based supplement to prevent malnutrition and to cover the nutrient gap these vulnerable groups face considering their predominant grain based general food diet (UNHCR, WFP and WVI).
- Continue strengthening the capacity of the nutrition program, in terms of provision of adequate staff and training to ensure quality provision of both curative and preventative components (UNHCR, WFP, UNICEF and WVI).
- Awareness creation, protection and promotion of appropriate IYCF practices (using the multisectoral framework for action in refugee situations approach) to further improve breastfeeding practices and to strengthen complementary feeding practices (UNHCR, UNICEF and WVI)
- Expand and strengthen the prevention of malnutrition components including community outreach information, education and communication and diverse diet utilization aspects to stop malnutrition from occurring in the first place. (UNHCR, UNICEF, WFP and WVI).
- Conduct quarterly mass MUAC screening to monitor the evolution of the nutrition situation in Makpandu settlement. This to target children aged 6-59 months and PLWs (WVI)
- Prioritise implementation of the refugee micronutrient reduction strategy to curb the high anaemia prevalence (WVI)
- Ensure regular monitoring and supervision, quarterly joint monitoring and yearly program performance evaluations in Makpandu to assess performance progress and formulate recommendations for any identified gaps. (UNHCR, WFP, UNICEF and WVI)

• Undertake a follow up annual nutrition survey to analyse trends and facilitate program impact evaluation. (UNHCR, WVI, WFP and UNICEF)

## Food security related

- Provision of food assistance providing the minimum dietary requirements (2100kcal/person/day). (UNHCR, WVI and WFP).
- Continue the routine joint monthly food basket monitoring on site and ensure Makpandu inclusion in the country post distribution monitoring at the household level (UNHCR, WVI and WFP).
- Expand the coverage of sustainable food security and livelihood solutions in Makpandu settlement to complement the provided food assistance (UNHCR, WFP and WVI).

## Health related

- Maintain and strengthen the provision of comprehensive primary health care programme for refugees and host populations in Makpandu. (UNHCR and WVI)
- UNICEF, WVI and UNHCR to ensure that Expanded Programme on Immunization (EPI) and Vitamin A supplementation campaigns and routine programmes are strengthened to increase coverage to acceptable standards.
- Adequate clean water provision to be maintained in 2019. In addition to this, hygiene promotion and latrine coverage strengthening to reduce the diarrhoea caseload to be ensured. (UNHCR and WVI)

## **APPENDICES**

## Appendix 1: Names of contributors

S/No	Name in full	Sex	Title	Organisation
1	Khatab Alamin	М	Team leader	WVI
2	Charles James Khamis	М	Team leader	WVI
3	Micheal Jean Marie	М	Team leader	WVI
4	Foibe Ngbadurezere	F	Team leader	WVI
5	Laurent Nyelepamba	М	Team leader	WVI
6	Hanan Faida	F	Team leader	WVI
7	Nalayenga Alphonsine	F	Anthropometric measurer	WVI
8	Dijas Nusran	М	Anthropometric measurer	WVI
9	Kumba Bruno Stephen	М	Anthropometric measurer	WVI
10	Moses Edward Bira	М	Anthropometric measurer	WVI
11	Wilson Idie Samuel	М	Anthropometric measurer	WVI
12	Dominic Paite	М	Anthropometric	WVI
	1	I	1	
13	Bazigbayo Sak Desire	М	Hemoglobin Measurer	WVI
14	Suzy Emmanuel	F	Hemoglobin Measurer	WVI
15	Sentina Martin	F	Hemoglobin Measurer	WVI
16	Bakoyogo Fidele Wenepay	M	Hemoglobin Measurer	WVI
17	Simon Ngbazege	M	Hemoglobin Measurer	WVI
18	Celestino Juma	М	Haemoglobin Measurer	WVI
19	Joyce Arkanjelo Nangbata	F	Anthropometric/Hb Assistant	WVI
20	Ezekiel Kuwa	М	Anthropometric/Hb Assistant	WVI
21	Augustin Yingayinga	М	Anthropometric/Hb Assistant	WVI
22	Moberenga Jean	М	Anthropometric/Hb Assistant	WVI
23	Kaka Ismail	F	Anthropometric/Hb Assistant	WVI
24	Jackson John	М	Anthropometric/Hb Assistant	WVI
25	Ochan Walter Arnold	М	Supervisor	WVI
26	Dora Arkadio Wani	F	Supervisor	WVI
27	Chan Gatluak	M	Supervisor	
28	Samuel Paul		Survey operations support	UNHCR Yambio
29	Jackline Lollis		Survey operations support	UNHCR Yambio
30	Merlyn Chapfunga		Training and data collection supervision	WFP

		facilitator		
31	Sebit Mustafa	Health data consolidation		UNHCR
32	Terry Theuri	Coordinator		UNHCR

