

The Center for Victims of Torture

Trauma Rehabilitation Services War
and Torture Survivors



The
CENTER for
VICTIMS of
TORTURE

.....
Restoring the Dignity of
the Human Spirit

About the Center

- Late 2008 - Provide specialized services to Iraqis suffering from war or torture.
- Since 2008 we work with Iraqis; since 2011 with Syrians, and more recently we receive a growing number of refugees from African origin.
- CVT runs two treatment centers in Jordan – Amman & Zarqa (previously also in Irbid)



Beneficiaries of our services

- Syrians and other nationalities
- 5 or more years
- War and torture trauma survivors
- More than 6000 Iraqis and Syrians
- 30% of CVT beneficiaries are under 18 years old

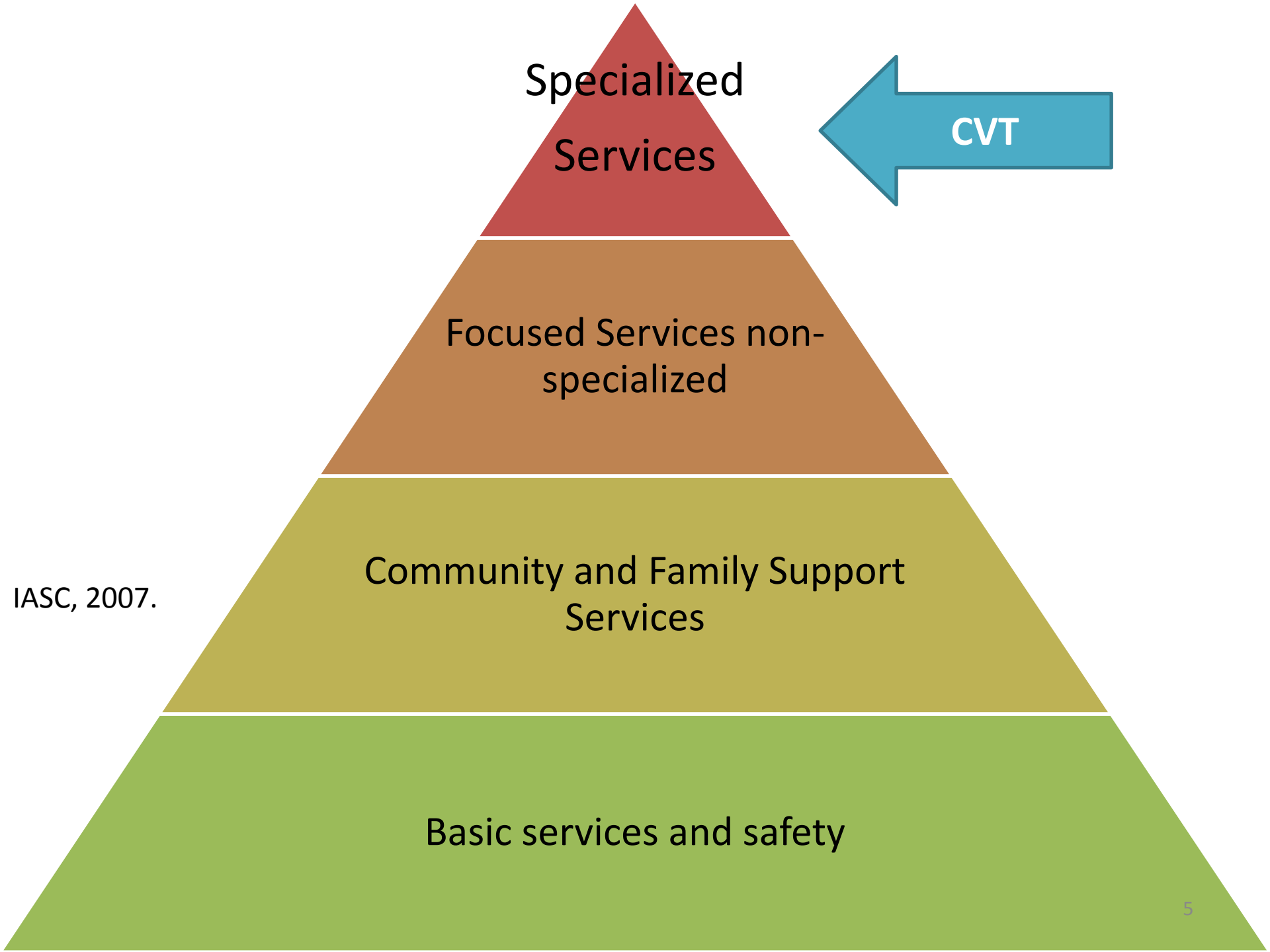


Interdisciplinary Services

MH counseling – Physiotherapy – social services

Interdisciplinary team of 21 MH counselors; 12 physiotherapists; 3 social workers who work under the supervision of 8 (associate) trainers specialized in one of the disciplines.





