

Moldova MHPSS TRG

MHPSS TRG 13 June 2023.mp4



WHO, MENSANA, IOM, ACTED, Project HOPE, INTERSOS, Federatia Famililor, APSCF, UNDP, PIN, ICRC, DRC, WVI, TdH, Moldova Project, , Regina Pacis



Members Present



Meeting Agenda

| | |
|---------------|--|
| 14:00-14:05 | Welcome |
| 14:05-14:10 | Agenda, follow-up items from last meeting |
| 14:10-14:25 | Updates (e.g. events, challenges, developments, etc.): Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates |
| 14:25 -14:40 | Presentations: Project Hope |
| 14:40 – 15:10 | Discussion Items: <ul style="list-style-type: none"> •Planning for MHPSS TRG Partner Retreat (July, 2023; exact date and content to be determined by survey) •MHPSS TRG moving forward: Structure and Leadership •Capacity Building Updates: mhGAP/ Suicide Prevention Training (MENSANA); PM+ (WVI) •Temporary Protection •Public Mental Health Conference of the European Public Health Association, Moldova (October 12-15, 2023) |
| 15:10-15:30 | Announcements/ AOB/ Networking/ Coffee Corner |



Partner Updates

WHO: Met with Dr. Aftene at the Ministry of Health to consult about MOH priorities for the proposed situational analysis. His recommendations will be incorporated into the TOR. The FGD study to better understand refugee perspectives about mental health and MHPSS services is underway with support of IOM. The FGDs commenced on May 11 and the last pair are scheduled to take place on June 15. Communities included in the study include Chisinau (2 sites), Balti, Orhei, Ungheni, and Transnistria. The study is looking at stigma, utilization of services, etc. The findings will be analyzed and a report shared with the TRG once completed.

IOM: Activities are ongoing. Psychological support and referrals continue to contracted mental health center in Botanica. This month IOM provided 29 referrals to psychiatrists, and they continue to support 7 people with specific needs in accommodation centers where they receive specialized support. In Ungheni, Romanian classes are now in process (these are also offered in Balti). On 20 June is International Refugee Day; to commemorate, on Saturday IOM will conduct various activities (psychosocial art, sports activities, etc.) at a local park and partners are invited. IOM still has several hard copies of their Community Based MHPSS in Emergencies manual available for any partners that are interested. This manual contains many different activities that can be used with beneficiaries and is available in Russian and Romanian. Please contact Irena to receive your free copy: ibotoroga@iom.int

TdH: Two mobile teams consisting of social assistants and psychologist are now providing MHPSS services (one in North and one in the Center). They are organizing group activities with children and adults and – when needed - conducting 1:1 consultations. The mobile teams support 23 child friendly spaces. They are also conducting monthly supervision sessions to discuss challenging cases.

ACTED: Opening a new Protection Case Management project, with plans to start the first week of July after internal trainings are completed. The project will cover locations all over Moldova; the actual list will be presented later.

PIN: Have selected two more partners in the south of Moldova that will conduct psychosocial activities and will soon begin to increase referrals. Last week, they conducted protection workshops in two communities (this was part of their livelihoods program). These were joint workshop open to the local population and Ukrainian refugees from RACS and households. They are also conducting workshops and training for livelihoods, and there has been a lot of interest. They are providing feedback on Temporary Protection and receiving other questions (e.g. how to start a business). The hotline is also continuing for PSS (via phone and chat, with partner ReTHINK). PIN is also conducting capacity building next week with CSOs in all 3 regions.



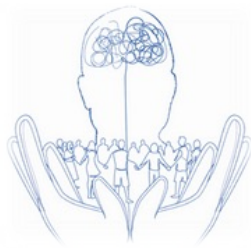
Presentations

Project Hope (with Moldova Project and Regina Pacis): Please see the useful links section to access their full slide presentation and/or watch the TRG meeting recording.