### Data analysis and report compilation

Terry Theuri (Nutrition and Food Security Officer, UNHCR Juba, South Sudan)

#### **Report review**

Gebrewold Petros Yohannes (Senior Public Health Officer, UNHCR Juba, South Sudan), Naser Mohmand (Senior Regional Nutrition and Food security officer, UNHCR Regional Bureau, Nairobi)

#### Funding

UNHCR and WVI supported the survey. UNICEF and WFP provide the nutrition program supplies and support with capacity building.

## Appendix 2: Summary of overall quality of anthropometric data (weight-for-height data) Overall data quality

### **Overall data quality**

Criteria	Flags*	Unit	Excel.	Good	Accept Pr	oblematic	Score	
Flagged data (% of out of range subje	Incl cts)	010	0-2.5 0	>2.5-5.0	0 >5.0-7.5 10	>7.5 20	0	(2.0 %)
Overall Sex ratio (Significant chi square)	Incl	р	>0.1	>0.05 2	>0.001	<=0.001 10	0	(p=0.208)
Age ratio(6-29 vs 30-59) (Significant chi square)	Incl	р	>0.1	>0.05 2	>0.001	<=0.001 10	2	(p=0.072)
Dig pref score - weight	Incl	#	0-7 0	8-12 2	13-20 4	> 20 10	0	(6)
Dig pref score - height	Incl	#	0-7 0	8-12 2	13-20 4	> 20 10	4	(15)
Dig pref score - MUAC	Incl	#	0-7 0	8-12 2	13-20 4	> 20 10	2	(8)
Standard Dev WHZ	Excl	SD	<1.1 and	<1.15 and	<1.20 and	>=1.20 or		
	Excl	SD		>0.85	>0.80	<=0.80	0	(1.01)
Skewness WHZ	Excl	#	<±0.2	<±0.4 1	<±0.6 3	>=±0.6 5	1	(-0.21)
Kurtosis WHZ	Excl	#	<±0.2	<±0.4 1	<±0.6 3	>=±0.6 5	0	(0.13)
Poisson dist WHZ-2	Excl	р	>0.05 0	>0.01 1	>0.001	<=0.001	3	(p=0.003)
OVERALL SCORE WHZ =			0-9	10-14	15-24	>25	12	e .

The overall score of this survey is 12 %, this is good.

## Appendix 3 : Nutrition Survey Questionnaires October 2019

## **Greeting and Reading of Rights**

THIS STATEMENT IS TO BE READ TO THE HEAD OF THE HOUSEHOLD OR, IF THEY ARE ABSENT, ANOTHER ADULT MEMBER OF THE HOUSE BEFORE THE INTERVIEW. DEFINE A HOUSEHOLD AS A GROUP OF PEOPLE WHO LIVE TOGETHER AND ROUTINELY EAT OUT OF SAME POT. DEFINE HEAD OF HOUSEHOLD AS MEMBER OF THE FAMILY WHO MANAGES THE FAMILY RESOURCES AND IS THE FINAL DECISION MAKER IN THE HOUSE.

Hello, my name is \_\_\_\_\_\_ and I work with [organization/institution]. We would like to invite your household to participate in a survey that is looking at the nutrition and health status of people living in this camp.

UNHCR and WVI are working in the nutrition and health sectors are sponsoring this nutrition survey

Taking part in this survey is totally your choice. You can decide to not participate or stop taking part at any time and for any reason. If you stop being in this survey it will not have any negative effects on how you or your household is treated or what aid you receive.

If you agree to participate, I will ask you some questions about your family. We will then measure the arm circumference, weight and height of children who are older than 6 months up to 5 years.

Before we start to ask you, any questions or take any measurements, we will ask you to give your verbal consent. Be assured that any information that you will provide will be kept strictly confidential.

