




## GENDER-BASED VIOLENCE (GBV)

### General scheme of assistance services with countrywide coverage

<b>GBV helpline</b>		<b>24/7 STATE TOLL-FREE LINES</b>		<b>UNHCR help</b>	
<b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, Mon-Sun 24/7		<b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>		<b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> <a href="https://help.unhcr.org/slovakia/cash-assistance/centre-locations/">https://help.unhcr.org/slovakia/cash-assistance/centre-locations/</a> <b>Blue Dots in Slovakia</b> <a href="https://bluedothub.org/country-hubs/slovakia/">https://bluedothub.org/country-hubs/slovakia/</a>	
<b>FREE LEGAL ASSISTANCE AND COUNSELLING</b>					
<b>Legal Aid Center</b> Centrum Právnej Pomoci Speaks in: Slovak ☎ 0650 105 100 🕒 Mon-Fri, 8.00-17.00 ✉ <a href="mailto:info@centrumpravnejpomoci.sk">info@centrumpravnejpomoci.sk</a> 📞 <a href="http://centrumpravnejpomoci.sk">centrumpravnejpomoci.sk</a>		<b>Legal help on discrimination and sexual harassment</b> Slovak National Centre for Human Rights Speaks in: English, Slovak, Ukrainian ☎ 02 20 850 121 🕒 Mon-Fri, 8.00-15.00 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📞 <a href="http://snslp.sk">snslp.sk</a>		<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free SK number, +421 252 630 023 non-SK number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📞 Telegram/Signal: +421 908 767 853 📞 <a href="http://mic.iom.sk">mic.iom.sk</a>	
<b>Information offices for victims of crime</b>					
Ministry of Interior offices in regional capitals Speaks in: Slovak and Ukrainian 📞 <a href="http://prevenciakriminality.sk/p/o-pomoci-obetiam">prevenciakriminality.sk/p/o-pomoci-obetiam</a> ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a>					
<b>PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES</b>					
<b>Free psychological support by phone</b> League for Mental Health Speaks in: Russian, Ukrainian ☎ 0800 222 450 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📞 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>		<b>In-person emergency crisis intervention</b> Blue Angels psychologists Speaks in: English, Slovak, Ukrainian ☎ 0944 171 272 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:modryanjel@modryanjel.sk">modryanjel@modryanjel.sk</a> 📞 <a href="http://modryanjel.sk">modryanjel.sk</a>		<b>Social, psychological, and legal help</b> Intervention centers for domestic violence in all regional capitals Speaks in: Slovak 📞 <a href="http://pomocpreobete.gov.sk">pomocpreobete.gov.sk</a>	
<b>Information on services for survivors of GBV</b> Coordinating Methodological Centre for Prevention of Violence against Women Speaks in: Slovak 📞 <a href="http://zastavmenasilie.gov.sk/adresar">zastavmenasilie.gov.sk/adresar</a>					
<b>HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE</b>					
<b>Equita NGO</b> Facilitating access to healthcare services Speaks: English, Slovak, Ukrainian ☎ 0948 339 647 🕒 Mon-Fri, 08:00-18:00 ✉ <a href="mailto:info@equita.sk">info@equita.sk</a> 📞 <a href="http://equita.sk">equita.sk</a>		<b>Access to sexual and reproductive services and abortion care</b> Provided by NGO Freedom of Choice ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14-18, Thu 9- 13 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📞 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>		<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 02 21025075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📞 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	
<b>More information in Ukrainian language about</b> gynecological care and available services for pregnant women					
					
<b>OTHER SPECIALIZED HELPLINES</b>					
<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📞 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>		<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📞 <a href="http://ldi.sk">ldi.sk</a>		<b>Free Helpline for Victims of Trafficking provided by Charitas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	
<b>Crisis Intervention Helpline</b> provided by IPcko Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>					

## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### BRATISLAVA region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7		<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>		<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> Bottova 7, Bratislava <b>Blue Dot :</b> Bottova 7, Bratislava	
<b>FREE LEGAL ASSISTANCE AND COUNSELLING</b>					
<b>General legal assistance for refugees</b> Human Rights League Assisting and Support Center Bottova 7, Bratislava Speaks in: English, Slovak, Ukrainian ☎ 0800 222 350 🕒 Mon-Fri, 8.00-18.00 ✉ <a href="mailto:hrl@hrl.sk">hrl@hrl.sk</a> 📍 <a href="http://ukraineslovakia.sk">ukraineslovakia.sk</a>		<b>Legal help on discrimination and sexual harassment</b> Slovak National Centre for Human Rights Speaks in: English, Slovak, Ukrainian ☎ 0220 850 121 🕒 Mon-Fri, 8.00-15.00 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📍 <a href="http://snslp.sk">snslp.sk</a>		<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free SK number, +421 252 630 023 non-SK number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📠 Telegram/Signal: +421 908 767 853 📍 <a href="http://mic.iom.sk">mic.iom.sk</a>	
<b>Information offices for victims of crime</b> Ministry of Interior, Bratislava office Client Centre at Tomášikova 46, Bratislava Speaks in: Slovak ☎ 0961 046 014, 0908 794 281 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📍 <a href="http://prevenciakriminality.sk">prevenciakriminality.sk</a>					
<b>PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES</b>					
<b>Free psychological support by phone</b> League for Mental Health Speaks in: Russian, Ukrainian ☎ 0800 222 450 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📍 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>		<b>Social, psychological and legal help</b> Intervention center for domestic violence - Centrum Nádej Speaks in: Slovak ☎ 0905 463 425 🕒 Mon-Fri, 08:00-18:00 ✉ <a href="mailto:office@centrumnadej.sk">office@centrumnadej.sk</a> 📍 <a href="http://centrumnadej.sk">centrumnadej.sk</a>		<b>Shelter and counselling for survivors of domestic violence</b> Speaks in: English, Slovak Brána do života ☎ 0915 439 245 🕒 Mon-Fri, 08:00-17:00 ✉ <a href="mailto:poradna@branadozivota.sk">poradna@branadozivota.sk</a> 📍 <a href="http://branadozivota.sk">branadozivota.sk</a>	
<b>In-person emergency crisis intervention</b> Blue Angels psychologists Speaks in: English, Slovak, Ukrainian ☎ 0944 171 272 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:modryanjel@modryanjel.sk">modryanjel@modryanjel.sk</a> 📍 <a href="http://modryanjel.sk">modryanjel.sk</a>					
<b>HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE</b>					
<b>Primary medical healthcare</b> Rovniankova 1, Health Clinic Speaks: English, Slovak, Ukrainian ☎ 0948 339 647 🕒 Mon-Fri, 08:00-18:00 ✉ <a href="mailto:info@equita.sk">info@equita.sk</a> 📍 <a href="http://equita.sk">equita.sk</a>		<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 0221 025 075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📍 <a href="http://ua.diagnose.me">ua.diagnose.me</a>		<b>More information in Ukrainian language about:</b> Health services in the Bratislava region  Gynecological care and services for pregnant women 	
<b>Access to sexual and reproductive services and abortion care</b> ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14-18, Thu 9- 13 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📍 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>					
<b>OTHER SPECIALIZED HELPLINES</b>					
<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📍 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>		<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📍 <a href="http://ldi.sk">ldi.sk</a>		<b>Free Helpline for Victims of Trafficking provided by Charitas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	
<b>Crisis Intervention Helpline provided by IPcko</b> Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>					

## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### KOŠICE region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7	<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>	<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> Staničné Námestie 9, Košice <b>Blue Dot:</b> Staničné Námestie 9, Košice
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#### FREE LEGAL ASSISTANCE AND COUNSELLING

<b>General legal assistance for refugees</b> Human Rights League - legal aid Integration center, Strojárska 3, Košice Speaks in: Slovak, Ukrainian, English ☎ 0800 222 350 🕒 Mon-Fri, 8.00-17.00 ✉ hrl@hrl.sk 📍 <a href="http://ukraineslovakia.sk">ukraineslovakia.sk</a>	<b>Legal help on discrimination/sex.harassment</b> Slovak National Centre for Human Rights Hlavná 68, Košice Speaks in: Slovak, English, Ukrainian ☎ 0220 850 121 🕒 Mon-Fri, 9.00-12.00, 13.00-14.30 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📍 <a href="http://snslp.sk">snslp.sk</a>	<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free SK number, +421 252 630 023 non-SK number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📠 Telegram/Signal: +421 908 767 853 📍 <a href="http://mic.iom.sk">mic.iom.sk</a>	<b>Information offices for victims of crime</b> Ministry of Interior, Košice office Client Centre at Komenského 52, Košice ☎ 055/6001445, 0908 734 961 – Speaks in Slovak 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📍 <a href="http://prevenciakriminality.sk/">prevenciakriminality.sk/</a>
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#### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

<b>Free psychological support by phone in UA language</b> - Line Nezábudka League for Mental Health, ☎ 0800 222 450 – Speaks in UA, RUS 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📍 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>	<b>Intervention center for domestic violence</b> Fenestra, Košice + Rožňava ☎ 0911 224 777 – Speaks in SK/EN 🕒 Mon-Fri, 08:00-16:00 ✉ <a href="mailto:fenestra@fenestra.sk">fenestra@fenestra.sk</a> 📍 <a href="http://fenestra.sk">fenestra.sk</a>	<b>Intervention Center for domestic violence</b> Hana, Spišská Nová Ves + Gelnica ☎ 0903 404 483 – speaks in SK/EN 🕒 Mon-Fri, 09:00-17:00 ✉ <a href="mailto:zhana@ozhana.sk">zhana@ozhana.sk</a> 📍 <a href="http://ozhana.sk">ozhana.sk</a>	<b>Intervention center for domestic violence</b> Pomoc rodine, Michalovce + Sobrance + Trebišov ☎ 0566 884 473 - Speaks in SK 🕒 Mon-Fri, 07:30-15:30 ✉ <a href="mailto:pomocrodine@pomocrodine.sk">pomocrodine@pomocrodine.sk</a> 📍 <a href="http://pomocrodine.sk">pomocrodine.sk</a>
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#### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

