Uganda Refugee Response

National Suicide Tracking Dashboard

Jan - Dec 2025

Reporting period

1/1/2025 — 12/4/2025

179

Overall incidents in 2025

Overview:

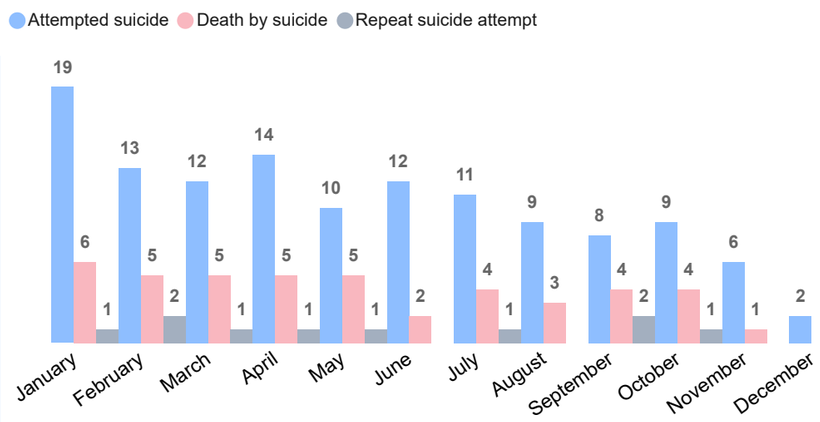
From 01 Jan – 31 Dec 2025, MHPSS partners collectively reported a total of 179 incidents of suicide (135 attempts, 44 deaths, and 10 repeat attempts), across 13 settlements. On average, 4 lives have been lost to suicide every month from January to December 2025.

80% of the completed suicides were committed by the male while 20% were female. 38 deaths involved refugees meanwhile 6 were Nationals.

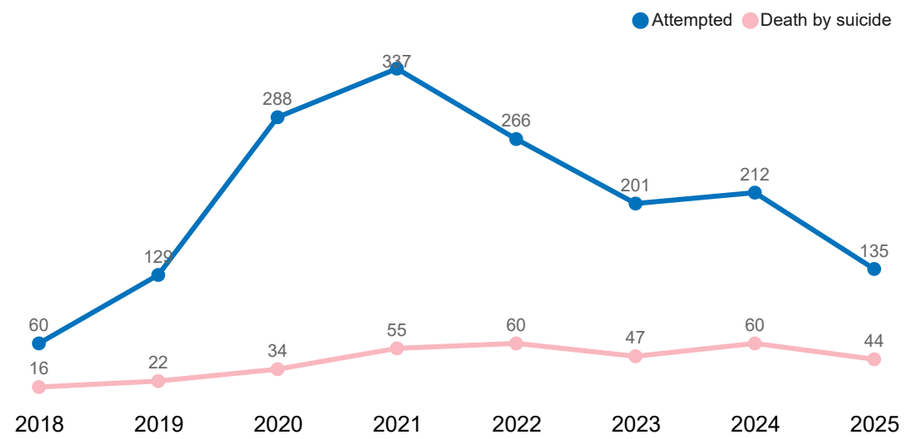
The top 5 triggers for suicidal ideation include **family disagreements, domestic violence, lack of basic needs**, **previous mental illness, and financial problems.**

Overall, the average age of the victims stands at 31 years of age. Majority - 56% of the victims either attempted or completed suicide by hanging using a rope.