You can ask me any questions that you have about this survey before you decide whether to participate.

Thank you

#### Questionnaire for Children 6-59 months (every HH)

	Date (dd/mm/yyyy)					Team Number						Block				
		/   /	111													
CH1	CH2	CH3	CH4	CH5	CH6	CH7	CH8	CH9	CH10	CH11	CH12	CH13	CH14	CH15	CH16	CH17
НН	ID	Consent given 1=Yes 2=No 3=Absent	Sex (M/F)	Birth date* dd/mm/yyyy	Age** in months	Oedema*** (Y/N)	MUAC (CM)	Weight (KG) ±100g	Height (CM) ±0.1cm	Is child enrolled in nutrition program? (Gigude re i kerimoru kuba kpaku yo?) 1=TSFP 2=OTP/SC 3=None	Is child enrolled in BSFP program? 1=Yes 2=No	Has the child been vaccinated against Measles? (Yafunga mangbere nga ga banungba fugude?) 1=Yes card 2=Yes recall 3=No or don't know	Has the child received Vitamin A in past 6 months? (Yafunga Vitamin A Fu gude nidu ni zamba ha?) (show capsule) 1=Yes card 2=Yes recall 3=No or don't know	Has the child received deworming tablet in past 6 months? (Yafunga dawa agbiro (Show deworming tablet) 1=Yes 2=No 3=Unknown	Has [name] had diarrhea in the last two weeks, including today? # (Kaza vuseyo mangingo gude dagba gu poso susi ue kusayo?) 1=Yes 2=No 3=Unknown	HB (g/dl)
				/ /												

#### THIS QUESTIONNAIRE IS TO BE ADMINISTERED TO ALL CARETAKERS OF A CHILD THAT LIVES WITH THEM AND IS BETWEEN 6-59 MONTHS OF AGE

\*Record from EPI/health card/age documentation if available. Leave blank if no valid age documentation. \*\*Estimate using event calendar and recall if age documentation not available. \*\*\*C9 & C10: Refer to the clinic for malnutrition is not already enrolled in TSFP/OTP/SC if Oedema =Y or MUAC <12.5cm; #Diarrhoea: 3 or more loose stools within 24hrs

#### Questionnaire for WOMEN 15-49 YEARS (every other HH)

Team Number Date (dd/mm/yyyy) Camp **Block Number** 1/1 |/| W1 W2 W3 W4 W5 W6 W7 W8\* W9 HH Woman ID Are Hb Woman referred Consent Age Are you Are you currently you currently given (years) pregnant? enrolled in the ANC? receiving iron-folate (g/dL) for anaemia tablets? (SHOW PILL) (Only for non-1=yes (Yamo (Yakenga rimoro gu 1=yes mona 2=no vuse?) ba anavuseyo?) (Mona dia gu dawa du ni pregnant 2=no 1=yes 1=yes zamba. Ha na ye na kure fu women) 3=absent 2=no (GO TO 2=no (If no, STOP) boro?) 1=yes (STOP NOW) WM 8) 8=DK (GO WM 8) 2= no (STOP NOW) 8=DK (STOP NOW)

This questionnaire is to be administered to all women aged between 15 and 49 years IN THE SELECTED HH

\*W8: Refer to the clinic for anaemia if HB is <8.0 g/dl

# IYCF Questionnaire (1 questionnaire per child 0 -23 months)

Date (dd/mm/yyyy)	Team Number	Block Number	HH Number	
/  /2019				

No	QUESTION	ANSWER CODES	
SECT	ION IF1		
IF1	Sex	Male 1 Female2	II
IF2	Birthdate RECORD FROM AGE DOCUMENTATION. LEAVE BLANK IF NO VALID AGE DOCUMENTATION	Day/Month/Year	
IF3	Child's age in months	IF AGE DOCUMENTATION NOT AVAILABLE, ESTIMATE USING EVENT CALENDAR. IF AGE DOCUMENTATION AVAILABLE, RECORD THE AGE IN MONTHS FROM THE DATE OF BIRTH	
IF4	Has [NAME] ever been breastfed? (Nyamo naaha mai?)	Yes 1 No2 DK8	 IF ANSWER IS 2 or 8 GO TO IF7
IF5	How long after birth did you first put [NAME] to the breast? (Siadi regbo wai fuo vungu mo mai ti ha mai?	Less than one hour1 (Mbat fu sa sa?) Between 1 and 23 hours2 (Bangbanda sa sa na sa bauru na biata?	

