







### NUTRITION CAUSAL ANALYSIS (Link NCA) IN KULE AND PUGNIDO 1 CAMPS GAMBELLA REGION

Presentation of results Addis Ababa, Ethiopia

#### **Objectives of the presentation**

1. Overview of Link NCA methodology

2. Presentation of Link NCA findings

3. Group work on solutions

A structured, participatory and comprehensive study based on the UNICEF causal framework, to build a case for nutrition causality in a local context



Source: UNICEF

# Multi-sectoral analysis of the causes of undernutrition – LINK NCA

#### The Method – Key steps



#### WHY A LINK NCA IN GAMBELLA?

#### Prevalence of Acute malnutrition for children 6-59 months 95% C.I 2017

INDICATORS	TIERKIDI	KULE	PUGNIDO 1	NGUNYIEL	PUGNIDO 2	JEWI	OKUGO
Global Acute Malnutrition (GAM) (W/H <-2 z-score and/or oedema)	23.0 % (19.4 – 27.2 )	<b>23.9%</b> (16.6 -33.2)	<b>16.8%</b> (13.2 -21.0)	<mark>29.7%</mark> 26.0 – 33.7)	<mark>16.0%</mark> (12.6 - 20.0)	24.6% (21.0 -28.7)	<b>22.8 %</b> (15.6 - 32.0)
Severe Acute Malnutrition (SAM) (W/H <-3z scores and/or oedema)	<mark>6.9 %</mark> (4.9-9.7)	<b>6.1%</b> (2.2-16.1)	<b>3.4%</b> (1.9 -5.8)	<mark>8.0 %</mark> (6-10.7%)	<mark>2.9%</mark> (1.6-5.2)	<mark>6.1%</mark> (4.2-8.6)	<b>5.3%</b> (2.6-10.5)
Total Stunted	<b>12.8%</b> (10.0 – 6.2)	<b>10.3%</b> (6.8 – 15.2 )	<b>9.1%</b> (6.5 – 12.6)	11.9 % (9.4 -15.0)	<b>2.4 %</b> (1.3- 4.4)	<mark>15.0 %</mark> (12.0 - 18.6)	1 <b>4.5 %</b> (6.5 - 29.2)
Severely stunted	1.8 % (0.9 – 3.6)	<b>1.2 %</b> (0.2 – 8.1)	<b>1.4 %</b> (0.6 – 1.4)	1.2 % (0.5 – 2.5)	<mark>0.3 %</mark> (0.0 -1.5)	<mark>2.0 %</mark> (1.0 - 3.7)	<mark>3.9 %</mark> (1.2 - 12.6)

Major causal risk factors and pathways to under-nutrition

## Poor opportunities for livelihoods

#### Low possibility of increasing the diversity of households' incomes

- Limited access to agricultural land outside the camps
- No means to buy animals
- Theft of animals due to Murle attacks
- Animal diseases causing death
- Competition for grazing land/ limited access
- Inadequate water during the dry season

#### **Copying strategies**

- Collect and sell firewood, grass and leaves (conflict with host communities, insecurity, )
- Produce charcoal and sell it, produce artisanal alcohol (1L=20 ETB) and sell it
- Daily agricultural worker in investor farms,
- solidarity network: borrow, equip system, Relatives help from Gambella and diaspora
- Sell GFD ration commodities (oil, beans, sorghum) to buy other food items and NFIs

# Inadequate food availability at household level due to the sale of part of the food rations



Reasons for sale of food resulting in food lasting 7-20 days

- payment of borrowed food/money
- payment for grain milling, transport of food from distribution site to the house, pharmacy bills, cloths or even rent of rooms in Pugnido town for some displaced people after the Murle attack
- Purchase of food that the miss eating that is not part of GFD (fresh fish, meat, sugar, vegetables)
- buy missing items in GFD (sugar, salt)
- Buy some non food items e.g soap

#### Access:

#### Household Food Source by group of food in Pugnido 1 (Agnuak site) camp



# Limited household food diversity



Diet diversity score

10% of households in Pugnido eat 3 groups of food or less 45% of households in Kule eat 3 groups of food or less

## Poor maternal care practices





#### Person seen by the mother for antenatal care for her last pregnancy



#### Number of visits with a health professional



# Early pregnancies





	Pugnido 1	Kule	Comment
Ideal Age marriage woman	15-19	15-19	Often decided by the family
Age 1 <sup>st</sup> baby	15 to 20	16-17	

# **Overload of work for women**

- Women work daily from 6am to 10pm
- Routine Household chores, childcare and visiting the market and fetching water
- Special workload; collection of GFD, firewood and working as a labourers for investors
- Consequences
  - Less time for care for children sometimes older siblings under 12 care for the children
  - Physical pains
  - Risk of SGBV during firewood collection

