Analysis of Suicide Incidents

broken down by age and sex

May 2023

Total incidents by month, Jan - May/2023

- Attempted suicide
- Death by suicide
- Repeat suicide attempt

January
- 25
- 5
- 2
- 32

February
- 21
- 2
- 1
- 24

March
- 27
- 5
- 2
- 34

April
- 16
- 2
- 2
- 20

May
- 10
- 8
- 2
- 20

Trend of attempted and completed suicide, 2018-2023

Attempted

Death by suicide

Summary of 2023 incidents by type

- Attempted suicide: 99
- Death by suicide: 22
- Repeat suicide attempt: 9

Summary of 2023 incidents by type and nationality

- Refugee: 90
- 9
- 16
- 7
- Ugandan national: 9
- 0
- 0

Type of incident by Gender

- Female: 36%
- Male: 64%

- Attempted suicide: 36%
- Death by suicide: 67%

- Attempted suicide: 18%
- Death by suicide: 19%

Type of incident by average age of victim

- Attempted suicide: 99
- Death by suicide: 22
- Repeat suicide attempt: 9

Method used

- Hanging by rope: 77
- Poison: pesticides, hair dyes, poisons: 33
- Drug overdose: ARVs, herbal concoctions: 14
- Other (please specify): 3
- Drowning: 2
- Fire: setting self on fire: 1

Triggers for suicidal ideation

- Family disagreements: 29
- Others: 20
- Lack of basic needs: 19
- Previous mental illness: 17
- Abandonment by spouse: 15
- Domestic violence: 15
- Substance abuse: 12
- Arguments over money: 9
- No clear reason: 6
- Community stigmatisation: 4

Data: UNHCR/MHPSS Partners
Author: UNHCR Representation in Uganda
Feedback: ugakaimug@unhcr.org
For more info, please visit: www.ugandarefugees.org
## Analysis of Suicide Incidents
### Comparison of Incidents per location

<table>
<thead>
<tr>
<th>Location</th>
<th>Attempted suicide</th>
<th>Death by suicide</th>
<th>Repeat suicide attempt</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjumani</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bidibidi</td>
<td>31</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Imvepi</td>
<td>1</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Kiryandongo</td>
<td>2</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Palabek</td>
<td>10</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Palorinya</td>
<td>19</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Rhino Camp</td>
<td>8</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Lobule</td>
<td>2</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Kyaka II</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Kyangwali</td>
<td>2</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Nakivale</td>
<td>1</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Oruchinga</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rwamwanja</td>
<td>16</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

### Reporting period

1/1/2023 - 5/30/2023

---

**Data:** UNHCR/MHPSS Partners  
**Author:** UNHCR Representation in Uganda  
**Feedback:** ugakaimug@unhcr.org  
**For more info, please visit:** www.ugandarefugees.org