



MTRG- MHPSS Meeting Minutes



[Jan 10 Meeting Zoom recording.mp4](#)

WHO, MDM, IOM, Positive Initiative, INTERSOS, UNAIDS, Union for Equity and Health, TdH, HI, PIN, CCR, Trimbos, WVI, SOS Autism



Members Present



Agenda



Follow-up Items from previous meeting



Discussion Points

14:00-14:05	Welcome
14:05-14:10	Follow-up items from last meeting
14:10-14:30	<u>Updates</u> : Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates (e.g. events, challenges, developments, etc.)
14:40 - 15:20	<u>Discussion Items</u> : <ol style="list-style-type: none"> MHPSS Capacity Building Needs Assessment Results (Discussion) Upcoming Capacity Building Events Case Study Presentation: <i>SOS Autism</i>
15:25-15:30	Announcements/ AOB

Action	Responsible Party	Due date	Status
Distribute finalized report to MHPSS TRG partners;	TRG Co-Chairs	Dec 28	Completed
Provide information about winterization activities on spreadsheet	All TRG Partners	Dec. 13, 2022	Completed
MSP session to take place on Dec 14	UNICEF and WHO (with logistical support from TRG Co-Chairs)	December 14, 2022	Completed
IEC materials – Summarize results	TRG Co-Chairs	Jan. 20, 2023	In process

MHPSS Capacity Building Needs Assessment: The Co-chair explained how the Needs Assessment had been conducted and how it was calculated. She specified the top ten priorities identified through the assessment: Psychological Reaction to Trauma/ Trauma-informed care; Suicide Prevention and Intervention; Self-Care and Stress Management; Applied Interventions (PFA); Applied Interventions (mhGAP); Applied Interventions (PM+); IASC Familiarity with MHPSS in Emergencies; Managing Challenging Behaviors; Identifying Signs and Symptoms of More Severe MHP Problems; Applied Interventions (Grounding Techniques, Mindfulness, etc.). She encouraged partners to consider how these could be addressed through a joint-training program, and how different partners might contribute to such a plan. She also pointed out that specific trainings might cover multiple topics (not just one), even if not listed as a top 10 priority. The WVI representative encouraged partners to work together to develop a plan that addresses the priority topics – especially suicide prevention. He pointed out that it was important to address before suicide becomes a reported issue and inquired about the way forward. The Co-Chair suggested that she would set up a centralized spreadsheet where partners could record and monitor their training activities – especially inter-agency trainings.

Upcoming Capacity Building Events: The Co-chair identified capacity building trainings that were coming up in the month of January for the MHPSS TRG:

- *“Building Connections and Facilitating Self-Expression Using Psychosocial Art”* Workshop (January 18-20): The IOM representative explained that training was being conducted by IOM in partnership with WHO, with 10 seats reserved for IOM psychologists and 10 for MHPSS TRG partners. The focus will be on how to safely and effectively use art as a therapeutic tool. The list is full and now closed, and those on the list could be confirmed. A formal confirmation email and venue information will be circulated prior to the event once the Co-chair is back from leave.



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- “Prevention of Sexual Exploitation and Abuse” (January 24): This training is being conducted by WHO and is open to 30 MHPSS TRG participants. It will cover the core concepts of PSEA and their application, and expand beyond other basic PSEA training. Interested partners were encouraged to sign-up using the link provided in the chat.

Frequency of MHPSS TRG: The Co-chair reported that there was a request from the IA CT to discuss the frequency of the MHPSS TRG meeting in 2023 as the emergency becomes more of a protracted crisis. She pointed out that partners were quite busy and there were request from some to make the meetings monthly instead of bi-weekly, and invited those present to weigh in. Of those present that weighed in (~7/15), the vote was to move to once-a-month frequency. It was agreed the meetings would take place once a month on the second Tuesday of each month. The next meeting will be on Feb. 14 14:00-16:00; *ad hoc* meetings would be held as needed, and the topic could be revisited if there was a need.

2023 Workplan Priorities: The Co-chair stated it was time to identify priorities for 2023 and invited those in attendance to weigh in. A partner from Positive Initiative suggested looking for ways to support staff without having more trainings; she stated people knew what to do, but it wasn't enough. TdH recommended including supervision on the 2023 workplan, how can it be ensured to all, how can it be improved. The Co-chair stated she would put the capacity building plan that aligned with (but was not limited to the recent needs assessment) on the 2023 workplan. Positive Initiative requested information on potential triggers so frontline workers could avoid triggering/ alienating refugees. The IOM representative suggested that mapping be updated to see where there were still gaps, what services partners were providing, where capacities were, who the target audiences were, etc. The Co-chair suggested that referral pathways could also build on this, and the IOM representative agreed that this was especially needed for specialized services. The WHO/ PSEA Consultant suggested that information sharing/ confidentiality might also be covered. The Co-chair agreed and stated this can and should be built into capacity building training to make people were aware of ethical principles and application. The Co-Chair stated WHO is also intending to do a comprehensive MHPSS Needs Assessment and to also produce IEC materials, and these would also be included on the plan. A partner mentioned in the chat the sharing of case studies. The Co-chair stated she'd develop the draft with these items and share with the group for feedback. The other Co-chair suggested setting a deadline for January 26.

Presentation: SOS Autism (Aliona Dumitras): Operate a housing program families with children on the autistic spectrum. The center has supported 45 beneficiaries, and now have 35. The program has a 3-floor facility and provides private accommodation, meals, therapy and other support services, after-school activities, training, livelihood support, etc. The center has 10 rooms that can accommodate families or individuals depending on the needs. SOS Autism has also recently applied with the Ministry of Labor and Social Protection to be recognized as a provider of temporary services for refugees. 60% of the beneficiaries are Ukrainians. *See meeting video for full presentation.* The Co-chair suggested including time to discuss challenging cases. It was agreed to consider how to best structure this given the different roles of MHPSS TRG members.

Action	Responsible Party	Due date
Training on Psychosocial Art for IOM and MHPSS TRG Partners	Interested partners to sign up; WHO/ IOM to conduct	Jan. 18-20, 2023
Training on PSEA for MHPSS TRG Partners	Interested partners to sign up; WHO to conduct	Jan. 24, 2023
Draft capacity building tracker for planning and follow-up of priorities	MHPSS TRG Co-chairs	Feb. 14, 2023
Draft workplan based on initial inputs; circulate first draft for feedback	MHPSS TRG Co-chairs	Jan. 26, 2023
Next Meeting to take place Feb. 14, 14:00-16:00	MHPSS TRG Co-chairs to organize	Feb. 14, 2023



Discussion Points



Presentations



Future Action Points



Useful Links