
SOMA workshop: educating adolescents to prevent sexual abuse

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Definition & Statistics

Child sexual abuse:

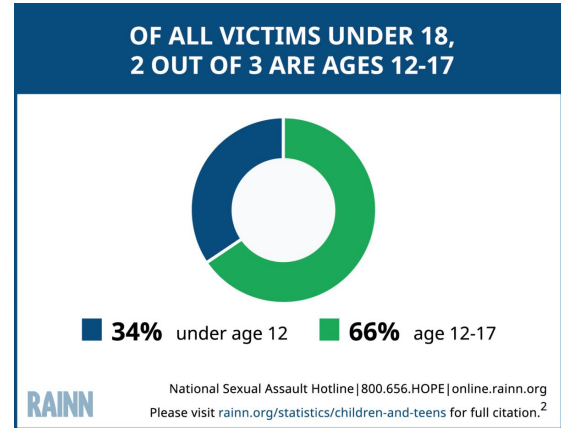
- ❑ Cannot give consent.
- ❑ Cannot comprehend.
- ❑ Developmentally immature.
- ❑ With or without physical contact.
- ❑ + internet exploitation.

In Greece:

1 in 5 children have been sexually abused *and*

9 in 10 remain without diagnosis, protection and treatment.

On the other hand, **inadequate education and protection system.**



Risk factors

VS

Protective factors

- Drug abuse
- Female sex
- Sexual behavior
- Adverse childhood experiences
- Sexual abuse
- Sexuality - LGBTQI+
- Disability
- Environment
- Perpetrator: toxic masculinity, acceptance of violence, misogyny

- Environment
- Social institutions
- **Skills based sex education**



ΣΩΜΑ

“Εκπαίδευση Εφήβων στην Πρόληψη της Σεξουαλικής Κακοποίησης”

WORKSHOP

Με την στήριξη:



Eliza

πρόληψη + αναγνώριση
παιδικής κακοποίησης

Content (1)



Content (2)

3 workstations:

- Body and genitals.
- Consent.
- Myths and facts about sexual abuse.

Duration: max 2 hours.

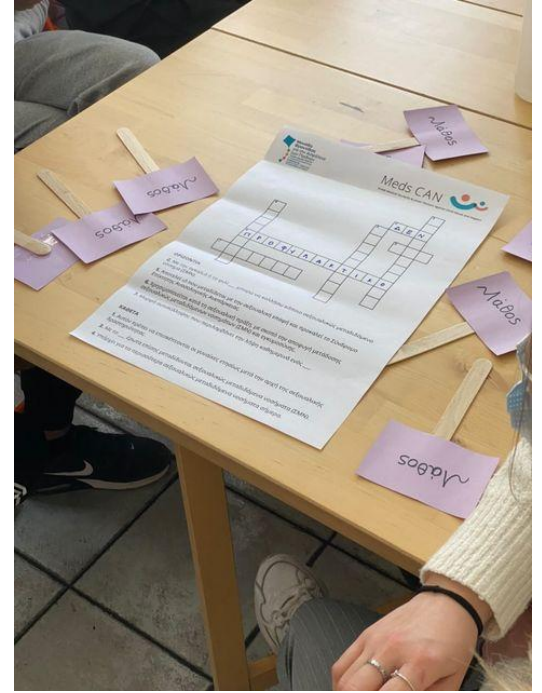
The team: interdisciplinary.



Childhelp Speak Up Be Safe -

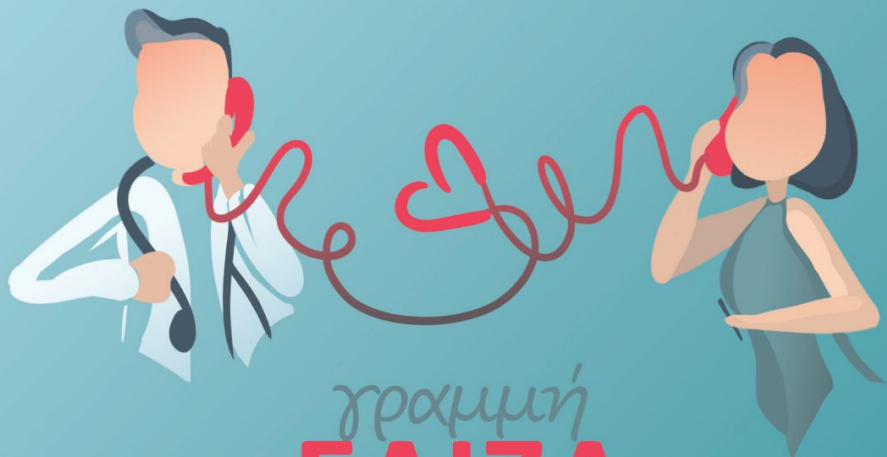
5 rules:

1. It's MY body!
2. Ask an adult if I'm safe.
3. I have choices.
4. Tell someone.
5. It's never my fault!



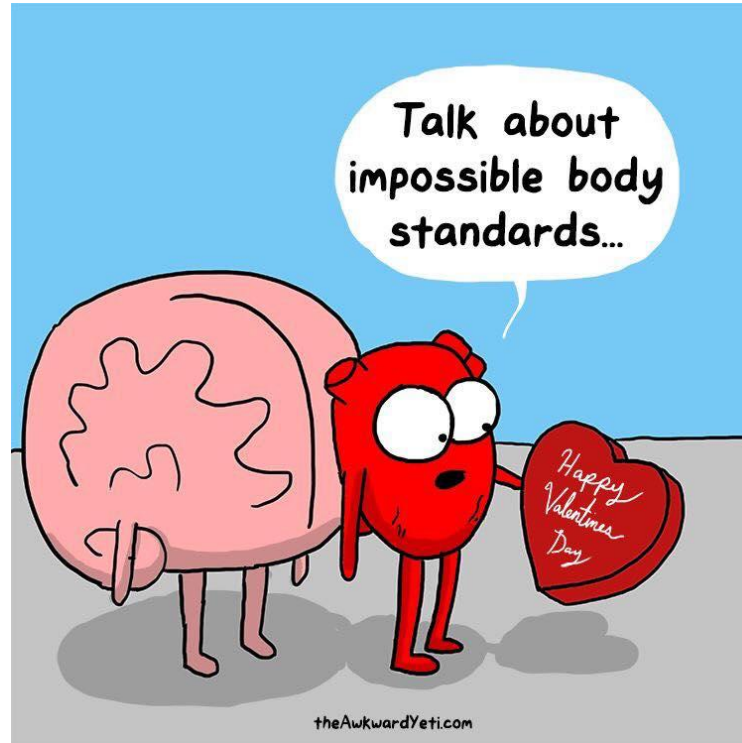
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Μίλησε μας. Γιατί τα παιδιά είναι ευθύνη όλων μας



χρυσή
ΕΛΙΖΑ

Thank you!



Βιβλιογραφία

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RAINN | Talking to your Kids about Sexual Assault (<https://www.rainn.org/articles/talking-your-kids-about-sexual-assault>)

DARKNESS TO LIGHT | Pre-Teens & Teens Your Conversation Guide

Πολύχρωμο Σχολείο | Σεξουαλική Κακοποίηση

https://www.americanbar.org/groups/crsj/publications/human_rights_magazine_home/human_rights_vol38_2011/human_rights_spring2011/comprehensive_sex_education_vs_abstinence_only_until_marriage_programs/

Childhelp | Childhelp Speak Up Be Safe Prevention Education Curriculum