		More than 24 hou	urs		
		(Ti fuo sa baura na	ı biama?		
		DK	8		
IF6	Was [NAME] breastfed yesterday during the day or at night? (Nyamo aha mai gba uru singa yuru?	No	1 2 		
SECT	ION IF2				
IF7	Now I would like to ask you about liqu and at night. I am interested in whethe other foods. Yesterday, during the day or at night, o	er your child had the	e item even if it was co	-	-
	ASK ABOUT EVERY LIQUID. IF ITEM CIRCLE '1'. IF ITEM WAS NOT GIVEN CAREGIVER DOESN'T KNOW, CIRCL MUST HAVE A CODE.	, CIRCLE '2'. IF	1=Y 7A	es 2=No	
	7A Plain water: (Kungbo Ime)		/A	8	
	7B. Infant formula: for example, Nan 1 (Sis sia agua rigo du tipa rukutu agude)	, nan 2, s26.	7B	1 2	8
	7C. Milk such as tinned, powdered, or for example (Niddo).	fresh animal milk:	7C	1 2	8
	(Gudu ni ngugoho, ga kopo na ime mamu	ı anyaa)			
	7D. Juice or juice drinks e.g. mango, ap in shops.	pple juice bought	7D	.1 2	8
	(Nzinziri ime zukuzuku ahee dutipa mbiro	a ha)			
	7E. Clear broth (Girigiri ime riahe watad	du suruba)	7E	1 2	8
	7F. Sour milk or yogurt for example (K	(akai ime mamu se)	7F	1 2	8
	7G. Thin porridge for example: (Zangbo	azanga dingbo)	7G	1 2	8

	7H. Tea or coffee with milk (Siai , Buni)	7H	1 2 8		
	7I. Any other water-based: for example sodas, other sweet drinks, herbal infusion, gripe water, clear tea with no milk, black coffee, ritual (Gukura mbirimbiri ime duwa soda watadu mbira nzinziri ahee wa lemon)	71	.1 2 8		
IF8	Yesterday, during the day or at night, did [NAME] eat solid or semi-solid (soft, mushy) food? (Gbaradu uru watadu yuru, nyamu ari ndandai riahe singa ruru ngburahaa)	Yes1 No2 DK8			
SECT	ION IF3				
IF9	Did [NAME] drink anything from a bottle with a nipple yesterday during the day or at night? (Nyama ambiringahe gba ti ngba gizaza uru watadu yuru?	Yes1 No2 DK8			
SECT	ION IF4	I			
IF10	Is child aged 6-23 months? REFER TO QF2	Yes1 No2	 IF ANSWER IS 2 STOP NOW		
IF11	Now I would like to ask you about some particular foods [NAME] may eat. I am interested in whether your child had the item even if it was combined with other foods. Yesterday, during the day or at night, did [NAME] consume any of the following? ASK ABOUT EVERY ITEM. IF ITEM WAS GIVEN, CIRCLE '1'. IF ITEM WAS NOT GIVEN, CIRCLE '2'. IF CAREGIVER DOESN'T KNOW, CIRCLE '8'. EVERY LINE MUST HAVE A CODE. Yes No DK				
IF12	11A. <b>Flesh foods</b> for example: beef, goat, lamb, mutton, pork, rabbit, chicken, duck, liver, kidney, heart. (Iwaapasio: Wagabagara,meme,kandoro,mukuru,ndakuto,kondo,baata, endee, wiri mbia nya, na bagandu)	11A1	2 8		

11C. <b>FBF++</b> : for example CSB++			
(Ngungo/Ndigbo ga abaramu ba fu ngua yo yafu he fu rukutu agude)	11C1	2	8
11D. <b>RUTF</b> : for example Plumpy'Nut® (SHOW SACHET	11D1	2	8
(Kpaku abaramu du na sisihe ni zamba)			
11E. <b>RUSF</b> : for example Plumpy'Sup® (SHOW SACHET)	11E1	2	8
11G. Infant formula: for example NAN 1, nan 2, s26).	11G1	2	Q
(Sia sia agua rigo du tipa rukutu agude)	110	2	0
11H. List any <i>iron fortified</i> solid, semi-solid or soft foods designed specifically for infants and young children available in the local setting that are different than distributed commodities.	11H1	2	8
(Mo gedi gu kura unga ariahe watadu rurungbura ha nga gu na fu ome du waga kopo ga ndukuro fu rukutu agude nga guya fungaha dagba agu arigo reya)			

