Health Updates - Refugees in Bulgaria

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Recent Developments and Insights

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Purpose:

- To provide the latest health updates for refugees in Bulgaria

- Key topics:
- Vaccination updates
- Patient guide availability
- Health care access issues
- Health working groups
- Upcoming information campaign

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https://iris.who.int/bitstream/handle/10665/366531/9789240070707-eng.pdf?sequence=1

Updated Vaccination Calendar

1. The MOH has updated the vaccination calendar and it has been posted online on Astra forum foundation

Available here:
https://astraforumfoundation.org/wp-content/uploads/2022/08/%D0%91%D1%8A%D0%BB%D0%B3%D0%B0%D1%80%D1%81%D0%BA%D0%B8-%D0%B8%D0%BC%D1%83%D0%BD%D0%B8%D0%B7%D0%B0%D1%86%D0%B8%D0%BE%D0%BD%D0%BD%D0%B5%D0%BD-%D0%BA%D0%B0%D0%BB%D0%B5%D0%BD%D0%B4%D0%B0%D1%80-%D0%B7%D0%B0-%D0%B1%D1%80%D0%BE%D1%88%D1%83%D1%80%D0%B0%D1%82%D0%B0-1-1.pdf

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Calendar:

- It is available online and can be shared with the Ukrainians on social media groups.
  On the website the brochure with the QR code is also available in Ukrainian:
  https://astraforumfoundation.org/wp-content/uploads/2023/01/Broshure_UA_online-1.pdf

Болгарський календар щеплень

	Туберкульоз	Гепатит В	Поліомієліт	Пневмококи	Правець і дифтерія	Кашлюк	Гемофільна інфекція	Кір, паротит, краснуха
До 24 годин після народження								
Від 48 годин після народження								
1* місяць								
2** місяць								
3 місяці.								
¶7 місяць	Перевірка рубця							
12 місяців								
13 місяць								
♁ 16 місяців								
§6 років								
7 º років	Туберкуліновая проба (Манту)							
¤ 12 років								
17 років								
у 25 років і потім кожні 10 років								

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New Patient Guide

The Red cross has published the patients guide for 2024, with the new national insurance updated information and it has been revised by MOH. The guide is available in Russian language as the elderly Ukranians have complained last year that they find it difficult to read in Ukrainian.

The guide can be accessed by the QR code too.

Provides comprehensive information on health services for refugees.

How to pay their National insurance contributions, how to register with

a GP and what rights and obligations they have as a patient.

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Published online on BRC website

Health Care Access Issues

- Recent visits on the Black Sea coast revealed issues:
- 1. Limited access to health care for chronically ill patients.
- 2.Lack of social support services.
- 3.Insufficient bus passes for disabled people.

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Health Working Groups

Ministry of Health has established Regional health working groups supported by the World Health Organization (WHO)

Objectives:

1. Improve healthcare delivery for refugees
2. Address specific health challenges faced by refugee populations
3. Collaborate with NGOs and local organizations to enhance support services

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Upcoming Information Campaign Meetings

Led by MOH to promote vaccination

- Regional Health Inspectorate (RHI) experts will meet with Ukrainian parents in:
- Blagoevgrad
- Varna
- Burgas
- Dobrich
- Sofia city

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PERSPECTIVES: Emergency to Protracted Crisis

- Objectives:
  Educate on the importance of vaccination
  Address concerns and questions

Support Needed:

Collaboration with WHO and IOM to provide health mediators

Need for venues and networking with NGOs working with Ukrainians – UNHCR, UNICEF

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Thank you

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