



# Moldova MHPSS TRG

14 November  
2023

[Nov 14 MHPSS TRG Meeting.mp4](#)



WHO, MENSANA, Federatia Familiilor pentru Unificare si Pace in Lume din Moldova, IOM, WVI, MDM, IFRC, UNHCR, PIN, CNPAC, TdH, Project HOPE, Pestalozzi Children's Foundation, UNAIDS, INTERSOS, CWS, ACTED, HIAS



Meeting Agenda

14:00 - 14:05	<b>Welcome</b>
14:05 - 14:10	<b>Agenda, follow-up items from last meeting</b>
14:10-15:20	<ul style="list-style-type: none"> <li>➤ Introduction to the new MHPSS mapping dashboard</li> <li>➤ Mental Health and Wellness Fair: feedback and reflections</li> <li>➤ TRG Joint Capacity Building - 2023-2024</li> <li>➤ MHPSS TRG in 2024: Nominations for Co-Chair seat (opening in December)</li> <li>➤ MHPSS TRG in 2024: Priorities for 2024</li> <li>➤ "MHPSS in Moldova: Year in Review" Newsletter</li> <li>➤ MHPSS TRG special holiday meeting (December 12)</li> </ul>
15:20 – 15:50	<b>Partner Updates (e.g. events, challenges, developments, etc.):</b> <ul style="list-style-type: none"> <li>❖ Ministries, UN organizations, INGOs/NGOs, and other WG members are invited to share any relevant updates</li> </ul>
15:50 – 16:00	<b>AOB/ Announcements</b>

**Introduction to the new MHPSS mapping dashboard:** The sub-regional MHPSS Consultant presented the new Moldova MHPSS mapping dashboard. The mapping is embedded in the larger sub-regional dashboard that includes other refugee-receiving countries. He explained how and why it was developed. The mapping will most likely be covered at national level in the future, so partners should ensure it matches their needs and submit any feedback they have to improve it. The partners expressed appreciation for this new way of sharing important information about who is doing what, where.

**Mental Health and Wellness Fair: feedback and reflections:** The Co-Chair led a discussion about the MH and Wellness Fair that took place in October 7. The participants expressed appreciation for the event, which was the first of its kind in Moldova. It brought many people together (both Moldovans and Ukrainian refugees) to discuss mental health, and the partners who participated were strongly in favor of making it an annual event. They shared feedback about how it might be improved, such as advertising the event further in advance so partners can plan accordingly, tracking attendance using a QR code at entrance, conducting the event in other locations as well as Chisinau (i.e. MH caravan), and changing the date so it does not coincide with the "Chisinau Wine Days". The Co-chair said she would prepare an event report and would include these recommendations and hoped the event could become an annual event. She congratulated everyone for a great joint initiative and shared highlights and pictures from the event.

**TRG Joint Capacity Building - 2023-2024:** The Co-Chair reviewed the full capacity building accomplishments from the past year, pointing out they were closely aligned with the capacity building plan developed at beginning of 2023. The training tracker indicated that a total of 17 workshops had already taken place in 2023, and 3 more were planned before the end of the year. Over 400 front line workers benefited from this joint training initiative (see the slides for more specific information about workshops). The co-Chair pointed out that the TRG now offers a working mechanism where partners can access training and learn from each other in shared events. For example, in the past months, there were at least 4 requests from partners requesting training on a specific topics. The Co-Chair shared these requests through the TRG, and in each case a partner responded and provided the requested training. The Co-chair congratulated the partners on achieving this, pointing out that the system wouldn't have worked if partners hadn't supported it. This demonstrates how coordination can really benefit everyone. The table in the meeting's PowerPoint presentation shows the full breakdown of training activities conducted and numbers.



Discussion Points

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**MHPSS TRG in 2024: Nominations for Co-Chair seat (opening in December):** The Co-chair announced she would be leaving her role at the end of December; therefore, it is time to nominate a replacement. An email announcement was sent out with this news last week, along with a request for partners to self-nominate if interested. The Co-chair asked for anyone who wished to self-nominate at this time to do so now, but no one spoke up. One of the other Co-Chairs stated it would be ideal if the Ministry of Health would assume the role. A WVI representative agreed this would be best setup if the MOH was willing to accept the role. It was agreed that a letter would be sent to the MoH to invite them to nominate a candidate for the open seat. The departing Co-Chair reviewed the list of co-chair duties and responsibilities and encouraged the remaining Co-Chairs to stay diligent in setting priorities and dividing tasks in 2024. She thanked the TRG partners for great participation over the past year.

