

Reporting period

1/1/2025 12/31/2025

199

Overall incidents in 2025

Overview:

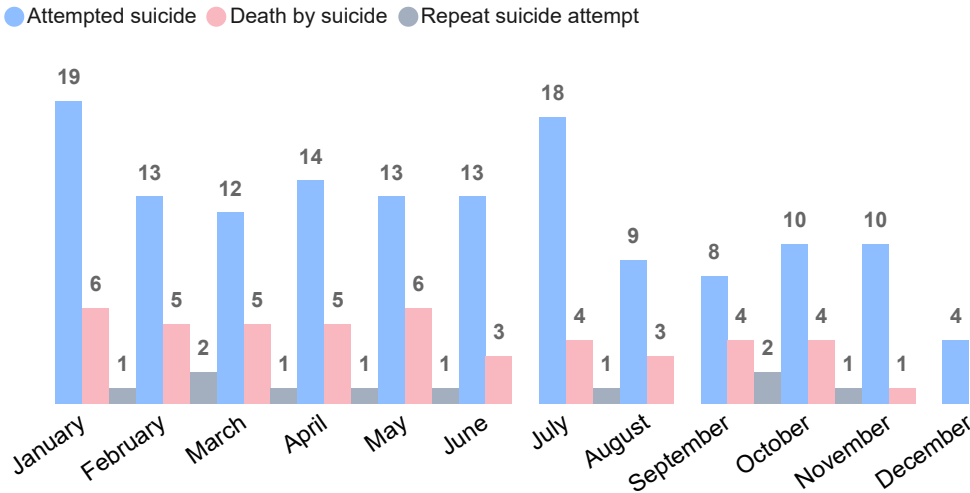
From 01 Jan – 31 Dec 2025, MHPSS partners collectively reported a total of 199 incidents of suicide (143 attempts, 46 deaths, and 10 repeat attempts), across 13 settlements. On average, 4 lives have been lost to suicide every month from January to December 2025.

78% of the completed suicides were committed by the male while 22% were female. 40 deaths involved refugees meanwhile 6 were Nationals.

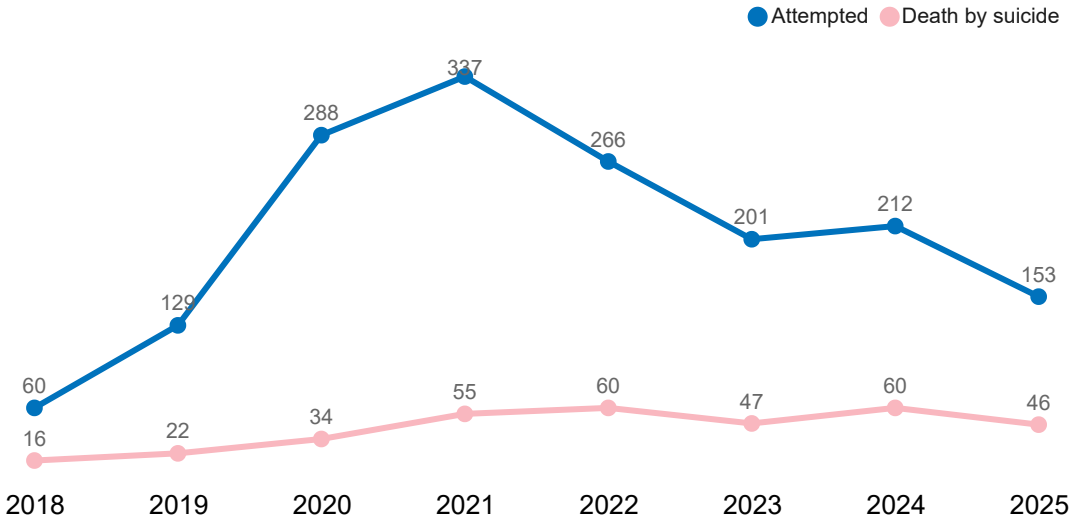
The top 5 triggers for suicidal ideation include family disagreements, domestic violence, lack of basic needs, previous mental illness, and financial problems.

Overall, the average age of the victims stands at 31 years of age. Majority - 50% of the victims either attempted or completed suicide by hanging using a rope.