Specialized
Services



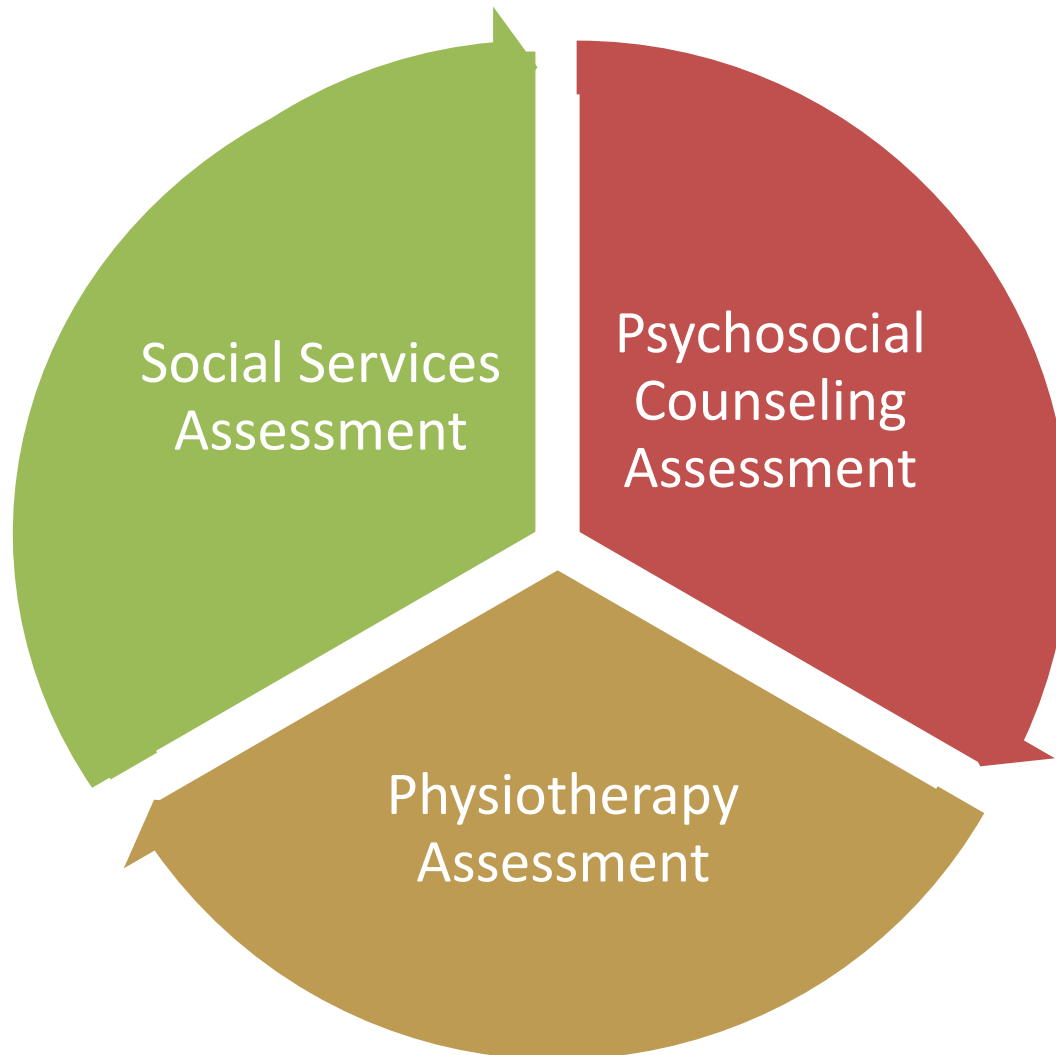
Focused Services non-
specialized

Community and Family Support
Services

Basic services and safety

IASC, 2007.

Assessment Phase



Intake

- ✓ Demographic information of the beneficiary
- ✓ Personal history
- ✓ Current living circumstances
- ✓ Symptoms
- ✓ Functionality
- ✓ Needs and goals

Physiotherapy assessment

- Client history
- Chief complaint
- 4 measurement tools: functional abilities, body functions, social participation and coping and outlook.
- Physical examination
- goals and treatment plan

Social Work Assessment

- Comprehensive assessment of all living conditions and needs of the individual / family
- Risk assessment: Domestic violence – Sexual assaults, etc
- Vulnerability Measure

Application of the Judith Hermann model in the treatment developed at the Center for Victims of Torture

Physiotherapy



- Safety and stability
- Remembering and mourning
- Re-engagement

Psychosocial Counselling



- Safety and stability
- Remembering and mourning
- Re-engagement

Psychosocial Counselling

- **Group Therapy:** Therapy intervention for 10 sessions per week.
- **Individual therapy:** Helping beneficiaries understand their problems, locate their support sources and identify objectives.
- **Child and family program**
 - Joint group therapy model between based on Judith Herman model: children groups, parent-child group.
 - Parent education sessions about trauma effects on children and families
 - Body awareness and self-regulation after finishing the sessions
 - Currently piloting new best practice, trauma informed manuals.

Physiotherapy

- Functional disability
- Body awareness and self-regulation
- Sleep
- Chronic Pain
- Group and Individual Therapy

Follow-up

- A case-by-case evaluation is performed within one month, three months, six months, and a full year after treatment.
- Individual assessment sessions are designed to monitor the interaction of the patient with the treatment plan and the progress made by the beneficiary of the treatment plan.
- Assessment sessions are a measurement tool that reflects the impact of services provided to beneficiaries.

Social Work

- Assess the basic needs of beneficiaries.
- Extend the referral system between the Center for Victims of Torture and humanitarian organizations.
- Raising awareness among beneficiaries and members of the community.
- Prevention and raising awareness linking with available and satisfying resources
Management of the situation and follow-up needs of beneficiaries
- Response provide social assistance to those exposed to various forms of violence and abusive treatment.

Self-care and training

- Support and continuous training of the team (individual and group).
- Individual and group support in self-care and services to assist the team in professional development.

Thanks to everyone!
<https://www.cvt.org>

Contact information :

Mr. Moath Asfoor- Partnership Manager

Mobile : 079 5639 016

Email : masfoor@cvt.org



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