C	Date (dd/mm/yyyy)	Camp	•	Team Number	
/  /2019					
E		Block Nur	nber	Household	
No			ANSWER COD	DES	
SE	CTION 1		T		ſ
<ol> <li>Does your household have a ration card? (Rogo goani kporo carte ho nga ga zio rigo?)</li> </ol>			1 2	 IF ANSWER IS 1 GO TO Q3	
2.	Why do you not have a rat (Tipa gine adunga karete zio beroniya?)		if eligible Lost card Traded/Sold ca New arrival wh yet registered . Not eligible (no	at registration, even 1 2 ard3 1 1 2 ard3 1 3 1 1 2 ard3 1 3 1 4 1 5 	
	In Makpandu a reduced ration is received at a 70% ration scale. The following questions aim to ascertain whether households are using any of the below coping strategies to fill the food gap.				
3.	In the last month, have you anyone in your household cash, food or other items w without interest? (Rogo gu diwi susi kusayo,mo gamo aboro kporo dinga bap watadu gukura ahee ni dingi	borrowed vith or o watadu pee mara	No	1 2 8	II
4.		i or sold any have ed stocks, ns, o watadu ihee ni nga ogozogo	No	1 2 	II
5.	In the last month, have you anyone in your household requested increased remitt gifts as compared to norma (Rogo gu diwi susi kusayo ya	been ances or al?	No	1 2 	

## Food Security questionnaire (1 questionnaire per every other household)

	watadu kura boro rogo gamo kporo sananga he tipa ikidi tiso watadu gamahe funi kisisi ume?)		
6.	In the last month, have you or anyone in your household reduced the quantity and/or frequency of meals and snacks? (Rogo gu diwi susi kusayo mo watadu gamo aboro kporo zogosi ngo bête ri rigo kusende?)	Yes1 No2 DK8	
7.	In the last month, have you or anyone in your household begged? (Rogo gu diwi susi kusayo boro ho nga hee dagba roni?)	Yes1 No2 DK8	
8.	In the last month, have you or anyone in your household engaged in: killing of wild animals, cutting of big trees and selling, stealing, cross boarder smuggling, charcoal burning or any other risky or harmful activities (Rogo gu diwi susi kusayo boro dagba gamo aboro pkoro imingo anya nvuo watadu dewa kindigi angua watadu baga aroko kini ta kusayo kini bagi kengere nga gu du ni gbegbere he kuti gani raka?)	Yes	
SF	CTION 2		
<u>9</u> .	Now I would like to ask you about the types of foods that you or anyone else in your household ate yesterday during the day and at night. I am interested in whether you or anyone else in your household had the item even if it was combined with other foods. I am interested in knowing about meals, beverages and snacks eaten or drank inside or outside the home. (Awere mi na ida ka sanaroni tipa gu ngbatunga arigo ona rihe gba uru watadu yuru?Mina nyamu ka in oho bero watadu koraboro dagba aboro kporo du na kura he)	READ THE LIST OF FOODS AND DC PROBE. RECORD (1) IN THE BOX IF IN THE HOUSEHOLD ATE THE FOO QUESTION, OR (0) IN THE BOX IF N THE HOUSEHOLD ATE THE FOOD.	ANYONE D IN
	1. Cereals: e.g. Sorghum, millet, maize, wheat, rice	1	
	<ul> <li>Vunde; maru; ngbaya; mapunga)</li> <li>2. White roots and tubers: e.g. White yam, white cassava, white</li> </ul>	2	

sweet potato or other foods made from roots

Pusi gbara, pusi gbanda; pusi abangbe

**3A. Vitamin A rich vegetables and tubers:** e.g. pumpkin, orange sweet potato, tomato and carrot *Boko, zamba abangbe, komondoro,* 

carrot

**3B. Dark green leafy vegetables:** cassava leaves, pumpkin leaves, bean leaves; sweet potato leaves amaranthus; kale, spinach.

kpe gadia; kpe siro; Kpe abapu; kpe abangbe; kpe pende; sukumawiki; spinach

**3C. Other vegetables**: cabbage, green pepper, onion, eggplant *Cabbage*; *shata, basala, aswuati* 

**4A.** Vitamin A rich fruits or juice from these fruits: Pineapple, Orange, mango; pawpaw or their juice *Ananasi*; *ramuni*; *manga*; *paipai* 

**4B. Other fruits**: Any other fruits such as banana, lemon, avocado, water melon including wild fruits and 100% fruit juice made from these.

