Psychosocial Support for Refugees

Andrei Esanu
E.g. Clinical mental health care (whether by primary health care staff or by mental health professionals)

E.g. Psychological and practical support to selected individuals or families

E.g. Activating social networks, supportive child-friendly spaces

E.g. Advocacy for good humanitarian practice: basic services that are safe, socially appropriate and that protect dignity

CLINICAL SERVICES
FOCUSED PSYCHOSOCIAL SUPPORTS
STRENGTHENING COMMUNITY AND FAMILY SUPPORTS
SOCIAL CONSIDERATIONS IN BASIC SERVICES AND SECURITY
PFA: For who and when?

- Can be provided to adults and children
- Very distressed people who were recently exposed to a serious stressful event
- When: Upon first contact with very distressed people, usually immediately following an event, or sometimes a few days or weeks after
- Not everyone who experiences a crisis event will need or want PFA
  - Don’t force help on those who don’t want it, but make yourself available and easily accessible to those who may want support
Psychological First Aid

Non-intrusive, practical care and support
Psychological First Aid

Assessing Needs and concerns
Psychological First Aid

- Listening but not pressuring people to talk
- Comforting people and helping them to feel calm
- Helping people connecting to information, services and social support
- Protecting people from further harm
Intervention pyramid
(Reference: Adapted from IASC MHPSS Guidelines -2007)

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CLINICAL SERVICES
FOCUSED PSYCHOSOCIAL SUPPORTS
STRENGTHENING COMMUNITY AND FAMILY SUPPORTS
SOCIAL CONSIDERATIONS IN BASIC SERVICES AND SECURITY
WE ARE A SAFE SPACE FOR MOTHERS AND CHILDREN FLEEING UKRAINE, HELPING REFUGEES PLANT A SEED FOR THEIR CHILDREN IN CHIȘINĂU, MOLDOVA.
PROBLEM
Need for psychological support, classes for young children and employment

OBJECTIVE
Create hybrid center that provides multiple types of support through a community approach

SUPPORT
Fundraising, Identifying Community Partners + Hiring

COMMUNITY OUTREACH
Social Media, Advertisements, Centers/Shelters & Villages

FEEDBACK AND EXTEND SERVICES
The Sunflower Center
Our 4 Pillars

01 Classes for Children

02 Psychosocial Support

03 Employment for Refugees

04 Donation Center & Meals
CURRENT SERVICES FOR CHILDREN
For ages 0 to 10 years old

• Art and Craft Classes
• Music Classes
• Dance Classes
• Outdoor Space
• Baby and Toddler Room
• Healthy Snack

FUTURE SERVICES FOR CHILDREN

• Special Needs Classes for Autism and Speech Therapy
SUPPORT FOR MOMS and YOUNG ADULTS

• Mom's Club - Group Counseling with Art Therapy
• Youth Group - Group Counseling and Support
• Donation Center - Free food, clothes and hygiene
• Quiet Room - Online school, reading, working

FUTURE SERVICES FOR ADULTS

• Mom's Club for children with special needs
• Free Legal advice
• Women's Health Support
Current Impact:

- Open for 6 months
- As of May 13th
  - 334 children attended classes
  - 60 moms in Mom's Club
  - 16 young adults in Youth Club
  - 60% of staff is Ukrainian Refugee Women

Weekly Schedule:

- 4+ days with Chișinău families
- 8 hours of classes and snack for children
Current Impact:

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  - 334 children attended classes
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UNHCR visit
Intervention pyramid
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Focused Psychosocial Support

- 6 Psychologists
- 2 GBV Psychologists
PREŞEDINTELE REPUBLICII MOLDOVA

FEDERAŢIA FAMILIIILOR PENTRU UNIFICARE ŞI Pace în Lume din Moldova

Dragi membri ai federaţiei,

Vă mulţumesc pentru muncă importantă pe care o faceţi în ultimele luni, pentru a oferi sprijin persoanelor refugiate din Ucraina, după ce ţara lor a fost cuprinsă de război. Apreciiez dărâma cu care v-aţi oferit resursele, timpul şi energiea pentru a ajuta aceşti oameni - majoritatea dintre ei femei, copii şi vârstnici, aşa de departe de casă fără voia lor.


Mobilitarea exemplară şi capacitatea de organizare de care ați dat dovadă în această perioadă, altădată de alţi concertenţi de-ai noştri, înzăduieşte. Cred cu tărie că împreună putem schimba în bine ţara noastră, putem construi aici o societate liberă, pasăriculară şi prosperă, un loc primitor şi cald, un coştic de rai, unde vor să trăiească şi să-şi construiască viitorul.

Vă mulţumesc din suflet!

Cu apreciere,

Maia SANDU
Primarul st. Atenii Noi
2022
Refugee Response Plan
Moldova in a Glance

1,000,000

250,000

340,000

$ 414.1 M
Total Financial Requirements in USD.

Regional Refugee Response for the Ukraine Situation

Cross-Sector Working Groups
- Cash
  - Ministry of Labor and Social Protection
    - UNHCR
  - UNHCR

- Information Management
  - UNHCR
  - UNICEF

- Local Coordination Structures
  - Local Authorities: NGOs, UNHCR, Palanca, Otaci, UTA Gagauzia

- Cross-Sector Task Forces
  - GBV Sub Working Group Co-Leads: UNHCR and UNFPA
  - Child Protection Sub Working Group Co-Leads: UNHCR and UNICEF
  - WASH Sub Working Group: UNICEF
  - Food Security Sub Working Group: WFP

sector Working Groups
- Protection
  - UNHCR
- Logistic & Supply
  - UNHCR
- Health and Nutrition
  - Ministry of Health
- Education
  - Ministry of Education
- Livelihoods and Inclusion
  - State Chancellor
- Accommodation and Transport
  - Ministry of Labor and Social Protection

UNHCR Representative
Francesca Bonelli

Joint Crisis Management Center

Refugee Coordination Forum
Inter-Sector Coordination Group
UNHCR


Regional Refugee Response for the Ukraine Situation

Government of Moldova
Current Donors & Sponsors:

Support for Classes, Counseling & Operations:
• Catholic Relief Services (USA)
• IsraAID (Israel)
• Psicologos sin frontieras (Spain)
• Youth and Students for Peace Moldova
• Universal Peace Federation
• Private American donors

Current NGO Supporters:
• SOS Autism
• National Youth Council