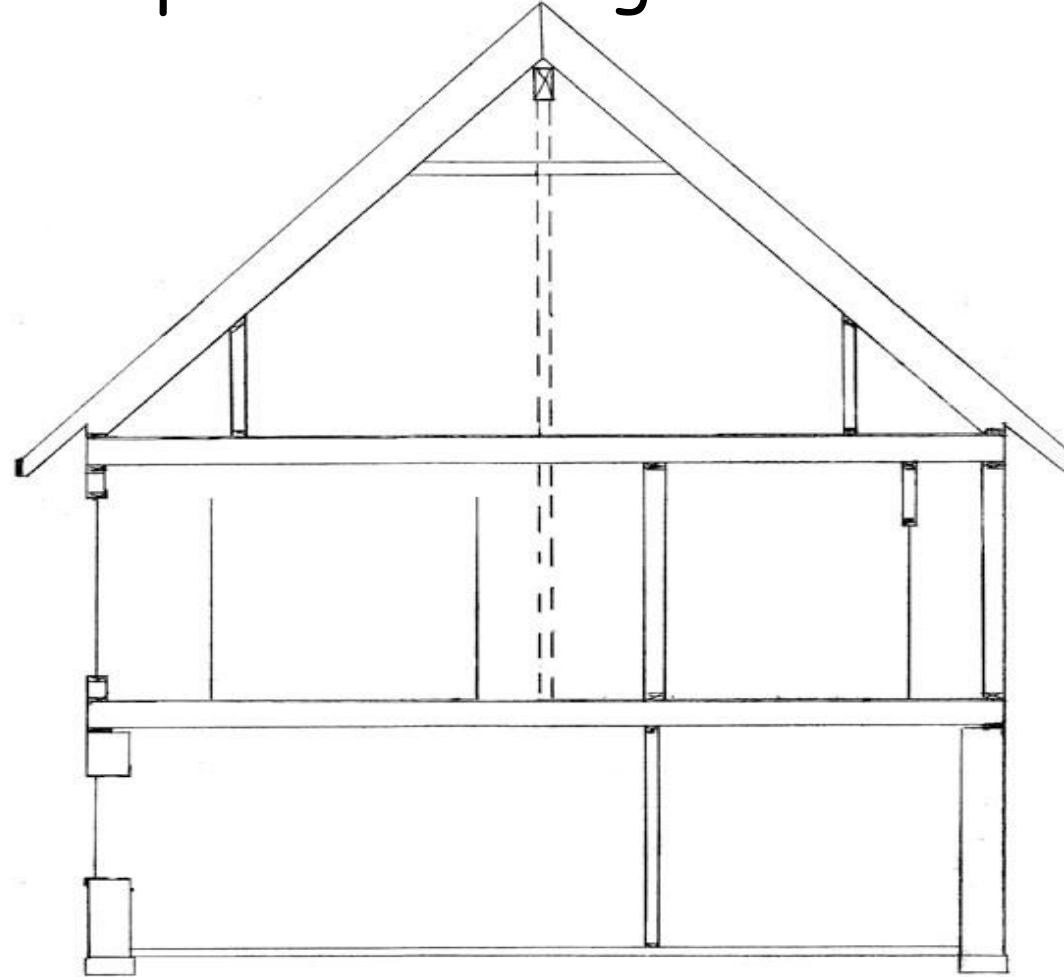


# Supported Independent Living in Adulthood (SILA 18+)



## SILA 18+

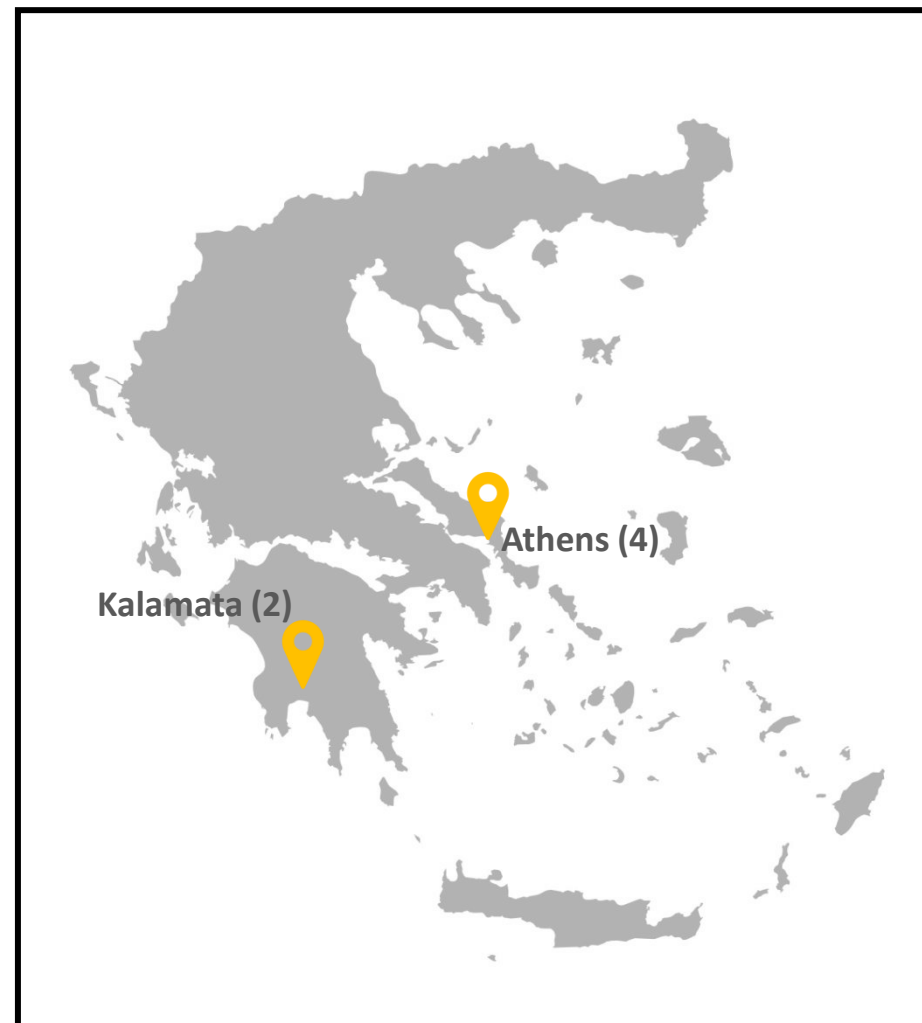


**60** young adults have been hosted in SILA 18+ flats

**Athens:** **4** apartments (1 apartment for young women)

**Kalamata:** **2** apartments

Total capacity: **26** places



Locations of flats in Greece

- Age (18-21)
- Legal status
- Level of the Greek language
- Level of autonomy
- No active psychiatric illness



## Goals

Safe environment – Integration - Empowerment - Access to the labor market

## Provisions

- Support during periods of unemployment
- Enhancement of life skills
- Assessment of legal , psychosocial & education
- Job counseling
- Flexible length of stay
- Individualized case plans/exit plans



**•Empowerment**

- Personalized support and counseling**
- Supporting beneficiaries in job searching techniques, CV writing, Cover Letters, Interviews**
- Referrals to trainings/workshops/seminars**
- Interconnection with the labor market**
- Job Club**

**STEPPING  
STONE:  
Education  
&  
Work**

- Scholarships
- Internships
- Employment



**Employability: 80%**  
**Fully Independent: 30%**



Referrals from:

METAdrasi programs &  
other organizations

Referrals to: [sila@metadrasi.org](mailto:sila@metadrasi.org)

Thank you  
for your attention!



Athens: 7, 25 Martiou Str., 17778 Tavros,  
T: (+30) 214 100 8700