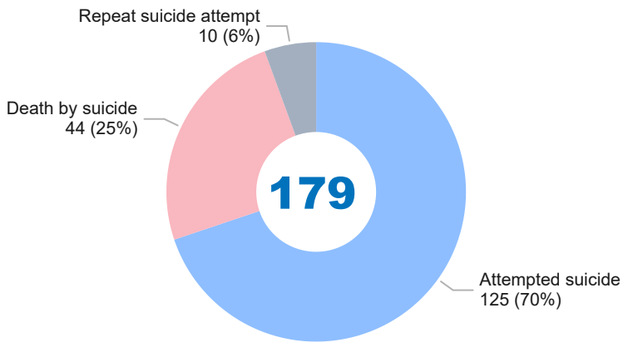
Total incidents reported



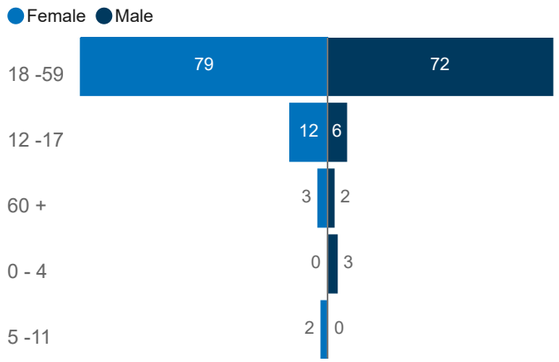
Trend of attempted and completed suicide, 2018-2025



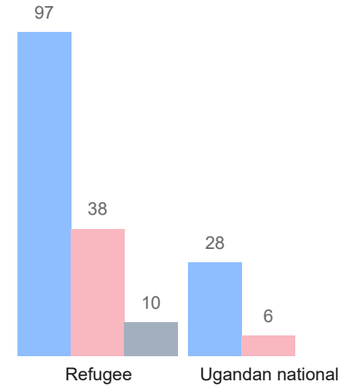
Summary of incidents by type



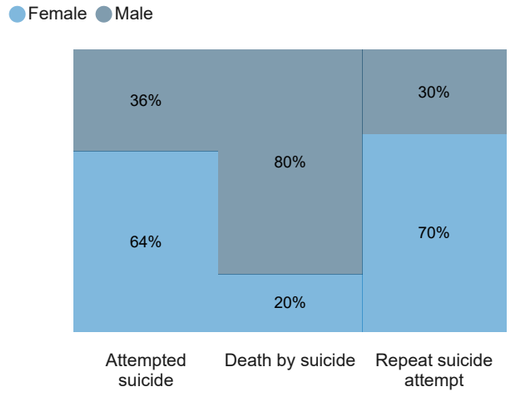
Reported Suicide Incidents by Age and Sex



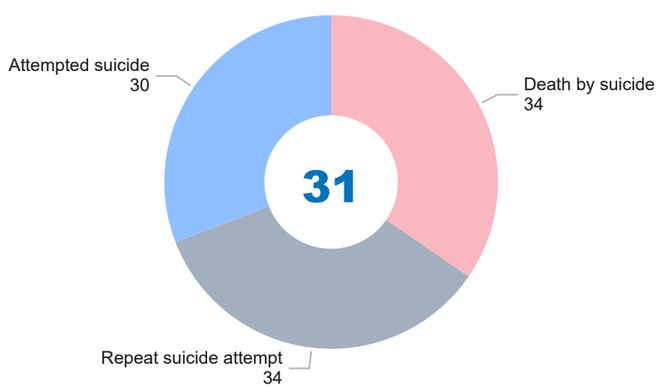
Summary of 2025 incidents by nationality



