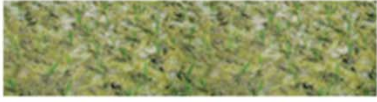




Minimum Food Basket

Beirut, 23th July 2013



Food voucher value in terms of energy, macro & micronutrients

- 1- Nutritional value covered by the summer food voucher = 27 \$
- 2- Commodities used to meet the requirements of energy, macro & micronutrients
- 3- MFB meeting more than 60% of most micronutrients requirements.
- 4- Winterization
- 5- Nutritional value of the VASyR food basket.

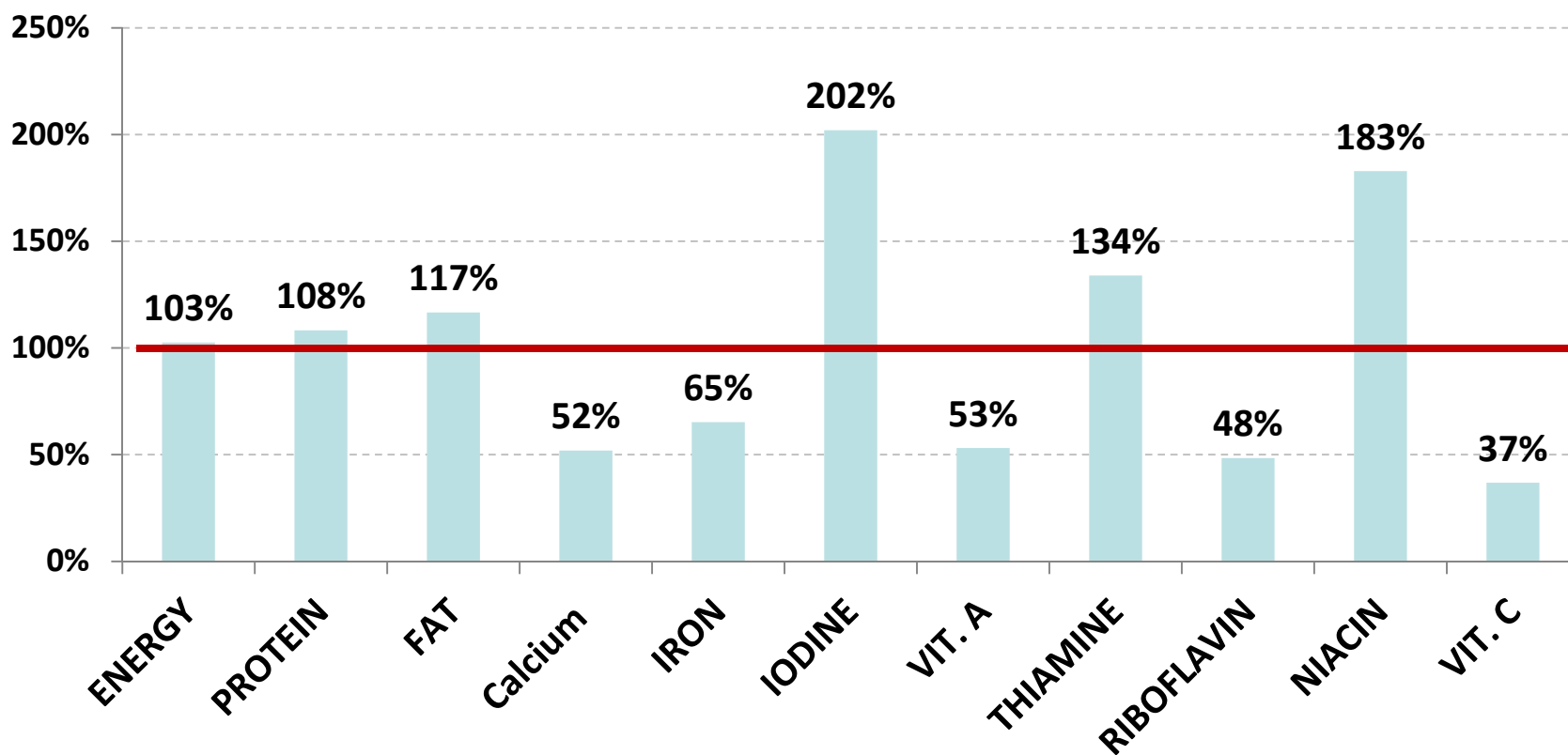


Food basket voucher 27\$

Commodities	Ration (g)/day	Prices
Medium grain rice	200	310
Bulgur	130	162.5
Pasta	50	75.5
Pulses	50	121.5
Sugar	50	65
Sunflower oil	33	82.5
Iodized salt	5	2.585
Canned meat	38	418
Milk	5	65.6
Lemon	5	5
Leaves ,green vegetables	42	42



