SOMA workshop: educating adolescents to prevent sexual abuse

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Definition & Statistics

Child sexual abuse:
- Cannot give consent.
- Cannot comprehend.
- Developmentally immature.
- With or without physical contact.
- + internet exploitation.

In Greece:
1 in 5 children have been sexually abused and
9 in 10 remain without diagnosis, protection and treatment.

On the other hand, inadequate education and protection system.
Risk factors

- Drug abuse
- Female sex
- Sexual behavior
- Adverse childhood experiences
- Sexual abuse
- Sexuality - LGBTQI+
- Disability
- Environment
- Perpetrator: toxic masculinity, acceptance of violence, misogyny

VS

Protective factors

- Environment
- Social institutions
- Skills based sex education
ΣΩΜΑ

“Εκπαίδευση Εφήβων στην Πρόληψη της Σεξουαλικής Κακοποίησης”

WORKSHOP

Με την στήριξη:

Eliza πρόληψη + αναγνώριση παιδικής κακοποίησης
Content (1)

Abuse spectrum

Body independence

Seduction behaviors

Safe and unsafe circumstances

Kind of touches

Saying “no” και self-confidence

Tell someone

Feeling of guilt and shame
3 workstations:
➔ Body and genitals.
➔ Consent.
➔ Myths and facts about sexual abuse.

**Duration**: max 2 hours.

**The team**: interdisciplinary.

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**Childhelp Speak Up Be Safe**

- **5 rules:**
  1. It's MY body!
  2. Ask and adult if I’m safe.
  3. I have choices.
  4. Tell someone.
  5. It’s never my fault!
10454
Μίλησε μας. Γιατί τα παιδιά είναι ευθύνη όλων μας

γραμμή
ΕΛΙΖΑ
Thank you!


RAINN | Talking to your Kids about Sexual Assault (https://www.rainn.org/articles/talking-your-kids-about-sexual-assault)

DARKNESS TO LIGHT | Pre-Teens & Teens Your Conversation Guide

Πολύχρωμο Σχολείο | Σεξουαλική Κακοποίηση


Childhelp | Childhelp Speak Up Be Safe Prevention Education Curriculum