

UN REFUGEE RESPONSE COORDINATION IN ROMANIA

Youth & Adolescents Sub-Working Group meeting

24 October 2022, 10:00 – 11.30 am

Venue- Online (Zoom)

Agenda

1. Welcome and introductions
 2. Main takeaways from last ISWGs
 3. Intervention presentation- WHO and ActionAid
 4. Sector updates
 5. AOB
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1. Tour of introductions- (UNICEF/ WHO/ FNT/ UNHCR/ CARE/ Youth for Youth/ Proedus/ Internews/ DKH/ ActionAid/ TpT/ RAA/ACF/Plan International)
 - Development of the ToR and workplan
 - Links to UNHCR cloud
 - Feedback by Friday 28th October COB
 2. Main takeaways from last ISWGs
 - Sector coordination capacity workshop- Tuesday 25 of October
 - Next ISWG: Wednesday 26th of October (postponed)
 - Operational updates- deadline 26th of October

Q: How young people have been consulted regarding the ToR?

A: First, to have a discussion between us and then to have the inputs from the adolescents.

- **FNT** to come with feedback, an experience from the last six months
- One to one session to invite adolescents from different part of the country to provide inputs

3. Intervention presentation- WHO Mental Health and Psychosocial Support (MHPSS) and ActionAid Interventions in Romania

WHO:

Cycle of psychosocial wellbeing in emergencies:

- ✚ Event-disruption of psychosocial interactions (loss of sense of place)- reestablishing sense of place- individual & community resilience

Impact on children, families, and communities:

- ✦ Social impact on children (relations with others due to psychological effects of disaster on children, new or changes roles, opportunities, and responsibilities)
- ✦ Impact on family functioning (family tensions, change in roles & responsibilities)
- ✦ Impact on community functioning (reduced resources)
- ✦ Other situations that can negatively affect children (death of parents, other family members, friends, separation from parents. Separation of parents, violence in family, sexual violence, poverty)

Multi-layered supports:

- ✦ Specialized services (mental health clinical care by mental health specialists- psychiatric nurse, psychologist, psychiatrist, psychotherapist)
- ✦ Focused (person-to-person) nonspecialized supports (basic mental health care by PHC doctors for children with disabilities, emotional support by community social workers)
- ✦ Strengthening community and family supports (activating social networks, supportive spaces-mother baby groups)
- ✦ Advocacy for basic services that are safe, socially appropriate and protect dignity

Implementation approaches – Adolescent MHPSS

- ✦ Strategy 1- Implementation and enforcement of policies and laws
- ✦ Strategy 2- Environments to promote and protect adolescent mental health
- ✦ Strategy 3- Caregiver support
- ✦ Strategy 4- Adolescent psychosocial interventions

These strategies are made through two activities:

1. Multisectoral collaboration
2. Monitoring and evaluation

MHPSS Programming:

- ✦ Build capacity of primary health care workers to address MHPSS issues
- ✦ Building overall mental health system (early recovery)
- ✦ Integration of psychosocial support in Early Childhood Development programmes
- ✦ Psychosocial support through education system (teachers, school counsellors)
- ✦ Recreational and sporting activities and child friendly spaces
- ✦ Range of counselling activities
- ✦ Awareness raising on MHPSS issues
- ✦ Staff care

Key opportunities:

- ✦ Strengthen sustainable systems for MHPSS
- ✦ Planned interagency assessment based on pre-existing baseline
- ✦ Operationalize MHPSS intersectoral group as per IASC MHPSS guidelines
- ✦ Expand MHPSS Youth interventions to other sectors not previously addressed e.g., shelter, food, nutrition
- ✦ Opportunity to strengthen community mobilization

- ✦ Prioritize information to population
- ✦ Highlights the need to address environment as part of MHPSS response

Q: Has been done research on mental wellbeing on local population regarding the refugees?

A: The IASC has a lot of guidelines or WHO guidelines on their SharePoint.

ActionAid

They focus on two main areas: protection and leadership. To ensure that through partners there are spaces for young people that are marginalized.

- ✦ They follow the IASC guidelines for young people.
- ✦ They have a more feminist approach on leadership.
- ✦ Leadership is between action and inaction.
- ✦ They want to transfer young people energy and provide it to the basic services to cover their needs.
- ✦ Going from protection to leadership
- ✦ They provide capacity building and necessary skills to overcome challenges

FNT updated about their interventions by young people that must be Romanians and Ukrainians and about the opportunity to create safe space for young people.

4.Sector updates

- Technical and Vocational Education and Training (TVET)

Next meeting: 7 November 2022, 10:00-11:30 am, online (Zoom)