Nutritional value of food voucher 27\$



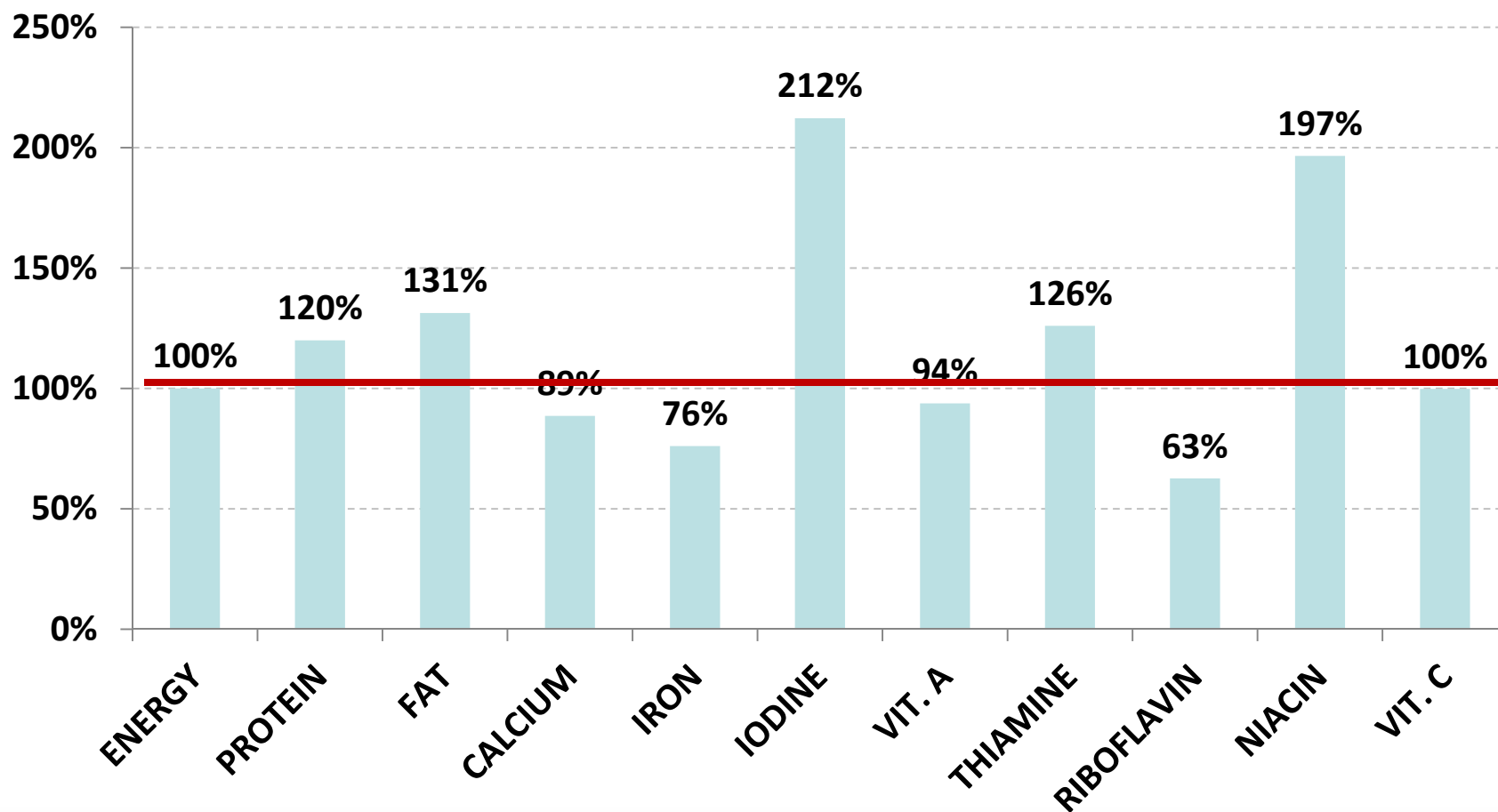


MFB : commodities & quantities

Commodity	Ration /	Cost (LBP/ration size)
Medium Grain Rice	100	155
Bulgur	130	162.5
Pasta	50	75.5
pulses	60	145.8
Sugar	50	65
Sunflower Oil	33	82.5
Iodized Salt	5	2.585
Canned Meat	38	418
milk	20	296.875
Egg	20	84.8
bread	60	83
Lemon	30	30
Leaves	65	65
Total cost in LBP		1566.56 LBP
Total Cost in \$		1.04 \$



