UGANDA - OVERVIEW OF REFUGEES AND ASYLUM-SEEKERS

as of 31-Jul-2026

Key Facts

Individuals 2,036,021
- Refugees 1,959,525
- Asy. Seeker 76,496

Households 557,136
- Refugees 510,970
- Asy. Seeker 46,166

Elderly 3% 58,865

Women & Children 77% 1,559,933

Under 18 50% 1,025,258

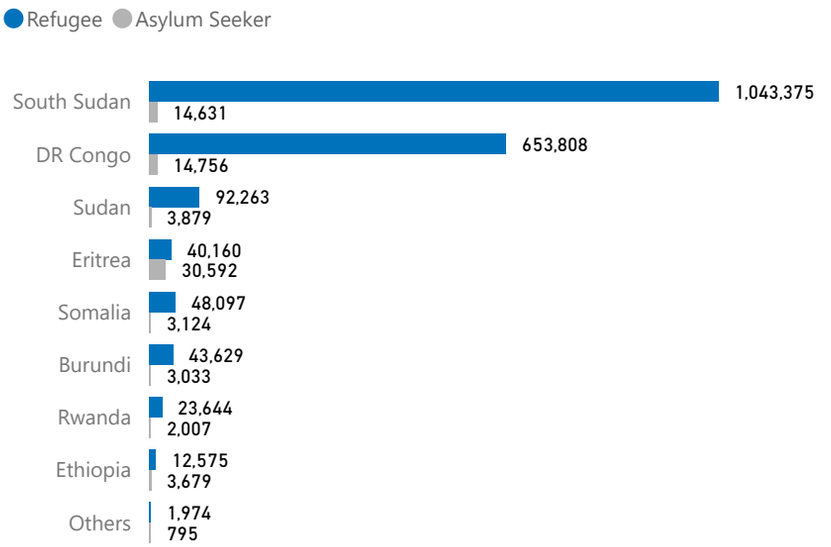
Female 51% 1,040,318

Under 12 33% 678,690

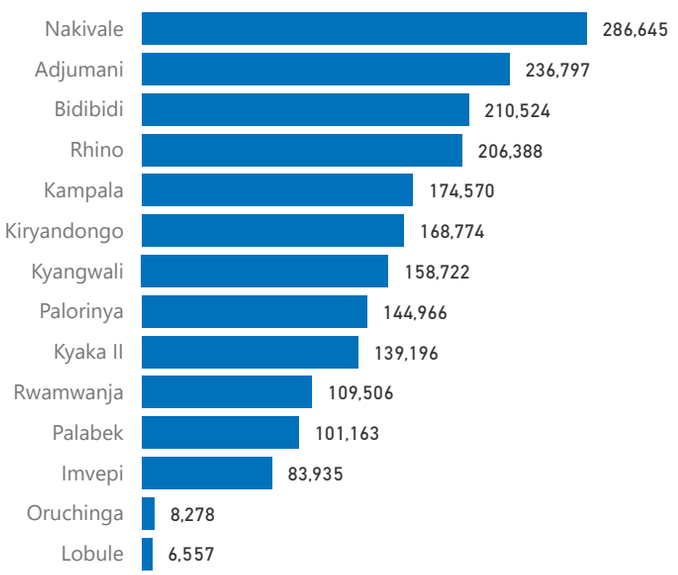
Youth (15-24) 26% 530,080

Urban 9% | Settlements 91%

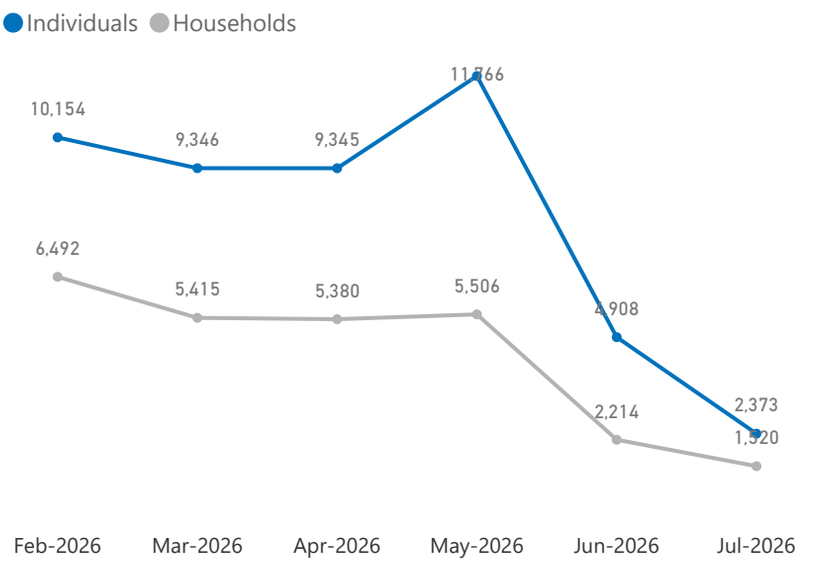
Country of Origin and Legal/Refugee Status



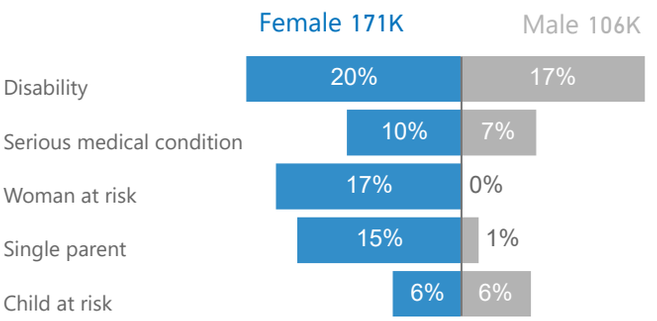
Population by settlement



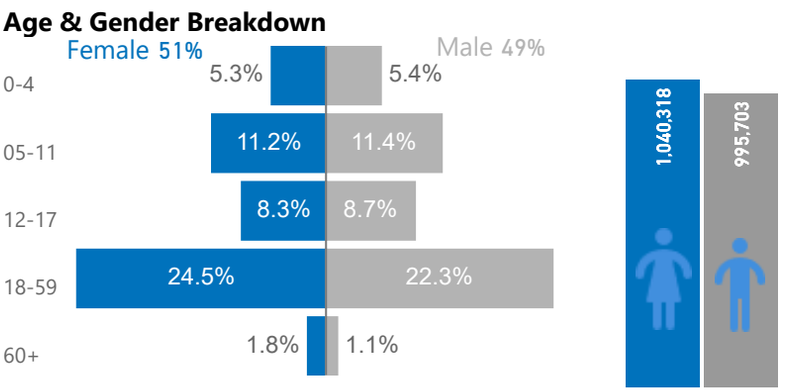
New arrival registration trend (last 6 months)



Most Common Specific Needs



Age & Gender Breakdown



Since the start of the year, 50,801 individuals seeking asylum, including 16,461 from South Sudan, 15,481 from Eritrea, 11,597 from the DR Congo, and 4,426 from Sudan have been registered in Uganda. 18,856 new births were also registered during the year. In total the population increased by 4,324 individuals (0.2%) from last month. Since the start of the conflict in Sudan in Mid-April 2023, 92,653 Sudanese fleeing the conflict have been registered in Uganda. There are currently 668,564 registered DR Congolese in Uganda, up 106,684 since end 2024.

