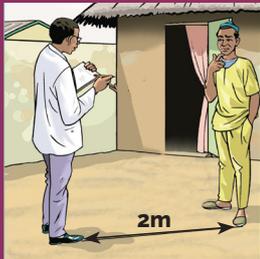THE REPUBLIC OF UGANDA
MINISTRY OF HEALTH

CORONAVIRUS
(COVID-19)

WHAT YOU SHOULD DO TO PREVENT COVID-19:

Maintain a distance of at least 2 metres from each others

Regularly wash your hands with soap and running water or use an alcohol-based hand rub/sanitiser

Cover your mouth and nose with a tissue, handkerchief or bent elbow when coughing and sneezing

Stay at home
To prevent the spread of the virus

Avoid touching your eyes, nose and mouth

Avoid handshaking and hugging

Avoid contact with anyone with flu-like symptoms (fever, cough, sneezing)

For more information, call the Ministry of Health toll free line on:
919, 0800-100-066, 0800-203-033 and **0800-303-033**
or WhatsApp on **0770-818-139** or send a **free SMS** to Ureport on **8500**

Keep A Distance

World Health Organization

unicef
for every child