MFB meeting more than 60% of micronutrient requirements



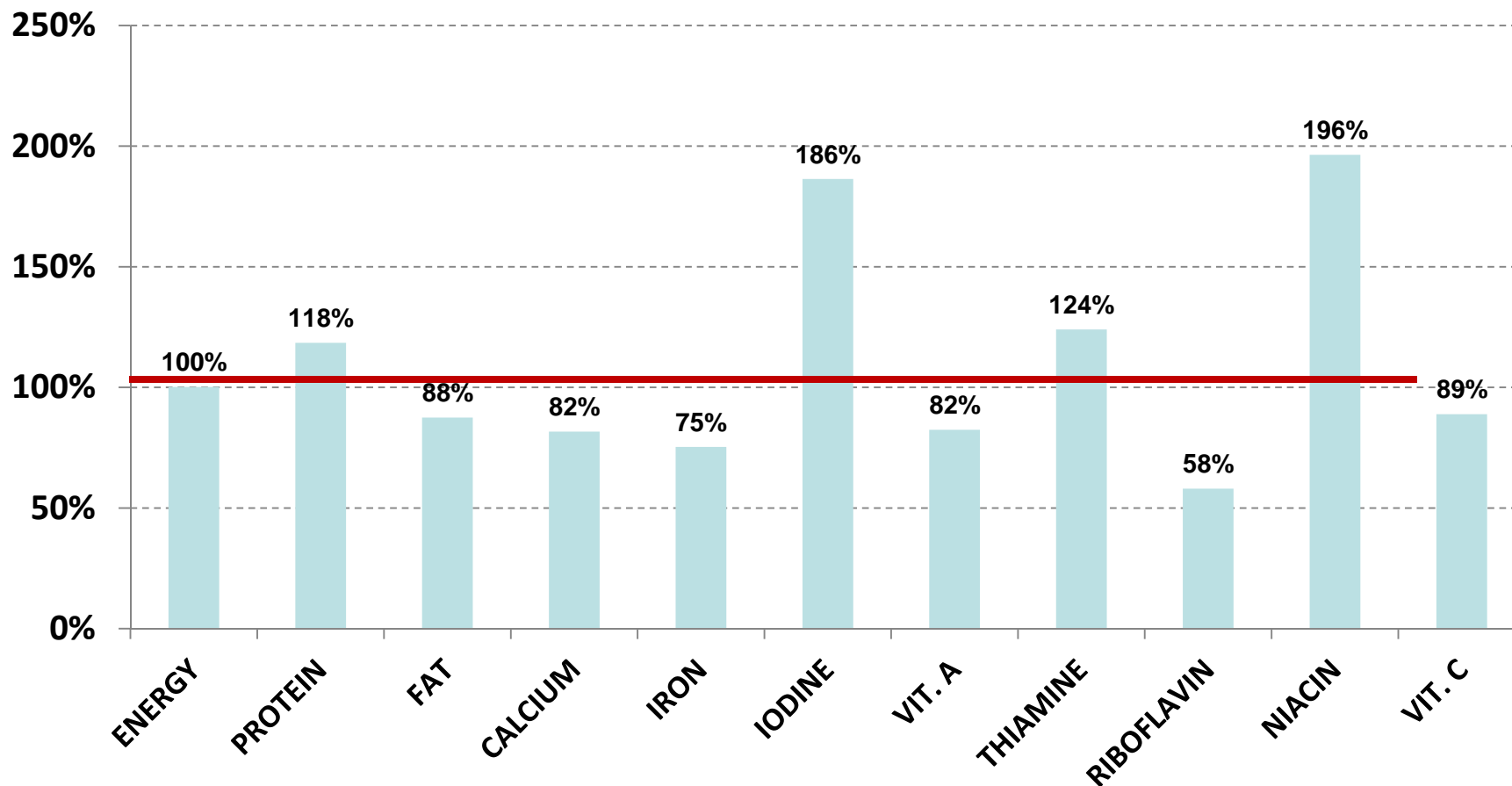


Minimum winter food basket 2400 Kcal.

