

Where to go for help in Bratislava?

If you were exposed to **Gender Based Violence** (GBV) such as physical, sexual, emotional or psychological violence, sexual exploitation, abuse or harassment, or if you feel afraid of such violence,

**IT IS NOT YOUR FAULT
AND YOU ARE NOT ALONE.**

You have access to free-of-charge confidential services in Slovakia. The listed organizations can help you to learn more about your rights and options.

**Free psychological support
by phone in UA and RU, 24/7**

0800 222 450

League for Mental Health SK,
Linka dôvery Nezábudka

State toll-free lines (24/7)

Emergency: 112

Police: 158

Ambulance: 155

FREE LEGAL ASSISTANCE and CHILD PROTECTION

General legal assistance for refugees

Human Rights League provides legal aid in UA
Assisting and Support Center, Bottova 7, Bratislava

📞 **0800 222 350** - Speaks in SK/UA/EN

🕒 Mon-Fri, 8.00-18.00

✉️ hrl@hrl.sk

🌐 www.ukraineslovakia.sk

Legal help on discrimination/sexual harassment

Slovak National Centre for Human Rights BA

📞 **+421 220 850 121** - Speaks in SK/EN/UA

🕒 Mon-Fri, 8.00-15.00

✉️ pravnapomocutecencom@snslp.sk

🌐 snslp.sk

Free assistance in cases of labor exploitation

International Organization for Migration

📞 **0850 211 478** toll-free from SK number in UA
+421 252 630 023 non/Slovak number in UA

🕒 Mon-Thu 9:00-17:00, Fri 9:00-12:00

✉️ Telegram/Signal: +421 908 767 853

🌐 mic.iom.sk

Information offices for victims of crime

Ministry of Interior, Bratislava office

Client Centre at Tomášikova 46, Bratislava

📞 **0961 046 014, 0908 794 281** - Speaks in SK

🕒 Mon-Thu 8:00-15:00, Fri 8:00-14:00

✉️ pomocobetiam@minv.sk

🌐 prevenciakriminality.sk

Languages abbreviation in this leaflet:

SK: Slovak UA: Ukrainian

EN: English RUS: Russian

PSYCHOLOGICAL SUPPORT and SPECIALIZED SERVICES

Free psychological support by phone in UA language

League for Mental Help, Linka dôvery Nezábudka

📞 **0800 222 450** - Speaks in SK

🕒 Mon-Sun 24/7

✉️ dusevnezdravie@dusevnezdravie.sk

🌐 dusevnezdravie.sk

Intervention center for domestic violence

Social, psychological and legal help provided in SK
Poradenské Centrum Nádej

📞 **+421 905 463 425** - Speaks in SK

🕒 Mon-Fri, 08:00-18:00

✉️ office@centrumnadej.sk

🌐 centrumnadej.sk

National Helpline for Women Experiencing Violence

0800 212 212

You can call for free, in SK 24/7

Shelter for survivors of domestic violence

Brána do života, shelter and counselling

📞 **+421 915 439 245** - Speaks in SK/EN

🕒 Mon-Fri, 08:00-17:00

✉️ poradna@branadozivota.sk

🌐 branadozivota.sk

In-person emergency crisis intervention 24/7

Blue Angels psychologists - crisis intervention team

📞 **+421 944 171 272** - Speaks in SK/UA/EN

🕒 24/7

✉️ modryanjel@modryanjel.sk

🌐 modryanjel.sk

**ALL HUMANITARIAN ASSISTANCE IS
FREE OF CHARGE**

If you witness or experience any inappropriate behavior by humanitarian workers you can report at inspector@unhcr.org

Free Helpline for children
provided by NGO Linka destkej istoty
0800 500 500
Speaks in UA on Tuesdays 13:30 to 19:30
daily online 0800500500@ldi.sk

Free Helpline for Victims of Trafficking
0800 800 818
provided by Caritas
Speaks in SK/UA/EN 24/7

More information for UA refugees on
ua.gov.sk
bratislava.sk/bratislava-pre-ukrajnu

How to stay safe

- Be aware! There is a lot of incorrect information circulating! Get information from trusted sources.
- Stay in touch with people you trust, so that family and friends know your movements and whereabouts.
- Don't let anyone take your personal documents or bank information unless they are requested by an official public authority.
- Make paper and digital copies of your passport and share them with someone you trust.
- If you need help, do not hesitate to ask for it. All services listed here are ready to help you free of charge.

For more information on assistance for refugees in Slovakia:

t.me/unhcr_slovakia



HEALTHCARE SERVICES FOR PEOPLE FROM UKRAINE

Primary medical healthcare

Rovniankova 1, Health Clinic

📞 **+421 948 339 647** - Speaks in SK/UA/EN

🕒 Mon-Fri, 08:00-18:00

✉ info@equita.sk

📍 equita.sk

Access to more information
on health services
in Bratislava region here:



Access to sexual and reproductive services and abortion care - Information in UA:

✉ support@moznostvolby.sk

📍 moznostvolby.sk/letak_ukrajinsky_jazyk/

Quick specialist medical consultation

Health Line for Ukraine

📞 **+421 221 025 075** - Speaks in SK/UA/EN

🕒 Mon-Sun 7:00-19:00

✉ ua.diagnose.me

📍 info@diagnose.me

Gynecological care

Access more information
in UA on available services
for pregnant women:



Information on COVID-19: korona.gov.sk/ua/