<b>Primary medical healthcare for adults</b> Areal UNLP Hospital, Rastislavova 43, Košice, Speaks in: English, Slovak, Ukrainian, Russian ☎ 0556152941, 0556152942 🕒 Mon-Fri, 7:30-15:30 ✉ <a href="mailto:unlp@unlp.sk">unlp@unlp.sk</a> 📍 <a href="http://unlp.sk/ukraine-care-center/">unlp.sk/ukraine-care-center/</a>	<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 0221 025 075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📍 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	<b>More information in Ukrainian language about:</b> Gynecological care and services for pregnant women <div style="text-align: center;">  </div>	<b>Access to sexual and reproductive services and abortion care</b> Provided by NGO Freedom of Choice ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14.00-18.00, Thu 9.00- 13.00 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📍 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>
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#### OTHER SPECIALIZED HELPLINES

<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📍 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>	<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📍 <a href="http://ldi.sk">ldi.sk</a>	<b>Free Helpline for Victims of Trafficking provided by Charitas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	<b>Crisis Intervention Helpline</b> provided by IPcko Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>
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## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS PREŠOV region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7	<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>	<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> Župný dom, Slovenská 40, Prešov
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### FREE LEGAL ASSISTANCE AND COUNSELLING

<b>General legal assistance for refugees</b> Human Rights League - legal aid Integration center, Strojárska 3, Košice Speaks in: Slovak, Ukrainian, English ☎ 0800 222 350 🕒 Mon-Fri, 8.00-17.00 ✉ hrl@hrl.sk 📞 <a href="http://ukraineslovakia.sk">ukraineslovakia.sk</a>	<b>Legal help on discrimination/sexual harassment</b> Slovak National Centre for Human Rights Hlavná 68, Košice Speaks in: Slovak, English, Ukrainian ☎ 0220 850 121 🕒 Mon-Fri, 9.00-12.00, 13.00-14.30 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📞 <a href="http://snslp.sk">snslp.sk</a>	<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free from Slovak Number, +421 252 630 023 from non-Slovak number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📞 Telegram/Signal: +421 908 767 853 📞 <a href="http://mic.iom.sk">mic.iom.sk</a>	<b>Information offices for victims of crime</b> Ministry of Interior, Prešov office Client Centre at Levočská 3, Prešov Speaks in: Slovak ☎ 0517082458, 0908 796 810 🕒 Mon-Thu 8.00-15.00, Fri 8.00-14.00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📞 <a href="http://prevenciakriminality.sk">prevenciakriminality.sk</a>
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### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

<b>Free psychological support by phone in UA language</b> League for Mental Help, Linka dôvery Nezábudka ☎ 0800 222 450 – speaks in Ukrainian, Russian 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📞 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>	<b>Intervention center for domestic violence</b> Mymamy, Prešov Speaks in: Slovak, English Raymanova 9, Prešov - by appointment ☎ 0902 822 163 – Speaks in SK/EN 🕒 Mon-Fri, 09.00-17.00 ✉ <a href="mailto:icpo@mymamy.sk">icpo@mymamy.sk</a> 📞 <a href="http://mymamy.sk">mymamy.sk</a>	<b>Counseling center for women and shelter for survivors of domestic violence</b> Mymamy, Prešov Speaks in: Slovak, English ☎ 0911 444 991 crisis line 🕒 Mon-Fri, 08.00-17.00 ✉ <a href="mailto:info@mymamy.sk">info@mymamy.sk</a> , <a href="mailto:poradkyne@mymamy.sk">poradkyne@mymamy.sk</a> 📞 <a href="http://mymamy.sk">mymamy.sk</a>	<b>Counseling center GBV survivors</b> Progresfem, Poprad ☎ 0919 235 820 – Speaks in SK/EN 🕒 Mon-Fri, 08.00-16.00 ✉ <a href="mailto:progresfem@progresfem.sk">progresfem@progresfem.sk</a> 📞 <a href="http://progresfem.sk">progresfem.sk</a>
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### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

<b>Primary medical healthcare</b> Center for Ukraine, Ján Adam Reiman Faculty Hospital with Polyclinic, Sládkovičova, Prešov ☎ 051/7011330 – Speaks in SK 🕒 Mon-Fri, 07.30-15.00 nurse available, 🕒 Mon-Fri, 11.00-13.00 doctor available	<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 0221 025 075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📞 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	<b>More information in Ukrainian language about:</b> Gynecological care and services for pregnant women 	<b>Access to sexual and reproductive services and abortion care</b> ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14.00-18.00, Thu 9.00- 13.00 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📞 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>
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### OTHER SPECIALIZED HELPLINES

<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📞 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>	<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📞 <a href="http://ldi.sk">ldi.sk</a>	<b>Free Helpline for Victims of Trafficking provided by Caritas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	<b>Crisis Intervention Helpline provided by IPcko</b> Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>
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## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS NITRA region

### GBV helpline 0800 222 450

Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7

### 24/7 STATE TOLL-FREE LINES

**Emergency 112**  
**Police 158**  
**Ambulance 155**

### UNHCR help

**Helpline 0800 22 12 30** (toll-free from Slovak number)  
**+421 2 22 11 56 50** (from non-Slovak tel. number)  
**Registration for Cash assistance:** COMIN, Cintorínska 5, Nitra

