

CORONAVIRUS (COVID-19)



WHAT YOU SHOULD DO TO PREVENT COVID-19



Maintain a distance of at least 2 metres from each others



Regularly wash your hands with soap and running water or use an alcohol-based hand rub/sanitiser



Cover your mouth and nose with a tissue, handkerchief or bent elbow when coughing and sneezing



Stay at home
To prevent the spread
of the virus



Avoid touching your eyes, nose and mouth



Avoid handshaking and hugging



Avoid contact with anyone with flu-like symptoms (fever, cough, sneezing)

For more information, call the Ministry of Health toll free line on: **919, 0800-100-066, 0800-203-033** and **0800-303-033** or WhatsApp on **0770-818-139** or send a **free SMS** to Ureport on **8500**





