UGANDA - OVERVIEW OF REFUGEES AND ASYLUM-SEEKERS

as of 31-Jan-2026

Key Facts

Individuals 1,974,427
- Refugees 1,938,869
- Asy. Seeker 35,558

Households 532,128
- Refugees 507,853
- Asy. Seeker 24,275

Elderly 3 % 57,687

Women & Children 77 % 1,516,311

Under 18 51 % 1,000,195

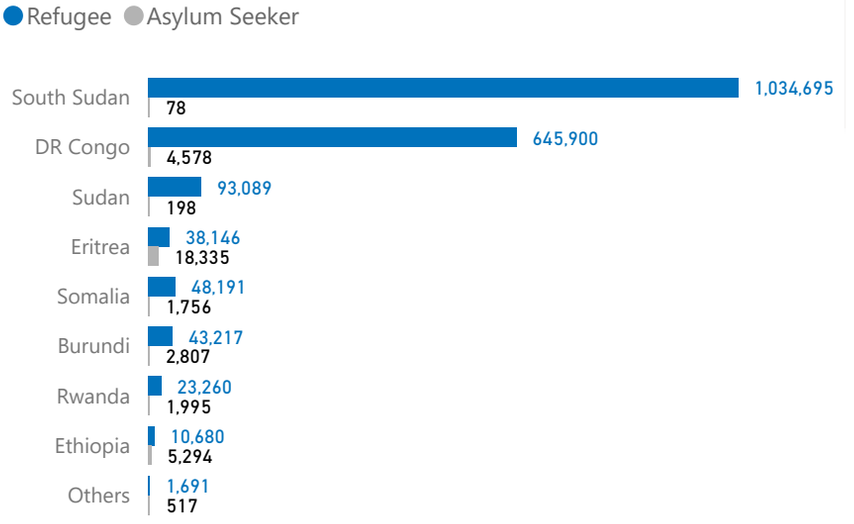
Female 51 % 1,009,406

Under 12 33 % 660,202

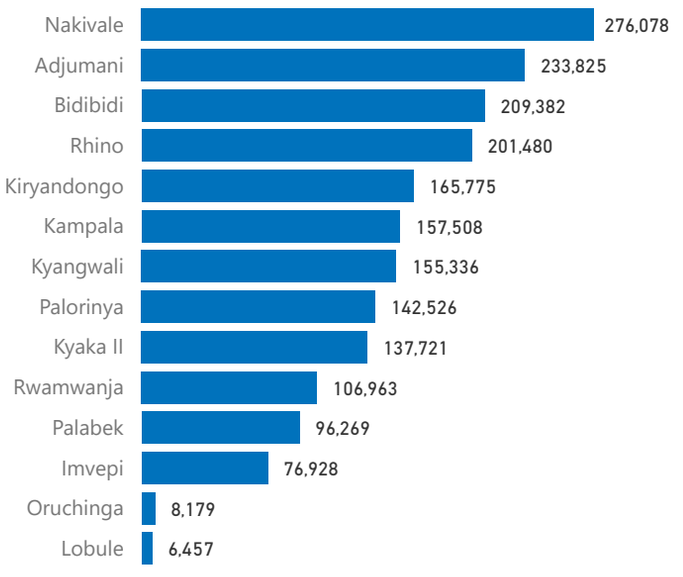
Youth (15-24) 26 % 511,893

Urban 8 % | Settlements 92 %

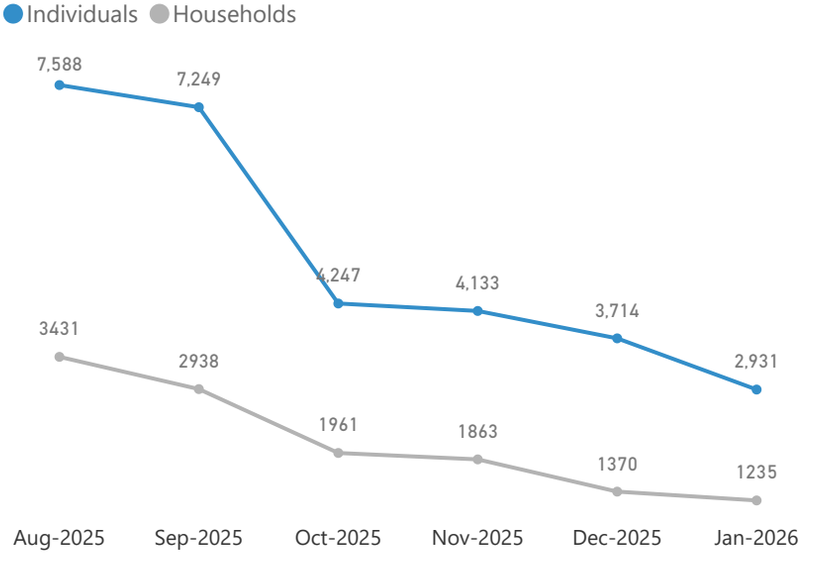
Country of Origin and Legal/Refugee Status



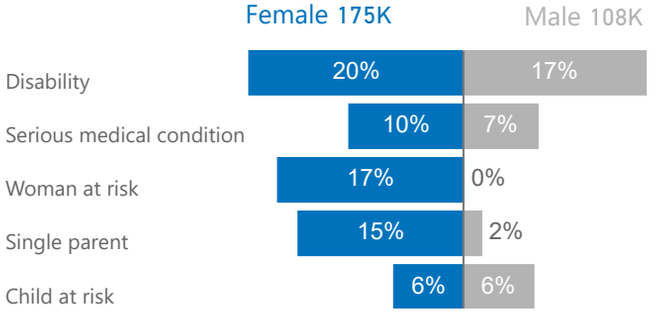
Population by settlement



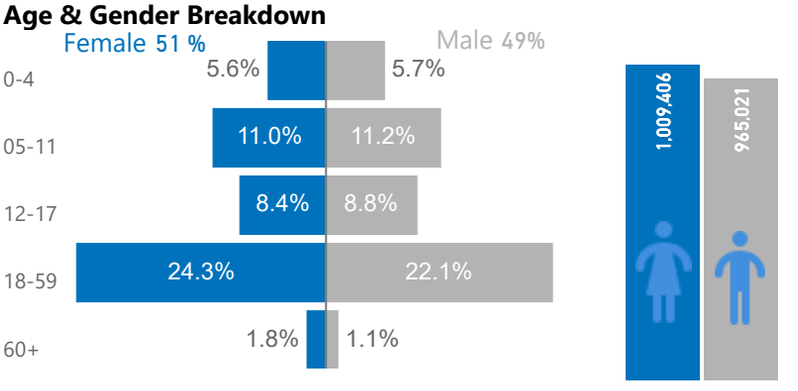
New arrival registration trend (last 6 months)



Most Common Specific Needs



Age & Gender Breakdown



Since the start of the year, 2,931 individuals seeking asylum, including 827 from the DR Congo, 1,076 from South Sudan, and 566 from Sudan have been registered in Uganda. 841 new births were also registered during the year. In total the population increased by 2,444 individuals (0.1%) from last month. Since the start of the conflict in Sudan in Mid-April 2023, 89,764 Sudanese fleeing the conflict have been registered in Uganda. Similarly, the situation in the DR Congo has resulted in increased arrivals into Uganda. There are currently 650,478 registered DR Congolese in Uganda, up 88,598 since end 2024.

