GBV Referral Pathway | Pomeranian Voivodeship, Poland

Updated 10.02.2025

How did you learn about the case?

From the survivor

LOOK & LISTEN Introduce yourself. Ask how you can help. Practice respect, safety, confidentiality, and non- discrimination.

Is the survivor experiencing an emergency?

YES. Refer to Emergency section or call 112

NO

Does the survivor choose to be linked to a service?

NO. Maintain confidentiality. Explain that the survivor can change their mind and seek services at a later time.

YES. Communicate information about available resources/services — how toaccess it, relevant times and locations,focal points at the service, safe trans-port options, etc. Do not share information about the survivor or their experience to anyone without explicit and informed consent of the survivor.Do not record details of the incident or personal identifiers of the

From somebody else

PROVIDE ACCURATE INFOR-MATION about services and support available to the survivor.

Encourage the individual to share this information safely and confidentially with the survivor.

DO NOT seek out GBV survivors.

ALWAYS PRACTICE THE SURVIVOR-CENTERED APPROACH

- PRIORITIZE the needs, wishes, anddecisions the survivor expresses.
- ENSURE the survivor makes all decisions about accessing services and sharing information regarding their case.
- NEVER blame the survivor.
- BE patient, be a good listener, andbe non-judgemental.
- DO NOT share any information without obtaining informed consent from the survivor.

DON'Ts

- DO NOT pressure the survivor into providing in-formation or further details.
- DO NOT doubt or contradict the survivor.
- DO NOT investigate the situation or provide advice.
- DO NOT mediate between the survivor and the perpe-trator or a third person (e.g. family).
- DO NOT write down or share details of the incidentor personal details of the survivor.
- DO NOT assume you know what a survivor wants or needs. Some actions may put the survivor at further risk of stigma, retaliation, orharm.
- Once a GBV referral has been made, DO NOT ask forextra information or contactthe survivor directly.

DOs

- DO believe the survivor
- Reassure the survivor that this was not their fault.
- DO provide practical care and support (e.g. offer water, somewhere to sit, etc.)
- DO listen to the person without asking questions.
- DO be aware of and set aside your own judgments.
- DO respect the right of the survivors to make their own decision
- Provide reliable and comprehen-sive information on services and support available to survivors.
- DO inform survivors of rape about clinical management of rape and importance of accessingthem within 72 hours .
- DO ensure the best interest of the child is given priority when family/guardian make decisions on behalf of the child. Preferably, the accompanying adult should be selected by the child.
- Obtain informed consent of the survivor before any referrals are made.
- DO refer the case confidentially to appropriate GBV focal point.

GBV Referral Pathway - Pomeranian Voivodeship

Emergency support

National emergency numbers
General emergency number 112
Emergency 999
Police 997
(PL/EN/UA)

The Justice Fund helpline
Tel: +48 222 309 900 (24h/7; PL/UA/EN)
24-hour helpline for victims of crime; support psychological, legal assistance, material assistance.

Infoline of the National Health Fund (NFZ)
Tel: +48 800 190 590 (PL/UA/EN/RU)
Registration for hospital, doctor, information on medical services.

Hospital Emergency Departments
Gdańsk, Nicolaus Copernicus Hospital, Nowe Ogrody 1-6, Tel:. +48 58 764 01 16 St. Adalbert Hospital, al. Jana Pawła II 50, Gdańsk, Tel.: +48 58 768 45 03
Sopot, Municipal Ambulance Station, Boleslawa Chrobrego 10, Tel: +48 58 551 24 55
Gdynia, Emergency Department of St. Vincent de Paul Hospital; Wójta Jana Radtkego 1, Tel: +48 58 620-75-01,

Crisis Intervention Centre
Gdańsk, ul. Gustkowicza 13; Tel.: +48 58 511 01 21 (24h/7) and Tel.: +48 797 909 112 (24h/7) (Polish) Tel.: +48 508 293 279 (Mon-Sat, 9:00-20:00; UA)
Sopot, Al. Niepodległości 759a, Tel: +48 (58) 550 14 14 (PL)
Gdynia, ul. Biskupa Dominika 25Tel: (58) 622 22 22
Crisis intervention, psychological support, safe shelter, consultations with a lawyer (PL/UA)

Comprehensive support

Women's Rights Centre in Gdańsk,
11 Gdyńskich Kosynierów Street, Gdańsk (PL/RU/UA/ENG)
Tel.: +48 604 590 117 and Tel.: +48 583 417 915 (Mon.-Fri., 10:00 a.m.-6:00 p.m.) Psychological and legal support, support groups, empowerment workshops, power academy.

FEMINOTEKA - National helpline for women experiencing violence and a support point for women who have experienced sexual violence
Tel: +48 888 88 79 88 - Mon-Fri, 14:00-19:00 (UA)
Tel: +48 888 88 33 88 - Mon-Fri, 11:00-19:00 (PL, ENG)
Psychological support, long- and short-term psychotherapy and Trauma therapy, medical support, legal advice, social support, empowerment workshops.