### FREE LEGAL ASSISTANCE AND COUNSELLING

#### General legal assistance for refugees

COMIN Nitra  
Cintorínska 5, 949 01 Nitra  
Speaks in: Slovak, Ukrainian  
☎ 0911 055 889  
🕒 Mon, Wed 8.00-15.00  
✉ [ukrajina@comin.sk](mailto:ukrajina@comin.sk)  
🌐 [comin.sk](http://comin.sk)

#### Legal help on discrimination and sexual harassment

Slovak National Centre for Human Rights  
Speaks in: English, Slovak, Ukrainian  
☎ 0220 850 121  
🕒 Mon-Fri, 8.00-15.00  
✉ [pravnapomocutecencom@snslp.sk](mailto:pravnapomocutecencom@snslp.sk)  
🌐 [snslp.sk](http://snslp.sk)

#### Free legal assistance

International Organization for Migration  
Speaks in: Ukrainian  
☎ 0850 211 478 toll-free from Slovak Number, +421 252 630 023 from non-Slovak number  
🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00  
📠 Telegram/Signal: +421 908 767 853  
🌐 [mic.iom.sk](http://mic.iom.sk)

#### Information offices for victims of crime

Ministry of Interior, Nitra office  
Štefánikova trieda 69, 949 01 Nitra  
Speaks in: Slovak, Ukrainian  
☎ 037 6549324, 0908 793 590  
🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00  
✉ [pomocobetiam@minv.sk](mailto:pomocobetiam@minv.sk)  
🌐 [prevenciakriminality.sk](http://prevenciakriminality.sk)

### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

#### Free psychological support by phone

League for Mental Health  
Speaks in: Russian, Ukrainian  
☎ 0800 222 450  
🕒 Mon-Sun, 24/7  
✉ [dusevnezdravie@dusevnezdravie.sk](mailto:dusevnezdravie@dusevnezdravie.sk)  
🌐 [www.dusevnezdravie.sk](http://www.dusevnezdravie.sk)

#### Social, psychological and legal help

Intervention center for domestic violence – Centrum Slniečko  
Speaks in: Slovak  
☎ 0905 463 425  
🕒 Mon-Fri, 08:00-18:00  
✉ [poradna@centrumslniecko.sk](mailto:poradna@centrumslniecko.sk)  
🌐 [www.centrumslniecko.sk](http://www.centrumslniecko.sk)

#### Blue Dot Nitra

Cintorínska 5, 949 01 Nitra  
Speaks in: Slovak, Ukrainian  
☎ 0911 055 889 daily 8.00-20.00  
🕒 Mon-Fri 8.00-17.00  
✉ [ukrajina@comin.sk](mailto:ukrajina@comin.sk)  
🌐 [www.comin.sk](http://www.comin.sk)

#### In-person emergency crisis intervention

Blue Angels psychologists  
Speaks in: English, Slovak, Ukrainian  
☎ 0944 171 272  
🕒 Mon-Sun, 24/7  
✉ [modryanjel@modryanjel.sk](mailto:modryanjel@modryanjel.sk)  
🌐 [www.modryanjel.sk](http://www.modryanjel.sk)

### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

#### Information about healthcare

COMIN Nitra  
Speaks: Slovak, Ukrainian  
☎ 0911 055 889  
🕒 Mon, Wed 8.00-15.00  
✉ [ukrajina@comin.sk](mailto:ukrajina@comin.sk)  
🌐 [comin.sk](http://comin.sk)

#### Quick specialist medical consultation

Health Line for Ukraine  
Speaks in: English, Slovak, Ukrainian  
☎ 0221 025 075  
🕒 Mon-Sun 9:00-17:00  
✉ [info@diagnose.me](mailto:info@diagnose.me)  
🌐 [ua.diagnose.me](http://ua.diagnose.me)

#### More information in Ukrainian language about:

Health services in the Nitra region



#### Access to sexual and reproductive

**services and abortion care**  
☎ 0910 350 444 speaks in UA  
🕒 Mon-Wed 14-18, Thu 9- 13  
✉ [support@moznostvolby.sk](mailto:support@moznostvolby.sk)  
🌐 [moznostvolby.sk/](http://moznostvolby.sk/)

### OTHER SPECIALIZED HELPLINES

#### National Helpline for Women Experiencing Violence

Speaks in: Slovak  
☎ 0800 212 212  
🕒 Mon-Sun 24/7  
✉ [linkaprezeny@ivpr.gov.sk](mailto:linkaprezeny@ivpr.gov.sk)  
🌐 [zastavmenasilie.gov.sk](http://zastavmenasilie.gov.sk)

#### Linka Destkej Istoty - free Helpline for Children

Speaks in: Ukrainian  
☎ 0800 500 500  
🕒 Tue 13:30-19:30  
✉ [0800500500@ldi.sk](mailto:0800500500@ldi.sk)  
🌐 [ldi.sk](http://ldi.sk)

#### Free Helpline for Victims of Trafficking provided by Charitas

Speaks in: English, Slovak, Ukrainian  
☎ 0800 800 818  
🕒 24/7  
✉ [stoptrafficking@charita.sk](mailto:stoptrafficking@charita.sk)  
🌐 [obchodsludmi.sk/](http://obchodsludmi.sk/)