Source: Uganda's Office of the Prime Minister (OPM) / proGres

Creation date: 03-Aug-2026

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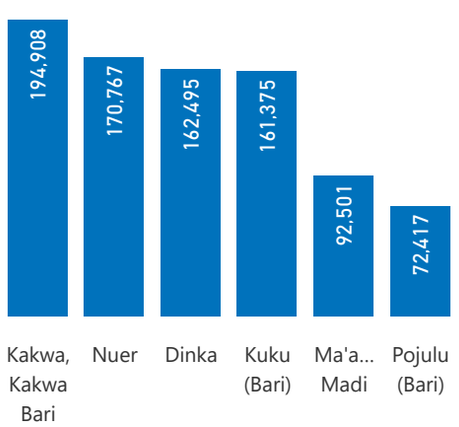
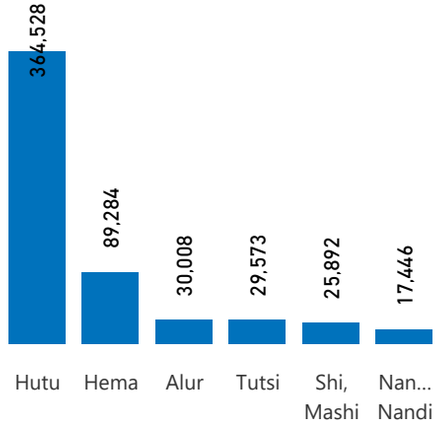
as of 31-Jul-2026

