



Members

WHO, UNHCR, MSFCH-Harmanli, Médecins du Monde, NRG, CRWB

### 1. Up-dates from members

UNHCR plans together with partners to establish a protection information hub which will focus on bringing together all actors and refugees could benefit from all information needed. WHO CO Bulgaria is currently looking for opportunities for fundraising and is also organizing Quality Rights for

### 2. Thematic Focus of the Meeting: welcoming new members and following up on MHPSS practices for Q1 and Q2

Médecins du Monde provide MHPSS support to vulnerable children and women in Sliven, particularly in Nadezhda neighborhood throughout individual and group activities. They are working with local partners and municipality centers for public support. Also, in two-three months, Mdm will publish a study about health environment, needs and improvements for mental health in Bulgaria.

MSFCH keeps a focus on mental health activities mainly for Syrian population. They have one international and one national psychologist in the team. By the end of June, they had 55 consultations, three of which were referred to a psychiatrist. Their health promoters and intercultural mediators are making continuous efforts to battle stigma and engage the population in mental health. Their work includes individual and group consultations with adults and minors. One of the main challenges they face is the lack of GPs. They are working on a plan to engage a qualified mental health professional from MSF to make visits in the camps and create a full and concrete assessment on gaps related to mental health.

NRG offers services in two centers:

1. Integrico center is oriented towards support to children
2. Compass center's good practice is oriented towards group support to women, while individual support is also available.

Their mobile work has a big importance and implies the presence and support of psychologists in refugee centers. This practice allows them to assist and understand various psychological effects which refugees are currently facing.

CRWB shared about their activity in a partnership with UNHCR, regarding the psychological situation of asylum seekers refugees with TP. Social workers and mediators are organizing psychological sessions with a Bulgarian psychologist who speaks English. They also have psychoeducational groups for unaccompanied children who are accommodated in camps in Voenna rampa and Ovcha kupel.

### 3. Topics for next month's meetings

1. In-depth discussion on gaps to identify and reflect comprehensively on ways to action.
2. Follow up on the implementation of ongoing activities and new projects.



Updates & Achievements



Next steps: Encourage partnership and cross-coordination mechanisms on MHPSS response in Bulgaria.

Action Points