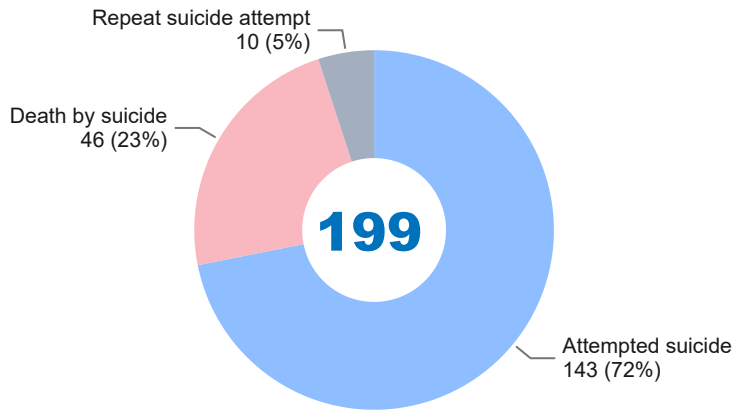
Total incidents reported



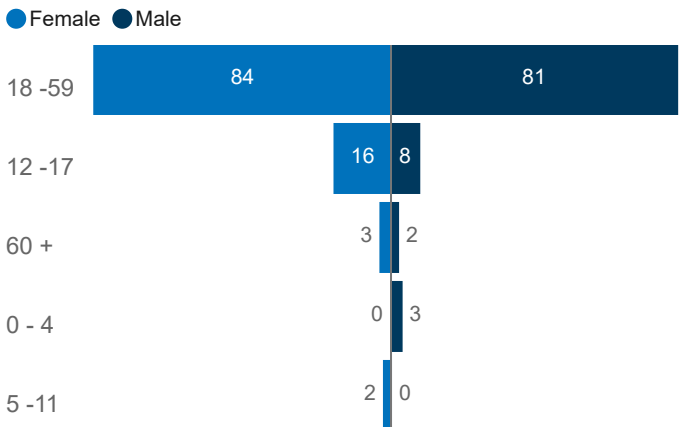
Trend of attempted and completed suicide, 2018-2025



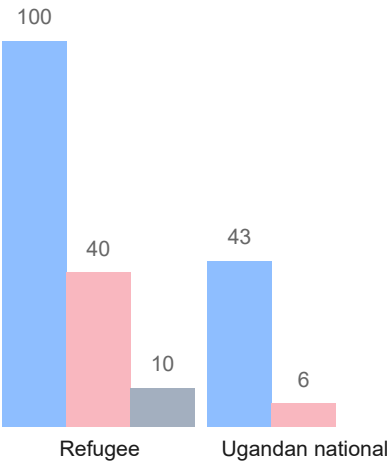
Summary of incidents by type



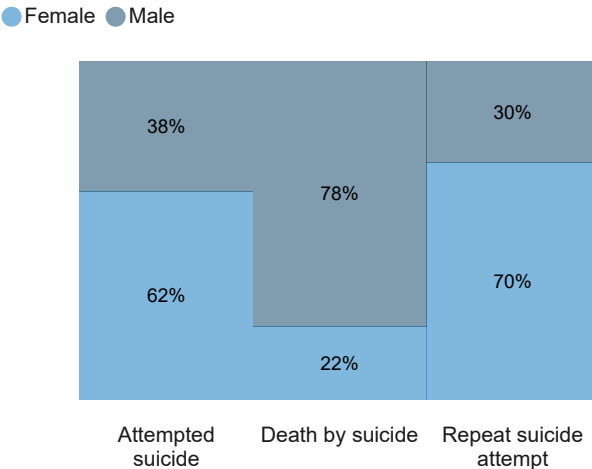
Reported Suicide Incidents by Age and Sex



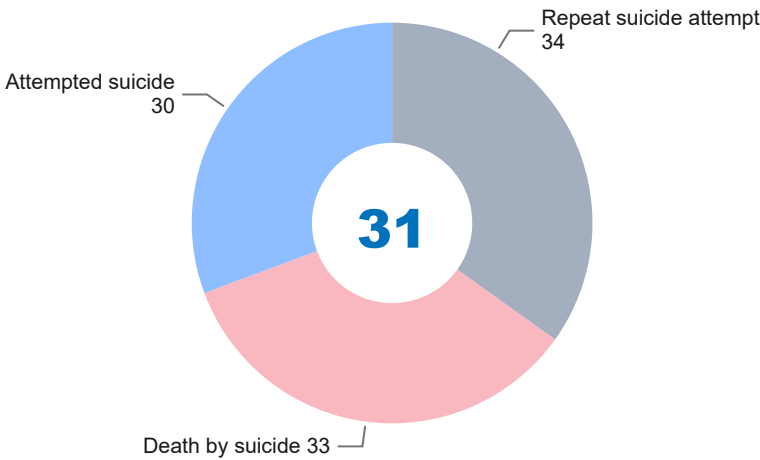
Summary of 2025 incidents by nationality



