

Basic information about Healthcare System in Poland

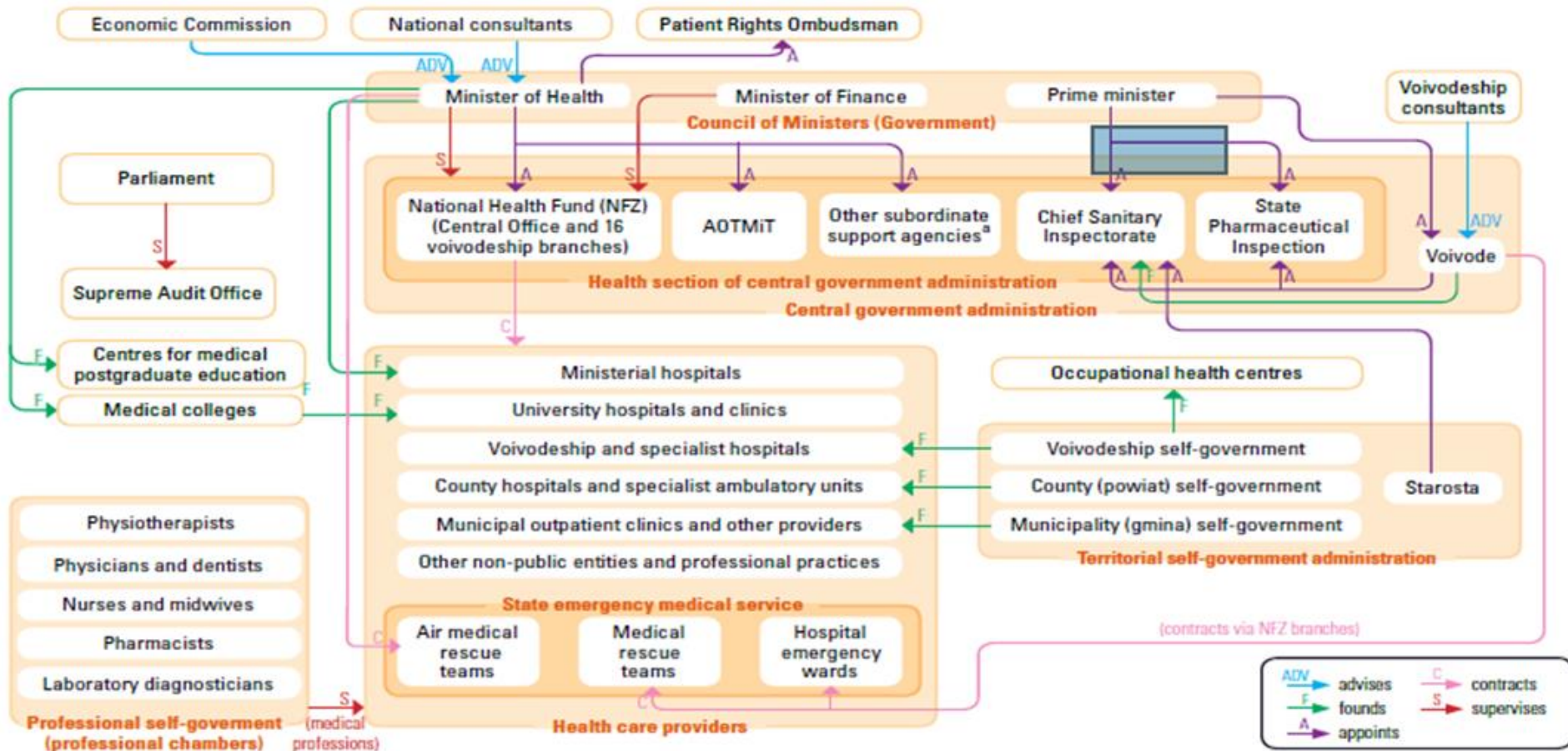
Elżbieta Lipska, MD PhD

WHO CO Poland

lipskae@who.int

Poland

- Poland is member of European Union
- Population: 38 036 (31.03.2021) – males 48.3%, females 51.7%
- UKR refugees population: ca. 1.4 – 1.55 mln – mainly women, children and elderly / disabled people
- Main cities: Warszawa, Kraków, Wrocław, Gdańsk (Trójmiasto), Poznań, Katowice, Lublin, Rzeszów, Łódź, Szczecin, Białystok
- Healthcare system is in-line with the EU regulations

