Basic information about Healthcare System in Poland

Elżbieta Lipska, MD PhD
WHO CO Poland
lipskae@who.int
Poland

- Poland is member of European Union
- Population: 38 036 (31.03.2021) – males 48.3%, females 51.7%
- UKR refugees population: ca. 1.4 – 1.55 mln – mainly women, children and elderly / disabled people
- Main cities: Warszawa, Kraków, Wrocław, Gdańsk (Trójmiasto), Poznań, Katowice, Lublin, Rzeszów, Łódź, Szczecin, Białystok
- Healthcare system is in-line with the EU regulations
https://eurohealthobservatory.who.int/publications/i/poland-health-system-review-2019
Healthcare system in Poland

**Public sector**
- Emergency Medical System
- General Practitioners (GPs)
- Specialists
- Hospitals

**Private sector**
- General Practitioners (GPs)
- Specialists
- Hospitals
Organization of the healthcare system

- Referral hospitals
- Hospitals
- GPs
- Specialists
GPs – basic healthcare

**Doctors:** family physicians, internists, pediatricians

**Scope:** general medicine, pediatrics, routine medical checkups, vaccinations

**Include:** basic lab tests, basic X-ray, ECG, USG, spirometry

Available in public sector – **signed with NFZ logo**

**Working hours:** Mon – Fri 8:00 – 18:00.

**Weekends and public holidays** selected entities – Night and Weekdays Basic Healthcare *(NPL)* – works 18:00 – 8:00 in weekdays and 24 hrs during weekends and public holidays.

Information about nearest NPL is announced in each GP office.

**Registration** is available in the GPs office with passport and PESEL number
During the visit patient obtains

- Consultation
- Vaccination (if needed)
- E-prescription for medicines (if needed)
- Referrals for tests
- Referral to specialists (if needed)
- Referral to hospital (if needed)
Internet patient’s account (IKP)

All above you can find after log-in

http://www.pacjent.gov.pl
e-prescription

4-digit code
+
PESEL numer

will allow to
obtain you medicines in pharmacy
or
register to specialist
Specialists

If you need consultation or treatment, you can be referred to visit a specialist – cardioligest, endocrinologist, diabetologist, etc.

The e-referral will be issued for you. It’s obligatory for consultation in public health.

To find a required specialist ask at the reception desk at the GP or check at the NFZ infoline 800 190 590.

In private sector you can obtain paid consultation.

e-prescribed medicines are paid according to refund list, which is updated regularly. List is the same for consultation in public and private sector.
In life-threatening situations use Emergency Medical System

Emergency number in Poland is 112

- In life-threatening conditions, accidents, mass-casualties
- 112 connects to local EMS centre – medical, fire & police
- If needed you will be guided with the BLS procedures before EMS arrival
Hospitals and referral hospitals

To get to the hospital:
- patient should be referred by the physician
- in non-emergency cases you should contact hospital to obtain the date of admission
- in emergency cases can be brought by the ambulance
- in rare emergency situations can approach directly emergency department

For highly-specialized treatment you can be sent to referral hospitals

In public hospitals treatment in free of charge if patient has valid public insurance, and include treatment, medications, etc.

After hospital treatment you will be referred back to the GP and to relevant specialists for ensuring continuity of care
Thank you for your attention