Buu; ka kai ramuni; aruka, batiko; na agu akora ha

**5A. Organ meat**: Kidney; heart; liver; intestines

Kibida; endenya; lwo pasio;

**5B. Flesh meats**: goat, beef, lamb, pork, rabbit, chicken, duck, doves (pasio meme, pasio pasio bambata wiri kandoro; pasio mukuru; pasión ndakuto, pasio kondo, pasio bachate, pasio mbipo)

**6. Eggs:** Chicken eggs; duck eggs; dove eggs

(Para kondo; para bata; para mbipo) **7. Fish**: fresh and dry fish

Iwoatio; uguatio

9. Legumes, nuts and seeds: beans, yellow split peas,

3A..... 3B..... 3C.....|\_\_\_| 4A..... 4B..... 5A..... 5B..... 6..... 7..... 8.....

groundnuts and sim sim ; soya beans	
Akonde; abapu; ades; awande; sere; asoya;	
<b>10. Milk and milk products</b> : Any milk including infant formula, cow milk; or other milk products (powder milk)	9
Ime mamu bagara; ngungo ime mamu bagara	
11. Oils and fats : Palm oil, sim sim oil, white ant oil, ground nut oil, lulu oil	10
Nzeme mbiro; nzeme sere, nzeme age; nzeme awande, kpakari; nzeme zawa	
<b>12. Sweets</b> : sugar, honey, sweetened soda or sweetened juice drinks, sugary foods.	11
Sukara; zeme anyege; nzinziri soda; biscuit; cake	
<b>13. Spices, condiments, beverages:</b> Any spices (black pepper; roiko, salt; ginger; garlic), condiments (tomato paste), coffee, tea, alcoholic beverages.	12
(Fir fir, Roiko, tikpo; tangawizi; pusi basara; salsa; buna; chai; buda)	

# Appendix 4: Events Calendar

# Dark grey areas are for children not eligible for 6-59 months surveys.

Seasons	Religious Holidays	Other Events	Months / Years	Age in months	Height Range
Harvest of Sorghum/Maize/Rice			October 2019	0	Ŭ
Harvest of groundnuts & Beans			September 2019	1	
Second planting season			August 2019	2	
Crop Weeding continues			July 2019	3	
Weeding of crops /Rice planting		World refugee day (20 June)	June 2019	4	
Start of rice planting			May 2019	5	
Planting season/ Mango season			April 2019	6	
Land preparation		Women's day celebration	March 2019	7	
			February 2019	8	65-70
Renovation/Building of houses		CPA & New year celebrations	January 2019	9	cm
	Christman (25 Das)		-		_
Deat ham reat	Christmas (25 Dec)	World Aids day celebration	December 2018 November 2018	10	71-76
Post harvest		16 days of activism	October 2018	11	cm
Harvest of Sorghum/maize			September 2018		-
Harvest of groundnuts & beans Second planting season			August 2018	<u>13</u> 14	
				14	_
Crop Weeding continues Weeding of crops/ Rice planting		World refugee day (20 June)	July 2018 June 2018	15	
Start of rice planting		vvoliu relugee udy (20 Julie)	May 2018	16	
Planting season/ Mango season			April 2018	17	77-80
Land preparation		Women's day celebration	March 2018	18	cm
			February 2018	20	
Renovation/Building of houses		CPA & New year celebrations	January 2018	20	
Renovation/ Duliding of Houses	Christmas (25 Dec)	World Aids day celebration	December 2017	21	
Post harvest		16 days of activism	November 2017	22	81-86
Harvest of Sorghum/maize			October 2017	24	cm
Harvest of groundnuts & beans			September 2017	25	
Second planting season			August 2017	26	
Crop Weeding continues			July 2017	20	
Weeding of crops/ Rice planting		World refugee day (20 June)	June 2017	28	_
Start of rice planting			May 2017	29	
Planting season/ Mango season			April 2017	30	
Land preparation		Women's day celebration	March 2017	31	_
			February 2017	32	87-90
Renovation/Building of houses		CPA & New year celebrations	January 2017	33	cm
Kono Valleri, Ballani, or ne aboo	Christmas (25 Dec)	World Aids day celebration	December 2016	34	
Post harvest		16 days of activism	November 2016	35	
Harvest of Sorghum/maize			October 2016	36	
Harvest of groundnuts & beans			September 2016	37	
Second planting season			August 2016	38	
Crop Weeding continues			July 2016	39	
Weeding of crops/ Rice planting		World refugee day (20 June)	June 2016	40	-1
Start of rice planting			May 2016	41	91-99
Planting season/ Mango season			April 2016	42	cm
Land preparation		Women's day celebration	March 2016	43	1
			February 2016	44	
Renovation/Building of houses		CPA & New year celebrations	January 2016	45	
	Christmas (25 Dec)	World Aids day celebration	December 2015	46	
Post harvest		16 days of activism	November 2015	47	
Harvest of Sorghum/maize			October 2015	48	
Harvest of groundnuts & beans			September 2015	49	
Second planting season			August 2015	50	
Crop Weeding continues			July 2015	51	100-110
Weeding of crops/ Rice planting		World refugee day (20 June)	June 2015	52	cm
Start of rice planting			May 2015	53	
Planting season/Mango season			April 2015	54	
Land preparation		Women's day celebration	March 2015	55	
			February 2015	56	
Renovation/Building of houses		CPA & New year celebrations	January 2015	57	
	Christmas (25 Dec)	World Aids day celebration	December 2014	58	
Post harvest		16 days of activism	November 2014	59	
Harvest of Sorghum/maize			October 2014	60	

