



MENTAL HEALTH, PSYCHOSOCIAL SUPPORT, AND CARE PRACTICES



ACTION AGAINST HUNGER'S CORE PRINCIPLES

Action Against Hunger International's Charter affirms six core principles that we pledge to uphold in carrying out our work.

INDEPENDENCE

NEUTRALITY

NON-DISCRIMINATION

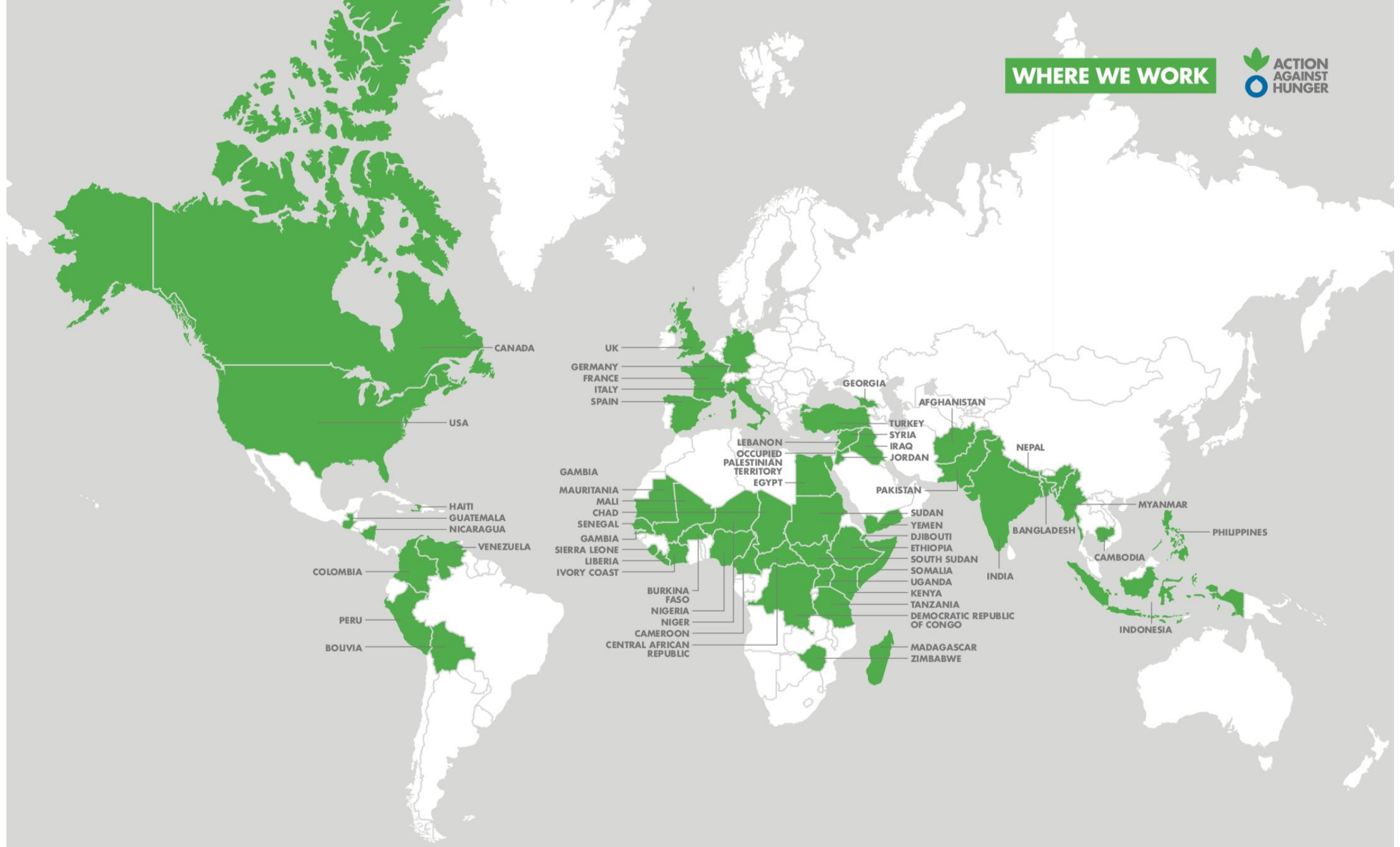
FREE AND DIRECT ACCESS TO PEOPLE IN NEED