Support for reproductive health

FEDERA - Foundation for Women and Family Planning
Tel.+48 22 635 93 95 - Mon-Fri, 9:00-17:00 (PL/UA)
Tel: +48 22 635 93 92 - Helpline (psychologist, gynecologist), Mon-Fri, 4pm -20:00
info@federa.org.pl, pomocprawna@federa.org.pl
Reproductive and sexual health support, legal support on matters of related to reproductive health.

HIV & AIDS Helpline run by the National AIDS Centre
Tel.:800 888 448 (Mon-Fri 9:00-21:00, weekends 24h/7) (Pl, UA)

Mental health support

Wojewódzki Szpital Psychiatryczny im. prof. T. Bilikiewicza
80-282 Gdańsk, ul. Srebrniki 1; Tel. +48 585247500

Blue Line - Polish National Referral Service for Victims of Family Violence (Institute of Health Psychology)
Tel: +48 22 668 70 00 (24h/7) and Tel: 116 123 (24h/7)
Psychological support and legal aid.

Blue Line - Polish National Referral Service for Victims of Family Violence (Association for the Prevention of Family Violence)
Tel.:800 120 120 (24h/7, PL; Mon 18:00-22:00 ENG; Tues 18:00-22:00 RU)
Psychological support and legal aid.

Legal support

OVUM Association
Gdańsk, ul. Dyrekcyjna 6, Tel.: +48 58 350 15 15 (Mon.-Fri. 08:00-16:00) biuro@ovum.org.pl (PL/UA)
Free legal assistance and free citizen counselling in matters of family law, criminal law, trials, separations, alimony.

Association for Legal Intervention (SIP)
Tel: +48 880 145 372 (Mon-Fri 15:00-16:00, PL, UA, RU, ENG)
Email: porada@interwencjaprawna.pl

Helsinki Foundation for Human Rights
Tel: +48 22 556 44 40 (Mon-Fri, 10:00-14:00, PL, UA, RU, ENG)
Email: refugees@hfhr.pl

Ocalenie Foundation
6/14a Krucza St. Tel: +48 22 828 0450 (Mon-Fri 11:00-17:00) Email: cpc@cpc.org.pl (PL/UA/RU/ENG)

Centrum Pomocy Prawnej im. Haliny Nieć
Sopot, al. Niepodległości 749 (pon-pt. 9.00- 16.00) Tel: +48 505 146 642

Specialist support

Centre for the Support of Immigrants
Gdańsk, ul. Gdyńskich Kosynierów 11 lok. 1, Tel: +48 512 949 109;
Information and advice on legalisation of stay, education, psychological assistance, legal assistance, career counselling. (PL/UA/ENG)

Sopot Centre for Integration and Support of Foreigners
Sopot, Młyńska 11, Tel: +48 504 943 910 (PL/RU/ENG)
Information, psychological and legal assistance, career counselling

Gdańsk Centre for Equal Treatment, WAGA Association
Gdańsk, ul. Biskupia 4, Tel.:+48 519 544 485 (PL/UA/ENG)
Information and legal support, psychological support - individual and group.

Empowering Children Foundation (FDDS)
Helpline for children and adolescents (UA, RU): 116 111 Mon-Fri, 14:00-20:00; 24h/7 (PL)
Online help: https://116111.pl/ua
Psychological, legal, medical assistance to children and adolescents victimised by crime, primarily with experience of violence and sexual abuse.

Stowarzyszenie Tolerado
Gdańsk, ul. Miszewskiego 17/105; tolerado@tolerado.org (PL/UA/ENG)
Support for LGBTIQ+ people, emergency accommodation, development groups.

Caritas Archidecjezji Gdańskiej
Centrum Pomocowe Caritas im. Jana Pawła II, ul. Reduta Wyskok 2
Tel.: +48 668 928 431 and Tel.: 694 485 564 (PL)
Financial and material support.

La Strada - Foundation Against Trafficking in Human Beings and Slavery
Tel: +48 22 628 99 99 (24h/7) (PL, UA, RUS, ENG)
Helpline for victims of human trafficking, forced labour and slavery.
Psychological, legal and social assistance.

Foundation Pomagamy Nie Ziewamy
Gdańsk, Powroźnicza 19/20, Tel: +48 537546516 (PL/UA/ENG)
Psychological, material and legal assistance.

Foundation Fosa
Gdańsk, Fryderyka Chopina 42, Tel: +48 583 449 600 (PL)
Psychological assistance, support for families and children, information.

Family Support Centres
Gdańsk, 1A Konrada Leczkowa, Tel: + 48 58 342 31 50
Sopot, 4 Marynarzy, Tel: +48 58 551 17 10

Social Assistance Centres (OPS)
Sopot, Kolejowa 14, Tel: +48 585 511 710
Gdynia, Grabowo 2, Tel: +48 587 820 124