



Moldova MHPSS TRG

MHPSS TRG February 14 2023 .mp4



Members Present



Agenda



Follow-up Items from previous meeting



Updates & Achievements

WHO, MENSANA, IOM, HIAS, Project Hope, ICRC, TDH, UNICEF, UNFPA, HI, INTERSOS, UNAIDS, NCCAP, OXFAM, OHCHR, WVI

Welcome

Follow-up items from last meeting

Updates: Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates (e.g. events, challenges, developments, etc.)

Discussion Items

1. 2023 Workplan Discussion and Validation (see attached draft plan)
2. Capacity-building: updates and 2023 planning
3. Announcement: EMDR Training on March 17-19 (EMDR Europe)

Announcements/ AOB

Action	Responsible Party	Due date	Status
Training on Psychosocial Art for IOM and MHPSS TRG Partners	WHO/ IOM to conduct	Jan. 18-20, 2023	Completed
Training on PSEA for MHPSS TRG Partners	WHO to conduct	Jan. 24, 2023	Completed
Draft capacity building tracker for planning and follow-up of priorities	MHPSS TRG Co-chairs	Feb. 14, 2023	First draft completed
Draft workplan based on initial inputs; circulate first draft for feedback	MHPSS TRG Co-chairs	Jan. 26, 2023	In process – survey distributed

HI: Activities with adults and children are ongoing in target communities (Chisinau, Causeni, Stefan Voda, Anenii Noi). Protection activities are also ongoing, with an assessment underway with local families in Anenii Noi; this includes a MHPSS component.

MENSANA: Have prepared a curricula for PFA, MHPSS, PM+ for the Medical University, Balti University, and Moldova State University. There will also be a big roll-out with suicide prevention with, over 2,000 people from medical services, educational, internal affairs, prisons, etc being trained over the next 6 months. The materials have been prepared and there are 26 local trainers that have been trained internationally in mhGAP suicide prevention modules. Roll-out is planned for the middle of March. Additionally, more than 300 specialists including pediatricians, neurologists will be trained on child mental health. This training will begin the last week of February or first week of March.

WVI: Received funding and partnering with Avi Copii to deliver training on PM+, they are searching for someone who has expertise in PM+ who can provide guidance/ support with developing training program. WVI is also developing key messages on service availability, and they would like to have feedback/support from TRG partners. WVI is also addressing supervision and how it can be provided to personnel that are only working on a part time basis. Hoping to receive feedback. It was suggested that WVI reach out to MENSANA discuss as they are also rolling out the PM+ training.

CNPAC. : Continuing to provide PSS in 21 RACS. On 6-7 February, delivered ToT to psychologists. This training was focused on parent education and was specifically for parents of pre-schoolers and early schoolers. Since July – Dec., about 800 refugee parents have benefitted from this training. Other regions have requested this training as well, and CNPAC. is organizing this. In Chisinau, CNPAC. is also offering specialized, comprehensive support to eight families. Next week, in partnerships with PLAN and Childhood Foundation, CNPAC will open a child and teenager friendly safe spaces inside of a Balti school. The space will offer integrated MHPSS group activities to teens; there will also be opportunity to involve parents in sessions and to provide psychological counseling as there will be a psychologist on staff. The space will support social integration and social cohesion and will open on 20th of February. If TRG partners are interested to learn more, contact CNPAC. They also hope to make the safe space available to other partners to utilize for provision of other MHPSS services.



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Project Hope: Implementing through local partners: **Moldova Project** is operating 9 safe spaces for children and parents where they provide PSS, **Casa Mărioarei** will soon be starting training for refugees and authorities on referral pathways, laws, protection, justice, vocational topics. **Regina Pacis** has teams providing PSS to teens and adults to stabilize their reactions after arriving from Ukraine.

INTERSOS: In the process of filling the position of a MHPSS Specialist position. Have team of 30 psychologist providing PSS in various districts of Moldova (Chisinau, south, and north). Have provided internal training on PFA to medical team, protection monitors, social workers. Have also provided training on prevention of burnout to external partners. Developing curriculum for activities with children and elderly people in areas where they work - mainly in RACS. Also conduct mobile visits in Ungheni and Orhei.

ICRC: Implementing and working in close collaboration with their national society (**Moldovan Red Cross**). Developing PSS activities for children and adults in north and south (areas will be confirmed). They have already developed and are delivering PSS activities in Transnistria. Started PSS with children using specific tool developed by ICRC. Will be developing materials for dissemination/ psychoeducation on how to help people in psychological distress, and service mapping. Also have a program for health workers in a hospital (Railway Hospital) in Chisinau; this is a group intervention that covers stress management in hospital, self-care, and basic PSS skills.

UNAIDS: Continuing emergency action started last April, working through 5 partners in north, center, south, Chisinau, Transnistria. These are local NGOs specialized in public health with accent on HIV and TB prevention treatment and care, with an accompanying focus on MHPSS. Providing PFA or psychological counselling to refugees affected by HIV or TB, and family member affected by these conditions. Also providing referrals for MH services as needed, and partners also implement sessions dedicated to women's health, mental health.