#### Crisis Intervention Helpline provided by IPcko

Speaks in: Ukrainian  
☎ 0800 500 888  
🕒 15:00 – 20:00  
✉ [stoptrafficking@charita.sk](mailto:stoptrafficking@charita.sk)  
🌐 [obchodsludmi.sk/](http://obchodsludmi.sk/)

## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### TRENČÍN region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7	<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>	<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> <a href="https://help.unhcr.org/slovakia/cash-assistance/centre-locations/">https://help.unhcr.org/slovakia/cash-assistance/centre-locations/</a>
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#### FREE LEGAL ASSISTANCE AND COUNSELLING

<b>General legal assistance for refugees</b> Center for Legal Aid Gen. M. R. Štefánika, 91101 Trenčín Speaks in: Slovak, ☎ 0650 105 100 🕒 Mon, Wed 8.00-15.00 ✉ <a href="mailto:info@centrumpravnejpomoci.sk">info@centrumpravnejpomoci.sk</a> 📍 <a href="http://centrumpravnejpomoci.sk">centrumpravnejpomoci.sk</a>	<b>Legal help on discrimination and sexual harassment</b> Slovak National Centre for Human Rights Speaks in: English, Slovak, Ukrainian ☎ 02 20 850 121 🕒 Mon-Fri, 8.00-15.00 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📍 <a href="http://snslp.sk">snslp.sk</a>	<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free from SK number, +421 252 630 023 non-SK number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📞 Telegram/Signal: +421 908 767 853 📍 <a href="http://mic.iom.sk">mic.iom.sk</a>	<b>Information offices for victims of crime</b> Ministry of Interior, Trenčín office Hviezdoslavova 3, 911 01 Trenčín Speaks in: Slovak, Ukrainian ☎ 032 74 11 250, 0908 799 580 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📍 <a href="http://prevenciakriminality.sk">prevenciakriminality.sk</a>
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#### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

<b>Free psychological support by phone</b> League for Mental Health Speaks in: Russian, Ukrainian ☎ 0800 222 450 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📍 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>	<b>Social, psychological and legal help</b> Intervention center LUNA Nábrežná 8, 911 01 Trenčín Speaks in: Slovak ☎ 0918 312 908 🕒 Mon-Fri, 08:00-17:00 ✉ <a href="mailto:poradnaluna@gmail.com">poradnaluna@gmail.com</a> 📍 <a href="http://bezpecnyzenskydomtrencin.sk">bezpecnyzenskydomtrencin.sk</a>	<b>Blue Dot Trenčín (mobile team)</b> Speaks in: Slovak, Ukrainian ☎ 0948 935 928 (Ukrainian) +421 948 725 298 (Russian and Slovak) 🕒 Mon-Fri, 08:00-17:00 📍 <a href="http://bluedothub.org/country-hubs/slovakia/">bluedothub.org/country-hubs/slovakia/</a>	<b>In-person emergency crisis intervention</b> Blue Angels psychologists Speaks in: English, Slovak, Ukrainian ☎ 0944 171 272 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:modryanjel@modryanjel.sk">modryanjel@modryanjel.sk</a> 📍 <a href="http://modryanjel.sk">modryanjel.sk</a>
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#### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

<b>Information about healthcare</b> Speaks: Slovak ☎ 032 6555 150 🕒 Mon - Fri 8.00-15.00 ✉ <a href="mailto:zdravotnictvo@tsk.sk">zdravotnictvo@tsk.sk</a> 📍 <a href="http://tsk.sk/zdravotnictvo.html?page_id=114">tsk.sk/zdravotnictvo.html?page_id=114</a>	<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ +421 221 025 075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📍 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	<b>Information in Ukrainian language</b> gynecological care and services for pregnant women 	<b>Access to sexual and reproductive services and abortion care</b> ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14-18, Thu 9- 13 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📍 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>
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#### OTHER SPECIALIZED HELPLINES

<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📍 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>	<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📍 <a href="http://ldi.sk">ldi.sk</a>	<b>Free Helpline for Victims of Trafficking provided by Charitas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	<b>Crisis Intervention Helpline provided by IPcko</b> Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>
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## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### TRNAVA region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7	<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>	<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) +421 2 22 11 56 50 (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> <a href="https://help.unhcr.org/slovakia/cash-assistance/centre-locations/">https://help.unhcr.org/slovakia/cash-assistance/centre-locations/</a>
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#### FREE LEGAL ASSISTANCE AND COUNSELLING