# How to Use a Local Events Calendar

#### Survey inclusion and exclusion criteria

Survey inclusion criteria: these are the cut-off birth dates for children to be eligible to participate in the 6-59 months sample.Included in the survey are all children born between November 2014 and April 2019.

Survey exclusion criteria: all children born as of these dates are excluded from the sample (i.e. they are over 59 months or under 6): • Excluded from the survey are all children born before November 2014 and April 2019.

When to use the events calendar?

- The events calendar is a tool that helps determine the approximate age of children who have no reliable administrative documents (birth certificate, child's health notebook, etc.)
- It includes all different events that occurred during the 60 months that preceded the survey and serves as a reference and checklist for surveyors and surveyed populations.

How to use the events calendar

- Use a line of questions phrased as follows: "<name> was he/she born before or after <event>?"
- Choose the events in the most appropriate column of the calendar to reduce the range at each question.
- The child's mother usually knows either the age of the child in years, or the birth date (but without any official corroboration. In both cases, it is necessary to refine the age estimation by using the events calendar.
- 1. When the mother knows the age in years, convert the age in months using the calendar and ask her questions relating to the events that occurred around the child's birth. Specify with the mother:
- On the calendar, whether a particular even occurred about the time the child was born (e.g. end of Ramadan); ask the mother whether the birth occurred before or after this event;
- Ask her the season in which the child was born; rain, warm or cold season, etc.
- This information will allow you to estimate the child's age in a more reliable and accurate way.
- 2. When the mother knows the child's birth date, but has no official document to prove it:
- Locate the birth date on the calendar;
- Ask the mother questions on events that occurred around the child's birth (religious holiday, celebration, season, etc.) in order to estimate the age in actual months.
- **3. When the mother knows neither the age nor the birth date,** the events listed in the calendar will help her remember the circumstances of her child's birth and to estimate the age in months:
- Ask the mother, or the person who cares for the child, if she remembers the period or an event that surrounded the birth of the child;
- According to her answer, ask further questions to locate the month and year of the birth.
- 4. When it is impossible to get any reliable indication from the mother, look for a child of similar stature in the neighbourhood:
- Determine the age of the other child;
- Estimate the age difference between both children using the calendar;
- Deduce the age of the surveyed child.

To determine the age of a child, the surveyor must enter on the questionnaire either the date of birth or the age in months, **but not both**.

If the child has a health notebook or an official identity document that indicates his/her birth date; write down the birth date on the questionnaire.



Appendix 5: Makpandu refugee camp location in South Sudan