

## **CORONA VIRUS (COVID – 19 HAGIGA**

Bidaya fil Yuma 7<sup>TH</sup> /03/ 2020, Munazama fita Saha Alami wazaa Marat bita corona virus (covid – 19. Ayan de gabad nasi fil belad 17 fil Africa asan fi nasi gabad fil Uganda.

Sunu be woni zolo indu ayan Covid – 19.

Gisimi shukun, gokho, nefesu gowi waja fil dusu,

Guuwani fita taafisi:

Itiram fita nefisu fil guwat ma nasi ali ma indu Covid – 19 Asan sabab bita kimaya nasi indu Covid – 19.

### **Sika Bita Himaya:**

- Kali ita aruf zolo ali be silu ita. mini makal
- Kali huu libisu kaja ali be kati wusa be too.
- Kalik ita geni kurusi bita wara fil arabiya ali indu subab ali be jibu hawa, mata lemesu suwak.
- Ita be kun fil kimaya Ma NASI, Kan kimaya bitak matimu, zolo be silu fi nasi fita gonu fil beled Uganda.
- Nasi fi bed fitak Ma be kutu fil kimaya ile Kan zolo indu ayan ze dele ali be wori zolo indu Ayan. Corona virus. (Covid – 19).
- Kan zolo silu fi kishipi be silu Arubatasara yum fil Malal Kaship. Kan Ma ligo Ayan huu be fiku wo be masi bed.
- Kan zama kimaya be tak

Arubatasara yum De timu, wo sufuf caanu, fi ayan, bita Covid – 19, tawali rasulu resala le.

Mr. atek Kagirita (0782909153/0703592552), Bernard Lubwama (0782783499), Dr. Allen Muruta (0772460297) or the ministry of health toll free lines (0800100066/0800203033).

### **Taafisi Mini Coronavirus (Covid-19)**

Mujamala fita nasi fil makal wakit ma sabab muafa. Fifu izibad inu fiya bakata fita ligo marat coronavirus (Covid-19).

- Wogib nasi fil makal mujamala
- Saha bita nefisu
- Kasulu iden bitak ma sabun
- Sibu gabu du ena, kasuma ma ida ma kasulu
- Kali ita geni fil bed kan ita mabe asuma kawasi wuo mujamala ma nasi ayani.
- Mata sherik akili fi seniya ma nasi .

- Subu guwat ma nasi fil makal bita gibu moyo wuo akili.
- Kefi beled Uganda be saidu lajin Asan ma be gabud Covid-19.
- Wogib madarisi kulu fi beled wuo mantkia lajin.le 20<sup>th</sup> /04/2020.
- Khakuma wogib douriya pita lagin mini mantika ma arabat, bodaboda ma 14 days.
- Beled Uganda wogib bukulu bita ajinabi fil beled ma fatara.
- Lajin al fil mantika wuo ali be dakalu be shelu fil kaship bita Covid – 19.
- Tasejil bita lajin ali be dakalu be istemir ma gonun bita wuzara shaka.
- Makal suk be gofulu ile makal kudar.
- Musesifaat fi mantika lajin be kun mofutuwa.

**Misal Be Ta Mujamala.**

Makal Dini, sibirii wafa, juju ma siyasa. Taafisi bita mujamala: mujamala fil zaman Demaderu, ile kan rudu ma wuzara fita shaha nasi kan deru mujamala, keli rasulu resala le: Mr. Tek Kagirita (0782909153/07033592552) and Dr. Allan Muruta (0772460297).