

# HEALTH SERVICES FOR SYRIAN REFUGEES IN BEKAA

What to do if you need to see a doctor or go to hospital and what you have to pay



The information contained in this brochure has been updated in August 2016

For more information: www.refugees-lebanon.org

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### **ACCESS TO HEALTH SERVICES**

# I am a Syrian refugee. Can I go to a doctor or a hospital in Lebanon?

Yes. UNHCR provides health care services to registered refugees through its partners.

Registered Syrian refugees can see a doctor at a **Primary Health Care Centre ("PHCc") or a Health Centre ("dispensary")** for medical consultations, prescriptions, laboratory tests, immunizations, antenatal care and other reproductive health services, management of chronic diseases. You can also receive mental health treatment, including counseling and other psychological support services.

You should only go to hospital in a medical emergency.

If you need to see a doctor you should go to the PHCc, dispensaries that are listed at the end of this brochure. If you go to another PHCc or dispensary they will charge you more for your treatment.

In a medical **emergency**, call the Hotline of your area:

MediVisa Lebanon 05-458558 (Monday to Friday 8am-5pm & Saturday 8am-1pm) or 70-198689/76-870354 in Bekaa only after working hours and during weekends. Other phone numbers listed in this brochure will give you information about health and social assistance, if you are a victim of sexual assault or violence or for any other emergency.

# What if I am an unregistered Syrian refugee/awaiting registration?

Not registered Syrians have access to some subsidized health services and assistance at the PHCc listed in this brochure, for example free vaccinations for children. However, other PHCc or dispensaries may ask you equal contribution to health care treatment similar to Lebanese patients.

# Is the Lebanese health system different from the Syrian health system?

Yes. The Lebanese health system is very different from the Syrian health system. It is highly privatized and registered Syrian refugees have to pay a contribution towards their health care, in the same way that Lebanese do.

### IF YOU NEED TO SEE A DOCTOR

If you need to see a doctor, you should contact the PHCc or dispensary in advance to check if there is a doctor available that day and make an appointment. Check the list of PHCc or dispensaries below.

### **DOCTOR'S FEES**

When you go to see a doctor at a PHCc or a dispensary you will be charged between 3,000 LL - 5,000 LL for a consultation. UNHCR's partners pay the remainder of your consultation fees.

For laboratory and diagnostic tests, UNHCR covers up to 85% of the cost for children under 5 years old, elderly over 60 years old, pregnant women and other vulnerable individuals.

The remaining 15% of the cost must be paid by the patient. All other individuals are required to pay 100% of their medical costs. Please see the table below for more information.

Service	What you pay
Vaccines	Free at all PHC centers and dispensaries
Consultation	3,000 – 5,000 LBP
Acute medications	Free
Chronic medications (diabetes, cardiac conditions, hypertension, asthma, epilepsy, etc.)	1,000 LBP per visit (handling fee)
Family planning (Insertion of IUD, pills, condoms)	Free
2 ultrasounds for pregnant women	Free
Dental care	Subsidised. Please refer to the PHC or dispensary for the exact costs.
Mental health services and medication	Free
Laboratory and diagnostic tests	15% of the cost for     For children under 5 years     Persons over 60     Persons with disabilities     Pregnant women 10% of the cost for those refugees with specific needs who cannot afford it. Other refugees will pay 100% of the cost of Laboratory and diagnostic tests.

### IF YOU NEED TO GO TO HOSPITAL

# What do I do if I need to go to hospital?

First, go to a PHCc or a dispensary before you go to hospital.

If a doctor in a PHCc or a dispensary recommends your admission to a hospital for inpatient care, you should obtain approval from **MediVisa Lebanon** which is UNHCR'S partner for in Lebanon.



In a life-threatening emergency go straight to one of the hospitals listed on the back of this leaflet and then call **MediVisa** Lebanon from the hospital, otherwise we cannot assist you financially with your medical bills.