Source: Uganda's Office of the Prime Minister (OPM) / proGres

Creation date: 02-Feb-2026

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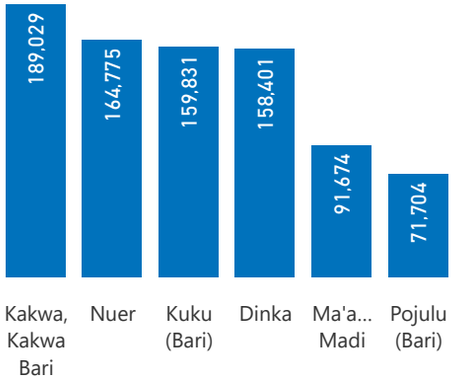
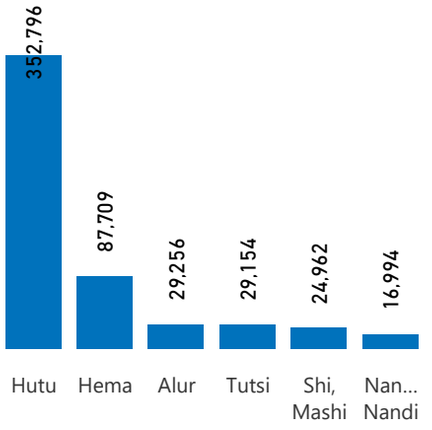
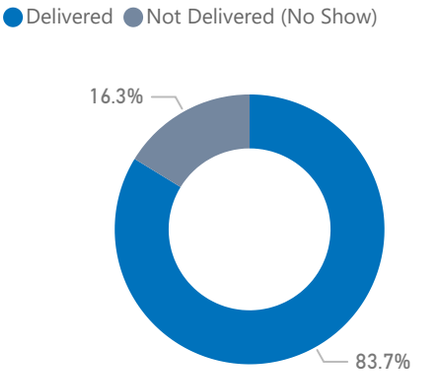
Main South Sudanese Ethnicities