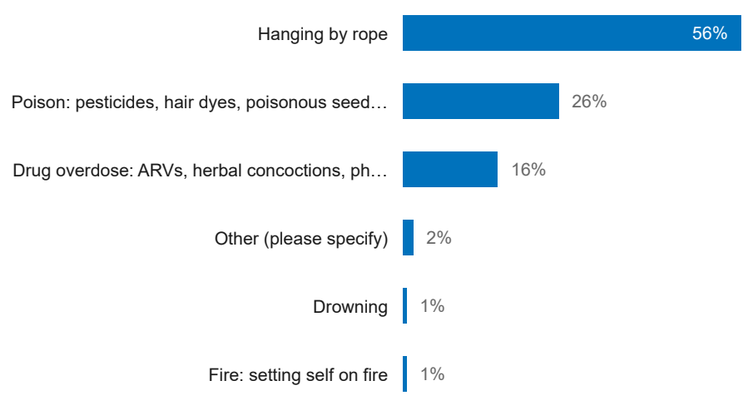
Type of incident by Gender



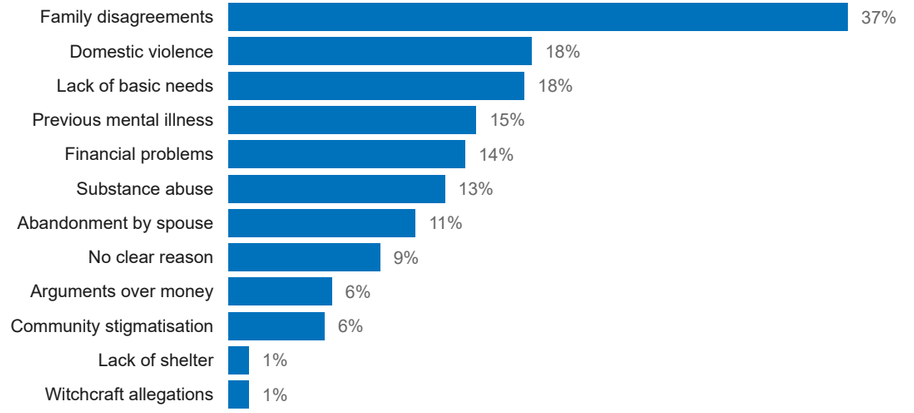
Type of incident by average age of victim



Method used



Top triggers for suicidal ideation



Data: UNHCR/MHPSS Partners

Author: UNHCR Representation in Uganda

Feedback: ugakaimug@unhcr.org

For more info, please visit: https://data.unhcr.org/en/country/uga

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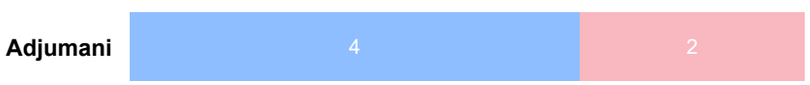
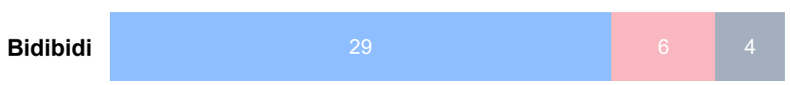
Adjumani

Attempted suicide Death by suicide



Bidibidi

Attempted suicide Death by suicide Repeat suicide attempt

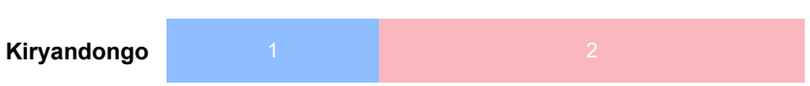


Imvepi

Attempted suicide Death by suicide Repeat suicide attempt

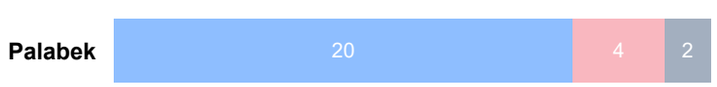
Kiryandongo

Attempted suicide Death by suicide



Palabek

Attempted suicide Death by suicide Repeat suicide attempt

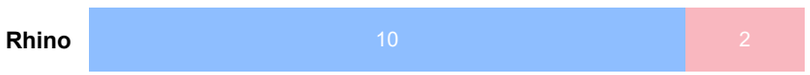


Palorinya

Attempted suicide Death by suicide

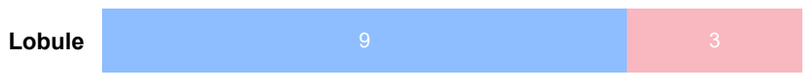
Rhino Camp

Attempted suicide Death by suicide



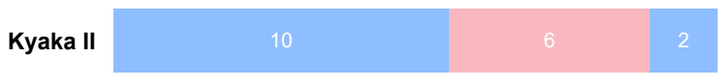
Lobule

Attempted suicide Death by suicide



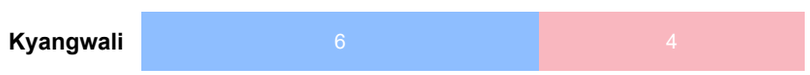
Kyaka II

Attempted suicide Death by suicide Repeat suicide attempt



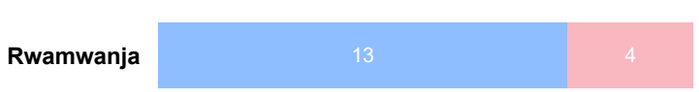
Kyangwali

Attempted suicide Death by suicide



Nakivale

Attempted suicide Death by suicide Repeat suicide attempt

Rwamwanja

Attempted suicide Death by suicide