MediVisa Lebanon: 05-458558 (Monday to Friday 8am-5pm & Saturday 8am-1pm) or 70-198689/76-870354 in Bekaa after working hours and during weekends.



# If I need to go to Hospital, will an ambulance take me?

The ambulance will take the patient to hospital only in life threatening situations or when the patient cannot travel in a seated position by car.

The Lebanese Red Cross provides ambulance services in Lebanon. The number to call is three digits **140** 



### **HOSPITAL FEES**

### Will UNHCR pay my hospital bill?

UNHCR pays up to 75% of the total cost of the following hospital services only:

- Life-saving emergencies
- Giving birth
- Care for newborn babies

You will have to pay the remaining 25% of the cost.

If you receive any other hospital service, you will have to pay the total cost of your hospital bill.

If you need a very expensive hospital treatment, (e.g. disc disease, open heart surgery), or elective medical interventions, UNHCR's Exceptional Care Committee must first approve treatment before it will agree to cover up to 75% of the cost.

The Committee will consider:

- The need for and adequacy of the suggested treatment
- The cost and the need for financial assistance
- Feasibility of the treatment plan and prognosis

You should go to the hospitals listed at the end of this brochure because you will have to pay more if you go to any other hospital. Remember to call **MediVisa Lebanon** before admission to the hospital so we can assist you financially with your medical bills. We will not reimburse any payments you may have advanced.

# DOCUMENTS TO TAKE WITH YOU TO THE DOCTOR OR TO THE HOSPITAL

- A valid ID document OR
- Your UNHCR Registration Certificate ("UN Paper")

### **PREGNANT WOMEN**

# I am pregnant. What services and assistance can I get?

You can get pregnancy care at PHCc and dispensaries as well as two free ultrasounds. You will be provided with supplements needed for your and your baby's health.

If you are pregnant, you should go to a PHCc at least 4 times before you give birth. You should go to the PHCc that is closest to your address.

UNHCR covers up to 85% of the cost of laboratory and diagnostic tests and 4 consultations for pregnant women. You will also have access to breastfeeding and personal hygiene awareness sessions and access to free family planning services after you deliver your baby and one postnatal consultation.

In addition, UNHCR will cover 75% of the cost of your delivery.

When you are pregnant and you approach the PHCc for consultation you will be provided with a **Pregnant Card**. You will have to keep it with you each time you come for a doctor's visit and when you come to the hospital to deliver your baby.

During your pregnancy the doctor will prescribe you some supplements like calcium and iron. Don't forget to take them for your health and the health of your baby! Continue to take them as long as you are breastfeeding your baby. You will also need to visit your PHCc or dispensary one month after you give birth for post natal care to ensure your wellbeing.



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**Pregnant Card** 

#### **CHRONIC DISEASES**

# Chronic disease such as diabetes, cardiac conditions, hypertension. Asthma, epilepsy, etc:

If you have a chronic disease such as diabetes, cardiac conditions, hypertension, asthma, epilepsy, you should go to see a doctor at a PHCc or a dispensary for chronic disease control.

Locate a PHCc from YMCA network near you and register. Visit regularly and the health center will provide you with the necessary medication every month. This will manage your chronic condition and prevent further health consequences.

# Chronic diseases such as cancer, thalassemia, etc:

UNHCR does not pay for chronic diseases that require repeated hospitalization, such as cancer, thalassemia or renal dialysis. If you have one of these conditions, you should go to see a Doctor at a PHCc or a dispensary to manage your condition.

