UGANDA - OVERVIEW OF REFUGEES AND ASYLUM-SEEKERS

as of 31-May-2026

Key Facts

Individuals 2,024,416
- Refugees 1,955,141
- Asy. Seeker 69,275

Households 553,602
- Refugees 511,095
- Asy. Seeker 42,507

Elderly 3 % 58,579

Women & Children 77 % 1,551,741

Under 18 50 % 1,020,684

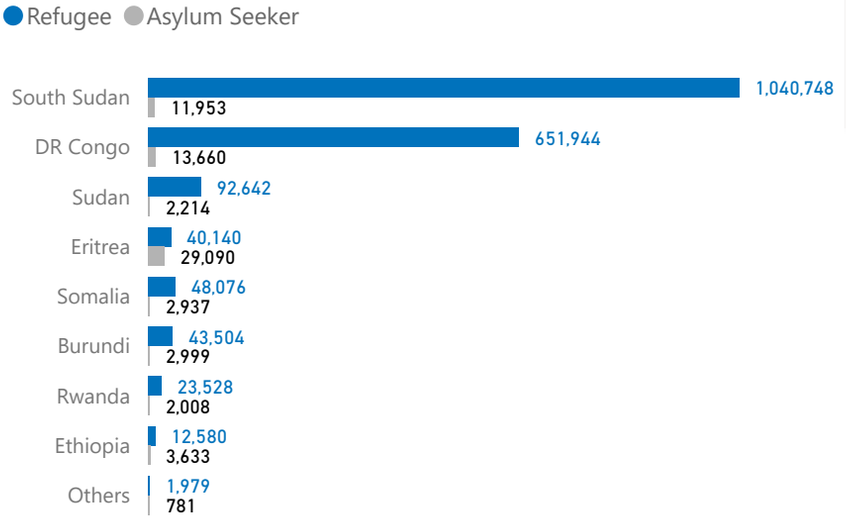
Female 51 % 1,034,434

Under 12 33 % 675,589

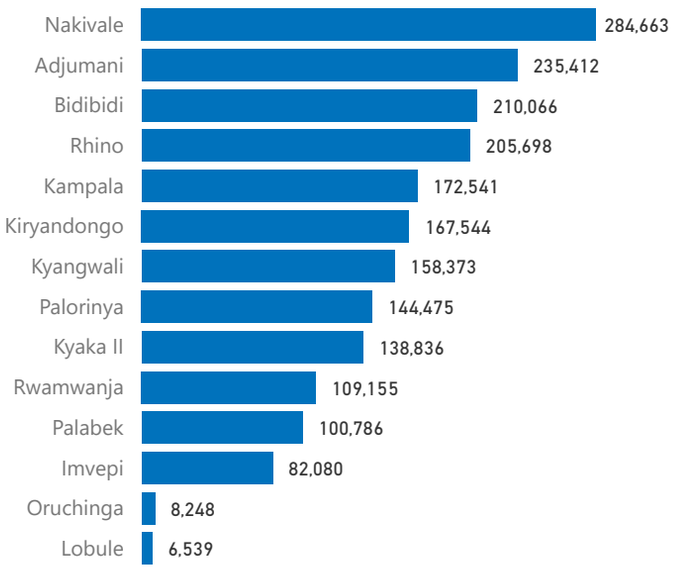
Youth (15-24) 26 % 526,594

Urban 9 % | Settlements 91 %

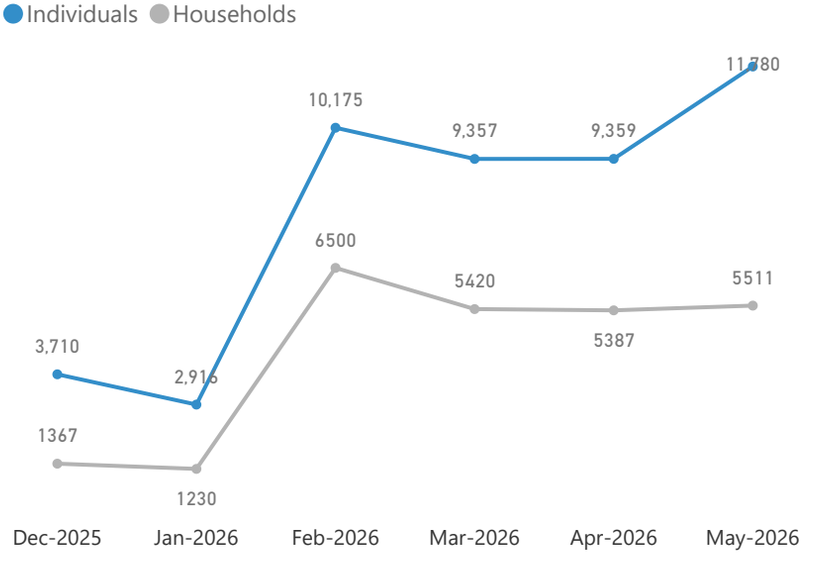
Country of Origin and Legal/Refugee Status



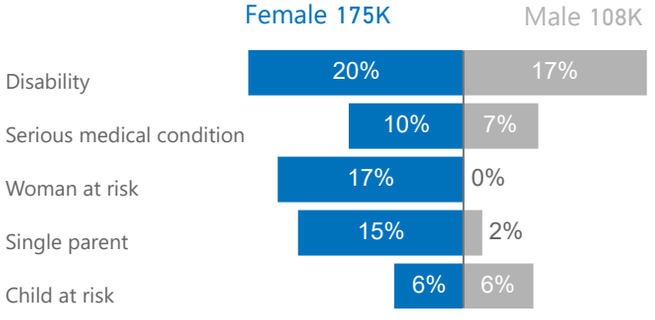
Population by settlement



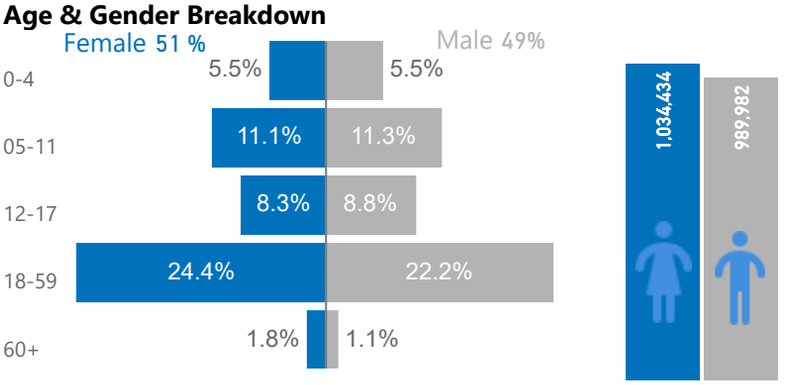
New arrival registration trend (last 6 months)



Most Common Specific Needs



Age & Gender Breakdown



Since the start of the year, 43,587 individuals seeking asylum, including 13,950 from Eritrea, 13,793 from South Sudan, 10,519 from the DR Congo, and 2,772 from Sudan have been registered in Uganda. 13,410 new births were also registered during the year. In total the population increased by 13,182 individuals (0.7%) from last month. Since the start of the conflict in Sudan in Mid-April 2023, 91,359 Sudanese fleeing the conflict have been registered in Uganda. There are currently 665,604 registered DR Congolese in Uganda, up 103,724 since end 2024.