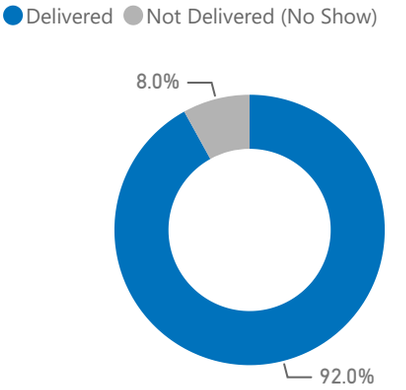
Main South Sudanese Ethnicities



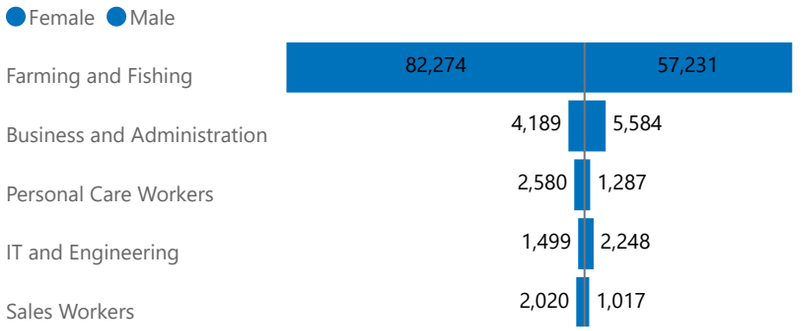
Main Congolese Ethnicities



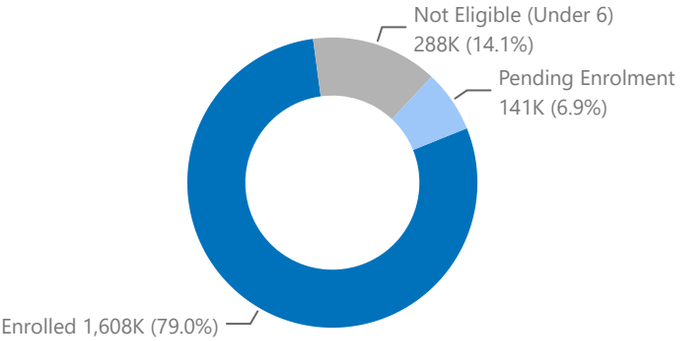
Access to Food/Cash Assistance

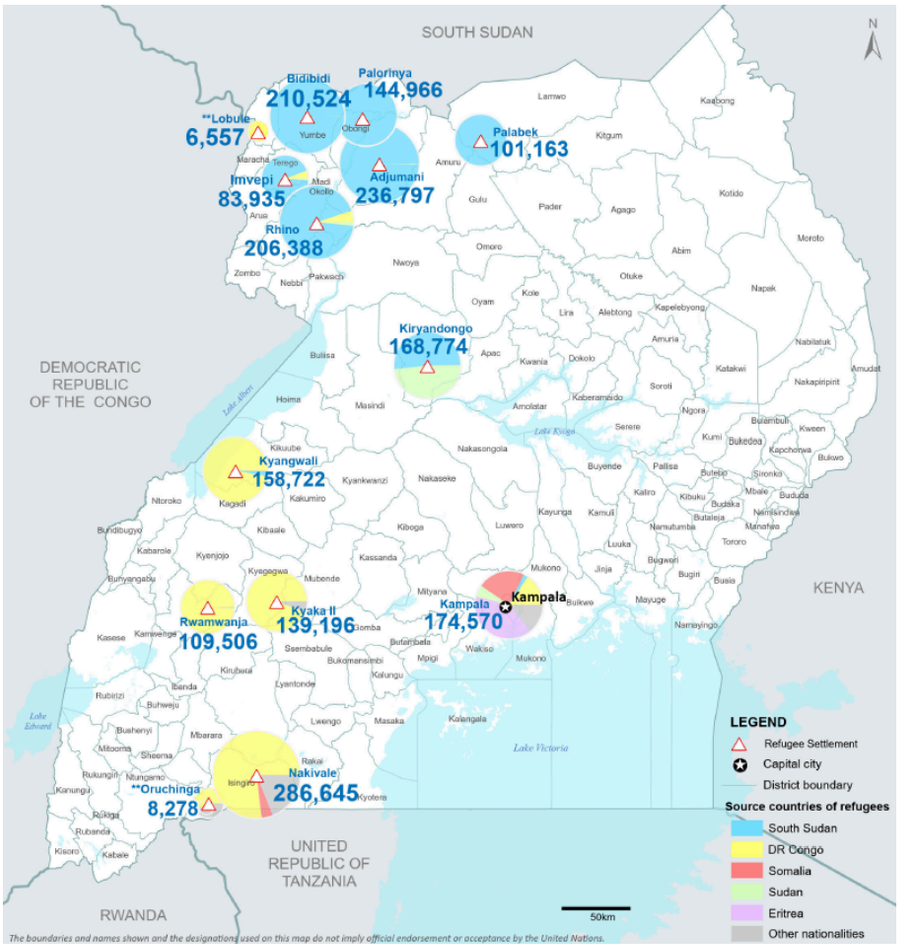


Main Occupations

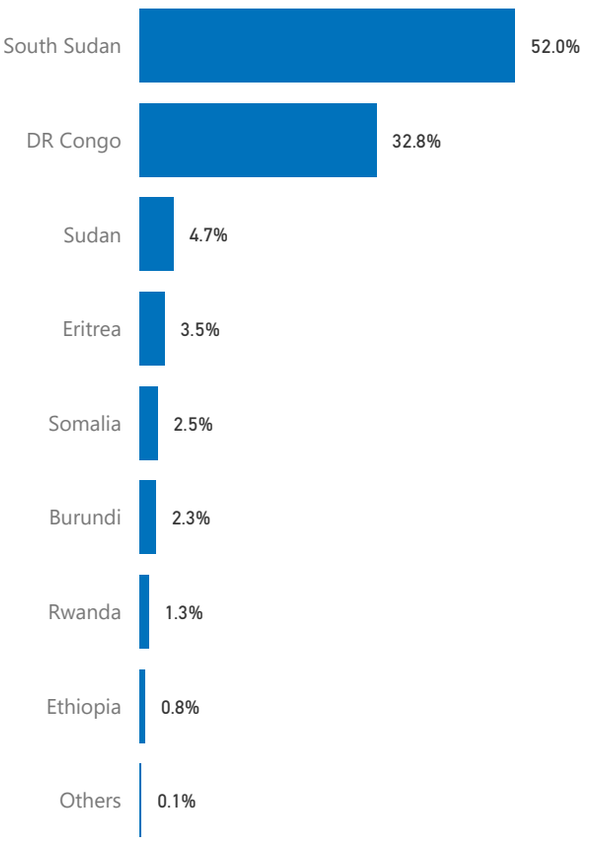


Biometric Enrolment





Main Countries of Origin



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