Commodities	Ration (g)/day	Prices in LBP
Medium grain rice	150	232.5
Bulgur	130	162.5
Pasta	50	75.5
Pulses	60	145.8
Sugar	65	84.5
Sunflower oil	33	82.5
Iodized salt	5	2.585
Canned meat	38	418
Milk	20	196.88
Egg	20	84.8
Bread	75	83
Lemon	30	30
Leaves	65	65
Total cost in LBP		1663.6
Total cost in \$		33.27 \$



Nutritional value of Minimum winter food basket



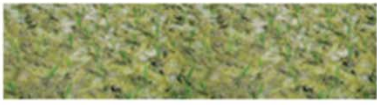


VASyR Food Basket

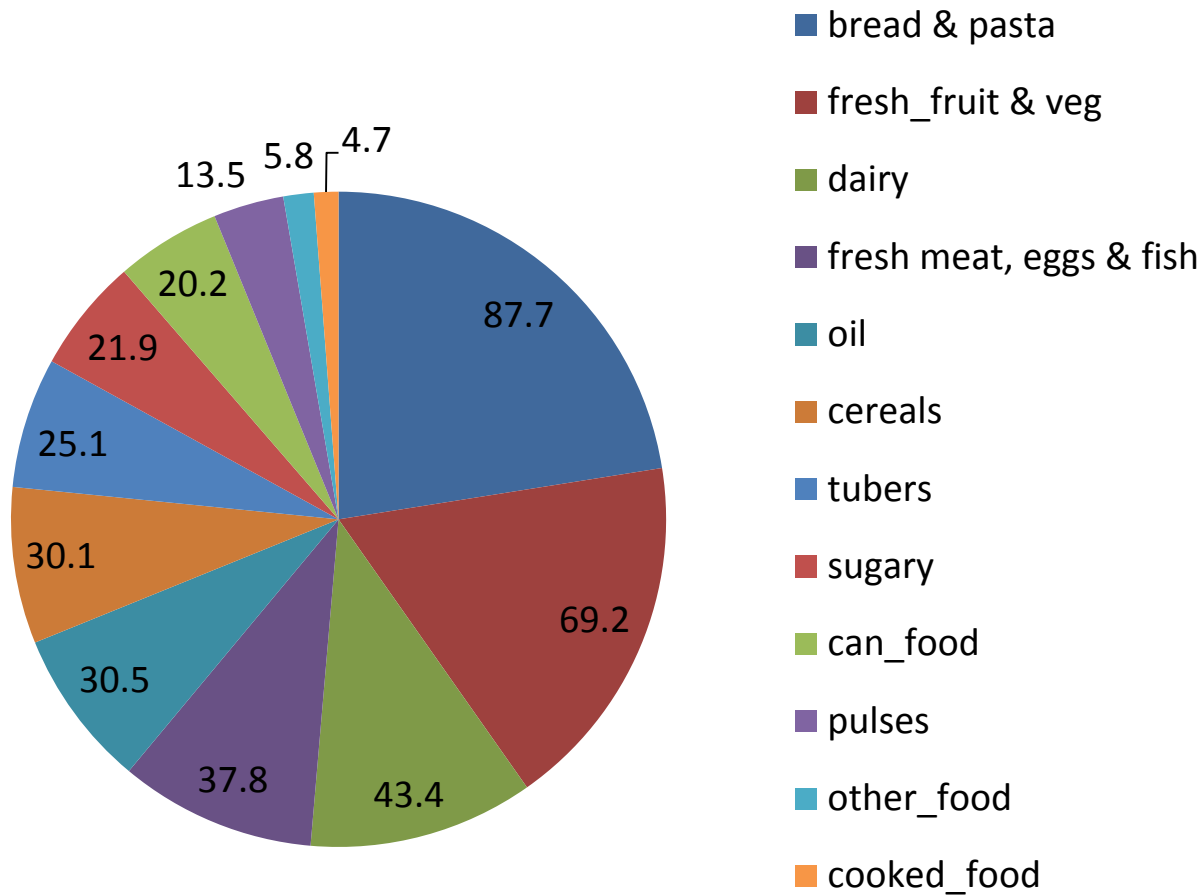


Assumptions:

- Commodities consumed per food groups based on voucher invoices food preferences.
- National average of food commodities prices (source of data: WFP sub-offices)