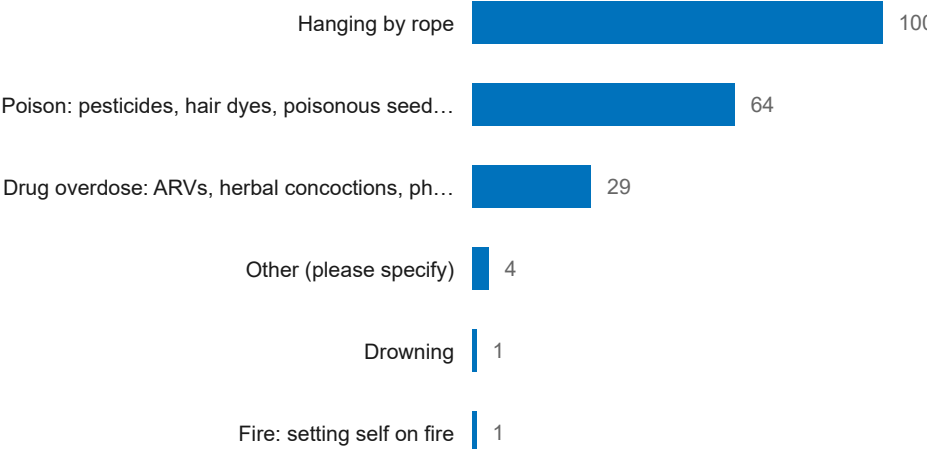
Type of incident by Gender



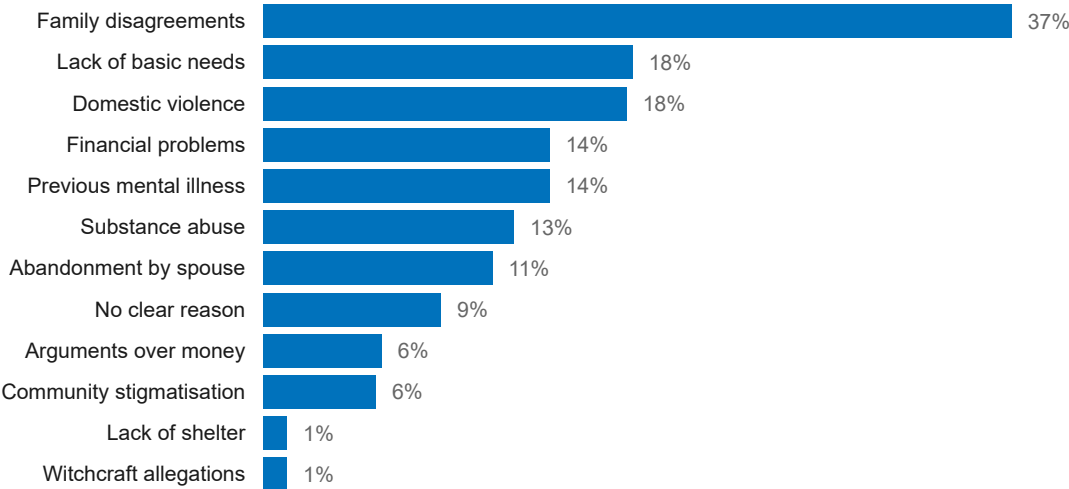
Type of incident by average age of victim



Method used



Top triggers for suicidal ideation



Adjumani

● Attempted suicide ● Death by suicide



Kiryandongo

● Attempted suicide ● Death by suicide



Rhino Camp

● Attempted suicide ● Death by suicide



Bidibidi

● Attempted suicide ● Death by suicide ● Repeat suicide attempt



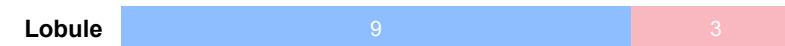
Palabek

● Attempted suicide ● Death by suicide ● Repeat suicide attempt



Lobule

● Attempted suicide ● Death by suicide



Nakivale

● Attempted suicide ● Death by suicide ● Repeat suicide attempt



Imvepi

● Attempted suicide ● Death by suicide ● Repeat suicide attempt



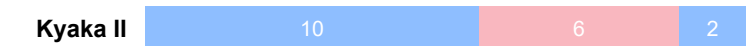
Palorinya

● Attempted suicide ● Death by suicide



Kyaka II

● Attempted suicide ● Death by suicide ● Repeat suicide attempt



Rwamwanja

● Attempted suicide ● Death by suicide



Oruchinga

● Attempted suicide