In addition, UNHCR does not pay for the following treatments:

• High cost treatment when a less costly alternative treatment is equally effective and available

- Experimental, non-evidence based treatment
- Organ transplant
- Infertility treatment
- Cosmetic/plastic/reconstructive surgery
- Long term sustaining tertiary care such as treatment/rehabilitation of complications of chronic degenerative diseases, immunosuppressive treatment, new cases of haemodialysis (unless one time for life-saving), thalassemia treatment (except for lifesaving blood transfusion), multiple sclerosis, etc.
- Conditions that can be treated at a PHC or dispensary
- End-Mid stage cancer (including surgery and chemotherapy)
- Long term treatment requiring nursing care

### **PHYSICAL OR MENTAL DISABILITIES**

# I have a disabled child/family member. What kind of support and services are available?

UNHCR and partners will pay 85% of the cost of laboratory and diagnostic tests for patients with physical or mental disabilities. The remaining 15% of the cost will be paid by the patient.

Various community support services are available. Go to your nearest PHCc or dispensary for a consultation and for more information.

Rehabilitation Institutions for persons with specific needs								
Area	Centre Name	Contact Number						
Baalbek , El Hermel, Rachaya, West Bekaa, Zahle and Arsal. The patients will be referred to the centers in Arsal, Baalbeck, Bar Elias and Ghazzeh	International	79 101563						

#### **TUBERCULOSIS**

I have Tuberculosis. What should I do?

You should attend a Centre for Tuberculosis treatment. Treatment is available for free. UNHCR's partners will support you for laboratory and diagnostic tests. Your family can also be tested for free.

Centres for Treatment of Tuberculosis in BEKAA						
Area	Centre	Address Phone		Openin g hours		
Hermel	Hermel Old Hospital	President Sabri Hamadeh Street First floor	Kasser Hamadeh 03724494 Dr Hani Abdel Sater 03857718	Call in advance		
Zahle	Zahleh Central Dispensary	Near GSO Building facing Zahleh Gov Hospital old building	08-821511	8.00 - 13.00 Mon-Fri		

#### HIV

### I am HIV positive. What treatment, support and services are available?

If you require treatment, you must first contact UNHCR **health staff**, who will give you the necessary information and refer you to the National Centre for treatment. Treatment is free. Please request a confidential appointment with the UNHCR Office in Bekaa. You are not required to disclose information in order to seek an appointment **All cases are treated with the strictest of confidentiality.** 

# I think I might have been infected with HIV. What should I do?

If you suspect you have been infected with HIV, you should go immediately to the following centre to receive care. It is important that you get preventative treatment as soon as possible, preferably within 24 hours of being infected:

Centre	Phone	
MOSA Social Development Centre Qab Elias	08-501 334	
Qab Elias PHC	08-500688	

Hariri PHC Taanayel	08-513320

### **LEISHMANIASIS**

### I have Leishmaniasis. What should I do?

If you have Leishmaniasis, you should seek treatment at one of the following hospitals: Medication for Leishmania treatment is for free from The Ministry of Public Health and UNHCR pays for your consultation fees. You must contribute only LBP 3000.

	Hospitals/ Health centers that treat Leishmaniasis							
Area	Hospital/Doctor	Telephone	Treating Hours					
Baalbak	Baalbak Governmental Hospital Dr. Jamal Othman	08-370470	Monday (12 - 1:00 pm)					
Zahleh	Zahleh Governmental Hospital Elias Hrawi Dr. Souleiman El Mais	08-825601	Tuesday (9 -11am)					

#### **VACCINATIONS FOR CHILDREN**

# Can my child receive vaccinations in Lebanon? Where?

Yes. Vaccinations for children are provided **for free** by the Ministry of Public Health through the centers listed below. First dose vaccinations of polio, measles and Vit A are available for free at all UNHCR Reception Centers. Vaccines are essential to your child's health and development and you should ensure your child receives all essential vaccinations using the vaccination schedule below:

	National Lebanese Vaccination Schedule				
Age	Vaccine				
At birth	Hepatitis B - First dose				
2 months	IPV – First dose Pentavalent (diphtheria-pertussis-tetanus-hepatitis B-Hib) – First dose				
4 months	OPV – Second dose Pentavalent vaccine (diphtheria-pertussis-tetanus-hepatitis B- Hib) – Second dose				
6 months	OPV – Third dose Pentavalent vaccine (diphtheria- tetanus-pertussis-hepatitis B- Hib) – Third dose				
9 months	Measles – zero dose				
12 months	Measles, Mumps and Rubella (MMR) – First dose				
18 months	OPV First booster dose Pentavalent vaccine (diphtheria- tetanus-pertussis-hepatitis B-Hib – First booster dose Measles, Mumps and Rubella (MMR) – Second dose				
4-5 years	OPV – Second booster dose DTP (diphtheria-tetanus-pertussis)				
10-12 years	OPV - Third booster dose DT (diphtheria-tetanus) – Third booster dose				
16-18 years	OPV- Fourth booster dose DT (diphtheria-tetanus) – Fourth booster dose				

PHCc AND DISPENSARIES IN BEKAA						
		Servi				
PHC centre's name and address	Health care	Social services	Mental and Psycho- social support	Dental care	Phone number	Opening hours
Rafic Hariri PHC centre, Soleh street next to Makassed Mosque, Baalbek(IMC)	✓			<b>√</b>	08-377731	8 am - 4 pm (Mon - Sat)
Rafic Hariri PHC, main street facing supermarket Zrein, Taanayel, Zahle(IMC)	<b>√</b>		<b>√</b>	>	08-513320	8 am - 4 pm (Mon - Sat)
El Farouk PHC, Saadnayel (IMC)	<b>√</b>			<b>√</b>	08-505322	8 am - 5 pm (Mon - Sat)
MOSA center Baalbek, Ras el Ein street, Zgheib building next to Fransabank(IMC)			<b>&gt;</b>		08-370891	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
Laboue PHC MOPH, 250 meter from the principal road from the junction, Laboue, Aarsal, Baalbek (IMC)	<b>√</b>		<b>√</b>	<b>√</b>	71-738938, 03-837383,	8 am - 2 pm (Mon-Fri)
Bar Elias PHC (IOM and Foundation for the Social Promotion of Culture )	<b>√</b>		√for Mental health Monday- Friday 8:00am- 4:00pm		08-510018	Monday- Thursday 8:30:am- 2pm Friday till 12pm Saturday Till 1pm
Dari Community Center (IMC)		<b>√</b>	<b>√</b>		71577453	Mon-Fri 8:30am- 4:30pm

PHCc AND DISPENSARIES IN BEKAA						
		Servi	ces			
PHC centre's name and address	Health care	Social services	Mental and Psycho- social support	Dental care	Phone number	Opening hours
Talabaya PHC (IOM)	<b>√</b>				08-505563	8 am – 4 pm (all days)
El Ouaq PHC, next to Saint Elias Church, El Hermel (MDM)	✓		<b>√</b>	<b>√</b>	03-703193	9 am – 3 pm (Mon - Sat)
Qabb Elias PHC Center, Zahle (MDM)	<b>√</b>		<b>√</b>		08-500688	8:30 am - 5 pm (Mon - Sat)
MSF clinic, Ed Daoura, El Hermel at "Meeting Association for Human and Development Center'	<b>√</b>				08-375036	8:30 am - 5pm (Mon, Tues & Wed)
MSF - Irchad clinic, Arsaal, Baalbek	<b>√</b>				08-375036	8:30am - 5 pm (Mon - Fri)
MSF clinic in Baalbeck (Chikan neighbourhood	<b>√</b>				08-375036	8:30am - 5 pm (Mon - Thur)
MSF clinic in Majdel Anjar- Masnaa Main Road behind Charisma for Ceramic	<b>√</b>		<b>√</b>		08-375036	8.30am - 5 pm (Mon - Fri)
El Ain PHC, El Ain- Principal Road, Baalbek, near Abou Nour Foundation (AMEL/MDM)	✓	<b>√</b>	<b>√</b>		08-233188	8 am - 2 pm (Mon - Sat)
Aarsal PHC, Principal Road, Baalbek, near Montaha Pharmacy (AMEL)	<b>√</b>	<b>√</b>	<b>√</b>	<b>1</b>	08-240413	8 am – 2 pm (Mon - Fri)
Kamed el Loz PHCC, West Bekaa, near Fares Galery (AMEL/MDM)	<b>√</b>	<b>√</b>	✓		03-814903	10 am – 4 pm (Mon - Sat)
Machgara PHC, Principal road, West Bekaa (AMEL)	<b>√</b>	<b>√</b>		<b>√</b>	08-651703	8 am – 2 pm (Mon - Sat)