<b>General legal assistance for refugees</b> Center for Legal Aid Pekárska 11 91701 Trnava, Speaks in: Slovak ☎ 0650 105 100 🕒 Mon, Wed 8.00-15.00 ✉ <a href="mailto:info@centrumpravnejpomoci.sk">info@centrumpravnejpomoci.sk</a> 📞 <a href="http://centrumpravnejpomoci.sk">centrumpravnejpomoci.sk</a>	<b>Legal help on discrimination and sexual harassment</b> Slovak National Centre for Human Rights Speaks in: English, Slovak, Ukrainian ☎ 0220 850 121 🕒 Mon-Fri, 8.00-15.00 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📞 <a href="http://snslp.sk">snslp.sk</a>	<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free from Slovak Number, +421 252 630 023 from non-Slovak number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📞 Telegram/Signal: +421 908 767 853 <a href="http://mic.iom.sk">mic.iom.sk</a>	<b>Information offices for victims of crime</b> Ministry of Interior, Trnava office Kollárova 8, 917 01 Trnava Speaks in: Slovak, Ukrainian ☎ 033/5564709 alebo 0908 796 448 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📞 <a href="http://prevenciakriminality.sk">prevenciakriminality.sk</a>
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#### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

<b>Free psychological support by phone</b> League for Mental Health Speaks in: Russian, Ukrainian ☎ 0800 222 450 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📞 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>	<b>Social, psychological and legal help</b> Intervention center Kanis Speaks in: Slovak ☎ 0908 641 111 🕒 Mon-Fri, 08:00-17:00 ✉ <a href="mailto:vykazanie@kanis.sk">vykazanie@kanis.sk</a> 📞 <a href="http://kanis.sk">kanis.sk</a>	<b>Shelter and counselling</b> Križovatky n.o. Speaks in: Slovak ☎ 0905 579 940 🕒 Mon-Fri, 08:00-17:00 ✉ <a href="mailto:emaury.holic@gmail.com">emaury.holic@gmail.com</a> 📞 <a href="http://krizovatky.eu">krizovatky.eu</a>	<b>In-person emergency crisis intervention</b> Blue Angels psychologists Speaks in: English, Slovak, Ukrainian ☎ +421 944 171 272 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:modryanjel@modryanjel.sk">modryanjel@modryanjel.sk</a> 📞 <a href="http://modryanjel.sk">modryanjel.sk</a>
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#### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

<b>Equita NGO</b> Facilitating access to healthcare services Speaks: English, Slovak, Ukrainian ☎ 0948 339 647 🕒 Mon-Fri, 08:00-18:00 ✉ <a href="mailto:info@equita.sk">info@equita.sk</a> 📞 <a href="http://equita.sk">equita.sk</a>	<b>Access to sexual and reproductive services and abortion care</b> Provided by NGO Freedom of Choice ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14-18, Thu 9- 13 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📞 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>	<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 02 21025075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📞 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	<b>More information in Ukrainian language about gynecological care and available services for pregnant women</b>
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#### OTHER SPECIALIZED HELPLINES

<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📞 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>	<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📞 <a href="http://ldi.sk">ldi.sk</a>	<b>Free Helpline for Victims of Trafficking provided by Caritas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	<b>Crisis Intervention Helpline provided by IPcko</b> Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📞 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>
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## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### ZILINA region