Source: Uganda's Office of the Prime Minister (OPM) / proGres

Creation date: 01-Jun-2026

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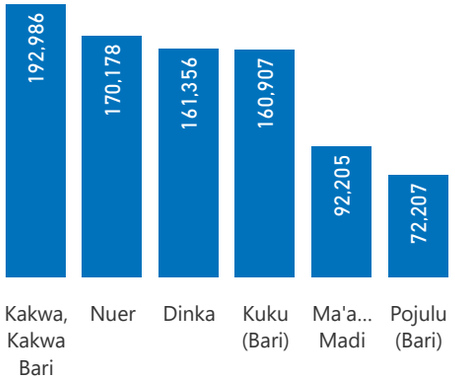
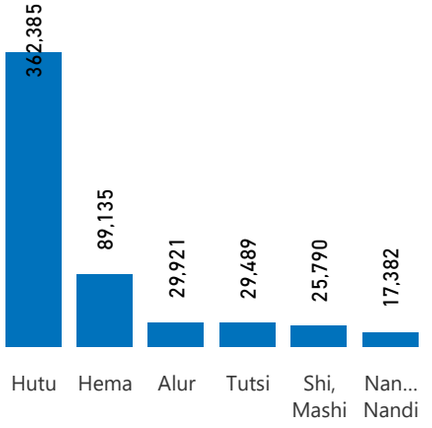
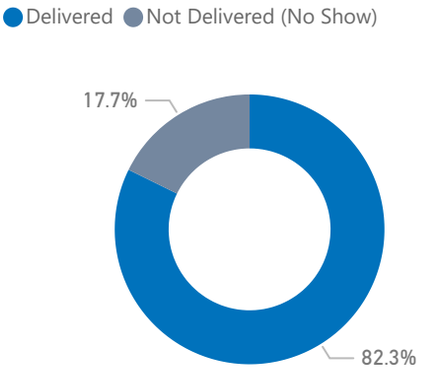
Main South Sudanese Ethnicities



