

THE REPUBLIC OF UGANDA

#### MINISTRY OF HEALTH

# CORONAVIRUS (COVID-19)

## HOW CORONAVIRUS IS SPREAD:

Coronavirus is spread from human to human when an infected person's sneeze or cough droplets come into contact with another person's eyes, nose and/or mouth. It can also spread when a person touches a contaminated surface and then touches their eyes, nose and/or mouth.

## SIGNS AND SYMPTOMS:

There are ongoing studies on the origins of Coronavirus. However, the current outbreak started in a large animal and seafood market in China, in a city called Wuhan.

## HOW DOES CORONAVIRUS SPREAD?

• Fever

- Cough
- Sore throat
- Difficulty breathing
- Other flu-like symptoms like running nose, sneezing and body weakness.

# YOU CAN PREVENT GETTING INFECTED BY:

- Regularly washing your hands with running water and soap
- Avoiding contact with anyone with a cold or flu-like symptoms
- Covering you nose and mouth when sneezing and coughing with a tissue, handkerchief or bent elbow
- Thoroughly cooking meat and eggs
- Avoiding unprotected contact with live wild or farm animals

# For more information, call the Ministry of Health toll free lines on **0800-100-066, 0800-203-033 or 0800-303-033** or send a **free SMS** to Ureport on **8500**





for every child



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