#### Poor Psychosocial well-being of women





#### Most of the women are sad, anxious, often stress and have sleeping problems because of:

- Everything is on their shoulder (all the responsibilities, planning and well being of family)
- Many are heads of households (women without men support are very vulnerable)
- Heavy workload and lack of support
- Decrease of GFD ration leads to stress
- GBV: beaten, insulted, etc.
- They don't feel safe in the camp and their shelter (night, drunkards, risk of house fire)
- Evolution in decision making : No men in household and in many cases they became independent
- Murle attacks in Pugnido (2016: 4 deaths and 5 children kidnaped) and they are scared for next January)
- Consequences of displacements due to Murle attack (town/inside the camp): some even change blocks (face challenges to rebuild shelter), firewood collection, insults and tensions with relatives and neighbourhood on water source point

# Infants and young child feeding practices



- In Kule, some women believe that colostrum causes diarrhoea to their babies.
- Generally caregivers said that they could not afford to provide age-appropriate food for their children (introduction of solid and semi-solid foods)

#### Inadequate access to safe water



#### Inadequate water storage and collection containers



Sources of contaminants in drinking water;

- Jerrycans are not clean enough, have holes, no covers
- Few jerrycans used to collect water from different sources

# Inadequate access to sanitation facility





#### Poor hygiene practices due to behaviour



- Hand washing practices: key moments known but not enough soap
- Children often don't use latrine, faeces are buried near compound.
- Animals faeces and urine in compound
- Dry season (March/may) not enough water: cook, drink, wash and so on refugees hygiene practices

#### Inadequate malaria prevention



- Not all refugees sleep under mosquito nets and a number have holes
- Children, PLW or grand mothers have priority to sleep under mosquito nets
- Refugees need material to keep their surrounding clean and avoid mosquito propagation: machette, sickle, hoe, ax, spade, rake, wheel, barrow
- Displaced refugees after Murle attacks are more vulnerable (hosted by relatives in other blocks they do not sleep under mosquito nets)
- Refugees understand and appreciate the importance of mosquito nets
- Good treatment is available and free

### **Gambella Nutrition Causal pathway**



3. Proposed solutions

### **WASH-water infrastructure**

- Increased water access to 20l/p/d in all the camps
  - Increase pumping hours and back up electromechanical equipment
  - Drill additional 3 boreholes in ITANG
  - Increase water storage capacity at household level -Jerrycans
  - Water harvesting methods for use in the dry season

# **WASH-latrines and hygiene**

- Reduced open defecation
  - Construct HH latrines
  - Strengthen/establish structures for routine maintenance and cleaning
  - Decommission filled latrines regularly
- Improved hygiene practices
  - Provide adequate water
  - Provide standard amount of soap
  - Harmonise messaging on hygiene -WASH, Health and Nutrition COAs

### Protection

- Reduce SGBV, GBV and early marriage
  - Conduct baseline assessment on GBV risks and barriers in accessing services
  - Dialogue with community and existing structures
  - Strengthen community GBV working groups
- Increased security inside and outside the camps
  - Peaceful co-existence through events and platforms to discuss conflict resolution mechanisms
  - Strengthen/establish community based conflict resolution structures

# Protection

- Improved psychosocial well being of men women and children through reduced alcoholism
  - Engage men and youths
    - Livelihoods and IGA activities
    - Peace clubs
    - Sport
  - Referral for psychosocial support
  - Referral of affected children for routine monitoring

# Protection

- Reduced women workload
  - Energy
    - Alternatives to firewood for cooking energy
  - Food distribution
    - Increase efficiency of food distribution
  - Enhanced social protection community structures to feed children
    - Work with Nutrition program to pilot feeding of children under community care groups in place
  - Water storage
    - Provide water storage containers

# Nutrition

- Improved consumption of nutritious foods
  - Feeding in care groups
  - Promote importance of supercereal plus
  - Promote nutritious foods for U5s where there are food vouchers
- Increased coverage of nutrition programs
  - Strengthen screening at community and center level
- Review and print IEC materials

# Health

- Disease management and prevention
  - Routine monitoring of incidences of diarrhea by location and coordination with WASH
  - Engage diarrhoeal patients or care givers on hygiene prevention
- Birth spacing
  - Dialogues with community on barriers to service provision
- Mental health
  - Improved community/ sectoral referrals-training
  - Monitoring of children in HH affected by mental health

# Livelihoods and Food security

- Improved veterinary service provision
  - Establish linkages with structures in the host community
- Provide local breeds that are more resistant to disease
- Increase access to agricultural land
  - CRRF (outside the camps)
- Increase utilisation of available land
  - Expand back yard gardening
- Increase provision of vouchers
  - Fresh food vouchers
  - Cash food assistance

# **THANKS FOR YOUR ATTENTION!**

**QUESTIONS?**