IOM: Present in Balti, Chisinau, Orhei, Ungheni, Transnistria, providing psychological counselling and conduct social, recreational activities. Also organizing training for first responders. The next training for Ministry of Interior will be conducted this Friday (Jan 13), and on 3rd of March. Since first of December, IOM signed a service agreement with

Mental Health Community Center of Botanica in provision of various specialized services including mobile team intervention, placements for elderly, mental health crisis, addiction recovery, and other specialized services. These are services not covered by the government. . If you have someone who needs these services, please feel free to refer to IOM. Services are free of charge and are available for children from local and refugees communities. The Co-chair asked that this information be advertised at a CBMHC coordination meeting upcoming in two weeks on Monday 27 Feb. at 2PM. IOM requested the information be shared and they would try their best to attend. The contact person for specialised mental health referrals at the center is: 079223335 Aliona Pislaras Mental Health Community Center Botanica. The TRG Co-chair offered to designate the next CBMHC Coordination meeting as a refugee health meeting and invited all MHPSS TRG members to attend. More information will be pending once this is confirmed.

MHPSS Capacity Building Joint Training Plan and Training Tracker: The Co-Chair shared the link to the training tracker now set up and accessible to Partners. Partners were invited to take a look at the priority training topics and consider if they could do a training on one of this topics. If they have technical capacity but don't have funding for external training, they were still invited to identify skilled MHPSS personnel to be listed as a resource in the pool of trainers. The Co-chair emphasized that this sort of joint-training approach could yield very positive results as it allowed participants to be exposed to more ideas and approaches to common mental health concepts and challenges. The link is included at the end of this document. Partners were encouraged to use the tracker on an ongoing basis.



Updates & Achievements



Discussion Points



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Capacity Building Update: The Co-chair provided a brief overview of the trainings conducted since January 1; these include: "Psychosocial Art" (20 participants; conducted by IOM/WHO), "PSEA" (37 participants, conducted by WHO), "MHPSS and Sports" (29 participants, conducted by Olympic Refugee Foundation), and "GBV Risk Mitigation" (5 participants from MHPSS TRG, conducted by GBV SWG). She also advised that there was another training coming up in March on EMDR (Level 1). This would be conducted by Europe EMDR Institute on March 17-19. A representative from Europe EMDR Institute was present and provided an overview of the training, explaining it was open to *qualified* psychotherapists, and would be conducted in Romanian language only. Ongoing supervision by a credentialed EMDR expert would be also provided as part of the training to help participants practice/ solidify their new skills and discuss challenges. Level 2 of the EMDR training will be offered later this year. The hope was that there might eventually be an EMDR Moldova group established. The EMDR representative stated she believe there were still seats available. The registration list would close on March 1st

2023 Workplan Priorities: The first draft of the workplan was presented and reviewed. Each line activity was reviewed and partners were frequently invited to comment or suggest changes. Suggestion included mapping on a monthly basis so partners have more up-to-date information; Suggestions were noted and will be incorporated into the next draft of the workplan. There was also a discussion about how to ensure regular communication with the Ministry of Health. The Co-chair will send a follow-up email with the MOH to schedule a meeting. Regarding the comprehensive MHPSS Situational Analysis identified on the workplan, WVI stated that it was a good action item and was needed a year into the war. Regarding the M&E item, it was suggested that it might be too ambitious to set up and implement an M&E system. It was agreed to keep this on the plan, but to make it lower priority than other items. The WVI representative suggested that there could be task forces formed for the bigger tasks to help with implementation. The Co-chair recognized this was a great suggestion and advised the plan could be further refined with details / tasks assigned once there was consensus on the general workplan. The workplan will be adjusted based on comments given during the meeting and will be circulated again for feedback.



Discussion Points

Action	Responsible Party	Due date
Organize workshops on Trauma-informed Care and Suicide Prevention	WHO to organize, one co-facilitator needed for each	March 3, 2023
Provide input to capacity building tracker for planning and follow-up of priorities	MHPSS TRG Partners	March 10, 2023
Draft workplan to be amended and re-circulated to TRG members for feedback	MHPSS TRG Co-chairs	Feb. 28, 2023
Circulate invitation and information about suggested meeting (refugees and health) at CBMHC Forum	MHPSS TRG Co-chairs/ MENSANA	Feb. 24, 2023
Resend email with information about EMDR training (March 17-19); deadline for application is March 1.	MHPSS TRG Co-chairs	Feb. 24, 2023
Share contact information for IM Officer at UNHCR for partners to follow-up with questions	MHPSS TRG Co-chairs	Feb. 24, 2023
Next Meeting to take place Feb. 14, 14:00-16:00	MHPSS TRG Co-chairs to organize	Feb. 14, 2023



Future Action Points

[Moldova MTRG MHPSS](#)

[MHPSS TRG Training Tracker.xlsx](#)

[DRAFT 2023 MHPSS Technical Reference Group \(TRG\) Work Plan.docx](#)



Useful Links