



ΕΤΑΙΡΕΙΑ ΨΥΧΟΚΟΙΝΩΝΙΚΩΝ ΜΕΛΕΤΩΝ

PROGRAM FOR PSYCHOSOCIAL INTERVENTION TO TEENAGERS
Cultural and psychosocial approaches

OPERATIONAL PRINCIPLES - FIELD OF INTERVENTION

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The program for psychosocial intervention to teenagers includes:



1 Day Center supported by a Mobile Unit  - (Located in Ag. Dimitrios) (80-100 cases)



1 Transitional Shelter for boys (10 beds) - (Located in Alimos)



1 Transitional Shelter for girls (10 beds) - (Located in Alimos)

Mental Health Units under the supervision of the Ministry of Health (AP.11 N2716/1999)



Core Principles

1. Creation of a concrete, safe, child and youth-friendly environment
2. Teenagers and family inclusion in the decision - making process through mutual design of a tailor - made **Plan for Psychosocial Intervention (PPSI)**
3. Interdisciplinary Collaboration aiming to develop an **Holistic Care Approach**
4. Develop **Community - Based Care** fostering social (educational, cultural) integration as an alternative to institutionalisation



Target group

Teenagers (12-18 yo), who face the peril of social exclusion and institutionalisation due to:

- *Family neglect or abuse*
- *Poverty and lack of sufficient resources*
- *Delinquent habits*
- *Homelessness*
- *Refugee status*
- *Mental Health Issues correlated with psychosocial problems*



Referral pathways

- **General hospitals** (Priority)
- Juvenile Public Prosecutor's Office
- Court - appointed advocates for juvenile offenders
- Mental health units (daycenters, clinics, other shelters)
- Schools
- Community

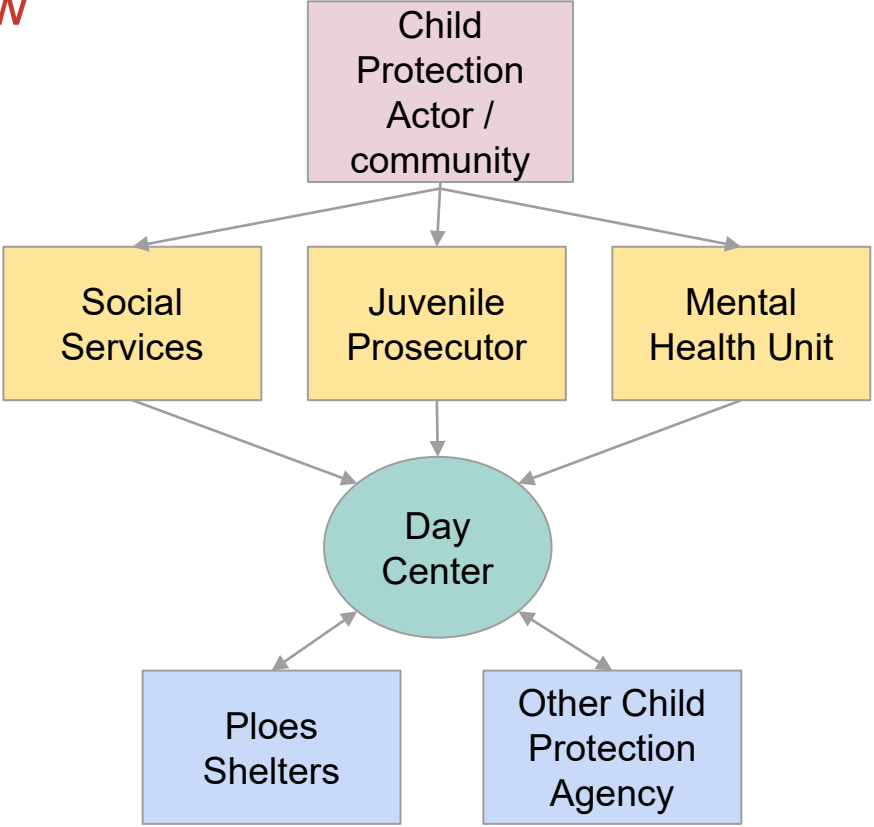
*In respect to the requests for accommodation to **PLOES shelters** the operational procedure is defined and regulated by the Committee for the Management of Transition to Mental Health Units (in accordance to the Ministry of Health Circular with No ΑΔΑ:6ΟΘΚ465ΦΥΟ-Ο46 of 2021)



Referral pathways



Reception flow



Fields of Intervention (1)

Individual PPSI

⇒ **Designed by an Interdisciplinary team** (consists of a psychologist, social worker and/or educator, health visitor, care providers)

- **Focus group** of professionals **per case** / **Reference Person (Focal Point)**
 - Outreach for family resources and other supportive networks
 - Family counselling and social support

Follow up Plan of Intervention (FPI)

⇒ **In collaboration with Local Social Services, Juvenile Public Prosecutors Office**

- Provide continuity of care per case (2 - 5 years)

Initiates after the adolescents' return to their families or the referral to other shelter/institutional

unit



Fields of Intervention (2)

Cultural intervention

⇒ Cultural labs and activities for social inclusion and interaction

Community Based Work

⇒ **Local Schools**
Collaboration with local non-formal education actors
Collaboration with local businesses (provision of vocational training and occupational preparation)



Integration through Culture

Library

- ⇒ Creation of a Teenage and Youth Lending Library

Culture Labs

- ⇒ Film - making (Video Clip), Theater, Dance
- ⇒ STEM, Graphic Design, Graffiti
- ⇒ Music Production, Video Game

Seminars

- ⇒ Health Promotion, Vocational Training

External Activities

- ⇒ Cinema, Museums, Exhibitions, Concerts
- ⇒ Sports, Day tours, Summer Camps and Excursions









Pillars/ Lines of Action

1. Working with **poor and vulnerable families or children at risk**
2. **Collaborative Approach** to promote a viable integration/rehabilitation plan
3. **Creation of open spaces** where the teenagers can meet and socialize with peers, construction of a collective identity emerging from mutual participation
4. **Prevention of psychiatrization and social stigmatization** of minors and their families
6. Working considering their needs and **our limits**
7. Working **outside the offices.**



Thank you!

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