<b>GBV helpline</b> <b>0800 222 450</b> Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, 24/7		<b>24/7 STATE TOLL-FREE LINES</b> <b>Emergency 112</b> <b>Police 158</b> <b>Ambulance 155</b>		<b>UNHCR help</b> <b>Helpline 0800 22 12 30</b> (toll-free from Slovak number) <b>+421 2 22 11 56 50</b> (from non-Slovak tel. number) <b>Registration for Cash assistance:</b> <a href="https://help.unhcr.org/slovakia/cash-assistance/centre-locations/">https://help.unhcr.org/slovakia/cash-assistance/centre-locations/</a>	
<b>FREE LEGAL ASSISTANCE AND COUNSELLING</b>					
<b>General legal assistance for refugees</b> Center for Legal Aid P. O. Hviezdoslava 690/6, 010 01 Žilina Speaks in: Slovak ☎ 0650 105 100 🕒 Mon - Thursday 8.00-15.00 ✉ <a href="mailto:info@centrumpravnejpomoci.sk">info@centrumpravnejpomoci.sk</a> 📍 <a href="http://centrumpravnejpomoci.sk">centrumpravnejpomoci.sk</a>		<b>Legal help on discrimination and sexual harassment</b> Slovak National Centre for Human Rights Speaks in: English, Slovak, Ukrainian ☎ 0220 850 121 🕒 Mon-Fri, 8.00-15.00 ✉ <a href="mailto:pravnapomocutecencom@snslp.sk">pravnapomocutecencom@snslp.sk</a> 📍 <a href="http://snslp.sk">snslp.sk</a>		<b>Free legal assistance</b> International Organization for Migration Speaks in: Ukrainian ☎ 0850 211 478 toll-free from Slovak Number, +421 252 630 023 from non-Slovak number 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00 📠 Telegram/Signal: +421 908 767 853 📍 <a href="http://mic.iom.sk">mic.iom.sk</a>	
<b>Information offices for victims of crime</b> Ministry of Interior, Žilina office Janka Kráľa 4, 010 01 Žilina Speaks in: Slovak, Ukrainian ☎ 041/511 74 25, 0908 796 256 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00 ✉ <a href="mailto:pomocobetiam@minv.sk">pomocobetiam@minv.sk</a> 📍 <a href="http://prevenciakriminality.sk">prevenciakriminality.sk</a>					
<b>PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES</b>					
<b>Free psychological support by phone</b> League for Mental Health Speaks in: Russian, Ukrainian ☎ 0800 222 450 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:dusevnezdravie@dusevnezdravie.sk">dusevnezdravie@dusevnezdravie.sk</a> 📍 <a href="http://dusevnezdravie.sk">dusevnezdravie.sk</a>		<b>Social, psychological and legal help</b> Intervention center Woman in Crisis P.O.BOX 70, 03601 Martin Speaks in: Slovak ☎ +421 907 346 374 🕒 Mon-Fri, 08:00-17:00 ✉ <a href="mailto:oz.zenavtiesni@gmail.com">oz.zenavtiesni@gmail.com</a> 📍 <a href="http://zenavtiesni.sk/">zenavtiesni.sk/</a>		<b>Shelter for women</b> Brieždenie, centrum Pokoj P.O.BOX 41, 036 01 Martin Speaks in: Slovak ☎ +421 915 037 700 🕒 Mon-Fri, 08:00-16:00 ✉ <a href="mailto:briezdenie@briezdenie.sk">briezdenie@briezdenie.sk</a> 📍 <a href="http://briezdenie.sk">briezdenie.sk</a>	
<b>In-person emergency crisis intervention</b> Blue Angels psychologists Speaks in: English, Slovak, Ukrainian ☎ +421 944 171 272 🕒 Mon-Sun, 24/7 ✉ <a href="mailto:modryanjel@modryanjel.sk">modryanjel@modryanjel.sk</a> 📍 <a href="http://modryanjel.sk">modryanjel.sk</a>					
<b>HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE</b>					
<b>Equita NGO</b> Facilitating access to healthcare services Speaks: English, Slovak, Ukrainian ☎ 0948 339 647 🕒 Mon-Fri, 08:00-18:00 ✉ <a href="mailto:info@equita.sk">info@equita.sk</a> 📍 <a href="http://equita.sk">equita.sk</a>		<b>Access to sexual and reproductive services and abortion care</b> Provided by NGO Freedom of Choice ☎ 0910 350 444 speaks in UA 🕒 Mon-Wed 14-18, Thu 9- 13 ✉ <a href="mailto:support@moznostvolby.sk">support@moznostvolby.sk</a> 📍 <a href="http://moznostvolby.sk/">moznostvolby.sk/</a>		<b>Quick specialist medical consultation</b> Health Line for Ukraine Speaks in: English, Slovak, Ukrainian ☎ 02 21025075 🕒 Mon-Sun 9:00-17:00 ✉ <a href="mailto:info@diagnose.me">info@diagnose.me</a> 📍 <a href="http://ua.diagnose.me">ua.diagnose.me</a>	
<b>More information in Ukrainian language about gynecological care and available services for pregnant women</b>					
					
<b>OTHER SPECIALIZED HELPLINES</b>					
<b>National Helpline for Women Experiencing Violence</b> Speaks in: Slovak ☎ 0800 212 212 🕒 Mon-Sun 24/7 ✉ <a href="mailto:linkaprezeny@ivpr.gov.sk">linkaprezeny@ivpr.gov.sk</a> 📍 <a href="http://zastavmenasilie.gov.sk">zastavmenasilie.gov.sk</a>		<b>Linka Destkej Istoty - free Helpline for Children</b> Speaks in: Ukrainian ☎ 0800 500 500 🕒 Tue 13:30-19:30 ✉ <a href="mailto:0800500500@ldi.sk">0800500500@ldi.sk</a> 📍 <a href="http://ldi.sk">ldi.sk</a>		<b>Free Helpline for Victims of Trafficking provided by Charitas</b> Speaks in: English, Slovak, Ukrainian ☎ 0800 800 818 🕒 24/7 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>	
<b>Crisis Intervention Helpline provided by IPcko</b> Speaks in: Ukrainian ☎ 0800 500 888 🕒 15:00 – 20:00 ✉ <a href="mailto:stoptrafficking@charita.sk">stoptrafficking@charita.sk</a> 📍 <a href="http://obchodsludmi.sk/">obchodsludmi.sk/</a>					



## GENDER-BASED VIOLENCE (GBV) REFERRAL PATHWAYS

### BANSKA BYSTRICA region

#### ENTRY POINTS

0800 222 450 Free psychological support by phone in Russian and Ukrainian language by the League for Mental Health, Mon-Sun 24/7

#### 24/7 STATE TOLL-FREE LINES

**Emergency 112**  
**Police 158**  
**Ambulance 155**

#### UNHCR help

**Helpline 0800 22 12 30** (toll-free from Slovak number)  
**+421 2 22 11 56 50** (from non-Slovak number)  
**Registration for Cash assistance:** <https://help.unhcr.org/slovakia/cash-assistance/centre-locations/>

#### FREE LEGAL ASSISTANCE AND COUNSELLING

##### General legal assistance for refugees

Center for Legal Aid  
 Skuteckého 133/30, 974 01 Banská Bystrica  
 Speaks in: Slovak  
 ☎ 0650 105 100  
 🕒 Mon - Thursday 8.00-15.00  
 ✉ [info@centrumpravnejpomoci.sk](mailto:info@centrumpravnejpomoci.sk)  
 📞 [centrumpravnejpomoci.sk](http://centrumpravnejpomoci.sk)