PROFESSIONALISM

TRANSPARENCY



WHERE WE WORK



CANADA

USA

UK

GERMANY
FRANCE
ITALY
SPAIN

GEORGIA

AFGHANISTAN

TURKEY
SYRIA
IRAQ
JORDAN

NEPAL

MYANMAR

PHILIPPINES

HAITI
GUATEMALA
NICARAGUA

VENEZUELA

COLOMBIA

PERU

BOLIVIA

GAMBIA

MAURITANIA
MALI
CHAD
SENEGAL

GAMBIA
SIERRA LEONE
LIBERIA
IVORY COAST

BURKINA FASO
NIGER
NIGERIA
CAMEROON
CENTRAL AFRICAN
REPUBLIC

LEBANON
OCCUPIED
PALESTINIAN
TERRITORY
EGYPT

PAKISTAN

SUDAN
YEMEN
DJIBOUTI
ETHIOPIA

SOUTH SUDAN
SOMALIA
UGANDA
KENYA
TANZANIA
DEMOCRATIC REPUBLIC
OF CONGO

INDIA

BANGLADESH

CAMBODIA

INDONESIA

MADAGASCAR
ZIMBABWE

IN 2017, ACTION AGAINST HUNGER...


DELIVERED
103
PROJECTS
 81% INCREASE SINCE 2016


CONDUCTED
2
RESEARCH
PROJECTS


REACHED
3.1 MILLION
PEOPLE


EMPLOYED
1,152
PEOPLE


RESPONDED
TO
4
EMERGENCIES


REPORTED
1
VERY SERIOUS
SECURITY INCIDENT

...IN THE MIDDLE EAST


35%

WATER, SANITATION & HYGIENE


2.1M
 people reached


126,918
 hygiene kits distributed


2,005
 water points improved


1.63 MILLION
 cubic meters of water delivered

30%

FOOD SECURITY & LIVELIHOODS


592,000
 people reached


26,562
 people received unrestricted cash


11,268
 livelihoods kits delivered


57
 metric tons of food assistance delivered

7%

MENTAL HEALTH & CARE PRACTICES


16,000
 people reached


100
 people received support for infant and young child feeding

OTHER SECTORS


 ADVOCACY


 PROTECTION


 SHELTER


 RAPID RESPONSE MECHANISM

 **6%** **FOOD ASSISTANCE**

 **2%** **DISASTER RISK REDUCTION** 19,400 people reached

 **2%** **OTHER**

17 YEARS OF EXPERIENCE ON MHPSS AND CARE PRACTICES



1.4 million beneficiaries in 2017 globally
*276,000 for Mental Health and Psychosocial
Support*



FUNDED BY THE EUROPEAN UNION

EU REGIONAL TRUST FUND 'MADAD'

"مدد" : الصندوق الائتماني الأوروبي



EMPOWERMENT OF SYRIAN CRISIS-AFFECTED AND IRAQ INTERNAL DISPLACED POPULATIONS AND INSTITUTIONS OF NEIGHBOURING GOVERNMENTS

IRBID GOVERNORATE, JORDAN



WHY MHPSS ?

To strengthen the resilience of the Syrian refugees like Sajidah and her family.

To bolster sustainable service delivery systems to meet the needs of refugees and host communities affected by the Syria crisis, while building their capacity to cope with future shocks and stresses, and reducing intercommunity tensions.



HOW?

Empowerment of Syrian Crisis-Affected and Iraq Internal Displaced Populations and Institutions of Neighbouring Governments

1. Geographic target areas: Bani Kinanah and Taybeh, Irbid Governorate
2. Project duration: 24 months (1 November 2017 – 31 October 2019)
3. Donor: AFD-MADAD
4. MoPIC Approval MHPSS component: received on 23 May 2018

OBJECTIVE AND BENEFICIARIES

Objective: Contribute to the strengthening of public services and social resilience for refugees and host communities in Syrian crisis-affected areas of Jordan

Beneficiaries:

Direct beneficiaries: 75 individuals

- 60 health workers & 15 members of CBOs will be trained on mental health and psychosocial support