**MHPSS TRG in 2024: Priorities for 2024:** The Co-chair stated that it was time to consider what the TRG would like to accomplish in 2024 and develop a new strategy reflecting these priorities. He stated that the TRG needed to decide where to focus efforts in 2024. He briefly reviewed the 2023 workplan, mentioning that some activities such as joint trainings would likely continue, while new activities or priorities might be identified to replace existing ones. The new plans should be agreed upon as a group and formalized in the new annual strategy. The Co-chair advised he would be leading discussions on this in December/ January, and partners should consider what their priorities will be regarding MHPSS. Partners should also consider how they'd like the TRG to function in terms of frequency of meetings, format, etc. Developing a strategy that reflects shared TRG goals and objectives will be a TRG priority as the new year arrives, so please stay tuned.

**"MHPSS in Moldova: Year in Review" Newsletter:** The Co-Chair stated that the TRG would like to produce an end-of-year newsletter highlighting Partner and TRG accomplishments, best practices, and success stories from 2023. A survey and link had been prepared and will be released soon in both English and Romanian. Please invite others not present to complete the form with their organization's activities in the language of their choice. Ideally, there will be a good mix of different partners from both national and international NGOs and perhaps from other sectors as well. The TRG hopes to have this finalized and ready for release in January, with the audience to be determined.

**MHPSS TRG special holiday meeting (December 12):** It was proposed that the TRG meet one more time before the year ends. Instead of conducting a meeting this time, however, it would be nice to plan a networking event when people could enjoy the holiday seasons and reflect on accomplishments. Partners in attendance were strongly in favor and it was agreed the date and time of the event would be December 12, 2023, from 13:00-17:00. More information will be released soon, and partners will be asked to fill in a survey indicating their plans to attend.

**Partner Updates (e.g. events, challenges, developments, etc.):**

**WVI:** MHPSS activities ongoing in 17 CFS around Moldova through partners. Working on a grant for a new project to be implemented through 2 local partners and We World on a new initiative. In process of hiring national MHPSS Specialist; please spread the word. WVI planning for another PM+ training (end-of-year), and seat will be opened to TRG partners.

**IOM:** Ongoing MHPSS activities (psychosocial arts, social/ recreational, psychological support, etc.) in Chisinau, Ungheni, Orhei, Balti. Continue providing specialized MHPSS including at a supported shelter (10 adults) that benefits. 2 Ukrainians received treatment thought substance abuse/addiction program. Frontline staff and psychologists provided PFA and PSS (to 45 migrants arriving from Gaza; follow-up also provided..

**PIN:** Working with 7 partner organizations to offer PSS. Conducted group sessions with adults and children in 13 districts in various settings. One partner maintains a hotline, another operates a mobile team that allows access to remote areas. They also conducted a self-care retreat for psychologists.

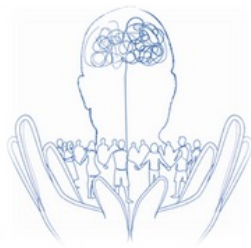


Partner Updates

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Partner Updates

**MDM:** Working in community centers in different locations. Conducted group and individual sessions with NRC with Ukrainians and Moldovans.. Also conducted several training sessions on PSS, PFA, Self Care, etc. for different organizations. Has conducted assessment in North and will conduct activities there in the future (Probably Soroca and other locations to be announced). Currently busy with planning for 16 Days of Activism events (focusing on events for World Aids Day and Day of Disability).

**TdH:** Child protection activities are ongoing at 22 child friendly spaces all around Moldova. Animators conduct activities with children in community sites or at the RACS; series are inclusive. Also delivered PFA and PSS activities through 2 mobile team (1 in North and 1 in South) social assistants, psychologists and animators,. Information, referral, PFA, support groups, animation activities for children. Also have mandate at 2 stagnant and 1 mobile Blue Dot, to provide MHPSS activities to children and to operated mother/baby corners at UNICEF Blue Dots.

**CWS:** Through partner “Zdorovii Gorod”, support a "men's group" for Ukrainian and Moldovan men that is run by a male psychologist (Balti).



Follow-up items

Action	Responsible Party	Due date
MHPSS partners interested in participating in the MHPSS Holiday Gathering please use the link below	TRG partners	7 Dec, 2023
Preparations, arrange logistics, organize activities, and coordinate MHPSS attending the event	WHO Co-Chair	Ongoing, until Dec 14, 2023
Complete survey/ provide brief descriptions of activities over past year (for TRG newsletter)	TRG Partners	Dec. 1, 2023
End of year newsletter – Organize and edit inputs to fit format/ structure	All partners	Dec. 24, 2023
Finalization and release of newsletter	WHO Co-Chair	Jan. 7, 2024
Prepare nomination invitation for MOH (open MHPSS TRG Co-Chair seat)	WHO Co-Chair	Dec. 15, 2023
Develop 2024 Work Plan	WHO Co-Chairs with TRG Partners	Jan 20, 2024
Finalize identification of new MHPSS TRG co-Chair, and orient on role and responsibilities	WHO Co-Chairs with TRG Partner input	Jan 20, 2024

The New MHPSS TRG archive with all key documents, resources, meeting archives, and other useful documents is located here: [Moldova MTRG MHPSS](#).



Useful Links