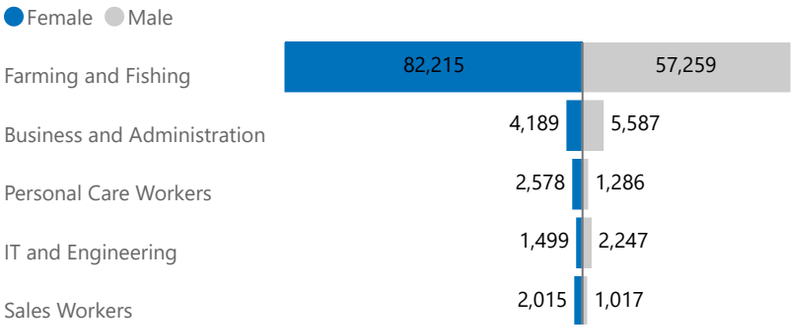
Main Congolese Ethnicities



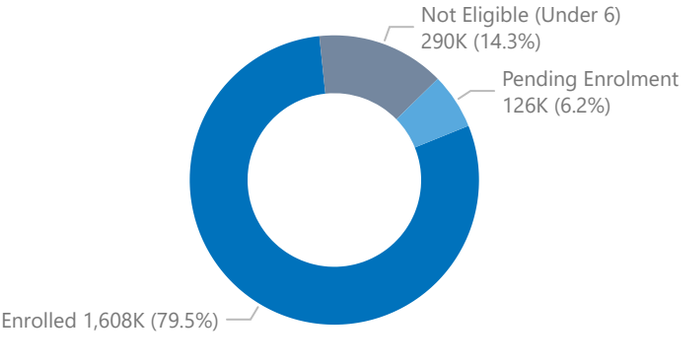
Access to Food/Cash Assistance

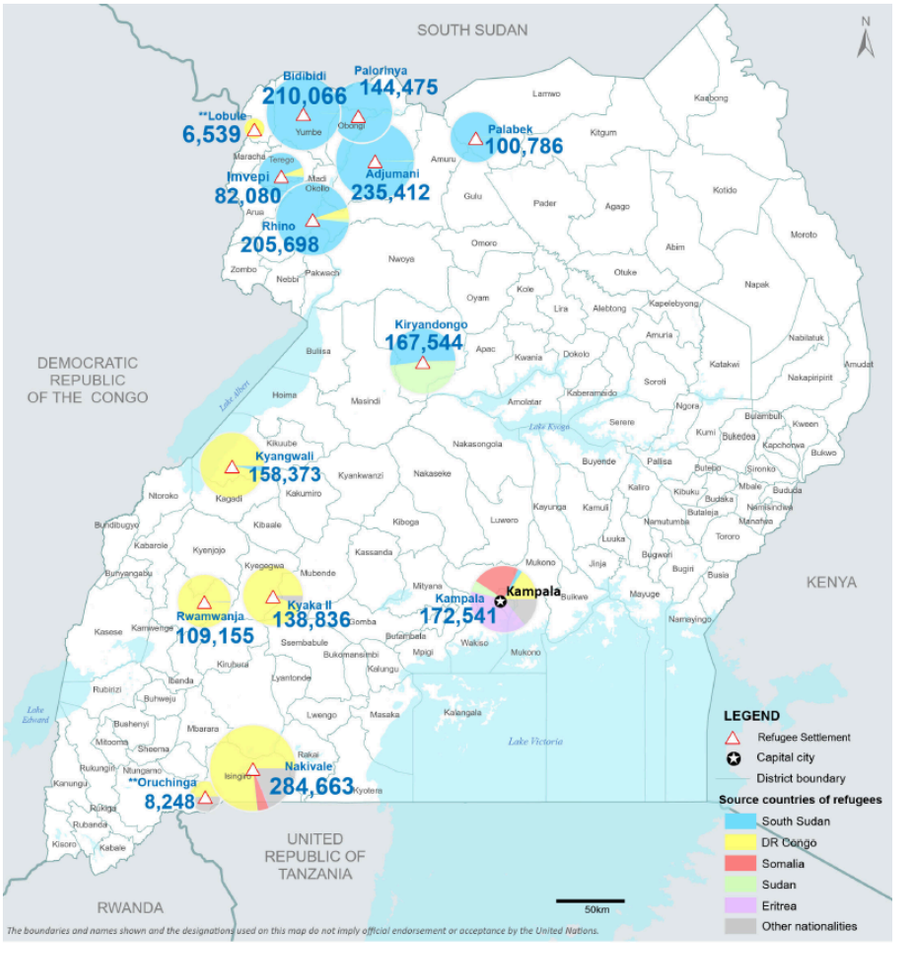


Main Occupations

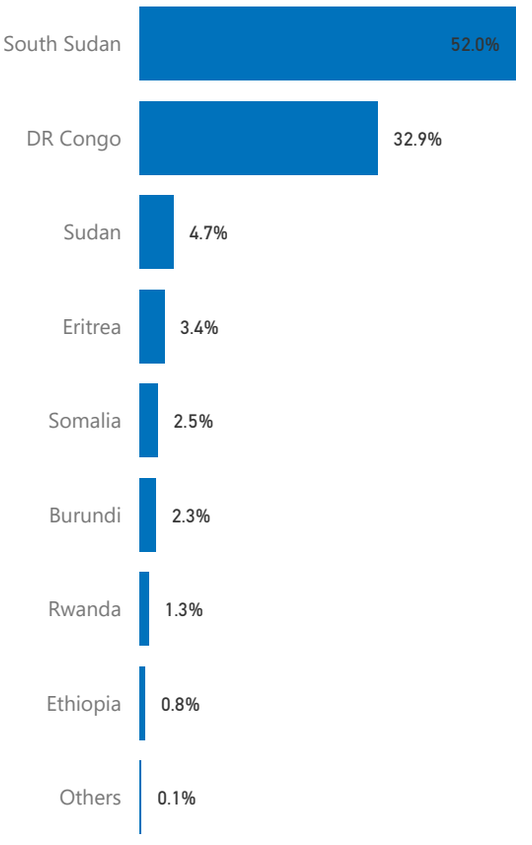


Biometric Enrolment





Main Countries of Origin



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