Moldova MHPSS TRG

Meeting Minutes

13 June
2023



Partner Updates

DRC: Active in the field conducting Protection activities in RACS. Note to the TRG: The management and doctor at Dacia 60 in Chisinau have observed a strong need for psychological support. If any partners can be support, please reach out to: iva.bucatciuc@drc.ngo

INTERSOS: Two mobile teams with two psychologists working in the North, Center, and South; and two psychologists working with the Roma in the North. Activities are parenting groups, art activities, recreational activities with children. A new project will start with two psychologists working in collaboration with and deploying with the mobile Health team and will focus on psychoeducational and awareness raising. They will address stigma and other access barriers and facilitate referrals as needed.

UNHCR: There are 5-6 Community Service Centers that are functioning (with UNHCR support) and they are being utilized for Blue Dot services, legal support, etc. These are also available to the TRG partners to utilize for different activities. They are safe spaces and can be used for awareness raising sessions, FGD, etc.. Please reach out if interested (add email)

MHPSS TRG Partner Retreat: The retreat survey results were shared. The retreat will be one full day instead of two days, and the date selected was July 7. The goal is to strengthen coordination, have fun, build unity, receive information/ training. Topics prioritized including applied interventions, scalable interventions overview, program planning, M&E, strategic planning, and referral pathways. The Co-chair will reach out bilaterally to those who indicated they could help Co-chair.

MHPSS TRG operations: The group discussed the best format for meetings moving forward: hybrid, in-person only, or on-line only. Pros and cons were discussed, with arguments made for face-to-face and hybrid. Another possibility mentioned is to alternate, perhaps with a newsletter. There will be a survey circulated so partners can weigh in. It was announced that there was a need to nominate a third co-chair as there are too many tasks for the two current chairs. Andrei Esanu from Family federation was nominated for the role and seconded. An email will be circulated to allow others to nominate if they wish, with the deadline set for 16 June, 2023.

Inter-agency MHPSS Capacity Building: mhGAP: MENSANA has started training on suicide prevention and self-harm prevention (mhGAP). The 2-day training will be conducted in June and July in Chisinau and Balti, and then resume in September. The goal is to train 2000 people from education, police, health sectors. Training is in Russian and Romanian to increase accessibility. If interested, please reach out to: crisnestor13@gmail.com. **PM+:** WVI conducted a 5-day workshop with 14 participants on PM+ on June 5-9. WHO and MENSANA also provided support. The training focused on how to help beneficiaries manage their problems more effectively, and how to involve social supports. Participants were provided with additional materials and can reach out for ongoing support from the trainers. Plans are being discussed for another PM+ training later this year or early next year.

Temporary Protection: Less than 60 days remaining until this goes into effect. Please encourage/ support beneficiaries to register!

Public Mental Health Conference of the European Public Health Association (October 12-15, Chisinau); Theme: Trauma and its price for humanity. This event will take place during International World Mental Health Week. Great chance to raise awareness about an issue. If you are interested in participating, making a presentation, or offering a workshop, reach out to MENSANA.



Discussion Points



Follow-up items



Useful Links

| Action | Responsible Party | Due date |
|---|---|------------|
| Planning committee to develop strategy, materials for retreat | WHO, IOM, WVI, MENSANA, Family Federation | 20/06/2023 |
| Co-chair to arrange logistics of retreat | WHO/ TRG Co-chair | 01/07/2023 |
| Final FGDs to be concluded; report written and shared with partners | WHO with IOM support | 14/08,2023 |
| Circulate invitation to nominate co-chair candidates | TRG Co-chair | 16/06/2023 |
| July Meeting will be substituted by the TRG retreat planned for July 7; next meeting date TBD | | 07/07/2023 |

[Moldova MTRG MHPSS](#) (TRG repository of files and resources)

Slides to Project Hope presentation here: [MHPSS TRG Moldova Project Hope Presentation.pdf](#)