

MHPSS Task Force

Meeting Minutes



Recording



Members

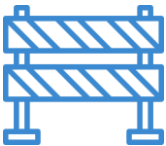
WHO, Trauma Center, UNHCR, IOM, MedSpot, InterChurch Aid, EMDR Hungary, Voice, Budapest Pride, IRC

- **IRC:** The MHPSS Team will expand with specialists on thematic areas of MHPSS. Supporting Trauma Center and Migration aid for a six months MHPSS project.
- **Trauma Center:** Providing MHPSS services in shelter areas under the project funded by TdH. Awareness-raising sessions in individual settings and crisis interventions. The psychologists provide services in Ukrainian, Russian, and Hungarian. An MHPSS event organized called 'Connect to Recharge' to raise awareness and also create a safe space for people to connect with each other.
- **MedSpot:** Three running MHPSS projects in the field. It is observed that severe psychological problems are increasing among refugees. One mobile team provides MHPSS and health services at the border and in urban areas. Also, providing MHPSS services for children from both host and refugee communities. There is no capacity to provide individual MHPSS support.
- **EMDR Hungary:** Opened a new helper group that includes EMDR therapists. Developed a flyer called 'When the War Broke Out' and translated it into three languages (ENG-UKR-RUS). Conducted field visits to kindergartens based on the request to provide services for children with behavioral problems.
- **IOM:** Providing MHPSS support in shelters and tents in the border area. Also, a Ukrainian psychologist provides MHPSS service in the UNHCR-IOM community center in Budapest. IOM Emotional Support Hotline: +36 80 984 544
- **Budapest Pride:** Providing MHPSS services for LGBTIQ people, such as crisis intervention sessions and health services (HIV, STD tests, contraceptives). Budapest Pride has funds until the end of March 2023 for awareness-raising events for any organization that is interested in collaboration. Also, creating safe spaces for social activities for LGBTIQ refugees.



Updates & Achievements

- MHPSS Data is limited to use for tailoring the activities / IRC
- External MHPSS supervision is needed / MedSpot
- Lack of capacitated translators / EMDR Hungary
- Isolation among children in the schools, increased negative coping mechanisms among refugees such as alcohol consumption / IOM
- Discriminations against LGBTIQ refugees / Budapest Pride
- Voluntarily returns due to wrong information / Trauma Center



Challenges

[WHO PFA Guideline in Hungarian](#)

[RRP MHPSS Indicator Guidance](#)

[Hungarian MHPSS Open Forum Event Photos](#)

[Refugee Info Hungary](#)



Useful Links

- Introductory letter for government / Tamas and Agnes
- MHPSS Data for Mental Health Atlas / Robert
- Strengthening referral pathway for individual referrals / All members
- Service Mapping Update / Murat
- Discussion on increased substance abuse among refugees / All members
- Connect to Recharge Facebook Group / Orsi



Action Points