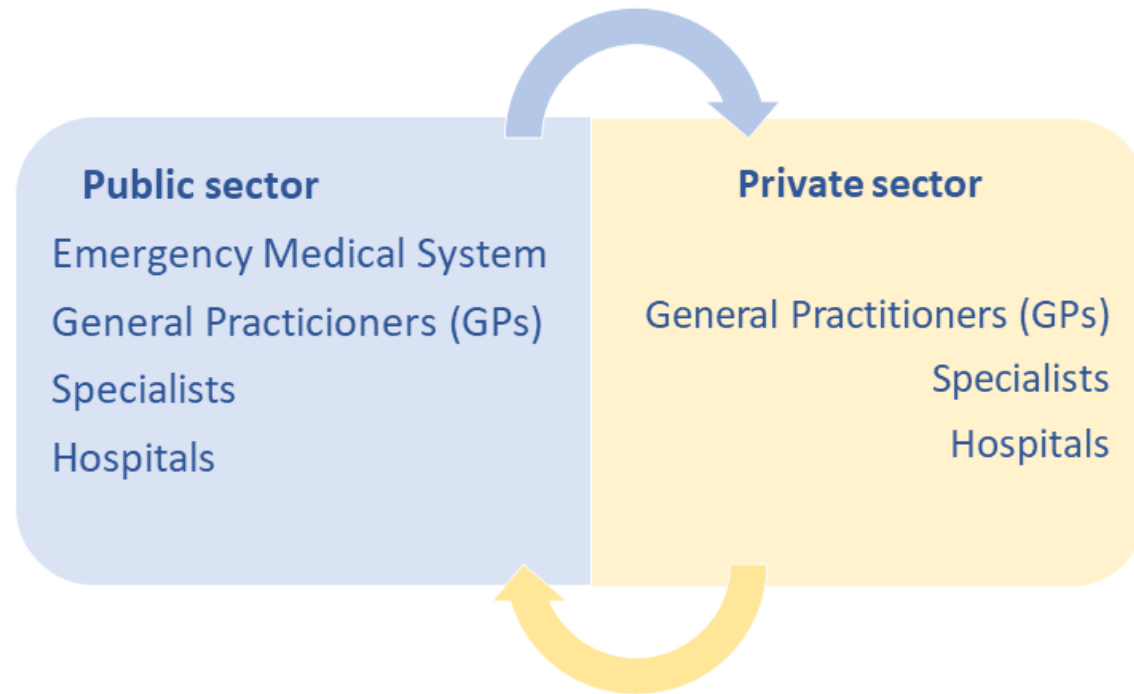


Source: Based on Zabdyr-Jamróz et al. (2012).

Notes: *National Institute of Public Health – National Institute of Hygiene, Centre for Monitoring Quality in Health Care, Centre for Health Information Systems, national centres and research institutes, National Blood Centre. The Starosta (who is the elected head of the county's executive board) appoints the County Sanitary Inspector; the voivode appoints the Voivodeship Sanitary Inspector and the Voivodeship Pharmaceutical Inspector; the Prime Minister appoints the Patient Rights Ombudsman, voivodes, the Chief Sanitary Inspector and the Chief Pharmaceutical Inspector; the Minister of Health appoints the president of the NFZ (central office and voivodeship branches), the president of the AOTMiT, and the heads of other subordinate agencies. The voivode founds voivodeship Sanitary-Epidemiological Stations and county Sanitary-Epidemiological Stations.

Source: Sowada C, Sagan A, Kowalska-Bobko I. Poland Health System Review. Health Systems in Transition vol. 21, No. 1 2019
<https://eurohealthobservatory.who.int/publications/i/poland-health-system-review-2019>