PHCc AND DISPENSARIES IN BEKAA						
		Se	rvices			
PHC centre's name and address	Health care	Social services	Mental and Psycho- social support	Dental care	Phone number	Opening hours
Shmestar PHC, Public square near the mosque (Amel)	<b>✓</b>				08-330138	8 am – 2 pm (Mon - Sat)
MOSA center Zahle, Hawch El Omara Near Lebanese University- faculty of literature (Medair)	<b>✓</b>	<b>√</b>		<b>✓</b>	08- 815100 08- 815101 08- 815102	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
MOSA center Kab-Elias (Medair)	<b>✓</b>	<b>✓</b>			08501334	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
MOSA center Jeb Janine, main road (Medair)	<b>\</b>	>		<b>\</b>	08-660650	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
MOSA center, El Marj, near Municipality (Medair)	<b>✓</b>	<b>✓</b>		<b>✓</b>	03-782324	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
MOSA center, Talya (Medair)	<b>√</b>	✓				8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
MOSA center, Brital (Medair)	<b>√</b>	<b>√</b>		<b>√</b>	08340601	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)

PHCc AND DISPENSARIES IN BEKAA						
	Services					
PHC centre's name and address	Health care	Social services	Mental and Psycho-social support	Dental care	Phone number	Opening hours
MOSA center, Nabeh sheyt, (Medair)	<b>√</b>	<b>√</b>		<b>√</b>	08-335247	8 am - 2 pm (Mon - Thurs) 8 - 11 am (Fri) 8 - 12 am (Sat)
Intersos Community Center Rachaya		<b>✓</b>	<b>√</b>		70-061640	Mon-Fri 08:00-16:30
Medical Teams International Mobile Clinics for chronic diseases management and dental care for kids (Terbol, Dalhamiyeh, Bar Elias, Anjar, Kab Ekias, Zahle, Taanayel, Saadnayel)	<b>\</b>			<b>√</b>	70854950 71359876	Mon-Fri 08:30-16:30
AMEL mobile clinic in Baalbek area (Ras Baalbek, Fakehe, Jdaide, , Nabi Osmane, , Bejjaje, , El Tall, El Zira, , El Soghra	<b>√</b>	<b>√</b>			08-325141 03-064851 70-275640	Mon-Friday 8am-2pm
AMEL mobile clinic in West Bekaa (Qaraoun, Sohmor, Baaloul, , , El Katrani, Yohmor, El Ahmadieh, Keliya)	<b>√</b>	<b>√</b>			08-651703	Mon, Tues, Wed, Fri and Sat 8am-2pm
Amel mobile clinic in West Bekaa and Rachaya(Khirbit Kanafar, Kefraya,Manara,Mdoukha, Khirbit Rouha, El Sawiri, Dahr el Ahmar, Kfardinis, Rafid, Soultan Yaakoub, Loucy. Mansoura)	<b>√</b>	<b>√</b>			03-814903	Mon-Friday 8am-2pm