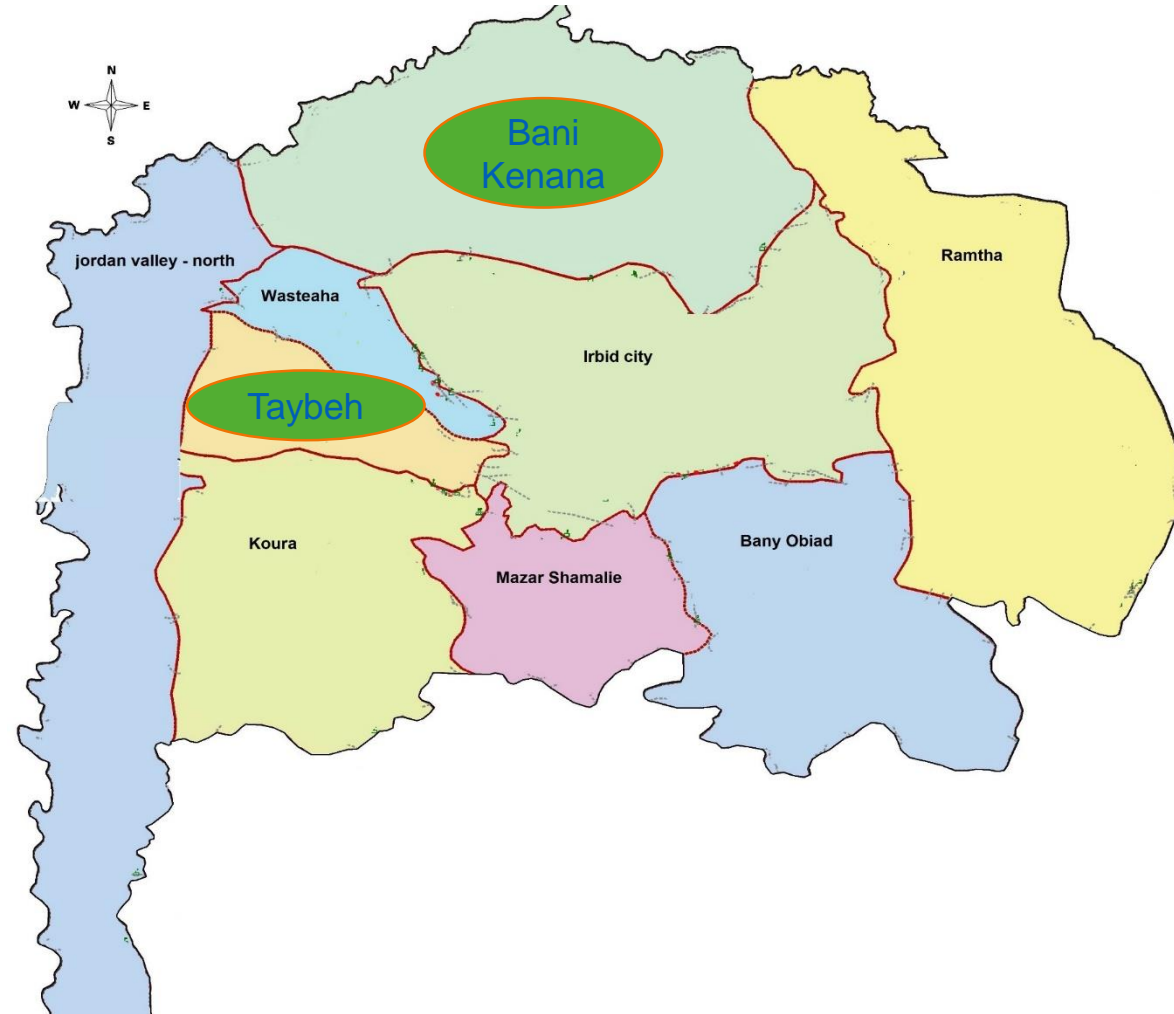
Indirect Beneficiaries

- Mental health indirect beneficiaries of the training with PHC: 3,540 households or 17,700 individual persons (members of the refugees and host communities)
- Mental health indirect beneficiaries with CBOs: 1,000 individuals (members of the refugees and host communities)

Where?



LOCATION: BANI KINANAH AND TAYBEH DISTRICTS, IRBID GOVERNORATE



ACTIVITIES

1. Training introduction on mhGAP, Thinking Healthy and PM+ at Ministry of Health (NCMH) level
2. Capacity building trainings:
 - Training in PHCs: mhGAP, Thinking Healthy. Training of health workers to reinforce their skills in providing psychosocial care (medical and paramedical)

After the training in PHCs ,MHPSS will do:

 - On job training supervision
 - Clinical supervisor
 - Monitoring
 - Clinical Refreshments
3. Training and support for CBOs: awareness, promotion campaign, and PM+
4. Contribution to development of a referral pathway

TRAINING IN PHCS: MENTAL HEALTH GAP, THINKING HEALTHY

1. Delivering this training to staff that have never benefited from any capacity building on mental health
2. Health Workers will be trained using the WHO international guide for the management of common mental conditions in primary health care (mhGAP 2.0)
3. Nurses and midwives will be trained by using the WHO Thinking Healthy (specific extension part of mhGAP focusing on maternal depression)

TRAINING AND SUPPORT FOR CBOs: PM+, AWARENESS, PROMOTION CAMPAIGN

1. The psychosocial capacities of the CBO will be strengthened through training on the basic package of MHPSS, care practices, psychological first aid (PFA), and detection of signs of distress (screening).
2. The CBO will contribute to **raising awareness** once the public health services will be ready to provide psychological and psychosocial support.
3. The CBO will hold psychoeducational sessions on mental health and psychosocial care under Action Against Hunger psychosocial workers' supervision.