Healthcare system in Poland

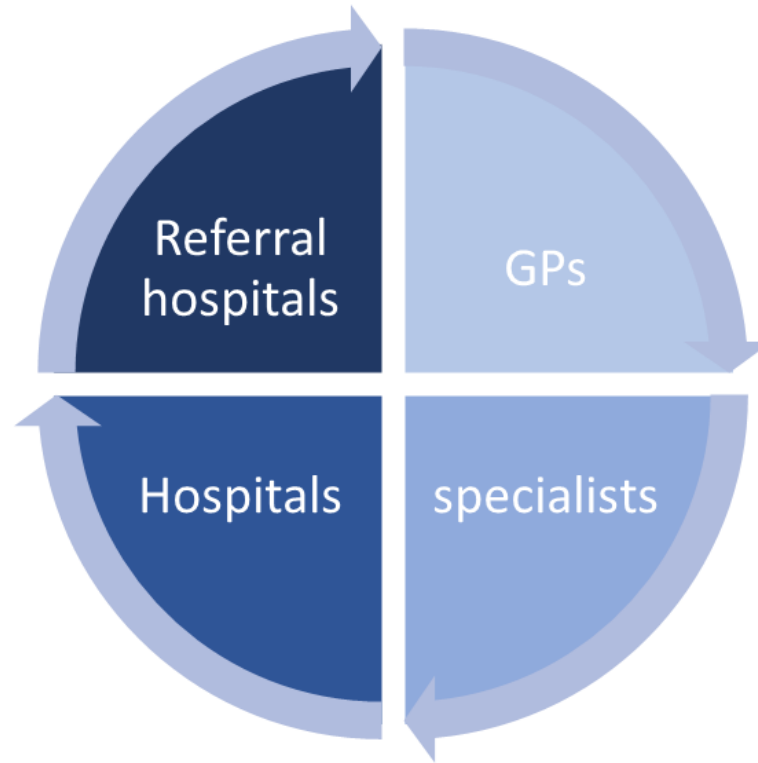


Public sector

NFZ

Narodowy Fundusz Zdrowia

Organization of the healthcare system



GPs – basic healthcare

Doctors: family physicians, internists, pediatricians

Scope: general medicine, pediatrics, routine medical checkups, vaccinations

Include: basic lab tests, basic X-ray, ECG, USG, spirometry

Available in public sector – **signed with NFZ logo**

Working hours: Mon – Fri 8:00 – 18:00.

Weekends and public holidays selected entities – Night and Weekdays Basic Healthcare (**NPL**) – works 18:00 – 8:00 in weekdays and 24 hrs during weekends and public holidays.

Information about nearest NPL is announced in each GP office.

Registration is available in the GPs office with passport and PESEL number

During the visit patient obtains



Internet patient's account (IKP)

All above you can find after log-in

<http://www.pacjent.gov.pl>



**Internetowe
Konto Pacjenta**

Bezpłatna aplikacja Ministerstwa Zdrowia

Tutaj szybko i bezpiecznie sprawdzisz informacje o zdrowiu:
swoim, swoich dzieci lub osoby, która Cię do tego upoważniła.

e-prescription

4-digit code

+

PESEL numer

will allow to

obtain you medicines in pharmacy

or

register to specialist

e-referral



Specialists

If you need consultation or treatment, you can be referred to visit a specialist – cardiologist, endocrinologist, diabetologist, etc.


The e-referral will be issued for you. It's obligatory for consultation in public health

To find a required specialist ask at the reception desk at the GP or check at the NFZ infoline 800 190 590

In private sector you can obtain paid consultation

e-prescribed medicines are paid according to refund list, which is updated regularly. List is the same for consultation in public and private sector.

[Aktualności](#) [Internetowe Konto Pacjenta](#) [Na ratunek](#) [Profilaktyka](#)



Wiadomość
pt. 8 stycznia 2021

08-01-2021 wystawiono Ci e-skierowanie. Przy rejestracji wizyty podaj kod 1234 oraz swój numer PESEL. PORADNIA KARDIOLOGICZNA

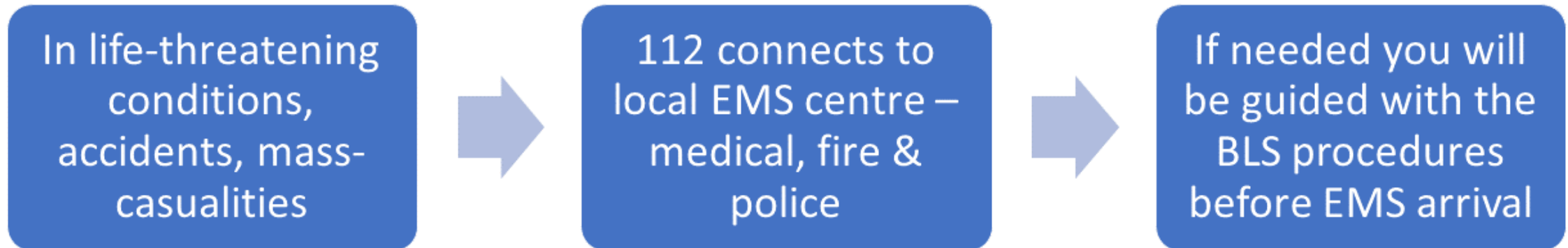
10030060476281271263062582402668132924572010

Informacja umożliwia realizację elektronicznego skierowania, nie zastępując jednak jego treści.
Wejdź na pacjent.gov.pl i poznaj szczegóły.

Kod dostępu	1234
Pacjent	Michał Kowalski
Wystawiono	8 stycznia 2021 r.
Wystawca	Wawrzyniec Nowak PRZYCHODNIA PODSTAWOWEJ OPIEKI ZDROWOTNEJ tel. 123 456 789 (rejestracja)
Nazwa	Dokument skierowania
Typ	Skierowanie na badanie lub leczenie
Specjalność	Poradnia kardiologiczna

In life-threatening situations use Emergency Medical System

Emergency number in Poland is 112





Hospitals and referral hospitals

To get to the hospital:

- patient should be referred by the physician
- in non-emergency cases you should contact hospital to obtain the date of admission
- in emergency cases can be brought by the ambulance
- in rare emergency situations can approach directly emergency department

For highly-specialized treatment you can be send to referral hospitals

In public hospitals treatment in free of charge if patient has valid public insurance, and include treatment, medications, etc.

After hospital treatment you will be referred back to the GP and to relevant specialists for ensuring continuity of care

Thank you for your attention