Monthly food expenditure



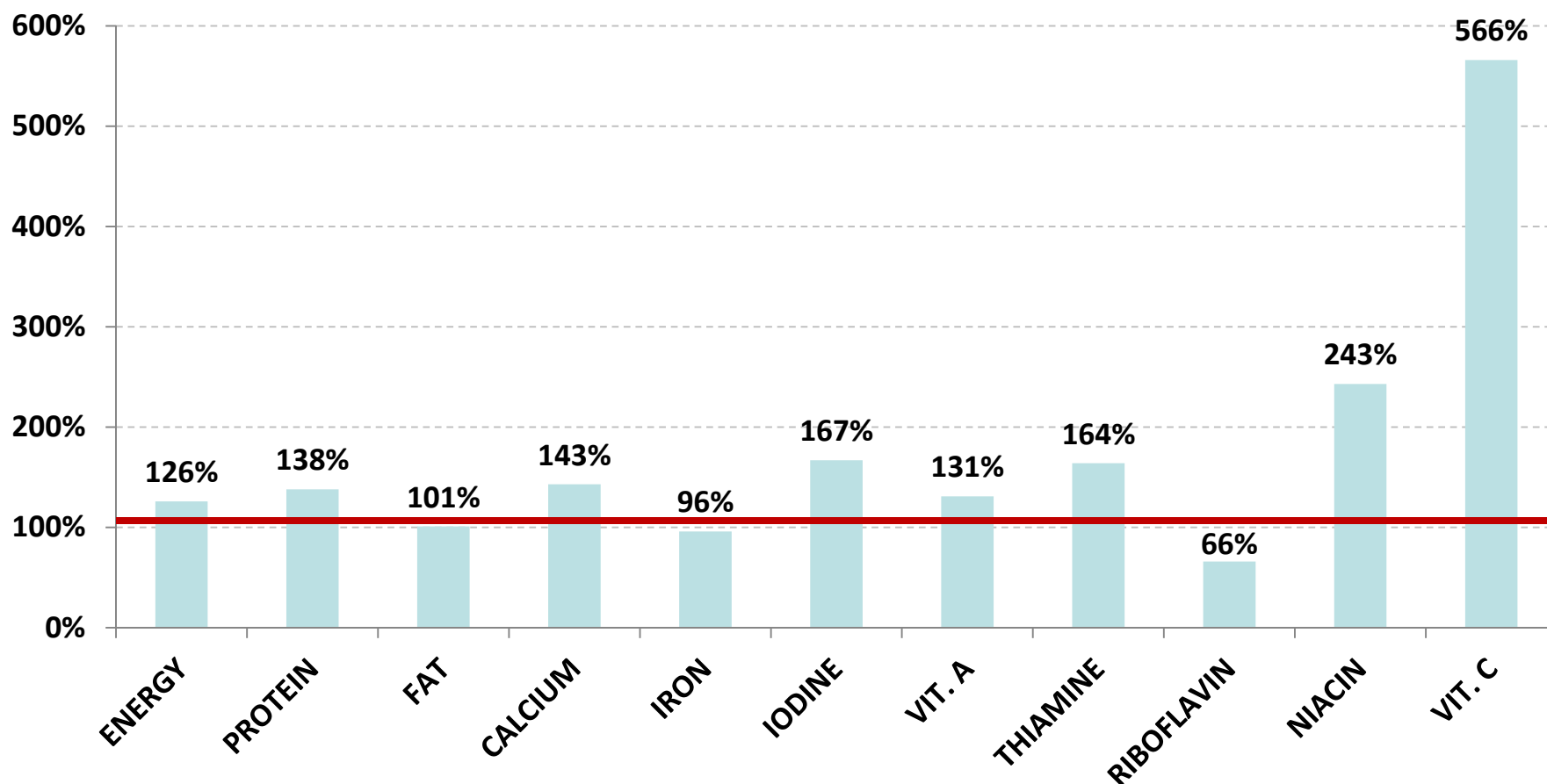


VASyR Food Basket : commodities & quantities

	Daily RATION g/person/day	VASyR price LBP
Rice, polished	58	107.3
Lentils	14	46.648
Oil, vegetable	15	686.25
Bread, white	218	469.139
Pasta, macaroni	73	157.096
Bulgur wheat	58	107.3
Potato, irish	231	179.025
Beans, dried	15	46.648
Dried whole milk (dwm)	14	80.654
Cheese, canned	20	39.72
Sugar	142	214.278
Tomato paste	7	54.803
Canned fish	6	46.974
Canned meat	6	46.974
Egg, hen, fresh	31	268.125
Fish fillet, cod, fresh	8	55
Tomatoes, red, ripe	87	148.335
Leaves, light green, e.G. Cabbage	203	346.115
Spices mixed, tumeric	41	61.5
Salt	41	20.5
Total		3182.384
		95471 LL
		63\$



Nutritional value of the VASyR Food Basket





Thank you



Questions or comments ?