ACHIEVEMENTS



ACHIEVEMENTS

Mapping in Bani Kinanah and Taybeh Districts

In September, a quick mapping exercise of potential CBOs and PHCs was finalised in Bani Kinanah district. 21 PHCs alongside seven CBOs were reached by Action Against Hunger's MHPSS team.

In December, a rapid mapping of potential partners of PHCs and CBOs was conducted in December covering Taybeh District. Six PHCs alongside seven CBOs were visited by the MHPSS team.

ACHIEVEMENTS

WORLD MENTAL HEALTH DAY EVENT

Action Against Hunger's "Let's Walk" awareness event, was held on Wednesday 10 October 2018 as part of the global campaign, "Young People and Mental Health in a Changing World".

255 people took part in a 1.7km walk aimed at raising awareness of the dangers of mental illness among young people. 55 Action Against Hunger staff from various departments participated in the event.



WHO PARTICIPATED?

International Medical Corps (IMC) facilitated one session (Q&A) about Mental Health disorders as the psychiatrist was responding to the participants' questions.

Two representative from the Ministry of Health (MoH) facilitated an awareness session about depression.

A success story was shared by the CBO, Our Step.

WHO ATTENDED THE EVENT?

Representatives from the MoH Directorate of Health and the WHO as well as health professionals and mental health patients, local NGOs, universities, youth centres, medical staff, and youth.



MEDIA COVERAGE

- Jordan Times
- Special coverage by Roya TV: interviewed Abdullallah Al-Sabbah and Nour Said
- National and Jordan Today TV
- Radio Balad
- Action Against Hunger Middle East Facebook page
- Ministry of Youth Facebook page
- CBOs' Facebook pages

Approximately 2,000,000 read the electronic news, 1,200,000 watched the TV broadcasts, 1,620,000 bought for the newspapers, 1,882,000 followers on Facebook pages.



ACHIEVEMENTS

NATIONAL TRAINING AND WORKSHOP

MINISTRY OF HEALTH AND ACTION AGAINST HUNGER JORDAN

4 NOVEMBER 2018

The workshop and training included a variety of topics that were inducted into the following:

- Action Against Hunger (principles, goals, care practices, cultural and psychosocial dimensions on MHPSS)
- World Mental Health Day, depression and suicide was presented by MoH Representative – Dr. Faten Jananm and Dr. Nael Aladwan
- Training (introduction to mental health models and methods of intervention) by WHO representative Hadeel Al Far
- Group activity on knowledge, referral pathways, needs, and expectations for public mental health.

WHO ATTEND THE TRAINING AND WORKSHOP?

- There were 25 participants, including 15 participants from the Mental Health and Health Promotion focal points from every Directorate of Health at the national level, two Psychologists, and seven representatives from the Ministry of Health in Amman and one representative from WHO.
- The participants represented different governorates in Jordan: five participants came from Irbid, 11 from Amman, two from Karak, two from Madaba, two from Balqa'a , one from Ajloun, one from Zarqa, and one from Mafraq.



ACHIEVEMENTS

mhGAP IG version 2.0 Training for Health Workers' PHC Staff Bani Kinanah and Taybeh District PHCs

In November, December, and at the beginning of January, the Action Against Hunger MHPSS team conducted health worker trainings (mhGAP IG version 2.0) to the health staff (general practitioners, nurses, midwives) from Bani Kinanah and Taybeh Primary Health Centers (PHCs).

Action Against Hunger received two translated modules of mhGAP 2.0 from IMC, and Action Against Hunger's MHCP staff translated the remaining modules. The translated slides were used during the training.



WHO ATTEND THE TRAINING?



60 Health Workers from 23 PHCs (20 PHCs from Bani Kinanah and 3 PHCs from Taybeh) were trained on mhGAP IG version 2.0.

From Bani Kinanah:

- 7 General Practitioners
- 23 Midwives
- 24 Nurses

From Taybeh:

- 3 General Practitioners
- 2 Midwives
- 1 nurse



MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT AWARENESS SESSIONS





Mental Health and Psychosocial Support Awareness Session



Action Against
Hunger staff



January 2019

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