PHCc AND DISPENSARIES IN BEKAA						
	Services					
PHC centre's name and address	Health care	Social services	Mental and Psycho-social support	Dental care	Phone number	Opening hours
Amel mobile clinic in West Bekaa and Rachaya(Khirbit Kanafar, Kefraya,Manara,Mdoukha, Khirbit Rouha, El Sawiri, Dahr el Ahmar, Kfardinis, Rafid, Soultan Yaakoub, Loucy. Mansoura)	<b>✓</b>	<b>√</b>			03-814903	Mon-Friday 8am-2pm
IMC mobile clinic in Ras Baalbeck, Hermel, Chaat, Jdaydeh el Fakiha)	<b>\</b>				03-070481	Mon-Friday 8am-2pm
Beyond Mobile Clinic (Arsal, Baalbeck, Hermel, Central Bekaa, West Bekaa, Rachaya)	<b>√</b>				70 129947	Monday- Sunday 9:00-14:00
CLMC PHC, Hawch El Omara- Zahle- Clinic Dr Joseph Hrawi before- Near Saint Elias Church	<b>✓</b>	<b>V</b>		<b>√</b>	08-806291	Monday till Friday: 8am- 2pm
CLMC Taalabaya, Near the public school			<b>√</b>		81-311816	Monday till Friday: 8am- 5pm
Humedica (Zahle Madina Sinaiya, Faida Saadnayel, Terbol, Dalhamiye, Qabb Elias, Jdita- Kfar Zabad- Hawch Qayssar, Rawda, Bar Elias)	<b>√</b>				78-953755	First round: 9am-12pm Second round: 1pm- 4pm
LRC MMU (Hawch el Rafqua - Bouday . Bednayel, Saaydiya, Hawch tal safya, Hawch Nabi)	<b>√</b>		✓		70-523971	Monday- Friday 8am-2pm
Makassed MMU (Bar Elias, Marj)	<b>√</b>				76-075057	11:00-14:00

# Hotline for Counseling and Protection

Protection Hotline- United Nations High Commission for Refugees

Counseling:08-930468 Protection: 76-611811

For medical emergency, call the MediVisa Lebanon Hotline: 05-458558 (Monday to Friday 8am-5pm & Saturday 8am-1pm) or 70-198689/76-870354 in Bekaa after working hours and during weekends.



There are other hotlines available as indicated below.

Please ask for the Services Notes for contact numbers for NGOs and partners providing other services for Syrian refugees in Bekaa

Area	Partner	Hotline
Bekaa	MediVisa Lebanon for hospitalization	01-811310/315/316/317
	International Medical Corps (for Primary health care )	08-541940
	International Medical Corps (for mental health care )	West and central Bekaa: 70-793886 North Bekaa: 71-890271
	Restart Centre	76-708083

# **HOSPITALS IN BEKAA**

Hospitals	Address	Phone number	
Rachaya Governmental	Rachaya- El Aakabeh	08-591503/4	
Hamed Farhat Hospital (In addition to cardiac Cases)	Jeb Jennine	08-660101 03-959279	
Doctors Hospital	El Manara	08-563101	
Bekaa Hospital( In addition to cardiac cases)	Taalabaya	08-543150	
Chtaura Hospital	Chtaura	08-544022	
Zahle Governmental Hospital	Zahleh	08-825601	
Rayak Hospital( In addition to cardiac cases)	Rayak	08-901300 /1/2/3/4/5	
Tamnine General Hospital	Tamnine El Tahta	08-912444	
Al Rayan Hospital (In addition to cardiac cases)	Main road, Charaouneh area- Baalbeck	08-374182	
Al Mortada Hospital	Baalbeck-Douris	08-377880	
Hermel Governmental Hospital	Hermel	08-225312	



# HOW REGISTERED REFUGEES ACCESS MEDICAL TREATMENT IN LEBANON

STEP 1

Contact a Primary Health Center or dispensary to see a doctor.



STEP 2

If your doctor says you need to go to the hospital, contact MediVisa Lebanon.



In a life-threatening emergency you can go straight to a Hospital but remember to contact MediVisa Lebanon on 05-458558 (Monday to Friday 8am-5pm & Saturday 8am-1pm) or 70-198689/76-870354 in Bekaa (after working hours and during weekends)

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