##### Legal help on discrimination and sexual harassment

Slovak National Centre for Human Rights  
 Kapitulska 12, 974 01 Banská Bystrica  
 Speaks in: English, Slovak, Ukrainian  
 ☎ 048 230 41 21  
 🕒 Mon-Fri, 8.00-15.00  
 ✉ [pravnapomocutecencom@snslp.sk](mailto:pravnapomocutecencom@snslp.sk)  
 📞 [snslp.sk](http://snslp.sk)

##### Free legal assistance

International Organization for Migration  
 Speaks in: Ukrainian  
 ☎ 0850 211 478 toll-free from Slovak Number, +421 252 630 023 from non-Slovak number  
 🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00  
 📞 Telegram/Signal: +421 908 767 853  
 📞 [mic.iom.sk](http://mic.iom.sk)

##### Information offices for victims of crime

Ministry of Interior, Banská Bystrica office  
 Štefánikovo nábrežie 7, 974 01 B.Bystrica  
 Speaks in: Slovak, Ukrainian  
 ☎ 0961/605 790, 0908 734 357  
 🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00  
 ✉ [pomocobetiam@minv.sk](mailto:pomocobetiam@minv.sk)  
 📞 [prevenciakriminality.sk](http://prevenciakriminality.sk)

#### PSYCHOLOGICAL SUPPORT AND SPECIALIZED SERVICES

##### Free psychological support by phone

League for Mental Health  
 Speaks in: Russian, Ukrainian  
 ☎ 0800 222 450  
 🕒 Mon-Sun, 24/7  
 ✉ [dusevnezdravie@dusevnezdravie.sk](mailto:dusevnezdravie@dusevnezdravie.sk)  
 📞 [dusevnezdravie.sk](http://dusevnezdravie.sk)

##### Social, psychological and legal help

Intervention center CSS Krupina  
 Speaks in: Slovak  
 ☎ +421 944 013 112,  
 🕒 Mon-Fri, 08:00-17:00  
 ✉ [css.krupina@gmail.com](mailto:css.krupina@gmail.com)  
 📞 [csska.sk/](http://csska.sk/)

##### In-person emergency crisis intervention

Blue Angels psychologists  
 Speaks in: English, Slovak, Ukrainian  
 ☎ +421 944 171 272  
 🕒 Mon-Sun, 24/7  
 ✉ [modryanjel@modryanjel.sk](mailto:modryanjel@modryanjel.sk)  
 📞 [www.modryanjel.sk](http://www.modryanjel.sk)

#### HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

##### Equita NGO

Facilitating access to healthcare services  
 Speaks: English, Slovak, Ukrainian  
 ☎ 0948 339 647  
 🕒 Mon-Fri, 08:00-18:00  
 ✉ [info@equita.sk](mailto:info@equita.sk)  
 📞 [equita.sk](http://equita.sk)

##### Access to sexual and reproductive services and abortion care

Provided by NGO Freedom of Choice  
 ☎ 0910 350 444 speaks in UA  
 🕒 Mon-Wed 14-18, Thu 9- 13  
 ✉ [support@moznostvolby.sk](mailto:support@moznostvolby.sk)  
 📞 [moznostvolby.sk/](http://moznostvolby.sk/)

##### Quick specialist medical consultation

Health Line for Ukraine  
 Speaks in: English, Slovak, Ukrainian  
 ☎ 02 21025075  
 🕒 Mon-Sun 9:00-17:00  
 ✉ [info@diagnose.me](mailto:info@diagnose.me)  
 📞 [ua.diagnose.me](http://ua.diagnose.me)

##### More information in Ukrainian language about

gynecological care and available services for pregnant women



#### OTHER SPECIALIZED HELPLINES

##### National Helpline for Women Experiencing Violence

Speaks in: Slovak  
 ☎ 0800 212 212  
 🕒 Mon-Sun 24/7  
 ✉ [linkaprezeny@ivpr.gov.sk](mailto:linkaprezeny@ivpr.gov.sk)  
 📞 [zastavmenasilie.gov.sk](http://zastavmenasilie.gov.sk)

##### Linka Destkej Istoty - free Helpline for Children

Speaks in: Ukrainian  
 ☎ 0800 500 500  
 🕒 Tue 13:30-19:30  
 ✉ [0800500500@ldi.sk](mailto:0800500500@ldi.sk)  
 📞 [ldi.sk](http://ldi.sk)

##### Free Helpline for Victims of Trafficking provided by Charitas

Speaks in: English, Slovak, Ukrainian  
 ☎ 0800 800 818  
 🕒 24/7  
 ✉ [stoptrafficking@charita.sk](mailto:stoptrafficking@charita.sk)  
 📞 [obchodsludmi.sk/](http://obchodsludmi.sk/)

##### Crisis Intervention Helpline provided by IPcko

Speaks in: Ukrainian  
 ☎ 0800 500 888  
 🕒 15:00 – 20:00  
 ✉ [stoptrafficking@charita.sk](mailto:stoptrafficking@charita.sk)  
 📞 [obchodsludmi.sk/](http://obchodsludmi.sk/)