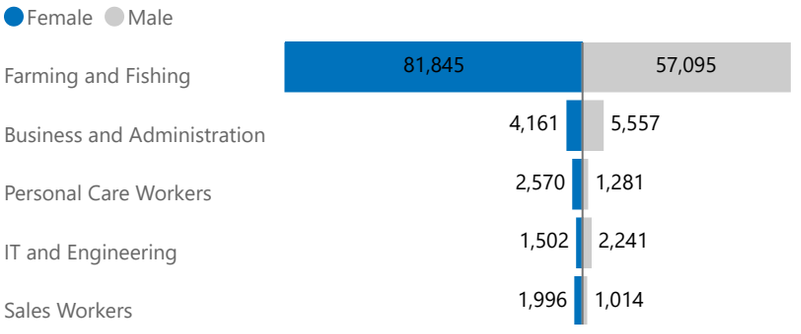
Main Congolese Ethnicities



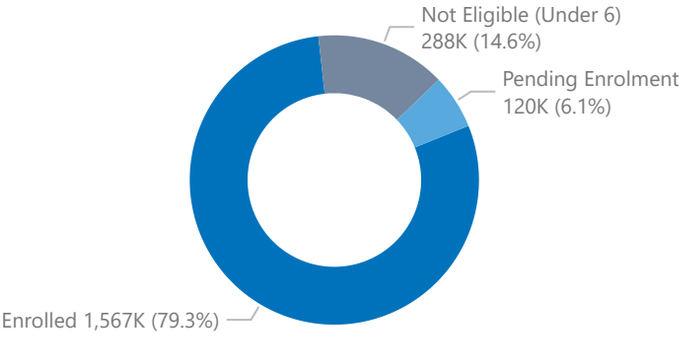
Access to Food/Cash Assistance

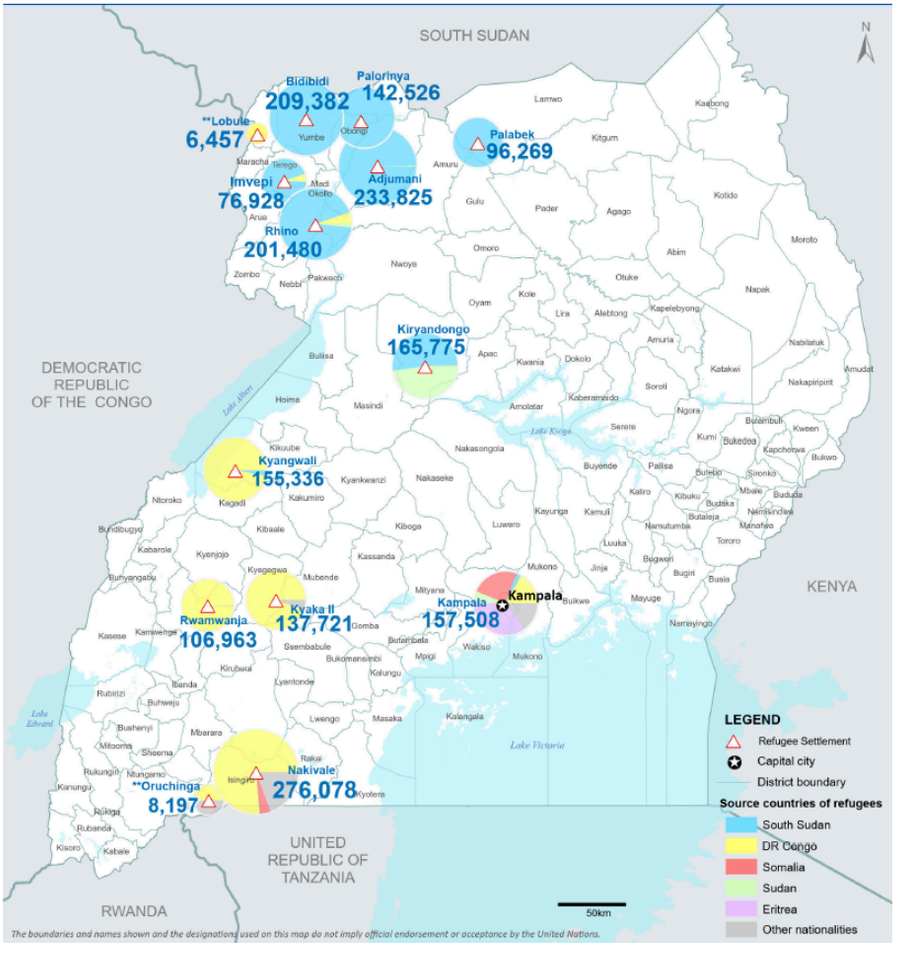


Main Occupations

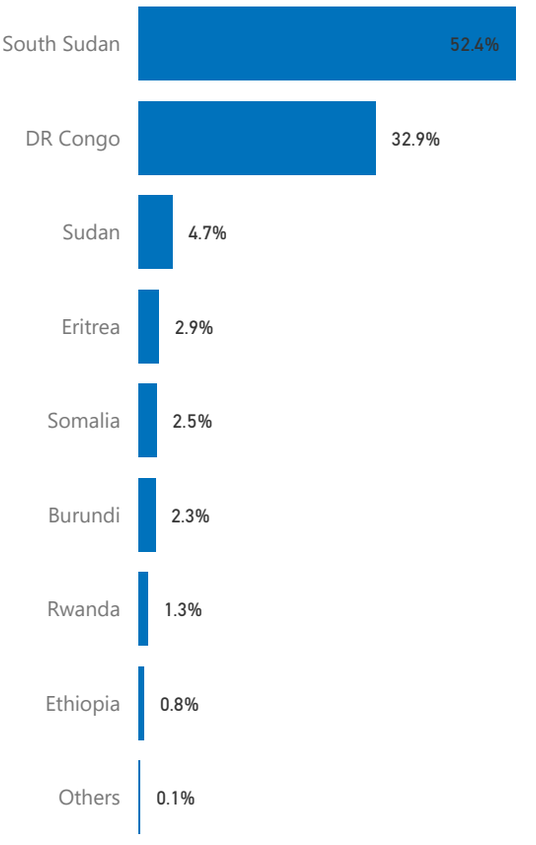


Biometric Enrolment





Main Countries of Origin



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